

**Elena T. Carbone, DrPH, RD, LDN, FAND**  
**Professor and Chair, Department of Nutrition**  
**University of Massachusetts**  
**Amherst, MA 01003-9282**

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**Webpage :** <https://www.umass.edu/sphhs/person/faculty/elena-t-carbone>

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**EDUCATION and TRAINING**

- 2014 Higher Education Resource Services (HERS) Leadership Training, Denver, CO; Certification
- 2005 Health Literacy Summer Institute, Portland, ME; Certification
- 1999 University of North Carolina, School of Public Health, Chapel Hill, NC  
Dr.P.H., Department of Health Behavior and Health Education
- 1996 Global Learning, Inc. (Formerly Jubilee Popular Education Center), Raleigh, NC  
and Toronto, Ontario; Master Fellowship Certification in Adult Education
- 1988 Boston University, Sargent College, Boston, MA  
M.S., Nutrition Communications, With Distinction
- 1987 Boston University, College of Communications, Boston, MA  
Public Communications Institute, Certificate
- 1985 Yale-New Haven Hospital, New Haven, CT; Dietetic Internship
- 1984 Registered Dietitian (RD), #R14290
- 1984 University of New Hampshire, Durham, NH; B.S., Nutritional Sciences,  
Cum Laude

**CURRENT POSITION**

- 2020 University of Massachusetts/Department of Nutrition, Amherst, MA; Professor
- 2018 University of Massachusetts/Department of Nutrition, Amherst, MA; Chair
- 2006 University of Massachusetts/Department of Nutrition, Amherst, MA;  
Associate Professor (Tenured)

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

### **PREVIOUS EXPERIENCE**

- 2012– 2015      University of Massachusetts/Commonwealth Honors College, Amherst, MA  
Founding Director, Community-Engaged Research Program (CERP)
- Summer 2009      University of Massachusetts/Department of Nutrition, Amherst, MA  
Interim Undergraduate Program Director  
Interim Didactic Program in Dietetics (DPD) Director  
Interim Dietetic Internship Director
- Spring 2009      University of Massachusetts/Department of Nutrition, Amherst, MA  
Interim Department Head
- Fall 2008          Harvard School of Public Health, Boston, MA  
Visiting Scholar, Health Literacy Studies, Department of Society, Human  
Development and Health
- 2007-2018        University of Massachusetts/Department of Nutrition, Amherst, MA  
Graduate Program Director
- 2001– 2012        Global Learning Partners, Inc. Raleigh, NC and Toronto, Ontario  
Master Trainer; Curriculum Review Working Group Member (2006-2007)
- 2000 – 2006        University of Massachusetts/Department of Nutrition, Amherst, MA  
Assistant Professor
- 1999 - 2000        Lineberger Comprehensive Cancer Center/Nutrition Dept., Chapel Hill, NC  
Post Doctoral Research Associate
- 2000, 1997,  
1996                University of North Carolina, School of Public Health, Chapel Hill, NC  
Co-Instructor, Dietary Change Interventions Course
- 1999                University of North Carolina, School of Public Health, Chapel Hill, NC  
Instructor, Dietary Change Interventions Course
- 1999                University of North Carolina, School of Public Health, Chapel Hill, NC  
Co-Instructor, Cancer Prevention and Control Seminar
- 1998                University of North Carolina, School of Public Health, Chapel Hill, NC  
Teaching Assistant, Cancer Prevention and Control Seminar
- 1997 - 2001        North Carolina Department of Health and Human Services, Raleigh, NC  
Staff Assistant, NC Advisory Committee on Cancer Coordination and Control

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 1995 – 1997 University of North Carolina, School of Public Health, Chapel Hill, NC  
Research Associate, FoodSmart Multimedia Nutrition Education Program
- 1995 - 1996 University of North Carolina, School of Public Health, Chapel Hill, NC  
Research Associate, Anti-Violence Media Education Program
- 1995, 1996 University of North Carolina, School of Public Health, Chapel Hill, NC  
Research Associate, SunSmart Program
- 1994 - 1995 University of North Carolina, School of Public Health, Chapel Hill, NC  
Research Associate, StampSmart Program
- 1989 - 1994 U.S. Public Health Service, Office of Disease Prevention and Health Promotion,  
Washington, DC  
Nutrition Advisor  
Co-Executive Secretary - Dietary Guidelines Advisory Committee  
Co-Chair School Nutrition program  
Project Officer - American School Food Service Association cooperative  
agreement  
Departmental representative - USDA's ad hoc Committee for Analysis of The  
Food Guide Pyramid
- 1988 National Cancer Institute, Office of Cancer Communications, Bethesda, MD  
Public Affairs Specialist
- 1988 M. Shulman & Associates, Boston, MA  
Public Relations Specialist/Curriculum Developer
- 1986 - 1987 Massachusetts General Hospital, Boston, MA  
Clinical Dietitian - Pediatrics and Gynecology  
Dietetic Intern Preceptor  
Co-Chair Patient Education Committee

### **CONSULTING EXPERIENCE**

- 2014 – present Carson Center for Human Services, Westfield, MA; Research Consultant
- 2014 – 2016 CommunicateHealth, Northampton, MA; Strategic Communications Consultant
- 2013 – 2015 HealthLiteracyInnovations.Com; Evaluation Consultant
- 2012 – 2013 Farm-To-Preschool Programs, Springfield, MA  
Community Program Evaluator

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2008 – 2009 Promoting Therapeutic Lifestyle Changes to Improve Blood Pressure Among Hypertensive Latino Older Adults  
New York University School of Medicine, New York, NY  
Research Methods Consultant
- 2006 – 2007 Pharmacy Intervention for Limited Literacy (PILL)  
Rollins School of Public Health, Department of Health Policy and Management, Emory University  
Research Methods Consultant
- 2005 – 2007 Physical Activity and Learning Styles Project (PALS)  
Rollins School of Public Health, Department of Health Policy and Management, Emory University  
Research Methods Consultant
- 2003 – 2005 Efficacy of Producing Stable Omega-3 Fatty Acid Enhanced Foods to Improve Human Health  
University of Massachusetts Amherst, Departments of Food Science/Nutrition  
Program Evaluation Coordinator
- 2003 – 2004 Proyecto Vida Saludable: Knowledge, Attitudes and Behaviors Associated with Self-Management and Goal-Setting in Diabetes Education, Holyoke, MA  
Research Methods Consultant
- 2002 Plumley Village Diabetes Health Study, Worcester, MA  
Research Methods Consultant
- 2001 – 2002 The University of Massachusetts/Extension Nutrition Program, Amherst, MA  
Choices: Steps Toward Health  
Senior Evaluation Specialist
- 1998 - 1999 Mindjourney Software, Raleigh, NC  
Evaluation Consultant
- 1987 Massachusetts Department of Food and Agriculture, Boston, MA  
Public Relations Consultant

### **GRANTS**

- 2020 – 2022 Piloting a New Approach to Evaluation of Teaching. UMass TEval Grant, \$8,000;  
**E.T. Carbone (PI)** and L. Cordeiro (PI)

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2020 – 2021 MommyDaddy Covid stress study, WUN Special Grant Scheme Addressing Research Needs Triggered by the COVID-19 Pandemic £10,000; D. Olson (PI); **E.T. Carbone (UMass Collaborator)**
- 2019 – 2021 Maternal Health, Literacy and Pregnancy Outcomes: The Role of Specialized Nutrition Education. Nestle Foundation training grant, \$49,478; **E.T. Carbone (Administrator/PI)**
- 2017 - 2019 MPower: Empowering Mothers for Health. Worldwide Universities Network grant, \$31,170; **E.T. Carbone (PI)**
- 2017 Investigator Initiated Workshop (IWW) grant, \$2,400; **E.T. Carbone (PI)**
- 2016 – 2019 The Prevalence and Extent of Vegetarianism and Vegan Nutrition Instruction in Accredited Dietetics Education Programs in the US. Academy of Nutrition and Dietetics Foundation grant, \$10,000; **E.T. Carbone (Administrator/PI 2019)**
- 2015 – 2016 Identification and Implementation of Remote Nutrition Counseling within the NuPlanit Mobile Application. Chancellor’s Proof-of-Concept grant, \$48,280; **E.T. Carbone (PI)**, A. Hanlon (PI of subcontract)
- 2015 – 2016 FuelUp+Go! Academy of Nutrition and Dietetics & General Mills Foundations grant, \$20,000; **E.T. Carbone (PI)**
- 2013 - 2014 Food, Nutrition, and Culture in Italy. Marion and Jasper Whiting Foundation grant, \$5,000; **E.T. Carbone (PI)**
- 2012 – 2014 Live Well Springfield. CDC Community Transformation grant, \$1,993,433 (total), \$189,476 (subcontract); C. Ratte (PI), **E.T. Carbone (PI of subcontract)**
- 2012 - 2014 Western Massachusetts Public Health Training Center grant, \$10,000; J. Collins (Community PI), **E.T. Carbone (PI/Faculty Mentor, UMass)**
- 2012 – 2013 Improving Internationalization of Nutrition Curriculum. UMass IPO grant, \$3,300; Chen S (PI), Cordeiro (Co-PI), **Carbone E (Co-PI/Advisor)**
- 2011 – 2014 The Mass. BMI Letter: How are Parents Responding? Collaborative Biomedical Research grant, \$24,657; **E.T. Carbone (PI, UMass)**, S. Goff (PI, Baystate)

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2010 – 2012 Massachusetts Farm Fresh: Sensory Nutrition Education Promoting Locally Grown Fruits & Vegetables Among Western Mass Head-Start Children. Head Start; \$50,000; S Kannan (PI), **E.T. Carbone (Advisor/Faculty Mentor)**
- 2009 – 2010 Improving Meals in Pre-schools: Measuring the Effects of a New Policy and Classroom Curriculum. Baystate Incubator project \$40,000; S. Goff (PI, Baystate), **E. T. Carbone (Co-PI)**
- 2007 – 2008 Teaching and Learning with Technology: An Assessment of Best Practices. Scholarship in Teaching and Learning with New Technology grant, UMass President's Office; \$8,000; **E. T. Carbone (PI)**
- 2007 – 2008 Food Equipment & Safety Training (FEAST). MA Dept of Education grant; \$88,094; J. Flohr (PI), **E. T. Carbone (Co-I)**
- 2006 – 2008 Pioneer Valley/Hampden County Community Environmental Health Network CARE project. EPA grant, Level 1 Cooperative Agreement; \$100,000; G. DiChiro (PI), **E.T. Carbone (Co-I)**
- 2005 – 2009 Food Safety Education for High School and Transition Special Needs Students. USDA-CSREES NFSI grant; \$590,439 (total) \$96,826 (subcontract); L. Pivarnik (PI), **E.T. Carbone (PI of subcontract)**
- 2004 – 2009 Tween POWER: Preventing Obesity through Wise Expenditures of Resources. USDA-CSREES grant; \$800,000; **E.T. Carbone (PI)** and J. Anliker (PI).
- 2003 – 2007 Food Safety Training and Certification for Under-educated and Limited English-proficient School Food Service Personnel. USDA-CSREES grant; \$500,000; **E.T. Carbone (PI)** and Rita Brennan Olson (2<sup>nd</sup> PI-until 2005)
- 2003 – 2006 An Examination of Information Processing Styles among Lower Income Hispanic Adults with Type II Diabetes. Faculty Research grant; \$8,378; **E.T. Carbone (PI)**
- 2003 – 2004 Examining a New Method of Assessing a Stage of Change-based Evaluation Tool for FNP Nutrition Education. UMass Extension; \$36,122; **E.T. Carbone (PI)**
- 2002 – 2003 Field-Testing and Assessment of a Stage of Change-based Evaluation Tool for FNP Nutrition Education. UMass Extension grant; \$26,718; **E.T. Carbone (PI)**
- 2001– 2002 Understanding How People Process Cancer Information: An Examination of Underlying Message Tailoring Variables. American Cancer Society Individual Research grant; \$20,000; **E.T. Carbone (PI)**

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2001– 2002 Global Learning Partners Participatory, Learner-Centered Training. UMass Faculty Teaching grant; \$1,500; **E.T. Carbone (PI)**
- 2001– 2002 Using the Stages of Change Model to Inform a New Approach in the Family Nutrition Program (FNP). UMass Extension grant; \$51,552; **E.T. Carbone (PI)**
- 2000 – 2002 An Innovative Approach to Nutrition Education Informed by Key Principles and Practices of Adult Education. NEP Strategic Investment grant; \$30,000; **E.T. Carbone (PI)**

### **HONORS AND AWARDS**

- 2019 – 2020 ADVANCE Collaboration & Equity (ACE) Faculty Fellow
- 2019 The Honor Society of Phi Kappa Phi (inducted April 2019)
- 2017 Fellow of The Academy of Nutrition and Dietetics (FAND)
- 2016 - 2017 Institute for Social Science Research (ISSR) Faculty Fellow
- 2015 Distinguished Graduate Mentor Award, University of Massachusetts
- 2015 Society for Nutrition Education and Behavior (SNEB) Mid-Career Award
- 2014 University Distinguished Teaching Award (nominee)
- 2013 Distinguished Academic Outreach Award for Research
- 2013 University Distinguished Teaching Award (nominee)8
- 2012 – 2013 Center for Research and Education in Women’s Health (CREWH) Research Scholar
- 2012 Distinguished Academic Outreach Award for Research (nominee)
- 2010 Dannon Institute’s 1<sup>st</sup> Academic Mid-Career Nutrition Leadership Institute
- 2010 Rho Chapter of the Delta Omega Honor Society (inducted April 2010)
- 2010 Jeanne M. Priester Award for Strength and Power In Nutrition (SPIN) obesity prevention program (with J. Anliker)
- 2010 Northeast Extension Directors’ Award of Excellence for Strength and Power In Nutrition (SPIN) program (with J. Anliker)
- 2006 University Distinguished Teaching Award (nominee)
- 2005 – 2006 Puerto Rican Studies Faculty/Community Seminar

**ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2003 College Outstanding Teacher Award,
- 2003 University Distinguished Teaching Award (nominee)
- 2003 Teaching and Learning in the Diverse Classroom Faculty Development Program
- 2002 – 2003 University of Massachusetts Center for Teaching’s First Faculty Book Club
- 2002 College Outstanding Teacher Award (nominee)
- 1999 American Society for Preventive Medicine New Investigator’s Workshop
- 1998 Delilah Siler Graduate Scholarship (administered through The NC Dietetic Association Foundation)
- 1998 Delta Omega Student Travel Fund Award
- 1998 University of North Carolina Graduate Travel Award
- 1997 Lineberger Comprehensive Cancer Center Pre-Doctoral Fellowship
- 1997 Public Health Foundation Association Scholarship
- 1997 Graduate Nutrition Fellowship, Institute of Nutrition
- 1997 North Carolina Dietetic Association Foundation Special Projects Grant
- 1997 Lupton Special Opportunities Fund Award
- 1996 Lineberger Comprehensive Cancer Center Pre-Doctoral Fellowship
- 1996 Lupton Special Opportunities Fund Award
- 1995 ECOLAB Corporate Scholarship (administered through The American Dietetic Association)
- 1994 Washington, DC Metro Area Dietetic Association (DCMADA) Advanced Education Scholarship
- 1993 Recognized Young Dietitian of the Year, The American Dietetic Association
- 1992 Exemplary Service Award, Office of the Assistant Secretary for Health, Department of Health and Human Services
- 1992 Certificate of Appreciation, U.S. Public Health Service Dietitian/Nutritionist Professional Advisory Committee
- 1991 Special Achievement Award, Department of Health and Human Services
- 1991 Special Recognition Award, U.S. Public Health Service



## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

### **SOCIETY MEMBERSHIPS**

- 2019 - present American Society for Nutrition
- 2005 – 2015 Society for Behavioral Medicine
- 2000 – present Western Area Massachusetts Dietetic Association
- 1994 - 2016 American Public Health Association
- 1999 – 2000 North Carolina Healthcare Information and Communications Alliance
- 1984 – present Academy of Nutrition and Dietetics
- 1984 – present Society for Nutrition Education and Behavior

### **PROFESSIONAL ACTIVITIES**

- 2021 – UMass Amherst representative, Early Career Researchers Career Development Working Group, , WorldWide Universities Network (WUN)
- 2019 – UMass Amherst representative, Public Health Steering Group, WorldWide Universities Network (WUN)
- 2019 – Co-Chair, Policy and Advocacy Special Interest Group, International Health Literacy Association (IHLA)
- 2018 – 2020 Co-Chair, Standing Committee on Policy and Advocacy, International Health Literacy Association (IHLA)
- 2016 Co-Chair, 5<sup>th</sup> European Nutrition and Dietetics Conference, Rome, Italy
- 2013 – present Grant reviewer, Research Grants Council (RGC) of Hong Kong
- 2012 – 2019 Summer Program Academic Advisor, Gustolab Institute Center for Food and Culture, Rome, Italy
- 2011 – 2012 Chair, Pre-session Workshop Committee, Society for Behavioral Medicine
- 2010 Scientific Advisory Board, International Technology, Education and Development Conference, Spain
- 2009 – 2011 Member, Practitioner Advisory Council for Evidence-Based Practice, sponsored by NIH and Society for Behavioral Medicine
- 2009 Grant reviewer, USDA Human Nutrition & Obesity CSREES/AFRI
- 2008 - 2009 Member, Health Literacy/Health Communications Working Group, Harvard School of Public Health

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2003 – 2004 Chair, Communications Division, Society for Nutrition Education
- 2002 – 2003 Chair-Elect, Communications Division, Society for Nutrition Education
- 1991 – 1992 Co-Chair, DC Metro Area Dietetic Association Public Relations Committee

### **ACADEMIC SERVICE (UNIVERSITY OF MASSACHUSETTS)**

- 2019 – present Member, Center for Community Health Equity Research (CCHER) Steering Committee; CCHER Faculty Mentor
- 2018– 2019 Member, SPHHS Dean Search Committee
- 2018 – present Faculty Senator
- 2016 – 2018 Member, SPHHS Personnel Committee
- 2017 – 2018 Chair, Faculty Senate Council on Public Engagement and Outreach (FSCPEO), Member (since 2013)
- 2015 – 2017 Member, UMass Center for Clinical and Translational Science, Oversight Board
- 2014 – 2017 Member, Provost’s Committee on Service Learning (PCSL)
- 2013 – 2014 Member, Department of Psychology Search Committee for tenure faculty position
- 2013 – 2014 Chair, SPHHS ad hoc CEPH Committee on Engagement and Outreach
- 2013(Spring) Chair, Department of Nutrition Personnel Committee
- 2012 – 2017 Member, Community and Academic Advisory Panel (Community Engagement Section), UMass Medical Center
- 2012 Chair, Department of Nutrition Search Committee, Extension Nutrition Director
- 2012 Co-Chair, Department of Nutrition Personnel Committee
- 2012 Member, Department of Nutrition Search Committee for a tenure faculty position
- 2010 – 2012 Presiding Officer, School of Public Health and Health Sciences (SPHHS)
- 2009 – 2011 Member, SPHHS Dean’s Advisory Committee
- 2008 Co-Chair, Department of Nutrition Search Committee for two lecturer positions

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2007— 2011 Chair, Department of Nutrition Personnel Committee
- 2007— 2018 Chair, Department of Nutrition Graduate Admission Committee
- 2011 Member, Department of Nutrition Search Committee for a tenure faculty position
- 2007— 2008 Chair, Department of Nutrition Search Committee for a tenure faculty position
- 2007— 2008 Member, SPHHS Dean Search Committee
- 2006 — 2008 Member, SPHHS Personnel Committee
- 2006— 2016 Member, SPHHS Online Education Oversight Committee
- 2006 Co-Chair, Department of Nutrition Search Committee for two tenure faculty and two lecturer positions
- 2006 Member, SPHHS Search Committee for Interim Dean
- 2006 Member, UMass Extension Director Search Committee
- 2005— 2006 Department of Nutrition Library Liaison
- 2005— 2006 Member, Department of Nutrition Search Committee for Clerk IV State Extension Project Manager
- 2005— 2010 Chair, SPHHS Obesity Special Interest Group
- 2005— 2011 Member, UMass Extension Obesity Issue Group
- 2005 Co-Chair, Department of Nutrition Search Committee for a tenure faculty position
- 2004 – 2007 Member, SPHHS Research Committee (formerly the Committee on Scholarship)
- 2004—2006 Member, SPHHS Human Subjects Review Committee
- 2004 Member, Department of Nutrition Search Committee for a tenure faculty and a lecturer position
- 2004 Member, SPHHS Search Committee for a tenure faculty position
- 2003 – 2006 Member, University Health Council of the Faculty Senate

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2003 – 2008 Faculty Advisor, University of Massachusetts Nutrition Association (UMNA)
- 2003 Member, SPHHS Search Committee for tenured faculty position
- 2003 Member, Departmental Search Committee for NEP Director
- 2002 Member, Departmental Search Committee for NEP Evaluator
- 2001 – 2003 Member, Department of Nutrition Virginia A. Beal Day Lecture Committee
- 2000 – 2007 Member, Department of Nutrition Personnel Committee
- 2000 – 2007 Member, Department of Nutrition Graduate Admission Committee
- 2000 – 2007 Judge, SPHHS Research Day (formerly Poster Day)
- 2000 – 2011 Member, Department of Nutrition Curriculum Committee
- 2000 – 2011 Member, Department of Nutrition Scholarship Committee
- 2000—2004 Member, Department of Nutrition New Technology Committee
- 2000—2003 Member, SPHHS Public Health Practice Distance Education Committee

### **OTHER ACADEMIC SERVICE**

- 2012 – present Visiting Faculty, Gustolab Institute Center for Food and Culture, Rome, Italy
- 2010 Member, UMass Delegation, Joint MPH Program Initiative, Novgorod, Russia
- 2010 Visiting Researcher, UMass SPHHS representative, Hanoi, Vietnam
- 2004 – 2005 Mentor, University of North Carolina Alumni Association
- 1997 Doctoral student representative, University of North Carolina Student Advisory Committee, Graduate School Administrative Board
- 1996 Doctoral student representative, Dean’s Committee for Telecommunications and Distance Learning, University of North Carolina
- 1994 - 1995 Doctoral student representative, Professional Advisory Committee, University of North Carolina

## ELENA T. CARBONE, DrPH, RD, LDN, FAND

### AD HOC REVIEWER

2016 – present *Health Literacy Research and Practice* (formerly *Journal of Health Literacy*)

2008 – present *Progress in Community Health Partnerships; J School Health*

2007 – present *American J Preventive Medicine; Patient Education and Counseling; J General Internal Medicine*

1994 – present *American J Health Promotion; Health Education Research; J Academy of Nutrition and Dietetics; J Nutrition Education and Behavior*

### EDITORIAL ACTIVITIES and BOOK REVIEWS

2017 – 2020 Member, Journal Committee and Position Papers Subcommittee  
*Journal of Nutrition Education and Behavior*

2011– present Member, Editorial Board, *Journal of Nutritional Disorders & Therapy*

2011– 2017 Member, Editorial Board, *The Scientific WORLD Journal*

2001 Reviewer, Atkins P & Bowler I. *Food in Society: Economy, Culture & Geography*. NY: Oxford University Press

1993 – 1994 Co-Editor, *Potomac Post*, DC Metro Area Dietetic Association

1992 – 1993 Editor, *Potomac Post*, DC Metro Area Dietetic Association

### REFEREED JOURNAL ARTICLES [\*student; +corresponding author; <sup>y</sup>community partner]

Smith SA, Akparibo R, Laar A, **Carbone ET**<sup>+</sup> (submitted). Improving Maternal Health Literacy and Empowerment in the United States and Ghana: A Scoping Review. *SAGE Open*.

Jiang Q\*, Francis SL, Chapman-Novakofski KM, Wilt, M, **Carbone ET**, Cohen NL. (submitted). Perceived environmental supports for fruit and vegetable consumption among older adults in the US. *Nutrition and Health*.

2019 Amaro-Rivera K\* and **Carbone ET**<sup>+</sup> Factors associated with underestimation of weight among adults living in Puerto Rico. *Internatl Quart Comm Health Ed.*, 40 (3): 185-191. <https://doi.org/10.1177/0272684X19879809>.

2019 Wickham C\*, **Carbone ET**, Bigelo C. FuelUp&Go! A technology-driven food literacy program to change adolescents' knowledge, attitudes, and behaviors toward fruits, vegetables, sugar-sweetened beverages and physical activity. *J Fam Cons Sci*. 111(3).

## ELENA T. CARBONE, DrPH, RD, LDN, FAND

- 2018 Wickham C\* and **Carbone ET**. What's Technology cooking up? A systematic review of the use of technology in adolescent food literacy programs. *Appetite*, June; 125 (1): 333-344.
- 2018 Wickham C\* and **Carbone ET**. Just say it like it is! Use of a community-based participatory approach to develop a technology driven food literacy program for adolescents. *Internatl Quart Comm Health Ed*;38(2):83-97.
- 2017 **Carbone ET** and Ware S. Are college graduates ready for the 21st century? Community-engaged research can help. *J Higher Education Outreach and Engagement*, 21(4): 173-208.
- 2017 Chen Q\* and **Carbone ET**<sup>+</sup>. Functionality, implementation, impact, and the role of health literacy in mobile phone apps for gestational diabetes: Scoping review. *JMIR Diabetes*, 2(2):e25. doi: 10.2196/diabetes.8045.
- 2016 **Carbone ET**, DiFulvio GT, Susi T\*, Nelson-Peterman J, Lowbridge-Sisley J<sup>¥</sup>, Collins J<sup>¥</sup>. Evaluation of an urban farm-to-preschool and families (F2P) program. *Internatl Quart Comm Health Ed*, 36(3):177-187. doi: 10.1177/0272684XI6637722.
- 2015 Wickham C\* and **Carbone ET**. Who's calling for weight loss? A systematic review of mobile phone weight loss programs for adolescents. *Nutrition Reviews*, May; 73(6):386-398. doi: 10.1093/nutrit/nuu018.
- 2015 Silveira M\*, Whitcomb BW, Pekow P, **Carbone ET**, Chasan-Taber L. Anxiety, depression and oral health among U.S. pregnant women: 2010 Behavioral Risk Factor Surveillance System. *J Public Health Dentistry*, Aug;76(1):56-64 doi:0.1111/jphd.12112.
- 2015 Hayes CR\* and **Carbone ET**. Food Justice: What is it? Where has it been? Where is it going? *J Nutr Disorders Ther*, Dec, 5(4).
- 2014 Moyer L\*, **Carbone ET**, Anliker J, Goff S<sup>¥</sup>. The Massachusetts BMI letter: A qualitative study of responses from parents of obese children. *Patient Educ Couns*, Feb;94(2):210-7.
- 2014 Silveira M\*, Whitcomb BW, Pekow P, Braun B, Markenson G, Dole N, Manson JE, Solomon CG, **Carbone ET**, Chasan-Taber L. Perceived psychosocial stress and glucose intolerance among pregnant Hispanic women. *Diabetes Metab*, Dec;40(6):466-75 .
- 2013 Wickham C\* and **Carbone ET**. Can technology improve health literacy? *J Nutr Disorders Ther*, doi:10.4172/2161-0509.1000e114.

## ELENA T. CARBONE, DrPH, RD, LDN, FAND

- 2013 **Carbone ET**, Scarpati S, Pivarnik L. Food safety practices assessment tool: An innovative way to test food safety skills among individuals with special needs. *J Food Science Educ*, 12 (1):7-16.
- 2013 **Carbone ET** and Buchanan DR. The utility of community-based participatory research to address chronic diseases. *Vestnik (Special Issue) Methods to Prevent Community Health Problems: Russian and American Perspectives*; 45-52.
- 2012 **Carbone ET** and Zoellner JM. Nutrition and health literacy: A systematic review to inform research and practice. *Journal of the Academy of Nutrition and Dietetics*, 12:254-265.
- 2012 Maxwell CS\*, **Carbone ET**, Wood RJ. Better newborn vitamin D status lowers RSV-associated bronchiolitis in infants. *Nutrition Reviews*, Sep;70(9):548-52. doi:10.1111/j.1753-4887.2012.00517.x. Epub 2012 Aug 17.
- 2011 Brennan Olson R and **Carbone ET**. Examining the Exam: Implications for participants and policy makers of the food manager certification exam. *Food Protection Trends*. (2):93-103.
- 2011 Cohen NL, **Carbone ET**. Beffa-Negrini P. The design, implementation and evaluation of online credit nutrition courses: A systematic review. *Journal of Nutrition Education and Behavior*, Mar-Apr;43(2):76-86.
- 2010 Madaus JW, Pivarnik L, Patnoad M, Scarpati S, Richard N, Hirsch D, **Carbone E**, Gable R. Teaching food safety skills to students with disabilities. *TEACHING Exceptional Children*, March/April;42(4):44-51.
- 2010 Ip M, **Carbone E** (contributor). Keys to clear communication: How to improve comprehension among patients with limited health literacy. *Today's Dietitian*, May; 12(5):26-30.
- 2010 Haskins A\*, Pekow P, Markenson G, Bertone-Johnson E, **Carbone E**, Chasan-Taber L. Correlates of smoking cessation at pregnancy onset among Hispanic women in Massachusetts. *Am J Health Promo*, Nov/Dec 25(2);100-108.
- 2010 Haskins A\*, Bertone-Johnson E, Pekow P, **Carbone ET**, Fortner RT, Chasan-Taber L. Smoking during pregnancy and risk of abnormal glucose tolerance: A prospective cohort study. *BMC Pregnancy and Childbirth*, Sept;10:55.
- 2009 Pivarnik L, Patnoad M, Richard N, Gable R, Madus J, Wright-Hirsch D, Scarpati, S, **Carbone E**. Assessment of food safety knowledge of high school and transition teachers of special needs students. *J Food Science Education*, 8:1-7.

## ELENA T. CARBONE, DrPH, RD, LDN, FAND

- 2008 Laraia BA, Dodds JM, Benjamin S, Jones S, **Carbone ET**. Can distance education prepare future public health nutritionists? A case study. *Journal of Nutrition Education and Behavior*, Jan-Feb;40(1):34-38.
- 2008 Torres MI, Márquez D, **Carbone ET**, Stacciarini JR, Foster J. Culturally responsive health promotion in Puerto Rican communities: A structuralist approach. *Health Promotion Practice*, April;9(2):149-158.
- 2008 Haskins A\*, Mukhopadhyay S, Pekow P, Markenson G, Bertone-Johnson E, **Carbone E**, Fortner RT, Chasan-Taber L. Smoking and risk of preterm birth among predominantly Puerto Rican women. *Ann Epidemiol*, Jun;18(6):440-6.
- 2007 **Carbone ET**, Rosal MC, Torres MI, Goins KV<sup>¶</sup>, Bermudez OI. Diabetes self-management: Perspectives of Latino patients and their health care providers. *Patient Education and Counseling*, May;66(2):202-10. Selected as "Paper of the Month" by the NIH EXPORT Center for Eliminating Health Disparities among Latinos.
- 2006 **Carbone ET**, Lennon KM\*, Torres MI, Rosal MC. Testing the feasibility of an interactive learning styles measure for U.S. Latino adults with type 2 diabetes and low literacy. *Internatl Quart Comm Health Ed*, 25(4):315-335.
- 2005 Quintiliani L\* and **Carbone ET**. Impact of diet-related cancer prevention messages written with cognitive and affective arguments on message characteristics, stage of change, and self-efficacy. *Journal of Nutrition Education and Behavior*, 37(1):12-19.
- 2004 Campbell M, **Carbone E**, Honess-Morreale L, Heisler-MacKinnon J, Demissie S, Farrell D. Randomized trial of a tailored nutrition education CD-ROM program for women receiving food assistance. *Journal of Nutrition Education and Behavior*, 36(2):58-66.
- 2004 Rosal MC, Goins KV<sup>¶</sup>, **Carbone ET**, Cortes DE<sup>¶</sup>. Views and preferences of low-literate Hispanics regarding diabetes education: Results of formative research. *Health Education and Behavior*, 31(3):388-405.
- 2003 Rosal MC, **Carbone ET**, Goins KV<sup>¶</sup>. Use of cognitive interview techniques to adapt existing measurement instruments for use with low-literate Hispanics. *The Diabetes Educator*, 29(6):1005-1017;Nov/Dec.
- 2003 Dodds JM, Laraia BA, **Carbone E**. Development of a master's in public health nutrition degree program using distance education. *Journal of the American Dietetic Association*, 103(5),602-607.
- 2002 **Carbone E**, Campbell MK, Honess-Morreale L. Use of cognitive interview techniques in the development of nutrition surveys and interactive nutrition messages for low-income populations. *Journal of the American Dietetic Association*, 02(5),690-696.



## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2001 Stark N, Paskett E, Demark-Wahnefried W, **Carbone E**, Godley P. Prostate cancer as a public health issue in North Carolina. *North Carolina Medical Journal*, 62(5):286-290.
- 1999 Glanz K, **Carbone E**, Song V<sup>¥</sup>. Formative research for developing targeted skin cancer prevention programs for children in multiethnic Hawai'i. *Health Education Research*, 14(2),155-166.
- 1999 Campbell M, Honess-Morreale L, Farrell D, **Carbone E**, Brasure M. A tailored multimedia nutrition education pilot program for low income women receiving food assistance. *Health Education Research*, 14(2),257-67.

### **BOOK CHAPTERS and CONTRIBUTIONS**

- 2020 Smith SA and **Carbone ET**. Reintegrate Empowerment & Health Literacy to Advance Public Health and Healthcare Delivery. In R. Logan (Ed.), Health Literacy in Clinical Practice and Public Health: New Initiatives and Lessons Learned at the Intersection with Other Disciplines, The Netherlands: IOS Press. ISBN: 978-1-64368-074-3
- 2015 **Carbone ET**. In: Michelini A (Ed.) Gustolab International Institute for Food Studies *Alimentazione, la sfida del nuovo millennio* (Power, the Challenge of the New Millenium) Gangemi Editore, Italy. ISBN 9788849280913
- 2016 Massari S, **Carbone ET**, Paulos S. *Botteghe storiche: A study of the disappearance of historic food shops and its role in the transformation of Rome's urban social life*. In C. M. K. Lum & M. de Ferriere le Vayer (Eds.), Urban Foodways and Communication: Ethnographic Studies in Intangible Culture Food Heritages Around the World. Lanham, MD: Rowman and Littlefield.
- 2003 **Carbone E**. Nutrition education: An undergraduate setting. In J. Vella (Ed.), Dialogue Education at Work. CA: Jossey-Bass.
- 1997 Biocca F, Brown JD, Shen F, Bernhardt JM, Batista L, Kemp K, Makris G, West M, Lee J, Straker H, Hsiao H, **Carbone E**. Assessment of television's anti-violence messages. In National Television Violence Study, Thousand Oaks, CA: Sage Publications.

### **ONLINE TRAINING MODULES, REPORTS, NEWSLETTERS, CURRICULUM, and TRAINING MANUALS**

- 2016 **Carbone ET**, DiFulvio GT, Susi T\*, Nelson-Peterman J, Lowbridge-Sisley J<sup>¥</sup>, Collins J<sup>¥</sup>. Evaluation of a Farm-to-Preschool and Families program. *Atlas of Science*. 19 July 2016. <http://atlasofscience.org/evaluation-of-a-farm-to-preschool-and-families-program/#more-15142>

## ELENA T. CARBONE, DrPH, RD, LDN, FAND

- 2015 Wickham C\* and **Carbone ET**. Who's calling for weight loss? Messages from the current literature. *Atlas of Science*. 10 November. <http://atlasofscience.org/whos-calling-for-weight-loss-messages-from-the-current-literature/>
- 2015 **Carbone E** and Brown M. With New Dietary Guidelines in the Works, What Exactly are we Supposed to Eat? *The Conversation*. 30 Apr. <https://theconversation.com/with-new-dietary-guidelines-in-the-works-what-exactly-are-we-supposed-to-eat-38511>
- 2015 **Carbone E** and Brown M. What the new U.S. dietary guidelines will probably advise Americans to eat" *Fortune Magazine*. 2 May. <http://fortune.com/2015/05/02/dietary-guidelines-food/>
- 2011 Spring B, **Carbone ET**, Ferguson MJ, Ryan E. Online Training Module: *Stakeholder Dialogue about Evidence Based Practice*. 10 Sept. Evidence-Based Behavioral Practice: Bridging Research and Practice. <https://ebbp.org/training/overview>
- 2011 Spring B, Ferguson MJ, Pender D, Starin A, **Carbone E**. Online Training Module: *Implementation of Evidence-Based Practices*. 16 Sept. Evidence-Based Behavioral Practice: Bridging Research and Practice. <http://www.ebbp.org/training.html>
- 2010 **Carbone ET**. Teaching & Learning with Technology: Best Practices. EDULEARN10 Conference proceedings, Barcelona, Spain.
- 2010 Ferguson MJ, **Carbone ET**, Eidson P, et al. Online Training Module: *Collaborative Decision-Making with Communities*. 20 Sept. Evidence-Based Behavioral Practice: Bridging Research and Practice. <https://ebbp.org/training/overview>
- 2009 Pivarnik L, Patnoad M, Richard N, Gable R, Madus J, Wright-Hirsch D, Scarpati S, **Carbone E**. Food safety education for high school and transition special needs students: Food Safety Smart Curriculum and DVD.
- 2009 **Carbone ET** and Scarpati. Food Safety Skills Observation Guide.
- 2008 Anliker J and **Carbone E**. Strength and Power In Nutrition (SPIN): Curriculum and CD.
- 1999 **Carbone ET**. LEARNSMART: The application of adult learning theories to nutrition education [dissertation]. Chapel Hill, NC: The University of North Carolina.
- 1996 Biocca F, Brown JD, Shen F, Bernhardt JM, Batista L, Kemp K, Makris G, West M, Lee J, Straker H, Hsiao H, **Carbone E**. The Anti-Violence Media Education Program Report, University of North Carolina, Chapel Hill.
- 1994 **Carbone E**. The Healthy Menu Program Kit, USDHHS, Government Printing Office, Washington, DC.

**ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 1993 **Carbone E.** The Healthy Menu Newsletter, Issues #37-48, USDHHS, Washington, DC.
- 1993 **Carbone E,** Storlie J, Glanz K. Worksite Nutrition: A Guide to Planning, Implementation, and Evaluation (2<sup>nd</sup> ed). Chicago: American Dietetic Association and Office of Disease Prevention and Health Promotion, US Department of Health and Human Services.
- 1992 **Carbone E.** The Healthy Menu Newsletter, Issues #25-36, USDHHS, Washington, DC.
- 1991 **Carbone E.** (contributor). The Healthy E.D.G.E. in Schools: Eating, Dietary Guidelines, and Education, U.S. Department of Health and Human Services/American School Food Service Association videotape and training manual series.
- 1991 **Carbone E.** The Healthy Menu Newsletter, Issues #13-24, USDHHS, Washington, DC.
- 1990 **Carbone E.** The Healthy Menu Newsletter, Issues #1-12, USDHHS, Washington, DC.
- 1990 **Carbone E.** Healthy People 2000. *Journal of Nutrition Education*, (22) 5.
- 1990 **Carbone E.** Healthy People 2000. *Journal of the American Dietetic Association*, (90) 9.
- 1990 **Carbone E.** Priority of the Decade Placed on Healthy People. *School Food Service Journal*, (44) 8.
- 1990 **Carbone E.** Federal Work-Site Cafeteria Program. *Journal of the American Dietetic Association*, (90) 2.
- 1989 **Carbone E.** American School Food Service Cooperative Agreement. *Journal of the American Dietetic Association*, (89) 12.
- 1988 **Carbone E.** New Project Aims to Reduce Risk of Cancer, Heart Disease. *Journal of the National Cancer Institute*, (80) 15.
- 1988 **Carbone E.** Surgeon General's Report Focuses on Dietary Fat, *Journal of the National Cancer Institute*, (80) 13.
- 1988 **Carbone E.** Mass Media and Anorexia Nervosa: A Preventive Education Program, Masters thesis.
- 1988 **Carbone E.** Nutrition Line: Anorexia Nervosa. *The Wellesley TAB*, Wellesley, MA
- 1988 **Carbone E.** Nutrition Line: Vitamin A. *The Boston TAB*, Boston, MA

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 1988 **Carbone E.** Popcorn: Boon or Bane, Depending How You Serve It. *The Daily Free Press*, Boston, MA
- 1987 **Carbone E.** Area Restaurants Rated for 'Heart Healthy' Food Preparation. *Lincoln Journal*, Lincoln, MA
- 1986 **Carbone E.** Anorexia Nervosa Protocol-Goals & Objectives of Nutritional Care. Massachusetts General Hospital, Boston, MA
- 1986 **Carbone E.** (contributor). Pediatric Diabetes Education Packet. Massachusetts General Hospital, Boston, MA.
- 1986 **Carbone E.** (contributor). Traveling Tips for Kids. American Automobile Association educational publication, Boston, MA.
- 1985 **Carbone E.** Nutrition Education for the Hospitalized Pediatric Patient. Yale-New Haven Hospital Nutrition Manual, New Haven, CT.
- 1985 **Carbone E.** Getting to the Heart of the Fish Story, *Good Consumer Bulletin*. New Haven, CT.
- 1983-4 **Carbone E.** Programmed for Power, Nutrition Education and Training Program. Rhode Island Department of Education.
- 1983-4 **Carbone E.** Apples and Bookworms, Nutrition Education and Training Program. Rhode Island Department of Education.

### **SCIENTIFIC MEETING PRESENTATIONS and ABSTRACTS**

[\**student*, <sup>¥</sup>*community partner*]

- 2020 **Carbone ET** and Kurtz-Rossi S. What Did You Say vs. What Did You Mean: Improving Communication about Food in the Era of Public Mistrust. Society for Nutrition Education and Behavior webinar presentation
- 2020 **Carbone ET** (moderator), Wagner T, Trudeau C, Dupre J, Orkan O. Advocating for Policy: How to Champion Health Literacy. HARC Annual Conference [remote delivery]
- 2019 Kurtz-Rossi S and **Carbone ET**. Communicating Nutrition Education to a Diverse Population Effectively. Society for Nutrition Education and Behavior, Orlando, FL
- 2019 **Carbone ET**, L Gould<sup>¥</sup>, J Balen, et al. MPower: Empowering Women for Health (poster). Wisconsin Health Literacy Conference, Madison, WI

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2019 **Carbone ET**, Okan O, Jurkowski JJ. Empowering Women Globally: Using Community-based Participatory Research Approaches to Improve Health Literacy and Promote Equity (moderator and participant). 4<sup>th</sup> European Health Literacy Conference, Dublin, Ireland
- 2018 **Carbone ET**. Improving Maternal Health Literacy in the U.S. and Ghana: Findings from a Scoping Review. 5<sup>th</sup> Health Literacy U.K. Conference, Belfast, Northern Ireland
- 2016 **Carbone ET**, Paulos S, Massari S. Case Study: Intangible Cultural Heritage & Food Botteghe in Rome. Food Studies Conference, Perugia, Italy
- 2016 **Carbone ET**. Examining Health Literacy and its Association with Maternal Child Health and Nutrition Outcomes: Results of a Scoping Review. 5th European Nutrition and Dietetics Conference, Rome, Italy
- 2016 **Carbone ET**, Massari S, Paulos S. Fast Food, Slow Food and *Botteghe Storiche* – How the Changing Face of Rome’s Culinary Traditions has Influenced Nutrition, Health and Cultural Heritage. 5th European Nutrition and Dietetics Conference, Rome, Italy
- 2015 **Carbone ET**, Puleo E, Mushenko J\*, Paradis T\*, Stenger H\*, Nelson-Peterman J, Wicks<sup>¥</sup> K, Ratte C<sup>¥</sup>, Collins J<sup>¥</sup>. Live Well Springfield (LWS): Neighborhood-Level Surveys-Results of a Collaborative Community Transformation Movement (poster). Experimental Biology/American Society for Nutrition, Boston, MA
- 2014 **Carbone ET** and Ware S. Building a Community-Engaged Research Program in an Honors College.” National Collegiate Honors Council Conference. Denver, CO
- 2014 **Carbone ET**, Stenger H\*, Mushenko J\*, Paradis T\*, Wicks K<sup>¥</sup>, Collins J<sup>¥</sup>, Puleo E. Live Well Springfield (LWS): A Community Transformation Initiative: Baseline Survey Results (poster). Society for Behavioral Medicine, Philadelphia, PA
- 2013 **Carbone ET**, Zoellner J, Gibbs H. Nutrition and Health literacy: A Systematic Review to Inform Future Research Opportunities (moderator and panelist). 141<sup>st</sup> APHA Annual Meeting and Exposition, Boston, MA
- 2013 **Carbone ET**, Jenkins T\*, Collins J<sup>¥</sup>, Lowbridge-Sisley J<sup>¥</sup>, DiFulvio G. Springfield Farm to Preschool and Families Program: Examining Preschool Children's Fruit & Vegetable Consumption (panelist). 141st APHA Annual Meeting and Exposition, Boston, MA
- 2012 Moyer L\*, **Carbone ET**, Goff S<sup>¥</sup>, Anliker J. Parents' Health Literacy and Responses to the Massachusetts BMI Letter (poster). Health Literacy Research Conference (HARC), Bethesda, MD

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2012 Moyer L\*, **Carbone ET**, Goff S<sup>¥</sup>, Anliker J. The Massachusetts BMI Letter: Understanding Parents' Responses and Health Literacy Skills. AACH Research and Teaching Forum, Providence, RI
- 2011 **Carbone ET**. Teaching and Learning with Technology: Best Practices. EDULEARN10 Conference, Barcelona, Spain.
- 2009 Anliker JA, **Carbone ET** and Hutchinson L\*. Strength and Power in Nutrition: Development and Quantitative Assessment of a Marketing-based Nutrition and Physical Activity Intervention for Adolescents. International Society for Behavioral Nutrition and Physical Activity, Lisbon, Portugal
- 2009 Anliker JA, Hutchinson L\*, **Carbone ET**. M'm! M'm! Good! Can a Marketing-based Healthy Eating and Physical Activity Intervention Change the Way Adolescents Shop? (poster). International Society for Behavioral Nutrition and Physical Activity, Lisbon, Portugal
- 2008 **Carbone ET**. Teaching and Learning with Technology: An Assessment of Best Practices. UMass 2008 Instructional Technology Conference, Boxborough, MA
- 2007 **Carbone ET** and Brennan Olson R. Examining the Exam: Food Safety Training and Certification for School Food Service Personnel. School Nutrition Association Annual Meeting, Chicago, IL
- 2007 Anliker J and **Carbone E**. Tween POWER: Preventing Obesity through Wise Expenditures of Resources – Interventions Development. USDA, CSREES, National Research Initiative Meeting, Washington, DC
- 2007 **Carbone ET**, Anliker JA, Pacheco R\*, Paredes A<sup>¥</sup>, Thompson L, Mietlicki S. Snapshot of a Generation: Formative Research about Food/Beverage and Purchasing Patterns of Latino and White Youth (poster). Society for Behavioral Medicine, Washington, DC
- 2006 Brennan Olson R and **Carbone ET**. Examining the Exam - Food Safety Training and Certification for School Food Service Personnel. International Association for Food Protection Annual Meeting, Calgary, Alberta, Canada
- 2006 Cohen N, Beffa-Negrini P, **Carbone ET**, Laus M. Development and Evaluation of an Interactive Online Seminar for Nutrition Professionals with Diverse Learning Styles (poster). Society for Nutrition Education Annual Meeting, San Francisco, CA
- 2006 **Carbone ET** and Brennan Olson R. Taking a Closer Look: Examining the Food Manager Certification Exam for School Food Service Personnel (poster). 5<sup>th</sup> Conference of the International Test Commission, Brussels, Belgium

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2006 **Carbone ET** and Brennan Olson R. Examining the Food Manager Certification Exam for School Food Service Personnel: Field Reflections (poster). National Environmental Health Association Conference, San Antonio, TX
- 2006 Anliker JA, **Carbone ET**, Mietlicki S, Paredes A<sup>¶</sup>, Pacheco R\* , Thompson L. Marketing Health to Adolescents: Applying Results of Tween POWER Formative Research to Obesity Prevention (poster), CYFAR Conference, Atlanta, GA
- 2005 **Carbone ET** and Brennan Olson R. Examining the Food Manager Certification Exam: Report on Phase I (poster). National Environmental Health Association Conference, Providence, RI
- 2005 Anliker J, **Carbone E**, Mietlicki S, Cook R\*, Pacheco R\*. Tweens Talk about Food Purchasing: Formative Research for the Tween POWER Program (poster). Society for Nutrition Education Annual Meeting, Orlando, FL
- 2005 **Carbone ET**, Bermudez O, Torres MI, Rosal M, Heffernan D<sup>¶</sup>, Nuener S<sup>¶</sup>, Sarvela P<sup>¶</sup>. Diabetes Self-management Practices: Focus Group Findings from Puerto Rican Patients and Their Providers. Society of Behavioral Medicine's Annual Meeting, Boston, MA
- 2005 Anliker JA and **Carbone ET**. Food Purchasing Patterns of White & Latino Adolescents in the MA. CFY Program--Formative Research for Tween POWER: Preventing Obesity through Wise Expenditures of Resources (poster). CYFAR Conference, Boston, MA
- 2004 **Carbone ET**, Rosal MC, Doak PE, Doak CC, Lennon KM\*. Information Processing Styles Among Low-Literate Hispanic Adults with Type II Diabetes (poster). Working with Latinos/Hispanics in the US Conference, Puerto Rico
- 2004 **Carbone ET**, Bermudez OI, Torres MI, Rosal MC, Heffernan D<sup>¶</sup>, Nuener S<sup>¶</sup>, Sarvela P<sup>¶</sup>. Perceived Barriers/Facilitators in Diabetes Self-Management by Latino Patients and Their Providers (poster). 1<sup>st</sup> Working with Latinos/Hispanics in the U.S.A. Conference, Puerto Rico
- 2004 Anliker JA and **Carbone ET**. Choices: Steps Toward Health - A Dialogue-Based Nutrition Education Curriculum for Low-Income Latinos in Massachusetts. 1<sup>st</sup> Working with Latinos/Hispanics in the U.S.A. Conference, Puerto Rico
- 2004 **Carbone ET** and Brennan Olson R. Taking a Closer Look: Examining the Food Certification Exam. Northeast Region Annual Food Protection Seminar, Portland, ME
- 2004 **Carbone ET**, Anliker JA, Miller W. Moving Through the Stages: Evaluation of Family Nutrition Program (FNP) Nutrition Education (poster). Society for Nutrition Education Annual Conference, Salt Lake City, UT

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2004 Shafer KJ, Lohse B, **Carbone ET**. Development of a Cognitive Interviewing Manual to Obtain Native American Young Adults' Reactions to a Stage-Based Nutrition Education Intervention on Fruit and Vegetables (poster). Society for Nutrition Education Annual Conference, Salt Lake City, UT
- 2004 **Carbone ET**, Brennan Olson R, Hicks JL\*, Cherry J\*. Examining the Exam: Food Safety Training and Certification for Under-educated & Limited English-proficient School Food Service Personnel (poster). National Environmental Health Association Conference, Anchorage, AK
- 2003 **Carbone ET**, Lennon KM\*, Anliker JA. Field-testing and Assessing a Stage of Change-based Evaluation Tool for FNP Nutrition Education. Society of Nutrition Education Annual Conference, Philadelphia, PA
- 2003 **Carbone ET**. Diamonds in the Dirt: Uncovering the Sparkle in Nutrition Education. 1<sup>st</sup> International Conference on Education, Honolulu, HI
- 2003 Quintiliani LM\* and **Carbone ET**. Relationship Between Message Tailoring Variables and Reactions to Diet-related Cancer Prevention Messages (poster). Experimental Biology, San Diego, CA
- 2002 **Carbone ET** and Quintiliani L\*. Processing Cancer Information: An Examination of Underlying Variables. Society of Nutrition Education Annual Conference, St Paul, MN
- 2002 **Carbone ET** and Anliker JA. An Innovative Approach to Nutrition Education. Society of Nutrition Education Conference, St Paul, MN
- 2002 **Carbone ET** and Quintiliani L\*. Processing Cancer Information: An Examination of Underlying Variables (poster). The Massachusetts Dietetic Association meeting, Burlington, MA
- 1999 **Carbone E**. Prostate Cancer Control Work Group: Directions for Research & Education in NC," CDC Annual Cancer Conference, Atlanta, GA
- 1999 **Carbone ET**. LEARNSMART: An Innovative Nutrition Education Program to Examine Learning Styles and Teaching Styles. Society for Nutrition Education Annual Meeting, Baltimore, MD
- 1998 **Carbone ET**. LEARNSMART: A Multimedia Learner-Focused Nutrition Education Program. APHA Meeting, Washington, DC
- 1998 **Carbone E**. Assessing Learning Styles for Professional Development. American Dietetic Association Annual Convention, Kansas, MO



## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 1998 **Carbone E** and Campbell MC. Cognitive Response Techniques in Survey and Educational Material Development (poster). American Society for Preventive Oncology, Bethesda, MD
- 1997 **Carbone E** The Prostate Cancer Control Research Roundtable. Annual Cancer Conference, CDC, Atlanta, GA
- 1993 **Carbone E.** Healthy Workplaces 2000: Focus on Nutrition. Workplace Wellness Conference, Washington, DC
- 1992 **Carbone E.** Using the Food Guide Pyramid. USDA Agriculture Outlook Conference, Washington, DC
- 1991 **Carbone E.** Worksite Nutrition Education. American Dietetic Association Annual Convention, Dallas, TX
- 1991 **Carbone E.** Healthy E.D.G.E. in Schools (poster). American Dietetic Association Annual Convention, Dallas, TX
- 1991 **Carbone E.** The Year 2000 Health Objectives. Massachusetts Dietetic Association Annual Meeting, Needham, MA
- 1991 **Carbone E.** The Healthy Menu Program: A Federal Worksite Initiative. Society for Nutrition Education Annual Meeting, Miami, FL
- 1991 **Carbone E.** Secretary Sullivan's Healthy Menu Program. Alabama Dietetic Association Meeting, Birmingham, AL
- 1990 **Carbone E.** Exemplary School Lunch Programs. Minnesota Dietetic Association Meeting, St. Paul, MN
- 1990 **Carbone E.** American School Food Service Association's Cooperative Agreement. American School Food Service Association Annual Meeting, New Orleans, LA
- 1989 **Carbone E.** Diet & Health: Reaching New Horizons. New Hampshire Dietetic Association Meeting, Durham, NH

### **INVITED PRESENTATIONS and TRAININGS**

- 2020 **Carbone ET,** Kurtz-Rossi S. Health Literacy and Cultural Competency to Improve Communication. Society for Nutrition Education and Behavior, two-part remote training

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2018 **Carbone ET.** MPower: Empowering Women for Health. Seminar presented at the University of Sheffield, England
- 2017 **Carbone ET.** Illusions, Implicit Biases & Stereotyping. ICCH/HARC pre-conference workshop, Baltimore, MD
- 2017 **Carbone ET.** Clear Communications: Enhancing Written Materials. ICCH/HARC pre-conference workshop, Baltimore, MD
- 2017 **Carbone ET,** Jurkowski JM, Manganello JM. Empowering Women in Underserved Communities: Using CBPR Approaches to Improve Health Literacy and Community Capacity (moderator & panelist), UMass Medical Center CCTS Symposium, Shrewbury, MA
- 2014 **Carbone ET.** Biocultural Diversity – a Public Health Perspective (panelist). Echioltremare Conference, Rome, Italy
- 2014 **Carbone ET.** Teaching and Learning Abroad: Impact on the Field of Nutrition. Cerealia Festival, Rome, Italy
- 2014 **Carbone ET.** Using Qualitative & Quantitative Research Methods to Answer Research Questions. UMass Medical Center Webinar
- 2012 **Carbone ET.** Community Engaged Research (panelist). UMass Medical Center CCTS Symposium, Shrewbury, MA
- 2012 **Carbone ET.** Who Are You and What Are You Eating? (moderator & panelist). Echioltremare Conference, Rome, Italy
- 2012 **Carbone ET.** The Art & Science of Food: Where Culture, Nutrition & Health Meet. Food and Culture Summer Program, Rome, Italy
- 2011 Spring B, **Carbone ET,** Oliver K. Transdisciplinary Training for Evidence-based Behavioral Practice: Best Practices for Individuals and Communities. Society for Behavioral Medicine pre-conference workshop, Washington, DC
- 2010 **Carbone ET.** Use of Community-based Participatory Research to Develop Nutrition Programs for Chronic Disease Prevention. Presentation at the Fall Institute for the Russian Novgorod State University Delegation, Amherst, MA
- 2010 **Carbone ET** and Scarpati S. Food Safety Smart Curricula Observation Guide. Teacher Training Workshop, Storrs, CT

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2009 **Carbone ET.** The Role and Relationship of NEP and the Department of Nutrition. All Extension Conference, Amherst, MA
- 2008 **Carbone ET.** Health, Nutrition and Literacy: Why is this a “Hot Topic?” ADA Annual Meeting, Chicago, IL
- 2008 Anliker JA and **Carbone ET.** Nutrition Choices and Market Influence: What’s Influencing American Tweens? North Shore Regional Meeting: Childhood Obesity Prevention, Peabody, MA
- 2007 **Carbone ET.** Teaching & Learning with Technology: Assessment of Best Practices. Rollins School of Public Health, Emory University, Atlanta, GA
- 2006 **Carbone ET.** Looking Inside and Out: Use of Dialogue Education for the Classroom. Global Learning Partners 2006 Dialogue Education Institute, Montpelier, VT
- 2006 **Carbone ET.** Connecting Learning with Life Experience (**Keynote**). School Nutrition Association Annual Meeting, Westborough, MA
- 2006 Anliker JA and **Carbone ET.** Tween POWER: Preventing Obesity through Wise Expenditures of Resources. USDA NRI annual grantees meeting, Houston, TX
- 2006 **Carbone ET** and Anliker JA. Battling Childhood Obesity by Using Dollars & Sense. Presentation at the Food Science Strategic Research Alliance, Amherst, MA
- 2005 **Carbone, ET.** Fad Diets: The Good, the Bad, and the Worst? Medical Grand Rounds, Veteran’s Administration, Northampton, MA
- 2005 **Carbone ET.** Nutrition Education in a Diverse World & *BaFa BaFa*. University of Massachusetts Joint Dietetic Internship Class Day, Amherst, MA
- 2004 **Carbone ET** and Cohen N. Dietary Omega-3 Recommendations: How Much Do Consumers Need? Teleconference, Amherst, MA
- 2004 **Carbone, ET.** Learning to Listen, Learning to Teach. California Women, Infants and Children (WIC) 4-day dialogue-based training, Riverside, CA
- 2004 Anliker JA and **Carbone ET.** Tween POWER. USDA Obesity Prevention Planning Workshop, Washington, DC
- 2004 **Carbone ET.** Fad Diets: The Good, the Bad, and the Worst! Commonwealth College, Amherst, MA

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2003 **Carbone ET.** Are You and Your Patients Ready for Change? MA Coalition of Nurse Practitioners, Northampton, MA
- 2003 **Carbone ET.** Walking the Walk AND Talking the Talk: Getting Inside the Heads (and Hearts) of Consumers (facilitator & participant). Society for Nutrition Education Annual Conference, Philadelphia, PA
- 2003 **Carbone ET.** Learning to Listen, Learning to Teach. California Women, Infants and Children (WIC) 4-day dialogue-based training, Santa Ana, CA
- 2003 **Carbone ET.** Using Principles and Practices of Adult Education and Health Communication to Design Theory-Informed Nutrition Studies: An Overview of Research. University of Hawaii, Manoa, HI
- 2003 **Carbone ET.** Learning to Listen, Learning to Teach. California Women, Infants and Children (WIC) 4-day dialogue-based training, San Diego, CA
- 2002 **Carbone ET.** Eat Well for Life. UMass Alumni Presentation, Amherst, MA
- 2002 **Carbone ET.** Learning to Listen, Learning to Teach. California Women, Infants and Children (WIC) 4-day dialogue-based training, Sacramento, CA
- 2002 **Carbone ET.** Learning to Listen, Learning to Teach. California Women, Infants and Children (WIC) 4-day dialogue-based training, Berkeley, CA
- 2001 **Carbone ET.** Learning to Listen, Learning to Teach. California Women, Infants and Children (WIC) 4-day dialogue-based training, Santa Barbara, CA
- 2001 **Carbone ET.** Learning to Listen, Learning to Teach. California Women, Infants and Children (WIC) 4-day dialogue-based training, Irwindale, CA
- 2001 **Carbone ET.** Learning to Listen, Learning to Teach. California Women, Infants and Children (WIC) 4-day dialogue-based training, Sacramento, CA
- 2000 **Carbone ET.** Use of Theory for Planning, Implementing and Evaluating Community Nutrition Interventions. Pietersburg Dietetic Association Meeting, Pietersburg, South Africa
- 2000 **Carbone ET.** Distance Learning: Lessons Learned. Presentation to the Medical University of South Africa
- 1999 **Carbone ET** Get Ready, Get Set, Go! Presentation to the World Game Special Olympic Athletes, Chapel Hill, NC

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 1995 **Carbone ET.** Taking the Mystery Out of Wellness (**Keynote**). Wellness Council & Upper Peninsula Dietetic Assoc Conference, Mackinac Island, MI
- 1994 **Carbone ET.** Worksite Wellness: Nutrition Update. XIII Annual Wellness in the Workplace Conference, The University of Michigan, Ann Arbor, MI
- 1993 **Carbone ET.** Worksite Wellness (panelist). American Dietetic Association Annual Convention, Anaheim, CA
- 1993 **Carbone ET.** Federal Nutrition Initiatives (**Keynote**). Central New York Dietetic Association, Syracuse, NY
- 1993 **Carbone ET.** Healthy People 2000: Focus on Nutrition. Central New York WIC Association, Syracuse, NY
- 1993 **Carbone ET.** Overview of Federal Health Promotion Programs. Graduate Seminar, University of North Carolina School of Public Health, Washington, DC
- 1992 **Carbone ET.** Worksite Wellness. First Annual PHS Dietitian/Nutritionist Seminar, Washington, DC
- 1992 **Carbone ET.** Healthy Lifestyles: It's Your Choice (**Keynote**). US Department of Transportation, Cambridge, MA
- 1992 **Carbone ET.** Policy Agency Review. National Nutrition Policy Seminar, Washington, DC
- 1992 **Carbone ET.** Healthy People 2000: Where We Are/Where We're Going (**Keynote**), Ohio Nutrition Council Biennial Conference, Columbus, OH
- 1992 **Carbone ET.** Update of Federal Nutrition Activities. Graduate Seminar, University of North Carolina School of Public Health, Washington, DC
- 1991 **Carbone ET.** Healthy People 2000 (**Keynote**). Alabama Dietetic Association Meeting, Birmingham, AL
- 1991 **Carbone ET.** Federal Nutrition Activities and Programs. Graduate Seminar, University of North Carolina School of Public Health, Washington, DC
- 1990 **Carbone ET.** Update on Federal Activities: Healthy People 2000 and The Dietary Guidelines. University of the District of Columbia, Washington, DC

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 1990 **Carbone ET.** Career Exchange. Metro Washington, DC Society for Nutrition Education Meeting, Bowie, MD
- 1990 **Carbone ET.** Year 2000 Objectives for the Nation. Graduate Seminar, University of North Carolina School of Public Health, Washington, DC
- 1989 **Carbone ET.** Nutrition at the Federal Level: Action & Activity. Maine Osteopathic Hospital, Portland, ME
- 1989 **Carbone ET.** Eating Disorders: Prevention Perspective (**Keynote**). Anorexia Aid Society Meeting, Columbus, OH
- 1989 **Carbone ET.** Overview of Nutrition Objectives for the Year 2000 and Health Initiatives of a New Administration. Graduate Seminar, Washington, DC
- 1989 **Carbone ET.** The Surgeon General's Report. National Nutrition Policy Seminar, International Life Sciences Institute, Washington, DC
- 1989 **Carbone ET.** Implementation of the Surgeon General's Report on Nutrition & Health. Public Health Seminar, University of Tennessee, Knoxville, TN
- 1989 **Carbone ET.** The Surgeon General's Report -- Activities and Programs. Graduate Nutrition Seminar, University of Tennessee, Knoxville, TN
- 1988 **Carbone ET.** Diet & Cancer Prevention: The Surgeon General's Report. Washington, DC Metro Area Dietetic Association Meeting, Washington, DC

### **PRINT and BROADCAST MEDIA**

- 2018 “City council considers nutritious school lunches ordinance,” interviewed by Joel Lau for *The Daily Free Press* (Dec 12)
- 2016 “Farm-to-Preschool Programs,” interviewed by Jessica Tanner for WXOJ-LP Valley Free Radio with G DiFulvio and J Collins<sup>¥</sup>, Northampton (aired live Nov 15)
- 2015 “Dietary Guidelines for Americans,” interviewed by Melissa Culross for CBS/KCBS Radio News in San Francisco (aired live May 3)
- 2014 “Critical studies in food and nutrition: Summer in Rome, Italy,” interviewed by Patricia Sullivan for *UMass Alumni Magazine* (Fall)
- 2012 “Ask the Nutritionist: Dr. Elena Carbone talks healthy eats and tips of the trade,” interviewed by Audrey Scagnelli for *College and Cook Magazine* (Fall)

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2010 “Reverse SPIN: UMass professors tap media literacy to fight childhood obesity” interviewed by Daniel Scheer for the *Daily Hampshire Gazette* (August 24)
- 2010 “UMass professors tap media literacy to fight childhood obesity,” *Amherst Bulletin* (Sept 10)
- 2009 “Can Marketing Prevent Obesity?” *Innovations* Newsletter, September
- 2006 “The real skinny on the infamous ‘freshman 15’” interviewed by Emily Reynolds for *The Daily Collegian* (Nov 9)
- 2006 Interviewed for NBC-TV 22 regarding obesity rates and trends in the U.S. (aired Apr. 3)
- 2005 “Nutrition faculty receive \$800,000 for anti-obesity project for ‘tweens,’” UMass Press Release and feature on *UMass Homepage*. Story picked up by the *Globe, Herald, Newsday, Telegram & Gazette, Stamford Advocate, and Recorder* (Jan. 4)
- 2005 “What’s Eating American Tweens? Battling childhood obesity using dollars and sense” interviewed by Patti Sullivan for the *UMass Alumni Magazine* (Fall)
- 2005 “Tween POWER: Preventing Obesity through Wise Expenditures of Resources” interviewed by Ray Hershel for ABC-TV 40 (aired Jan. 7)
- 2005 “UMass study to fight ‘tween’ obesity: Nutritionists will study how middle school students make food and beverage decisions” interviewed by Holly Angelo for *The Springfield Republican* (Jan. 3)
- 2004 “Obesity study at UMass” interviewed by WHMP/HAI Greenfield radio (aired Dec. 2)
- 2004 “Tween POWER study” interviewed by Christina Antolini for *WFCR All Things Considered* (aired Dec. 8-9)
- 2004 “\$800K funds UMass study of obesity among ‘tweens’” interviewed by Cheryl Wilson for *The Daily Hampshire Gazette* (Dec. 6, 2004)
- 2004 “Tween POWER and childhood obesity” interviewed by Allie Bahn for *The Daily Collegian* (Winter)
- 2004 “Freshman 15 and Weight Gain During the Holidays” interviewed by Allie Bahn for *The Daily Collegian* (Winter)
- 2004 “When Research Reaches Communities: Tween POWER Study UMass” *Research ACCESS Newsletter*, (Vol 1, Issue 5, Dec. 8)

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2004 “Examining the Exam” *UMass Research ACCESS Newsletter* (Vol 1, Issue 5, Dec. 8)
- 2004 “UMass to study link between tween spending patterns, obesity,” *The Greenfield Recorder* (Dec. 7)
- 2004 “Omega-3 fatty acids lacking in many diets: Professor advises to avoid fish with high mercury levels,” *The Daily Collegian* (Dec. 7)
- 1994 “The Healthy Menu Program” interviewed by CNN *On the Menu* (aired in March)
- 1994 “Healthy Menus Go Federal” interviewed by WTOP radio (aired in March)

### **COURSES TAUGHT**

Undergraduate (3 credits unless otherwise noted)

Introduction to the Profession of Nutrition (NUTRITN 201) – 1 credit

Nutrition Through the Life Cycle (NUTRITN 352)

Senior Seminar (NUTRITN 493/494) – 1 credit

Research Gets Real: Principles and Practices of Community-Engaged Research (HONORS 391A/495K) (taught in person/blended/online) – 1 credit

Food, Nutrition, and Culture in Italy (NUTRITN 497K) – taught in Rome, Italy (summer 2013, 2014, 2016); co-taught via SKYPE (summer 2015)

Graduate (3 credits unless otherwise noted)

Community Nutrition (NUTRITN 572)

Community Nutrition Field Work (NUTRITN 573) – 3 to 6 credits

Nutritional Problems in the U.S. (NUTRITN 577)

Culture, Nutrition, and Health (NUTRITN 575, formerly NUTRITN 597K)

Public Health Nutrition (NUTRITN 640)

Advanced Writing Seminar (NUTRITN 697W) – 1 credit

Nutritional Assessment (NUTRITN 731)

Methods in Nutrition Research (NUTRITN 741)

Graduate Seminar (NUTRITN 793/794) – 1 credit

### **STUDENT ADVISING (Committee Chair or Co-Chair)**

PhD (in progress)

Heather Wemhoener, “Addressing Weight Bias among Students in Health Care and Related Fields”



## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

Kiara Amaro-Rivera, “Sociodemographic, Health and Dietary Behaviors Associated with Underestimation of Weight among Adults Living in Puerto Rico”

Ruthfirst Ayande, “Maternal Health, Literacy and Pregnancy Outcomes: The Role of Specialized Nutrition Education”

### PhD

2020 Deniz Azarmanesh, “The Cross-Sectional Association of Dietary Inflammatory Index with Inflammatory Biomarkers and Depression among Americans Participating in the National Health and Nutrition Examination Survey (NHANES) 2005-2010”

2019 Qiong Chen, “A Lifestyle Intervention Delivered via Smartphone App to Reduce the Risk of Gestational Diabetes & Improve Maternal Health Literacy in Chinese Women of Reproductive Age”

2018 Christy Maxwell, “B<sub>12</sub> and Iron Status”

2017 Catherine Wickham, “Understanding Food Literacy and its Use in a Technology-driven Nutrition Education Program for Adolescents”

### Service on Doctoral Committees

I have served as a member of 13 other doctoral committees at UMass (departments of Nutrition, Education, Epidemiology, and Resource Economics), at Emory University, and Kansas State University.

### M.S.

2016 Jaclyn Weston, “The MIGHTY Pediatric Weight Management Program”

2016 Hilary Wiggins, “Just Roots – Farm Education and Administration”

2015 Hannah Stenger, “Evaluation of the Springfield MENU Program”

2014 Jesse Mushenko, “Live Well Springfield: A Community Transformation Initiative - Livewellspringfield.org Website Evaluation”

2013 Dana Harrison, “Examining the Relationship Between Environmental Concern, Exercise Habits and Fruit and Vegetable Intake”

2013 Toni Jenkins, “Farm to Preschool Program Evaluation: Springfield MA”

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2012 Lindsay Moyer, “The Massachusetts BMI Letter: Understanding Parents’ Responses and Health Literacy Skills”
- 2011 Kirsten Schlein, “Teaching and Learning with Technology: An Assessment of Best Practices Among Nutrition Instructors”
- 2009 Bridget Minihan, “Evaluation of Learning Styles Among Undergraduate Students Completing Selected Online versus Traditional Courses”
- 2006 Jennifer Hicks, “Assessment of Knowledge, Attitudes, and Beliefs of Students Attending Adult Literacy Programs Regarding the Role of Nutrition in Disease Prevention”
- 2005 Kristin Lefevbre, “Evaluation of the Relevance and Cultural Appropriateness of the UMass Extension FNP After-School Nutrition Classes for Hispanic Children Aged 6-13 in Holyoke, MA”
- 2005 Robin Cook, “Factors Influencing the Food Purchasing Behaviors of White and Puerto Rican Adolescents in Western Massachusetts”
- 2004 Aparna Paste, “CHOICES: Steps Toward Health – Evaluating Pilot Data for a New Expanded Food and Nutrition Education Program (EFNEP) Curriculum”
- 2003 Vrishali Patil, “Use of the Non-Diet Approach in Counseling Asian Clients”
- 2003 Emer Stuart, “Study of Fast Food and Adolescent Female Vegetarians”
- 2003 Jacqueline Jones, “Development of a Guide to School Gardening in Massachusetts”
- 2003 Maureen Alonzo, “Managing the Eating Disorder/Disordered Eating Athlete: A Guide for Athletic Departments”
- 2002 Lisa Quintiliani, “The Relationship Between Message Tailoring Variables and Reactions to Diet-Related Cancer Prevention Messages”

### M.P.H.

- 2016 James Bronner, “Alternatives to Traditional Nutrition Education: Using Holistic Health Retreats and Cooking Classes to Promote Vegetable Intake in Older Veterans -The MIGHTY Pediatric Weight Management Program ”
- 2015 Cassidy Hayes, “Health Literacy and Food Justice”
- 2014 Laura Fries (Co-Chair), “Live Well Springfield: Assessment of Coalition Workgroups”

## **ELENA T. CARBONE, DrPH, RD, LDN, FAND**

- 2012 Barbara Kaufman (Co-Chair), “Partners for a Healthier Community”
- 2006 Swati Birla (Co-Chair), “An Interactive Learning Styles Measure for Puerto Rican Patients with Type 2 Diabetes: A Pilot Project”

### Honors Theses

- 2017 Marissa Wilkinson, “Maternal Health Literacy: Exploring Nutrition Implications and Measurements”
- 2016 Sabrina Hafner, “A School-based Vegetable-focused Intervention for 4<sup>th</sup> Grade Students”
- 2015 Brittan Morris, “Health Literacy & Nutrition/Diabetes-Related Knowledge in Adults with Type 2 Diabetes”
- 2014 Timothy Paradis, “Live Well Springfield: A Community Transformation Initiative – Measuring Baseline Usage of the Springfield River Walk”
- 2013 Taylor Cronin, “Energy Harvesting and Exercise Behavior”
- 2011 Catherine Gustamachio (Co-Chair), “Experience, Language and Conceptualizations about Weight”
- 2010 BreAnna Batties, “Media and Nutrition: A Content Analysis”
- 2009 Joanne Murray, “Cooking with Options”
- 2005 Stephanie Lally, “Food Equipment and Safety Training”
- 2004 Hayley Moak, “Pediatric Weight Management Program”
- 2002 Kelly Sullivan, “Planning, Implementing, and Evaluating an Innovative Nutrition Curriculum for Middle School Aged Children”