

MINUTES MATTER



Overdose or injury after alcohol or other drug consumption is a life-threatening emergency that requires immediate medical treatment.

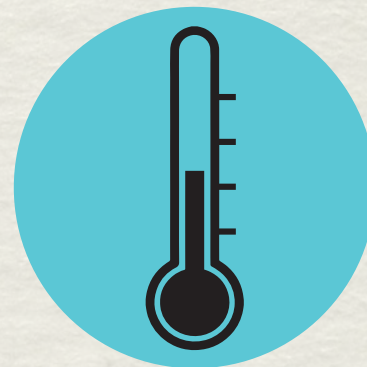
If you seek help for someone under the influence of alcohol or other drugs who needs medical attention, neither you nor that person will be charged with a UMass Code of Student Conduct violation.

Recognize life-threatening signs of severe intoxication.

Call 911 immediately if someone is...



Asleep or passed out
and can't be woken



Hypothermic
(cold skin that may appear pale or blue)



Breathing slowly
(fewer than 8 breaths per minute)



Vomiting excessively
(especially urgent if vomiting while passed out)



Breathing irregularly
(10 seconds or more between breaths)



Having seizures
(body is shaking rapidly and/or uncontrollably)