Position Overview
Cooking Matters is a national program that seeks to engage low-income children, families, and adults in hands-on cooking and nutrition instruction. Participants learn basic cooking skills, nutrition tips, and prepare one or two recipes together each class. The Food Bank is working with Cooking Matters MA to offer two classes in 2016, one for kids (Greenfield) and one for teens (Springfield). The Cooking Matters Assistant will help with set up and clean up at each class, and be available to assist participants during class.

We are looking for 1-2 volunteers to assist with the Cooking Matters for Teens course to take place at the Boys and Girls Club in Springfield. The course will run on Wednesdays from April 6th-May 11th, 6:30-8:30pm.

Essential Functions
Assist with set up of kitchen classroom (gathering materials, setting out tools, preparing ingredients, printing recipes), clean up of kitchen classroom, and help kids/teens one on one as they cook.

Non-Essential Functions

Requirements
Must be 18 and go through a CORI check. Must have own transportation to and from class sites (Greenfield or Springfield). Must have some experience with kids/teens.

Other Skills/Abilities
Culinary experience (either professional or personal) is preferred. Spanish language proficiency preferred.

Training Provided
Overview of class structure and agenda for each class. Overview of basic cooking skills that will be taught. Cooking Matters volunteer training may also be available online.