



CHEER ON THE UMASS MINUTEMEN & MINUTEWOMEN!

UMass athletics builds champions and student support for our teams is a big part of the university's shared experience. Our 21 Division I sports teams compete in state-of-the-art facilities, and we are one of only 16 universities in the nation that plays FBS football and men's ice hockey. Most teams joined the Mid-American Conference (MAC) on July 1, 2025. Men's ice hockey competes in Hockey East.

Come join our mascot, Sam the Minuteman, at an athletics event and root for our student athletes. Undergraduates enjoy FREE entry to all 200-plus home athletic events.

MINUTEMEN & MINUTEWOMEN TEAMS

- » Baseball (M)
- » Basketball (M/W)
- » Cross Country (M/W)
- » Field Hockey (W)
- » Football (M)
- » Ice Hockey (M)
- » Lacrosse (M/W)
- » Rowing (W)
- » Soccer (M/W)
- » Softball (W)
- » Swimming & Diving (M/W)
- » Tennis (W)
- » Indoor Track & Field (M/W)
- » Outdoor Track & Field (M/W)

For information about
varsity sports, contact the
Department of Athletics:

UMassAthletics.com
1-866-UMASS-TIX
@UMassAthletics

DOWNLOAD THE UMASS MINUTEFAN APP.



STAY ACTIVE AT UMASS



Our students can participate in hundreds of sports and fitness activities and have free access to all our facilities during each semester. The **Recreation Center** serves 3,000 members daily and offers 120,000 square feet of ball courts, an indoor track, cardio and strength training equipment, and 100 fitness classes a week. The brand new **ASCEND Climbing Wall** is a great way to build strength and challenge yourself. UMass also has two indoor pools. Outdoor options include a disc golf course, tennis and volleyball courts, and turf fields.



**SCAN FOR MORE
INFORMATION ABOUT
STUDENT SPORTS
& RECREATION**

UMass also offers myriad club sports and intramural sports to get your competitive juices flowing and build community. Each club sport is run by students and reflects their varied and eclectic interests.

INTRAMURAL SPORTS

- » Badminton
- » Basketball
- » 3-on-3 Basketball
- » Dodgeball
- » Field Hockey
- » Flag Football
- » Home Run Derby
- » Kickball
- » Racquetball
- » Run 'N' Gun Football
- » Soccer
- » Softball
- » Speedball
- » Table Tennis
- » Tennis Doubles & Singles
- » Ultimate Frisbee
- » Volleyball
- » Wallyball
- » Wiffleball

For a complete list of intramural sports, visit umass.edu/campusrec/intramurals.

CLUB SPORTS

- » Alpine Ski Racing (M/W)
- » Baseball (M)
- » Basketball (W)
- » Badminton (M/W)
- » Ballroom Dancing (M/W)
- » Bouldering (M/W)
- » Climbing (M/W)
- » Competitive Bass Fishing (M/W)
- » Crew (M)
- » Cricket (M/W)
- » Cycling (M/W)
- » Dance Team (M/W)
- » Disc Golf (M/W)
- » Dressage Team (M/W)
- » Equestrian Team (M/W)
- » Fencing (M/W)
- » Field Hockey (W)
- » Golf (M)
- » Gymnastics (M/W)
- » Ice Hockey (M/W)
- » Lacrosse (M/W)
- » Paintball (M/W)
- » Parkour (M/W)
- » Polo (M/W)
- » Quidditch (M/W)
- » Raquetball (M/W)
- » Roller Hockey (M/W)
- » Rugby (M/W)
- » Running (M/W)
- » Sailing (M/W)
- » Shotokan Karate (M/W)
- » Soccer (M/W)
- » Softball (W)
- » Spikeball (M/W)
- » Sport Parachute (M/W)
- » Synchronized Skating (M/W)
- » Table Tennis (M/W)
- » Tai Kwon Do (M/W)
- » Tennis (M/W)
- » Triathlon (M/W)
- » Ultimate Frisbee (M/W)
- » UMassive Arms (M/W)
- » Volleyball (M/W)
- » Water Polo (M)
- » Wrestling (M/W)

For more information, visit umassamherst.campuslabs.com/engage.