“Meet Your Evil Mind Meanie”
With Pam Victor of Happier Valley Comedy

Wednesday, January 16th
Noon – 1:00pm
Campus Center - Hadley Room, 10th Floor

The University Women’s Network (UWN) is happy to present Pam Victor of Happier Valley Comedy for a fun and interactive experience! [https://www.happiervalley.com/pam-victor.html](https://www.happiervalley.com/pam-victor.html) For this engaging presentation, Pam will introduce techniques to help quiet your inner critic, in order to encourage more ease and joy at work and home. Please join us for a delicious hot buffet, some educational entertainment… and much well-deserved laughter!

~Menu~

Baby Greens with Sesame Ginger Vinaigrette* Vegetable Lo Mein* General Tao’s Chicken* Vegetable Fried Rice* Assorted Cookies* Coffee, Tea & Ice Water

(If you have strict diet restrictions, please contact Van at vkeh@admin.umass.edu by 1/11/19 and she will provide another option.)

How to Register
Payments due by Friday, January 11 at 5pm.

Credit Card/Debit go to: [https://quikpayasp.com/umass/commerce_manager/payer.do?orderType=UWN](https://quikpayasp.com/umass/commerce_manager/payer.do?orderType=UWN)
Choose either UWN Dues, Member Lunch, or Non-Member Lunch. If paying for more than one, please specify in the “Add Comment” section.

Cash or Check: Make checks payable to UNIVERSITY OF MASSACHUSETTS, send this portion of the form along with your payment to: Glenda Pons, Environmental Health and Safety, 117 Draper Hall. You will receive an email confirmation when your payment has been received.

Please check your option(s): ☐ Member Lunch ($12.00) ☐ Non-Member Lunch ($15.00)
☐ Membership Dues ($25.00)

Name: ______________________________________________ Email: __________________________

Dept. / Campus Address: ________________________________ Phone #: __________________

Questions? visit [www.umass.edu/uwn](http://www.umass.edu/uwn) or email [uwn@admin.umass.edu](mailto:uwn@admin.umass.edu)