The Dietetic Internship at the University of Massachusetts Amherst is a program that provides the practical experience necessary to qualify a student to take the nationally-administered Registered Dietitian (R.D.) examination. The philosophy of the program is based on our recognition that in many geographic areas there is a need for broadly-trained dietitians, and that many students benefit from exposure to a wide variety of practice settings before deciding where to specialize. Our program strives to provide an opportunity for the best-qualified applicants, from both western Massachusetts and other areas, to participate in varied and enriching supervised practice experiences which can form the broad basis for a career in any segment of the field of dietetics. Interns spend at least 280 hours in a foodservice facility, gaining experience in a food service management role. They spend at least 240 hours in community nutrition activities at a field site. They spend a minimum of 430 hours in a clinical setting. In addition, interns meet about once per month for seminar and other academic and networking sessions. Many health-care facilities and other organizations in Western Massachusetts, from all over the state of Massachusetts, cooperate with the University of Massachusetts Amherst to provide the experiences necessary to meet all the required competencies. Most of the intern's time is spent at the field sites, with only a small portion of time spent at the University itself.

The Dietetic Internship at the University of Massachusetts Amherst is currently accredited (reaccredited in 2017, good through 2022) by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of The Academy of Nutrition and Dietetics (AND). The address and phone number of ACEND are 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606, 312/899-4876.

In order to successfully complete the Dietetic Internship, interns are expected to meet all the specific competencies for each rotation. Competencies are based on learning experiences designed to simulate a wide range of activities practiced by entry-level dietitians. Interns work with preceptors in each field site and with the Internship Director to insure that all competencies are met. Additional work (e.g. reading, research, working on projects individually) is required above and beyond the scheduled hours in the field site, especially during the clinical rotation. The program is considered to be full-time and is 24-30 hours/week until “staff relief” which is 40 hours/week for 15 days in the clinical supervised practice facility. Upon successful completion of all ACEND-required competencies, interns receive a verification statement stating that they have satisfactorily completed the supervised practice program, and they become eligible to take the registered dietitian (R.D.) exam and to apply for state licensure for dietitians and nutritionists in states that have licensure credentialing available.
The Traditional Dietetic Internship, Non-degree program- allows students to benefit from exposure to a wide variety of practice settings before deciding where to specialize and to gain access to RD eligibility in 10 ½ months. Graduates become eligible to sit for the RD exam upon completion of the supervised practice competencies, receipt of the verification statement and subsequent notification from CDR.

For more information about the UMass Concurrent DI/MPH-N program go to https://www.umass.edu/sphhs/nutrition/dietetic-internship/dietetic-internship-admissions.

Financial Issues

Program Fees/Refunds/Fee Waivers:

An application fee of $50 is to be sent to the DI Director at the time of the DICAS application-make it payable to CPE-UMass.

Tuition for the 10 ½ -month program is $8,250, payable online at class enrollment opening in mid-July on SPIRE. A registration fee of approximately $47.00 per semester is charged for enrollment in NUTR 698, Nutrition Practicum/Seminars, in which all interns are enrolled for both fall and spring semesters. If any intern withdraws or is terminated from the program, s/he is obligated to pay only those fees already due as of the date of withdrawal. All withdrawals must be made in writing. No intern who matches to the program through computer matching may use a state-employee program fee waiver. If, after the match, there is space available in the program, applicants who have such a waiver will be considered along with other applicants for any such open spaces.

Other Costs and Requirements: Interns are required to complete at least 8 hours of continuing professional education during the course of the internship. Some of the programs offering credits have fees, such as attending state, local, and national dietetic association meetings.

Attendance at one day of a State or National Dietetic Association meeting per year is required. Scholarships from the internship are not available, though some of these meetings have reduced prices for students and/or student volunteers.

If you co-author an abstract for presentation at a professional meeting, you will be required to pay the conference fee for that meeting. You will be required to pay for the printing of a poster for this meeting or for graduation.

Some clinical sites require interns to purchase a custom-fitted infectious disease prevention mask-the cost is $25-$30 and can be obtained at AEIOU 170 University Drive, Suite 202, Amherst, MA 01002

Some sites require a facility-specific CORI check; the average cost of about $25 is the responsibility of the intern.
Some clinical sites require a drug test; the test cost is the responsibility of the intern. The test may need to be done by the intern’s PCP.

An Occasional Parking Pass is required for interns since several seminars and all pre-clinical workshops are located on the UMass campus.

Go to [https://www.umass.edu/transportation/click-print-park-cpp](https://www.umass.edu/transportation/click-print-park-cpp) for more information.

If desired, an RD-Exam study guide may be purchased [http://www.inmanassoc.com/review.htm](http://www.inmanassoc.com/review.htm) or attendance at a RD-exam preparation workshop will cost as much as $380.

**Professional Memberships:** Interns are required to be active members of The Academy of Nutrition and Dietetics (student membership=$50) and the Western Area Massachusetts Dietetic Association (WAMDA) (student membership=$10 if paid by 8/1/18) The WAMDA membership automatically qualifies the intern as a member of the Massachusetts Academy of Nutrition and Dietetics (MAND)  

These additional program costs are expected to be between $500 and $1,000.

**Affiliated Rotation Sites for Both Tracks**

Interns are recommended to live within a 60-mile radius of their assigned rotation sites to allow for a reasonable commute over the length of the rotation. A car will be necessary as stated elsewhere; proof of current car insurance, vehicle registration and current driver’s license is required at program orientation in August.

Affiliation sites are located in Western Massachusetts (Amherst, Springfield, Northampton, the Berkshires and others) and also in Eastern Massachusetts (Boston, Milton, and others) and Central Massachusetts (Worcester, Auburn, Framingham) making it possible for interns to reside in a variety of communities depending upon where their rotations will be. Interns are typically given as much choice as possible regarding rotation sites; this is determined soon after the match in April. Go to Affiliated Sites on the web site for more information.

Regardless of location of residence, it is expected that all interns will attend seminars about twice/month in Amherst or elsewhere (as scheduled) in Western Massachusetts. Interns living in Boston are to expect a 2-hour car trip to get to Amherst, for example. Travel from the Worcester area to Amherst is about 1 hour.

**Housing/Meals/Transportation/Clothing for Both Tracks:**

Interns are responsible for their own living arrangements and expenses, and they must have access to individualized transportation, since many of the field sites where interns receive the majority of their training are not easily accessible by public transportation.

A wide variety of housing possibilities is available in the Amherst area, with prices dependent on specific type of arrangement and location. Contact information is available for past interns who have obtained area housing in recent years.
The clinical and some food service management field sites require a lab coat worn over professional clothing, which interns must provide. Interns are expected to follow dress codes set by facilities to which they are assigned. Protective footwear (not canvas sneakers or sandals) is to be worn in foodservice operations.

Many rotation sites offer free/reduced-cost meals during your “work” hours. Many also provide free parking. Some sites (like Baystate Medical Center) require off-campus parking with shuttle buses provided.

**Computer (for Both Tracks):** Interns need to have the use of a computer with internet access.

**Professional Liability Insurance for Both Tracks:** Interns are NOT required to carry their own Professional Liability Insurance for their work associated with the internship as they are covered by a policy held by the University of Massachusetts.

**Employment/Financial Aid:** Although many interns find it is desirable to work part-time for financial reasons, due to schedule variability and travel time between rotation sites, it is not realistic to expect to be able to work for more than 8 hours/week outside the Internship. Additionally, the schedule of any outside jobs must be flexible enough to accommodate the schedule of facilities to which interns are assigned. The internship should be given the highest priority during this year.

Students enrolled in the Traditional Dietetic Internship at the University of Massachusetts, are **not eligible** for financial aid through the University’s Financial Aid Office.

**Health Insurance** Interns are required to provide a copy of the cover page of the current health insurance policy and coverage must be assured for the entire internship year. Interns moving to Massachusetts who do not have health insurance can contact the Health Connector portal at https://www.mahealthconnector.org/portal/site/connector/ to inquire about eligibility for a plan. Interns will be expected to complete a health form for some rotations. Some facilities require proof of immunizations, which you would be expected to provide or pay for yourself.

**Student Status in Practice Facilities for Both Tracks**

It is agreed that while in practice facilities, interns have the status of trainee, and will not routinely replace regular staff members employed at the facility. Interns are not paid by the facility while performing their planned experience. All interns are expected to abide by each facility’s rules and regulations, including dress codes and personal appearance policies, and to uphold patient confidentiality and patient/client care protocols as established by that facility. The dietetic intern name badge (provided at the orientation) should be worn at each rotation and group activity.

**DI Program Completion Requirements for Both Tracks**

Each intern must satisfactorily complete all three major rotations, the ‘plan your own rotation’ and to meet the minimum 1211 hours of supervised practice as required by the Accreditation Council for Education in Nutrition and Dietetics to successfully complete the
Dietetic Internship. "Satisfactorily completing" each rotation means that the preceptor for that rotation, the Dietetic Internship program director, and the intern all agree that all stated competencies for that rotation have been achieved to a degree acceptable to the three persons involved. If an intern has trouble mastering all competencies, s/he may need to spend more time in that rotation, or participate in additional activities/experiences, until an acceptable level of competency is achieved. It is expected that problems will be dealt with early in a rotation to avoid an intern getting to the end of a full rotation period with little chance of success. Interns must complete the internship in no more than 150% of the usual time. The program does not give credit for prior learning, either educational or experiential.

Completion is expected at 10 ½ months or 46 weeks; maximum length is 69 weeks. The verification statement is awarded when satisfactory completion of supervised practice competencies has been achieved within this time-frame; 5 copies of the verification statement are provided and more copies are available as needed and upon request.

Interns are required to:

(1) Participate in seminars, which meet about twice/month, including giving a presentation with appropriate written summary and bibliography at the end of each rotation and at least one power-point created which summarizes the rotation activities and/or major project completed.

(2) Attend professional conferences/meetings that provide a minimum of 8 Continuing Education Hours for Registered Dietitians, and to summarize sessions attended in writing for the program director. One of these meetings must be a State or National Dietetic Association meeting. The expenses of attending these meetings will be incurred by the intern. Often there are reduced prices for students and/or for volunteering.

(3) Submit an abstract for presentation at a professional meeting and prepare the poster associated with that abstract for presentation at the professional meeting and/or at graduation.

(4) Complete a volunteer experience, the objectives of which will be reviewed at orientation.

(5) Develop the objectives and complete a 2-week (8-day) ‘Plan your own’ rotation. More information will be provided at Orientation.

(6) Be ServSafe or equivalent Foodservice Sanitation Certified by the time the intern begins the foodservice/management rotation.

(7) Be a student member of The Academy of Nutrition and Dietetics, http://www.eatrightpro.org/resources/membership/membership-types-and-criteria/student-member Massachusetts Dietetic Association and the Western Area Massachusetts Dietetic Association http://www.wamda.org/forms/membership-application


Verification Statement Procedures

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Upon completion of all 1211 supervised practice hours, the completion requirements listed above and after meeting all the ACEND competencies for Registered Dietitians, five (5) verification statement copies will be issued.

**Dispute Resolution**

The Dietetic Internship abides by the University of Massachusetts Academic Grievance Procedure and Academic Honesty Policy. The link to these policies and procedures can be found at: [http://www.umass.edu/registrar/sites/default/files/academicregs.pdf](http://www.umass.edu/registrar/sites/default/files/academicregs.pdf) and [http://www.umass.edu/honesty/](http://www.umass.edu/honesty/)

The Ombuds Office is available to all members of the University community to help resolve University-related conflicts impartially and without judging, rewarding, or punishing parties. Depending on the problem, the Ombuds Office mediates disputes, facilitates communication, investigates claims of unfair treatment or erroneous procedure, listens, advises, and makes recommendations. The Ombuds Office provides information about and referral to grievance procedures. The Office also coordinates the hearing process for academic grievances and charges of academic dishonesty.

Some of the problems with which the Ombuds Office can offer advice or assistance to students include: course/degree requirements; grade disputes; grading policy and practice; allegations of academic dishonesty; sexual, racial, and other types of harassment; delays in services or decisions; conflicts with instructors, employers, or administrative offices; roommate/coworker/classroom conflicts; and other interpersonal disputes.

Records, contacts and communication are normally confidential; in unusual circumstances (which are explained to clients) rare exceptions are made if required by law.

The Ombuds Office is located in 823 Campus Center, tel. 413-545-0867. Although not required, it is best to call to arrange a convenient time for an appointment.

**Disciplinary/Termination Procedures**

All efforts will be made to accommodate interns' problems with respect to rotation assignments. However, when an intern does not abide by stated policies and student/intern guidelines, or continues to fail to meet an acceptable level of performance, disciplinary action or termination may be necessary. Problems which may result in termination can be broken down into two categories:

**Not abiding by stated policies:** Interns who do not abide by stated policies, including the student/intern guidelines (see separate document) are subject to immediate termination. A preceptor in a site can reserve the right to terminate a student in the interest of patient/client/employee safety. In order for an intern to be terminated in this manner, both preceptor and program director
must agree that the intern's behavior was sufficiently inappropriate to warrant such action. Stated policies include policies in effect at rotation sites, which must be made aware to interns at the beginning of their rotation.

**Intern does not succeed in particular rotation:** If, at a performance appraisal meeting of intern and program director, or at the discretion of a preceptor, an intern is found to be unsuccessful in meeting expected competencies, the intern may either (a) be reassigned to another rotation site, or (b) work with the preceptor and program director to develop a plan acceptable to all involved to remedy the problem. Missed time must be made up by the intern, and in some cases duplicating some experiences may be necessary to insure that all competencies expected from a rotation are met. If reassignment to a new rotation site is not possible, the intern must meet with the program director and preceptor to develop a plan to achieve the competencies necessary for that rotation. The plan must be acceptable to both the preceptor and the Dietetic Internship program director, and shall include a timeline for when activities in the plan will be completed. A review of how well the plan is working will be made by the preceptor and the program director within a reasonable time, to be determined by and included in the plan. If the intern continues to be unsuccessful in meeting competencies as enumerated in the plan, the program reserves the right to terminate the intern.

Dispute resolution procedures described above are available to the intern. In any case of termination or voluntary withdrawal, interns may be released from program fee obligations not yet due when the termination occurs.

**Family Educational Rights and Privacy Act: For Both Tracks**

The Family Educational Rights and Privacy Act (Part 99 of Title 34 of the Code of Federal Regulations) allows present or former students at educational institutions access to educational records kept on them, as well as basic protections of privacy of their records. The law does not apply to applicants seeking admission to the University. The law applies to educational records, which are defined as those records that are directly related to a student and maintained by an educational agency or institution.

The Dean of Students Office, 227 Whitmore Administration Building, keeps a list of types of educational records maintained by the University, where they are kept, and who is responsible for them. The Dean of Students Office also has available a description of your rights under the Family Educational Rights and Privacy Act, and procedures to be followed in exercising those rights.

If you wish to see any of the educational records which apply to you, go to the office which keeps the records during regular working hours. Make your request in writing, following the procedures established by the office. If possible, you will have immediate access to your record. In no case will you have to wait more than 45 days. If you are required to wait, the office
will tell you when your record will be available. You will have to identify yourself with a picture ID to see your record.

If you wish to challenge the content of your record, first try to work the problem out with the person responsible for the record. If this proves unsuccessful, you may request in writing a hearing at which you may present your challenge. Complete information on hearing and appeal procedures is available from the Dean of Students Office, 227 Whitmore Administration building.

Go to [http://www.it.umass.edu/support/spire/ferpa](http://www.it.umass.edu/support/spire/ferpa) for more information about UMass FERPA policies.

**Liability for Safety in Travel**

The Nutrition Department and the University of Massachusetts Amherst assume no responsibility for Dietetic Interns traveling between their assigned areas. Interns are required to furnish their own transportation to and from rotation sites, and are liable for their own travel. Interns must maintain an active automobile insurance policy during the internship. A copy of their automobile insurance policy and their vehicle registration are required on or before the start of the first rotation.

**Vacation, Holiday, and Absence Policies**

Interns will have two weeks’ vacations each year at the holidays (Christmas and New Years).

Interns may be required to work on legal holidays at the discretion of the preceptor, although that is highly unlikely. Interns are responsible for notifying their preceptor of any absence or excessive lateness (more than 15 minutes of expected arrival time). If an intern knows s/he will be absent, the intern should arrange with the preceptor to reschedule all assignments. Interns are expected to keep to their assigned schedules, except for emergencies or legitimate illness. Interns who are absent due to illness or personal reasons must make up any missed work, preferably within the same week as, or the next week following, their absence. Rotation time logs must be maintained by interns and should be signed by the preceptor at the rotation end. Some seminar sessions are counted toward the total supervised hours, and may need to be made up. The internship director will determine if a seminar session needs to be made up, and what commensurate experience is possible. There are no ‘sick days’ incorporated into the internship schedule. Missed days must be made up at some point. Interns who miss long periods, due to prolonged illness for example, may need to extend the time they stay at one rotation to meet all the required competencies. Rescheduling such missed work will be done at the discretion of the preceptor(s) and the program director. There will be a surcharge levied if the time extension (past the scheduled graduation date) is greater than a few days.

**Health Issues and Illness or Injury while in Practice Facility**

Interns are responsible for their own health and safety while in practice facilities.
Interns are responsible for contacting the preceptor in their first rotation about 1 month before that rotation is due to begin. The intern is responsible for knowing what health screens are required by the rotation site and obtaining those records from their primary care doctor. Any health insurance forms from the hospital where the clinical rotation will be completed, or from other rotation sites must be obtained and completed before the rotation begins. Some vaccinations and the TB test may require a 2nd reading, so allowing enough time for that is essential.

Interns are also required to carry health insurance and provide a copy of the health insurance card or policy on or before the start of orientation. Some rotation sites require proof of immunizations, TB testing, and/or drug testing that the intern will be required to provide at his/her own expense. The process should be repeated about 1 month before each subsequent rotation in the internship, including the VA rotation, the plan-your-own, the Long-term Care, and Pediatric rotations.

ACEND requires each intern to complete the 1211 hours in the UMass DI program in 150% of the expected time.

Completion is expected at 10 ½ months or 46 weeks; maximum length is 69 weeks.

A leave of absence can be individualized as needed for any emergency that comes up, providing the program can be completed within 150% of the expected time (see above).

**Performance Appraisal and Role of Director in Advising**

An interns' performance will be reviewed continually by the preceptor and by the program director upon preceptor or intern request during each rotation. A standard comprehensive performance evaluation will be conducted in person for each intern at the mid-point and at the end of each rotation, with the preceptor and intern in attendance. Self-evaluations are completed by each intern during each rotation. Interns are expected to keep a journal and portfolio of their activities during all rotations to document performance of required activities, to also include a rotation hour log.

**Non-Discrimination Policy**

The University of Massachusetts Amherst prohibits discrimination on the basis of race, color, religion, creed, sex, age, marital status, national origin, mental or physical disability, veteran status, or sexual orientation in any aspect of the access to, admission, or treatment of students in its programs and activities, or in employment and application for employment. Furthermore, University policy includes prohibitions of harassment of students and employees, i.e., racial harassment, sexual harassment, and retaliation for filing complaints of discrimination. Go to [http://www.umass.edu/eod/Affirmative%20Action%20and%20Non-Discrimination%20Policy%203-17-17.pdf](http://www.umass.edu/eod/Affirmative%20Action%20and%20Non-Discrimination%20Policy%203-17-17.pdf) for the policy statement of UMass.

Inquiries concerning applicable laws, regulations, and policies should be addressed to the Equal Opportunity and Diversity Office, 305 Whitmore Administration Building, (413) 545-3464. rev. 4/2013

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Identity Verification and Privacy protection at UMass

UMass uses the NetID for credentialing in our online courses. An explanation of what a NetID is here: https://www.it.umass.edu/support/accounts/understand-your-netid-password

The NetID is a student passport for all of UMass Amherst IT services. IT Guide for UMass Amherst: https://www.it.umass.edu/general/it-guide-students

Student identity and privacy concerns are regulated at UMass through SPIRE by the IT department. For more information go to Accounts at UMass Amherst: https://www.it.umass.edu/accounts

Student Identity and PII are governed under the following policies at UMass Amherst: https://www.it.umass.edu/policies

Drug Testing and Criminal Background Checks

Interns in both tracks have a CORI check. This is performed at no cost to the intern.

There is no drug testing performed on UMass interns, although affiliation sites may institute drug testing at any time as they may do so for their employees, and interns may be required to undergo this screening also. Individual rotation sites may want their own CORI check performed, and the intern may be asked to pay about $35 for this.

Schedule and Program Calendar

A 3-day orientation is held for interns in both tracks before they begin their first rotation. The calendar for the 2018-19 year is:

Both tracks: August 15, 16 & 17 Orientation

August 20, 2018 1st Rotation or Pre-Clinical Workshop begins

Two weeks’ vacation are scheduled, the weeks of Dec. 24 and Dec. 31, 2018 and returning to the program on Jan. 7, 2019

If special events (such as a wedding) will take interns away from the area, the director should be informed ASAP. If something comes up, such as a death or hospitalization of a loved one, the director will work with the intern to accommodate the temporary leave.

Additional Information: For more in-depth experiences, interns are encouraged to spend more time in each facility. In addition, interns are required to be present for 40 hours per week during 10 P&PsUMass
the staff relief portion of their clinical rotation -- usually the last three weeks of that rotation. Interns keep an hour log demonstrating that they are present for the minimum # of hours required for each major rotation, the plan-your-own rotation and the VA rotation.

Additional time is required for outside preparation, traveling to sites other than the “base” facility where specific objectives are being met, and related tasks. Intern assignments to particular facilities take into account intern interests and schedule preferences, but are made based on the best interests of the total class in a given year. On rare occasions, a preceptor/site may discontinue the affiliation with UMass due to staffing changes and other issues. Therefore, we cannot guarantee that interns will be assigned to their preferred practice site for any rotation. However, every attempt will be made to place each intern where their individual experience is expected to be positive and where the competencies are likely to be met.

The Dietetic Internship Practicum/Seminar (Nutrition 698 A-B) meets approximately twice per month, usually on a Friday, often in Amherst or Springfield. Occasionally, the seminar will be held in another location to which interns must travel, including Boston or Worcester, MA. Interns are responsible for paying for any parking fees when seminars are held on the campus of The University of Massachusetts. Information on how to purchase a parking pass is at https://umass.t2hosted.com/cmn/auth_ext.aspx (note that you need to be an enrolled student with a net ID before purchasing a parking pass).

The full schedule of seminars are made available to interns by late July.

The curriculum length for the major rotations plus all supervised practice activities in the Practicum/Seminar (Nutrition 698 A-B) constitute 1211 hours.