LINDIWE N SIBEKO
Curriculum Vitae

Office: 215 Chenoweth Laboratory, Department of Nutrition
School of Public Health and Health Sciences
University of Massachusetts Amherst
Amherst MA 01003

Telephone: 413.545.1693
Fax: 413.545.1074
Email: lsibeko@umass.edu

EDUCATION

Ph.D. McGill University. Montreal, Canada.
School of Human Nutrition, 2008

M.Sc. McGill University. Montreal, Canada.
School of Human Nutrition, 2002

BSc Mount Saint Vincent University. Halifax, Canada
Applied Human Nutrition, 1986

BA Carleton University. Ottawa. Canada.
Department of Biology, 1984

ACADEMIC APPOINTMENTS

09/ 2021 Associate Professor and Chair, Department of Nutrition,
School of Public Health and Health Sciences
University of Massachusetts Amherst

2020-2021 Extension Associate Professor, Department of Nutrition
School of Public Health and Health Sciences
University of Massachusetts Amherst

2013-2020 Extension Assistant Professor, Department of Nutrition
School of Public Health and Health Sciences
University of Massachusetts Amherst

2008-2011 Canadian Institute of Health Research (CIHR) Postdoctoral
Fellowship. Division of Social and Transcultural Psychiatry:

Sibeko, L N
PUBLICATIONS

Peer Reviewed Journal Articles


2. Hsiao B, **Sibeko L**. Breastfeeding is inversely associated with allostatic load in postpartum women: cross-sectional data from nationally representative women. J Nutr. 13 September 2021 nxab302; https://doi.org/10.1093/jn/nxab302


8. Hsiao B, **Sibeko L** & Troy L. Systematic review of mobile produce markets: facilitators and barriers to use, and associations with


17. Israel-Ballard KA, Abrams BF, Coutsoudis A, Sibeko L, Cheryk LA, Chantry CJ. Vitamin content of breast milk from HIV-1-infected


Book Chapters


2. Groleau D, Sibeko L. Breastfeeding in the Margins: navigating through the conflicts of social and moral order (2012). In: Beyond
Conference Proceedings


In Submission


In Preparation


3. **Sibeko L, Johns T, Hsiao B.** Traditional perinatal plant knowledge in Sub-Saharan Africa: a systematic review.

**NON-ACADEMIC PUBLICATIONS**

**Visual Media**

2004 Directed and produced educational video on “Heat-Treatment of Expressed Breastmilk as Infant Feeding Option.”

Used in clinics (multiple countries) where sustainable ARVs were unavailable.

**Manual/Monograph**

1997 Team member developed the “Special Delivery Club” toolkit; responsible for content: I. Prenatal Nutrition II. Breastfeeding.

Prenatal care manual targeting pregnant adolescent and low-income single women. Adapted by Health Canada as best practice model.

**INVITED TALKS**

**Academic**


**Sibeko L**. Mother to child transmission of HIV: the African picture. Queens University 110th QTC Annual Conference: Justice and

**Community Engagement (invited talks)**
Health and Teenagers Summit: tasty and healthy. LINK Youth Summit. Martin Luther King Center. February 2016. Springfield MA.

Heart Health for Black Women. Go Red Conference. February 2015. Springfield MA.

Community conversations on Weight of a Nation (HBO). April 2015. Springfield MA.


**CONFERENCE ACTIVITY/PARTICIPATION**

**Panel**


**Presentations**


**GRANTS**

**Currently Funded**

NIH R01 $3,1058,969
05/01/2019-04/30/2024
**Role: PI** (Multi-PI: Arcaro/Sibeko/Sturgeon)

NIH F31.
Pre-doctoral fellowship (Christine Rowley). Project Title: Understanding Stress in Multiracial Relationships.
**Role: Co-sponsor/mentor**

NIH R01 $3,060,000
10/1/2016-9/30/2021
Identifying Mechanisms of Peer Influence on Youth Weight-Related Behaviors.
**Role: Co-I**

USDA/NIFA/IIE $30,000
01/1/2021-9/30/2022
Immigrant/Refugee Women’s Health
**Role: Co-I.**

Higher Education Innovation Fund (HEIF).
06/2021-08/31
**Role: Collaborator**

SSRHC $200,000
09/2019-08/2021
**Role: Collaborator**

**Pending**

$ 20,000
01-2022-08-2023
USDA/NIFA Group Based Prenatal Program for Women of Color in Springfield: a maternal and child health initiative.
Role: PI

Completed Research
USDA/NIFA/Hatch
Breastfeeding Attitudes, Beliefs and Experiences of African American Women in Springfield MA.
Role: PI
WUN
World University Network (WUN) Planning Meeting Fund.
African Child and Youth Health in the Context of Migration and Displacement.
Role: Co-I

USDA/NIFA Integrating Urban Agriculture and Nutrition Promotion to Increase Consumption of Fruits and Vegetables: A Focus on Worcester, Massachusetts.
Role: PI

Role: Co-PI

USDA/NIFA Food Security, Health Outcomes, and Nutrition Education Among Cambodian Women in Massachusetts. Role: Co-I.

CIHR Acceptability and feasibility of South African HIV-infected Mothers Using Home-Pasteurized Expressed Breastmilk. Role: PI

HONORS and AWARDS

2021 TIDE (Teaching for Inclusiveness, Diversity & Equity) Ambassador Faculty Fellow.

2017/18/21 College Outstanding Teacher Award (nominated).

2020 Distinguished Community Engagement Award for Research.


2017/18 Distinguished Graduate Mentor Award (nominated).

2017/18 W.E.B. Du Bois Fellow, University of Massachusetts.

2015 Family Research Scholar, Center for Research on Families, University of Massachusetts.
2014  
Civic Engagement and Service-Learning Fellow, University of Massachusetts.

2008  
Canadian Institute of Health Research (CIHR): Postdoctoral Fellowship. Canada.

2004  
Canadian Institute of Health Research (CIHR) Doctoral Research Award (HIV/AIDS)-joint CIHR/Health Canada funding initiative.

2004  
Canadian Institute of Health Research (CIHR): Doctoral Research Award.

2003  
International Development Research Center: Doctoral Award.

2003  
Catherine Freeman Fellowship (inaugural recipient): McGill University.

2001  
Best Poster Award: International Congress of Nutrition. Vienna, Austria.

2000  
Canadian International Development Agency (CIDA): Masters Award.

TEACHING

Community Nutrition (Undergraduate/Graduate: spring 2014, spring/fall 2015, spring/fall 2016, spring/fall 2017, fall 2018, spring/fall 2019, fall 2020, spring 2021)

Nutrition Education in Practice (Undergraduate: fall 2013, 2014)

Maternal and Child Health: social and cultural perspectives (Graduate: online summer 2022)

Maternal and Child Health: national and international perspectives (Graduate: fall 2022)

Guest Lectures, Departments: Nutrition, Community Health, Epidemiology, Community Health, Nursing, Psychology and Brain Sciences.
COMMUNITY ENGAGEMENT and OUTREACH

Building on the Cultural Wealth of Students of Color with Anti-racist Community-Engaged Programming, Pedagogies, and Practices. Faculty team member of a collaboration between UMass Amherst, Salem State University, Worcester State University, Fitchburg State University, with aim to explore pathways to develop anti-racist pedagogies in community engaged learning. Project funded by Department of Higher Education: Higher Education Innovation Fund (HEIF).

Breastfeeding Equity Outreach, Racial Justice and Advocacy:
BCAC and Boston Breastfeeding Coalition comments to the House Ways and Means May 27 hearing: ‘The Disproportionate Impact of COVID-19 on Communities of Color’. Collaborated in attaining MA State Senate Citation in recognition of Black Breastfeeding Week (August 25-31,2020) and activities to raise awareness, educate and support Black mothers in Springfield MA. Official recognition and proclamation of Black Breastfeeding Week presented by Springfield Mayor Domenic Sarno August 26,2020.(City Hall)

2017-present Founder of Breastfeeding Community Action Circle (BCAC): BCAC mission: to achieve breastfeeding equity through increased breastfeeding initiation and duration rates among Black/African American women in Springfield MA.

2018-present Member of Vital Village’s Boston Breastfeeding Coalition (BBC) Leadership Pathway Committee supporting community residents in attaining professional lactation skills.

2015- present Associate member of Reaching our Sisters Everywhere (ROSE) Inc: national advocacy and education organization founded to address breastfeeding disparities in African Americans, increase equity and normalize breastfeeding for all communities in the US.
PROFESSIONAL SERVICE AND LEADERSHIP

International
2019-present Regional Lead (N. America): African Child and Youth Migration Network
2018-2020 Executive Committee on Equity: International Lactation Consultant

National
2018 Reaching our Sisters Everywhere (ROSE): Invited Participant of Think Tank discussion to establish Center of Excellence for Black Breastfeeding at a HBCU; Moorhouse Medical School, Atlanta GA.

Regional

Referee Peer Review Journals
Maternal and Child Nutrition Journal
Public Health Nutrition
Journal of Human Lactation
Aids and Behavior Journal
Journal of Human Nutrition and Dietetics

SERVICE TO PROFESSION

Advisory Committees
Cross university members: Craig Gundersen (University of Illinois); Steven Jenkins (St. Louis University); Eric Rimm (Harvard University); Lindiwe Sibeko (University of Massachusetts) and Parke Wilde (Tufts University).
2015-16 Stakeholders Advisory Committee: Regional Nutrition Education and Obesity Prevention Centers of Excellence, Cornell University, NY.

Grant Review
2018 National Institute for Agricultural Research Food for Tomorrow-Cap aliment grant. France.


Peer Review
2021 Abstract Reviewer, American Public Health Association Conference, Denver, CO, October 24-27.


Abstract Reviewer, American Society for Nutrition. Chicago, IL, April 22-26


Abstract Reviewer, Reaching Our Sisters Everywhere (ROSE) Summit, July 20-22.

2015 Peer reviewer, UMass Medical School Center for Clinical and Translational Science: Community Research and Innovative Scholar.

Program Review
2016 Peer review, proposal to implement Diploma in Human Nutrition at Aga Khan University, Pakistan.
DEPARTMENT/UNIVERSITY SERVICE

Department
Graduate Program Committee: 2018-2021.
Search committee: Assistant professor 2018.

College/School

University
Steering Committee for the Center for Research on Families, 2017-present.
Provost Committee on Service Learning, 2017-present.

Search Committees:
Director of the Center for Research on Families 2020/21 (member).
CNS Extension Director, 2014 (member).
Assistant professor of Nutrition, 2018 (co-chair).
Assistant professor of Psychology and Brain Sciences, 2017/18 (member).
Assistant professor of Epidemiology, 2015/16 (member).
Civic Engagement and Service Learning, 2017 (member).

STUDENT ADVISING/MENTORING

GRADUATE:
Current

Doctoral
1. Ivy Kenda-Johnson: (Advisor/Committee chair)
2. Bi-Sek Hsiao: (Advisor/Committee chair)
3. Tippawan Srichalerm: Nursing (Committee member)
4. Christina Rowley: Psychology and Brain Sciences (Committee member)

Undergraduate (Honors Thesis and Summer Scholars)
1. Ana Prados (Summer Scholar/Chair)
2. Emily Woo (Summer Scholar)
Graduated

Doctoral
1. Nozipho Becker: Nutrition (nee Maziya): (Advisor/Chair)
2. Kim Doughty: Nutrition (Advisor/Chair)
3. Shanshan Chen: Nutrition (Committee member)
4. Jumpee Prasitchai: Nursing (Committee member)
5. Sameh Ahmed Ghareeb: Nursing (Committee member)
6. Kate Newkirk: Psychology and Brain Sciences (Committee member)
7. Hilary Halpern: Psychology and Brain Sciences (Committee member)
8. Ezgi Özcan: Second reader of WGSS Certificate final project

Master’s/ MPH
1. Maria O’Donnell: (nee Bermudez) (Advisor/Chair)
2. Simona Lourekas: (Advisor)
3. Emily Harrington: MS (Advisor/Chair)
4. Hilary Wiggins: MS (Advisor)
5. Ann Koutsavlis: MPH Nutrition (Project advisor)
6. Amanda Schantz: MPH Nutrition (Project advisor)
7. Ellen Lechtenberg: MPH Nutrition (Project advisor)
8. Rola Zahr: MPH Nutrition (Project advisor)
9. Avery Hennigar: MPH Community Health (Committee member)

Undergraduate (Honors Thesis)
1. Michaela Ciulla Nutrition (Chair)
2. Mackenzie Smith: (Chair)
3. Emily Boudreau: (Chair)
4. Alondra Morales Henriquez (Committee member)
5. Kathrine Mitchell Nutrition (Committee member)
6. Kayla Clarke Nutrition (Committee member)
7. Althea Mortenson: (Committee member)
8. Kathyrn Nutting: (Committee member)
9. Dominique Deslauriers: (Committee member)
PROFESSIONAL POSITIONS

October 2007  Consultant: Technical Advisor and Trainer
URC & UC DAVIES’ heat-treated breastmilk efficacy study.
Dar-es-Salaam, Tanzania.

September 2003  Consultant: Breastfeeding management skills training of
Cree Board of Health and Social Services of James Bay.
Chisasibi, Canada. First Nations community,
Northern Quebec.

1988-1998  Community Dietitian-Nutritionist
North Kingston Community Health Center. Kingston, Canada.
Provincial government funded, with mandate to provide
primary care, health promotion and prevention programs
for low-income households.
Primary care  individual and family focused nutritional care
Community health programming:
Food security: Fruit vegetables buying club, community garden,
community kitchen.
Prenatal Care: The Special Delivery Club, prenatal care for
pregnant adolescents and young single women.
Breastfeeding Clinic: lactation care and management to
community using co-facilitation team model: professional and
trained peer community resident.

Co-owner of nutrition consulting private practice:
Individual clinical counseling, health promotion and prevention
group programs (i.e. obesity prevention, diabetes care), targeted
programs for corporate businesses, sports nutrition services for
recreational and elite athlete
Therapeutic and foodservices consultation for federal
government (Correction Services of Canada) institutions.

Jan-Aug 1988  Clinical Dietitian
Clinical nutritional therapeutic care in endocrinology, pediatrics
general surgery and cardiology.

Sept-Dec 1987  Clinical Dietitian
Clinical nutritional therapeutic care for patients attending
endocrinology, surgical and oncology outpatient clinics.
PROFESSIONAL MEMBERSHIPS

2020-present  American Public Health Association.

LEADERSHIP (past)

2002-04  McGill University: post graduate student society, PhD representative. School of Dietetics and Human Nutrition.

1997-98  Founding member of Dietitian in Health Centers Network inaugural chair of network.

1996-98  Co-chair Breastfeeding Coalition of Eastern Ontario

LANGUAGES

English (Fluent)
Zulu (Intermediate)
French (Beginner/intermediate)