

**Example Course Progression Chart  
Department of Kinesiology**



**DEPARTMENT OF KINESIOLOGY**  
SCHOOL OF PUBLIC HEALTH AND HEALTH SCIENCES

For students entering the major after June 1st 2013.  
**Departmental Honors Research Track**

**\*\* This schedule is meant to be used as an example and is flexible. Courses can be taken at other times than listed\*\*** Except for KIN 297H (Fall) and KIN 110H (Spring)

There are two tracks within the honors college: General Studies and Advanced Scholarship For more information please visit: <https://www.honors.umass.edu/>

**Freshman Year**

First Semester (15 credits)	
	<b>Kin 100 (BS Gen Ed)</b>
	<b>Math 127 (R2 Gen Ed)</b>
	<b>Chem 111 (PS Gen Ed)</b>
	English Writing 112H (CW&Honors)
	Honors 291A

Second Semester (14-18 credits)	
	<b>Kin 110H (KIN &amp; Honors)</b>
	<b>Math 128 (R2 Gen Ed)</b>
	Psych 100 (SB Ged Ed)
	Honors Gen Ed (optional)

**Sophomore Year**

Third Semester (17 credits)	
	<b>Kin 270 – A&amp;P I</b>
	<b>Kin 200 level</b>
	<b>Physics 131</b>
	<b>Kin297H (Kin elective &amp; Honors)</b>

Fourth Semester (15 credits)	
	<b>Kin 272 – A&amp;P II</b>
	<b>Kin 200 level</b>
	Honors 391AI (1 credit seminar)
	Honors Gen Ed

**Junior Year**

Fifth Semester (15 credits)	
	<b>Kin 300 level</b>
	<b>Public Health 223/Psych 240/ Stats 240/ Res Econ 212</b>
	Kin Independent Study (Kin elective)

Sixth Semester (14 credits)	
	<b>Kin 300 level</b>
	<b>Kin Independent Study (Kin elective)</b>

**Senior Year**

Seventh Semester (9+ credits)	
	<b>Kin 400H level (Honors add on)</b>
	<b>Kin 400 level</b>
	Kin 499Y (Thesis work)

Eighth Semester (9+ credits)	
	<b>Kin 400 level</b>
	<b>Kin 400 level</b>
	Kin 499T (Thesis work)

- Courses in **BOLD** are required by the B.S. Degree in Kinesiology
- Students are responsible for fulfilling their General Education requirements and the 120 credits needed for graduation
- Students are responsible for checking what courses are recommended for the research they conduct and are encouraged to speak to their PI about it
- More information on the different honors requirements can be found on Honors College Website (above)