

How to Complete Forms for the Animal Handler's Occupational Health Program (OHSP):

- You will receive an email from NoReply@medicat.com
The message will read: *You have a secure message from UMass Amherst Patient Portal. Please click [here](#) to login and access your message. If you have any concerns or questions, please call the UHS main number 413-577-5000.*
- Click the link to the patient portal
 1. Register/login (If you are having trouble registering or logging in to the portal contact uhsportalhelp@umass.edu)
 2. Go to the **Messages** tab at top of the home page
 3. Select the message from **Kirsten Bergstrom N.P.**
 4. Read the instructions
 5. **Copy and paste the provided link into a new browser**
 6. Fill out the required form
 7. Be prepared with all of your health information and immunization dates to complete the form
 8. Go to the **Immunizations** tab at the top of the page to check the dates of your immunizations (This will help in filling out the form for students and staff who have submitted immunization to UHS in the past)
 9. Upload your immunization record to "Required Immunizations Form" or fax to 617-658-0637
 - All researchers will need a Tetanus Booster in the last 10 years
 - All researchers will need Hepatitis B and MMR vaccines or titres
 - Some researchers (depending on research animals and environment) will need Rabies Vaccines and/or titers and Tb tests (ppd or quantiferon gold)
 - Some researchers will need fit testing for a respirator or mask
- **Please respond to secure messages** from the Medicat patient portal, this is how the provider will communicate with you if they need clarification or documentation. Alerts are sent to your UMASS email where a link will take you to the patient portal.
- **If your forms and immunizations are complete and you have been cleared you will receive a secure message from the patient portal.**
- If you request an appointment with a provider via you will receive an email and/or text to connect to your telehealth visit. Most researchers are cleared without a visit.
- **If you have any questions, please call Kirsten at 617-243-1382 or secure message through the patient portal. (To protect your privacy, we cannot communicate through email.)**