

A cold or the flu? Get a clue!

SYMPTOM	FLU	COLD
Fever	Common Rapid onset, often 100.5° – 102°, shaking chills	Rare
Headache, body aches	Common, often severe	Minor
Fatigue, weakness	Common Lasts 5 days – 2 weeks; severe exhaustion possible early	Sometimes
Nasal congestion, sneezing	Sometimes	Common
Sore throat	Sometimes	Common
Cough, chest congestion	Common, can be severe	Mild to moderate hacking cough
Nausea, vomiting, diarrhea	Sometimes	Never