Nutrition Volunteer Opportunity

Type: Community Nutrition

Location: The Food Bank of Western Massachusetts, located 25 minutes from Amherst

Prerequisites: Junior or Senior Nutrition student preferred. NUTRITN 230 (Basic Nutrition, completed) and NUTRITN 391C (Writing in Nutrition) completed or currently enrolled.

Skills Needed:
- Experience with Microsoft Word, PowerPoint, and Excel. Experience with Publisher beneficial.
- The student must also be able to: work independently as well as with Food Bank staff, be dependable, work with a diverse and low income population, pay careful attention to detail, and be organized, professional, and punctual.

Hours: Dependant on availability of the student. May work from home for certain projects. Preferred: at least 3 hours per week.

Duration: Ongoing.

Duties:
Nutrition volunteer may work with one or more of the following projects:
- Assist in creation of nutrition articles and new recipes to highlight healthy foods available to member agencies and Brown Bag participants
- Assist with entering recipes into nutritional analysis software.
- Help prepare lesson plans and handouts for nutrition workshops, including preparation, implementation, and analysis of surveys
- May assist with menu and food preparation for nutrition workshops
- General office work as needed

Application:

Please email cover letter, resume, and writing sample by email or mail to:

Diane Alpern, RD, LDN
Nutrition Coordinator
The Food Bank of Western Massachusetts
P.O. Box 160
Hatfield, MA 01038
dianea@foodbankwma.org

Call 413-247-9738 ext 111 if questions