

FIND COURSES THAT MATCH YOUR INTERESTS

This guide is intended to help students find GenEd requirements or electives that may be of interest. As an undeclared student, you should see an advisor to discuss courses that will prepare you for a major you might be interested in pursuing. Make sure you're taking courses that interest you *and* courses that you will allow you to complete your major in a timely fashion.

NOTES: 1) Courses in bold are 4-credit; plain text courses are 3-credit; 2) SPIRE course designations are not used in this list; 3) Courses marked (F) were most recently offered only in the fall while courses marked (Sp) were most recently offered in just the spring. Not all courses are offered every semester—complete a SPIRE search for the most up-to-date course availability; 4) Courses marked with an (*) assume a certain level of mathematical ability (prerequisite based on a student's Math Placement Test score)—see an advisor for more information.

INTEREST	COURSES	COURSE TITLES
HELP PEOPLE SOLVE PROBLEMS OR RESOLVE CONFLICTS	Anthro 100 (SBG) Anthro 104 (SBG) Anthro 105 (SBG) (F) Educ 115, 210 (IU) Legal 250 (SBU) Psych 100 (SB) Pub Health 129 (SBU) Res Econ 121 (SBG) (F) Soc 103 (SBU)	Human Nature Culture, Society & People Language, Culture, & Communication Embracing Diversity, Social Diversity in Educ. Intro to Legal Studies (Sophomores only) Intro to Psychology Health Care For All Hunger in Global Economy Social Problems
TEACH OR COACH	Bio 106 (BS) (F) Educ 190A (SB) Educ 115, 210 (IU) Human Dev 270 (SB) Kin 100, 110 (BS) Psych 100 (SB) Pub Health160 (SI) Soc 100-level (SB/SBU)	Human Biology Education at the Movies Embracing Diversity, Social Diversity in Educ. Child Development Intro Exercise Science, Human Performance & Nutrition Intro to Psychology My Body, My Health (multiple intro to sociology courses)
TAKE CARE OF PEOPLE including CHILDREN or the ELDERLY	Bio 105 (BS) (Sp) Comm Dis 210 (U) Educ 115, 210 (IU) Educ 190A (SB) Human Dev 270 (SB) Psych 100 (SB) Pub Health 129 (SBU) Soc 106, 110 (SBU) Soc 222 (SBU)	Biology of Social Issues Intro to Communication Disorders Embracing Diversity/ Social Diversity Education at the Movies Child Development Intro to Psych Health Care For All Race, Gender, Class & Ethnicity, Intro Soc The Family
PLAN EVENTS	Comm 118 (F), 250 (SB) HTM 100 Res Econ 162 (SB) (F)	Interpersonal Communication (250 is not for major credit) Intro to Hospitality & Tourism Mgt. Consumer in Society
MOTIVATE PEOPLE	Comm 118 (F), 250 (SB) Comm 121 Comm 125 Psych 100 (SB) Poli Sci 181 (SBU), 280 (SB) Res Econ 162 (SB) (F) Soc 105 (SB) (F)	Interpersonal Communication (250 is not for major credit) Intro to Media & Culture Intro to Rhetoric and Performance & Social Action Intro to Psych Controversies in Public Policy, Public Policy Consumer in Society Self, Society, & Inter Relationship
ENTREPRENEURSHIP	BCT 150 (I) (F) Comp Sci 120 (R2) (F) Comp Sci 105* (R2) Econ 103* , 104* (SB) Labor 280 (IU) (Sp) Res Econ 162 (SB) (F)	The Built Environment Problem Solving w/Internet Computer Literacy Microeconomics, Macroeconomics Labor & Work in the US Consumer in Society
U.S. and/or GLOBAL ECONOMY & MARKET TRENDS	Econ 103* , 104* (SB) Econ 105 (SBU) Poli Sci 111 (SBG) Res Econ 102* (SB)	Intro Microeconomics, Intro Macroeconomics Political Economy Comparative Politics Intro to Resource Econ

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MEDIA OR FILM	<p>Afro Am 197A (1 credit) (F) Anthro 106 (SBG) Comm 121 Comm 122 Comm 140 Comm 231 (F) Comm 287 (F) Comp Lit 381 (AT) (F) Comp Lit 383 (AT) (Sp) Educ 190A (SB) Music 160 (AT) (F) Poli Sci 201 (HS) (Sp)</p>	<p>Taste of Honey: Black Film Since the 1950s Culture Through Film Intro to Media & Culture Intro Media Programming & Institutions Intro to Film Studies Film & TV Production Concepts Advertising as Social Change Self-Reflective Avant-Garde Film Narrative Avant-Garde Film Education at the Movies American Popular Music American Politics Through Film</p>
RESTAURANT/CLUB MANAGEMENT	<p>Comm 118 (F), 250 (SB) Food Sci 120 (PS) Food Sci 150 (BS) HTM 100 Res Econ 162 (SB) (F)</p>	<p>Interpersonal Communication (250 is not for major credit) Preservation of Food: How & Why The Science of Food Intro to Hosp. & Tour. Mgt. Consumer in Society</p>
PERSUASION & DEBATES	<p>Comm 287 (F) Legal 250 (SBU) Phil 110* (R2) Phil 160 (AT) Phil 164 (AT) Poli Sci 162 (SB) Poli Sci 181 (SBU) Pub Hlth 129 (SBU)</p>	<p>Advertising as Social Change Intro to Legal Studies (sophomores only) Intro to Logic Intro to Ethics Medical Ethics Constitutional Law Controversies in Public Policy Healthcare for All</p>
TV CRIME SHOWS	<p>Bio 106 (BS) (F) Chem 101 (PS) Legal 250 (SBU) Psych 100 (SB), 380 Soc 103 (SBU) Soc 241</p>	<p>Human Biology General Chemistry Non-Science Majors Intro to Legal Studies Intro to Psych, Abnormal Psych Social Problems Criminology</p>
SPORTS or PHYSICAL ACTIVITY	<p>Hist 291W (Sp) Kin 100, 110 (BS) Pub Hlth 160 (SI) Sport Mgt 200 (SB) (Sp) Sport Mgt 202 (HS) (F)</p>	<p>History of Baseball Intro Exercise Science, Human Performance & Nutrition My Body, My Health Sociology of Sport & Physical Activity History of Sport & Physical Activity</p>
HEALTH & NUTRITION	<p>Bio 106 (BS) (F) Food Sci 101 Food Sci 120 (PS) Food Sci 150 (BS) Kin 100, 110 (BS) Micro Bio 160 (BS) Nutrition 130 (BS) Pub Health 160 (SI) Res Econ 121 (SBG) (F) Stock Sch 120 (BS)</p>	<p>Human Biology Food & Health Preservation of Food: How & Why The Science of Food Nutrition for Healthy Lifestyle Intro Exercise Science, Human Performance & Nutrition Biology of Cancer & Aids Nutrition for a Healthy Lifestyle My Body, My Health Hunger in Global Economy Organic Farming and Gardening</p>
WRITING and/or READING	<p>Any Literature Gen Ed (AL) Afro-Am 117 (ALU) (F) Afro-Am 234 (ALU) Comp Lit 121 (AL) Comp Lit 122 (ALG) Comp Lit 131 (ALG) Comp Lit 141 (ALG) Classics 224 (AL) English 140 (AL) (F) English 142 (AL) English 144 (ALG) English 254 (AL)</p>	<p>Refer to SPIRE Survey of African American Literature Literature of the Harlem Renaissance International Short Story Spiritual Autobiography Brave New World Good & Evil: East-West Greek Mythology Reading Fiction Reading Drama World Literature in English Writing & Reading Imaginary Lit</p>

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HISTORY or CURRENT EVENTS	Any History Gen Ed (HS) Afro-Am 132 (HSU) (F) Afro-Am 236 (HSU) English 115 (ALU) English 270 (AL) English/Comp Lit 319 (AL) Poli Sci 101 (SB) Poli Sci 121 (SB) Poli Sci 162 (SB) Res Econ 121 (SBG) (F) Soc 103 (SBU) Soc 107 (SBU) WGSS 187 (IU)	Refer to SPIRE African American History 1619-1860 History of Civil Rights Movement American Experience American Identities Representing the Holocaust American Politics World Politics Intro to Constitutional Law Hunger in Global Economy Social Problems Contemporary American Society Gender, Sexuality, & Culture
SOCIAL JUSTICE & DIVERSITY	Afro-Am 101 Afro-Am 236 (HSU) Anthro 106 (SBG) Anthro 205 (SBU) (Sp) Educ 115, 210 (IU) English 115 (ALU) Phil 164 (AT) Soc 106 (SB) WGSS 187 (IU) WGSS 201	Intro to Black Studies History of Civil Rights Movement Culture Through Film Inequality & Oppression Embracing Diversity, Social Diversity in Education American Experience Medical Ethics Race, Sex, and Social Class Gender, Sexuality, & Culture Gender & Difference: Critical Analyses
POLITICS or SOCIAL ACTIVISM	Afro-Am 101 Afro-Am 236 (HSU) Anthro 205 (SBU) (Sp) Bio 105 (BS) (Sp) Comm 122 Comm 125 Comm 287 (F) Comp Lit 131 (ALG) Educ 210 (IU) English 131 (ALG) Poli Sci 101 (SB) Poli Sci 121 (SB) PoliSci 111 (SBG) Poli Sci 171 (SBG) Pub Hlth 129 (SBU) WGSS 187 (IU)	Intro to Black Studies History of Civil Rights Movement Inequality & Oppression Biology of Social Issues Into to Media Programming & Institutions Intro to Rhetoric and Performance & Social Action Advertising as Social Change Brave New World Social Diversity in Education Society & Literature American Politics World Politics Comparative Politics International Politics Healthcare for All Gender, Sexuality, & Culture
COMMUNITY SERVICE	Soc 100-level (SB/SBU) Bio 105 (BS) (Sp) Res Econ 121 (SBG) (F) Stock Sch 120 (BS) Pub Hlth 129 (SBU) Pub Hlth 160 (SI) <i>Go to cesl.umass.edu for information about civic engagement and service learning opportunities.</i>	(multiple intro to sociology courses) Biology of Social Issues Hunger in the Global Economy Organic Farming and Gardening Health Care For All My Body, My Health (Has a community service requirement)

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CULTURES & LANGUAGES	Any Language Course Anthro 104 (SBG) Anthro 105 (SBG) (F) Classics 100 (HS) (F) Classics 102 (HS) (Sp) Classics 224 (AL) Comp Lit 141 (ALG) Comp Lit 121 (AL) Geo Sci 102 (SBG) History 114 (HSG) (F) History 120 (HSG) (Sp) History 121 (HSG) (F) Japanese 135 (IG) (F) Judaic 101 (AT) or 102 (HSG) Ling 101 (SBU)	See an advisor for placement Culture, Society, and People Language, Culture, and Communication Greek Civilization Roman Civilization Greek Mythology Good & Evil: East-West International Short Stories The Human Landscape History of China: Origins to 1600 Latin American History: Colonial Period Latin American History: National Period Japanese Art & Culture Jewish People I; Jewish People II People & Their Language
ENVIRONMENT & SUSTAINABILITY	BCT 150 (I) (F) BCT 211 (F) Envi Des 140 (AT) (F) Envi Des 205 (IU) Envi Sci 101 (BS) (F) Geo Sci 100 (PS) NRC 100 (SI) (F) NRC 120 Physics 118 (PS) Res Econ 262 (SB) (Sp) Res Econ 263 (SB) (F) Stock Sch 120 (BS)	The Built Environment Energy Efficient Housing Awareness of the Visual Environment Dynamics of Human Habitation Intro to Environmental Science Global Environmental Change Society & Environment Basic Scuba (2 credits, \$150 fee) Energy & Society Environmental Economics Natural Resource Economics Organic Farming and Gardening
SCIENCE and/or BUSINESS of FOOD	Food Sci 101 Food Sci 120 (PS) Food Sci 150 (BS) HTM 100 Nutr 130 (BS) Res Econ 121 (SBG) (F) Res Econ 162 Stock Sch 120 (BS) (F) Stock Sch 171 (BS)	Food & Health Preservation of Food: How & Why Science of Food Intro to Hospitality & Tourism Mgt Nutrition for Healthy Lifestyle Hunger in Global Economy Consumer in Society Organic Farming and Gardening Plagues, Food, and People: Ecology of Food and Disease
PERFORMING ARTS	English 221 (AL) Music 100 (AT) Music 102 (ATU) Music 103 (ATU) (Sp) Music 150 (ATG) Music 160 (AT) (F) Physics 115 (PS) (F) Theater 100 (AL) (Sp) Theater 140	Shakespeare Music Appreciation African American Music History of Jazz The Lively Arts American Popular Music Physics of Music Intro Theater Basic Techniques in Performance
VISUAL ARTS	Anthro 234 (ATG) (Sp) Art 104, 105 (AT) Art Hist 115 (ATG) Comp Lit 335 (ATU) (F) Envi Des 140 (AT) (F) Japanese 135 (IG) (F)	Art in Cross Cultural Perspectives Basic Studio Drawing, Basic Studio Design Intro to Visual Arts Comic Art in North America Awareness of the Visual Environment Japanese Art & Culture
ANCIENT HISTORY	Anthro 102 (SBG) Anthro 150 (HSG) Art Hist 100 (ATG) (F) Classics 100 (HS) (F) Classics 102 (HS) (Sp) Classics 224 (AL) History 170 (HSU) (F) Phil 100 (AL)	Archeology & Pre-History Ancient Civilizations Ancient-Medieval Art Greek Civilization Roman Civilization Greek Mythology Indian Peoples of North America Intro to Philosophy

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INFORMATION TECHNOLOGY (IT)	Comp Sci 105* (R2) Comp Sci 119 Comp Sci 120 (R2) (F) Comp Sci 121* (R2)	Computer Literacy Intro to Programming Problem Solving w/Internet Intro to Problem-Solving with Computers
ANALYZE, PROBLEM SOLVE, LOGICAL THINKING	Comp Sci 121* (R2) Ling 201* (R2) Phil 100 (AL) Phil 110* (R2) Phil 160 (AT) Phil 164 (AT) Physics 100* (PS) Poli Sci 181 (SBU) (F) Pub Hlth 129 (SBU)	Intro to Problem-Solving with Computers Intro to Linguistic Theory Intro to Philosophy Intro to Logic Intro to Ethics Medical Ethics Conceptual Physics Controversies in Public Policy Health Care for All
LEARN ABOUT THE EARTH, and/or OUTER SPACE	Astron 100* (PS) Astron 101* (PS) Geo Sci 101 (PS) Geo Sci 103 (PS) Geo Sci 105 (PS) (F) Geo-Sci 250 (SI) Physics 120 (PS) (Sp)	Exploring the Universe The Solar System The Earth Oceanography Dynamic Earth Natural Disasters Big Bang to Black Hole
DISCOVERY CHANNEL TOPICS	Anthro 100 (SBG) Anthro 102 (SBG) Anthro 103 (BS) Anthro 105 (SBG) (F) Bio 106 (BS) (F) BioChem 100 (BS) (F) Chem 101 (PS) Geo-Sci 250 (SI) History 180 (HS) MicroBio 160 (BS) Physics 125 (PS) (F) Psych 100 (SB) Res Econ 121 (SBG) (F) Stock Sch 171 (BS)	Human Nature Archaeology and Pre-History Human Origins and Variations Language, Culture, and Communication Human Biology My DNA General Chemistry Non-Science Majors Natural Disasters Western Science and Technology Biology of Cancer & Aids Seeing the Light Intro to Psychology Hunger in Global Economy Plagues, Food, and People: Ecology of Food and Disease