Recruiting Healthy Adult Participants for Wearable Activity Monitor Research Study

The Physical Activity and Health Lab is seeking healthy adults, 18 to 65 years old, for research using wearable activity monitors. The study will be conducted in the Science and Engineering Library in Lederle Tower, 1100 N. Pleasant St., Amherst, MA 01003. Participants will need to commit to wearing the monitor continuously for a period of 30 days. Participants will receive a $250 honorarium upon completion of the study.

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