

UMassAmherst



Workplace Learning & Development

Promoting Employee and Organizational Growth and Development

Self-Guided Learning Worksheet

Print → *Take Notes* → *Take Action*

Use this worksheet to write your notes as you go through a Self-Guided Learning module. As you read, watch, or listen to each module, think about what you can start, stop, or continue doing to be more effective at work.

1. What can you improve on?

2. What are 1-2 strategies or tools you can use to help you improve?

3. What else do you need to help you apply your learnings?

4. What can you do to help make sure you are continually making improvements?