Exercise Physiology Intern

Job Description:

InsideTracker is seeking an exercise physiologist graduate student who will serve as an intern to help us maintain and develop the next version of our web-based exercise and personal fitness service. This is a paid part-time internship. The successful candidate should be able to dedicate 10-20 hours per week. There is an option for the intern to work full-time.

Requirements:

Graduate student

About InsideTracker:

We are a group of physicians, scientists, exercise physiologists, and nutritionists originally from MIT, Harvard, and Tufts University who started Segterra to develop a web-based personalized nutrition and exercise product called InsideTracker. This application is designed for people who want to enhance their athletic performance, increase their energy, feel better, and/or achieve a healthy weight.

InsideTracker is the only plan that analyzes a sample of blood and, in conjunction with the customer’s wellness and lifestyle goals, provides a personalized diet, nutrition, and exercise plan best suited to him or her.

We built a fully scientific product; every recommendation is based on publicly available, peer-reviewed research, including results from clinical trials. InsideTracker is simple and easy to use. Unlike many fitness and weight management plans, the foods we recommend can be found at the local grocery and the exercise plan is tailored to activities and equipment that are readily available. InsideTracker can be used for a one-time recommendation or as part of an on-going plan.

Please send your CV to: gplander@InsideTracker.com