

Transfer Student Newsletter

OCTOBER



UMassAmherst | Student Success

Dear Transfer Students,

As you continue through this semester, we hope you are able to make time for reflection. Finding time to reflect during a busy period can be a challenge, but doing so is an extremely helpful exercise in assessing where you're at right now, what goals you want to set for the coming months, and just how far you've come.

In addition to some new resources, we've included a bunch of questions below that we hope you'll take a few minutes to think about. Want to make it more meaningful? Schedule a half hour with a friend to reflect on them together. Best of luck!

Sincerely,
Carolyn and Laura

Carolyn Bassett
Associate Provost for Student Success
Laura Bourque
New Student Transitions Coordinator

Student Success

Trajectory: A Student Success Podcast

Interested in hearing more about what other students on campus are saying? We have a podcast for that! Want to be interviewed and share your story? Let us know!
<https://scholarworks.umass.edu/trajectory/>

First-Generation Student Resources

Are you the first in your family to go to college? We recently updated our first-gen page. Also, show your first-gen pride with a Zoom background! Click the link for more info.
<https://www.umass.edu/studentsuccess/about/first-generation-students>

National Transfer Student Week

National Transfer Student Week is October 19th – 23rd. Keep an eye out for details about UMass happenings. Full details will be posted here shortly:
<https://www.umass.edu/studentsuccess/about/transfer-students/resources>

Student Opportunities

Research

Want to learn more about research and other scholarly opportunities? Schedule a meeting with the Office of Undergraduate Research and Studies about ways to get involved.
<https://www.umass.edu/researchnext/undergraduate-research>

Internships

Even though internships have changed due to the pandemic, there are still opportunities to supplement your academics with other experiences. Learn more here:
<https://www.umass.edu/careers/internships/process>

Success Toolkit Series

Discover your strengths, learn about strategies, tools and resources, and reflect on your personal toolkit for virtual learning success
<https://www.umass.edu/studentsuccess/success toolkit>

Be patient with yourself and your instructors with remote learning.

If you have particular needs that your instructors are not addressing, we're happy to help you think through how to effectively bring them up. Send us a note at studentsuccess@umass.edu

Mid-Semester Reflections

Mid-semester Reflections

Your Goals

- What goals did you set for yourself in the first half of the semester?
- Which of them did you complete?
- For those that still need to be completed, what steps can you take to move forward with checking them off?

Your Wellbeing

- How are you feeling inside right now? Naming emotions is an important component of self-care.
- What do you need from the people around you in order to feel supported?

Your UMass Transition

- What are 2-3 moments from this semester that have made you proud?
- Who have you felt connected to on campus? (If you haven't felt connected, get in touch with us and we'll work with you to get there!)
- What information would be helpful for you to complete the fall semester? Examples: course logistics, technology, grades, etc.

EVENT REMINDER:

Join us for our Navigating the Transfer Experience panel during [National Transfer Student Week!](#)

National Transfer Student Week

TRANSFER PANEL

Navigating the Transfer Experience
A Panel with Faculty & Staff

Tuesday, October 20th
5:30PM - 6:30PM

Join us via Zoom:
<https://umass-amherst.zoom.us/j/97087044040>

PANELISTS

Friederike Jentoft
Professor, Chemical Engineering

Gary Karpinski
Professor, Music & Dance

Marcia Roth Tucci
Academic Advisor, CHFA

Linda Ziegenbein
Interim Director, CNS Office
of Student Success and Diversity



All Transfer Students invited!

Transfer Spotlight

Name: Letha Gayle-Brissett

Working with Transfer Students: I have a passion for supporting students. I have worked with transfer students at UMass for over six years. Currently I'm an instructor for the (UNIV 125T) Transfer Seminar, designed to orient students to the University's support programs and resources to set them on a path for success. I also developed and administered UMass H2H Mentorship and Support Program for community college students transferring into the Honors-to-Honors program at UMass Amherst.



Education: I earned a PhD in Higher Education Policy and Leadership from UMass College of Education.

Fun Fact: I enjoy cooking and gardening.

Greatest fear: Lizards

Follow Student Success for Tips, Tricks and Treats

We are on Instagram and posting daily. Take a look at our feed for all sorts of good stuff!
You can find us at [@successumass](https://www.instagram.com/successumass)

CLICK HERE FOR MORE TRANSFER INFO!