

Claire P. Wickham-Norton, MS,RD,LDN

Professional Experience

University of Massachusetts at Amherst Undergraduate Program Director, Didactic Program in Dietetics Director, Lecturer (Senior Lecturer since 2015)	2010-Present
Consultant Dietitian, Baystate Medical Center Counseling nutritionally at risk adolescent patients with eating disorders.	2000-Present
Women's Health Initiative (WHI) Nutritionist University of Massachusetts Medical Center	1998-2000
Owner of Private Nutrition Practice Counseled clients for medical nutrition therapy	2004-2010
Nutrition Consultant Mt. Holyoke College Provided Nutrition medical nutrition therapy counseling to students at the Mt. Holyoke Health students Taught Nutrition class to Mt. Holyoke Collete athletes	2006-2010
Nutrition Consultant for Belchertown Elder Services Reviewed and adjusted menus for congregate meal sites and meals-on-wheels to meet state guidelines Provided nutrition education to patrons of congregate meal sites	1992-2000
WIC Nutritionist in San Francisco and Marin Co., California Administered WIC Program on countywide basis. Nutrition counseling of at risk pregnant women, infants and young children.	1986-1991
Provincial Nutritionist for Newfoundland and Labrador Coordinated local nutritionists for province of NFLD and Labrador Carried out local nutrition education efforts in St. John's NFLD, in absence of local nutritionist including participating in a radio show during National Nutrition Month.	1984-1986
Research Associate, Dept. Community Health, Trinity College, Dublin. Carried out research on numerous research projects: <ul style="list-style-type: none">• Looked at folate and iron stores in nulliparous Dublin• women (subject of MS thesis) see publications below• related to this topic.• Researched nutrient status of infants living in poverty in North Dublin (see related publication below)	1979-1984

- Acted as liaison with Harvard University Dept. of Public Health on the follow up of Boston Irish Heart study. Developed Irish arm protocol for this study and supervised research staff. See related letter to Lancet in publications list)
- Represented Ireland at two European Union (at the time EEC) task force meetings.

Education

M.S. (Nutrition) Trinity College, Dublin, 1984

B.S.(Biochemistry) Memorial University of Newfoundland, 1979

Awards

School Outstanding Teaching Award, School of Public Health and Health Sciences (2019-2020)

Publications

Scholarworks.umass.edu (57 downloads)

Cara Rose Leonard, BS; Laura M Pinkston Koenigs, MD; Claire Norton, MS, RD, LDN
The Utilization of Nutrition Services in Family-Based Treatment by Members of the Society for Adolescent Health and Medicine in the care of Adolescents with Anorexia Nervosa .

Norton, C., Friderici, J., Pinkston Koenigs, L., Miller, N., Comparison of Family-Based vs. Individual Therapy in Adolescents with Anorexia Nervosa: A Retrospective Cohort with Historic Control. *Journal of Adolescent Health* 48 (2) S1 2011: S49-S50

Paroskie A, Miller NH, Norton CW, Koenigs, LMP, Does Proteinuria Predict Severity in Eating Disorders? Poster, Pediatric Academic Society, May,09.2011

Wickham, C., O'Broin, S., and Kevany, J., Seasonal Variation in Folate Nutritional Status, *Irish Journal of Medical Science* 152 (8) 1983: 295-299

Lee, P., Wickham, C., Lewis, E., Barker,å W., and Kevany, J., Anthropometric and Dietary Assessment of Disadvantaged Dublin Infants, *Irish Medical Journal*, 76 (5) 1983: 226-229

Wickham, C., O'Broin, S., O'Rourke, A., Condren, L., Scott, J., and Kevany, J., Haemopoietic Nutrient Status of Dublin Women (Abstract) Proceedings of Fourth European Nutrition Conference, Amsterdam, 1983

Wickham, C., Barry, A., and Kevany, J., Salt in Kitchen and at Table, *Lancet* 1 (8335) May 1983: 1219 (letter)

Wickham, C., Kelly, A., and Kevany, J., Calculating Available Dietary Iron, *Irish Journal of Medical Science*, 154 (5) 1985 174-177

Wickham, C., O'Broin, S., O'Rourke, A., Condren, L., Scott, J., and Kevany, J., Haemopoietic Nutrient Status of Young Nulliparous Women, *Irish Journal of Medical Science*, 154 (2) 1985: 51-58

Conference Presentations/Teaching

September 2017: The Role of the Dietitian in FBT: Aligning Nutrition Advice with FBT Principles. Treating Eating Disorders using FBT conference, Baystate Medical Center event, September 2017.

May 5th, 2009. The Role of the Dietitian in the Treatment of Adolescents with Anorexia Nervosa using a Family Based Approach. 2009 Spring Meeting of the New Hampshire Dietetic Association, Manchester NH

March 28th, 2008. Nutrition Coaching in Maudsley Therapy, Massachusetts Dietetic Association 2008 Annual Nutrition Convention and Exposition, Sturbridge Host Hotel.

January 18th, 2008. The Role of the Nutritionist in Maudsley Therapy, Sponsored by the Eating Disorder Consortium, Baystate Medical Center.

November 28th, 2007. The Dietitian and Eating Disorders – the role of the dietitian in the treatment of anorexia, bulimia, Binge eating and EDNOS. Sponsored by WAMDA (Western area Massachusetts dietetic association), Mercy Medical Center.

October 24th, 2007: Nutrition Coaching in Maudsley Therapy workshop at Youth at Risk Conference, sponsored by Baystate Children's Hospital and The New England Regional Chapter, Society for Adolescent Medicine.

Spring and Fall, 2006. Guest lecturer for two nutrition therapy classes at UMASS on the subject of eating disorders.

November 3, 2006 : The Role of the Nutritionist in the Treatment of Eating Disorders, workshop at Eating Disorders in Children and Adolescents Conference, sponsored by Baystate Children's Hospital.

Service

- Served as Board member of Western Massachusetts Dietetic Association for three years (2014-2017)
- Member of the Holyoke Community College Health, Fitness and Nutrition Advisory Board (2011-present))
- Member of the University of Connecticut Didactic Program in Dietetics advisory board (2014-present)

Professional Memberships

- Academy of Nutrition and Dietetics
- MAND (Massachusetts Academy of Nutrition and Dietetics)
- WAMDA (Western Area Massachusetts Dietetics Association)
- BADD (Boston Alliance for Diversity in Dietetics)

Memberships Center for Science in the Public Interest

Other Skills Conversant in Spanish

