UMassAmherst

School of Public Health & Health Sciences Office of Career Planning

Communication Skills

Introduced

Invented

Modified

Originated

Planned

Revised

Shaped

Solved

Financial Skills

Adjusted

Allocated

Analyzed

Appraised

Assessed

Audited

Balanced

Budgeted

Calculated

Computed

Corrected

Estimated

Invested

Managed

Marketed

Measured

Planned

Prepared

Projected

Reduced

Helping Skills

Aided

Adapted

Advocated

Arranged

Assessed

Assisted

Coached

Collaborated

Cooperated

Demonstrated

Counseled

Diagnosed

Educated

Encouraged

Enlightened

Ensured

Expedited

Facilitated

Furthered

Guided

Familiarized

Reconciled

Researched

Programmed

Determined

Administered

Performed

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- Addressed
- Arranged
- Authored
- Collaborated
- Composed
- Communicated
- Consulted
- Contacted
- Corresponded
- Directed
- Drafted
- Edited
- Enlisted
- Explained
- Expressed
- Formulated
- Furnished
- Incorporated
- Influenced
- Interacted
- Involved
- Marketed
- Mediated
- Negotiated
- Observed
- Outlined
- Presented
- Promoted
- Proposed
- Publicized
- Recruited
- Solicited
- Spoke
- Summarized
- Synthesized
- Wrote

Creative Skills

- Acted
- Adapted
- Began
- Combined
- Composed
- Created
- Customized
- Designed
- Developed
- Directed
- Entertained
- Established
- Fashioned
- Formulated
- Founded
- Illustrated
- Initiated
-
- Instituted
- Integrated

Resume Action Verb List - Use the verbs from the job description first, then pick from this list.

Spearheaded

Streamlined

Supervised

Terminated

Arranged

Catalogued

Categorized

Classified

Collected

Compiled

Corrected

Distributed

Executed

Generated

Inspected

Monitored

Operated

Ordered

Organized

Prepared

Processed

Provided

Purchased

Recorded

Registered

Responded

Reviewed

Scheduled

Screened

Submitted

Updated

Verified

Research Skills

Analyzed

Assessed

Collected

Critiqued

Detected

Diagnosed

Evaluated

Examined

Explored

Gathered

Inspected

Invented

Located

Measured

Investigated

Formulated

Experimented

Conducted

Standardized

Systematized

Filed

Corresponded

Organizational Skills

Strengthened

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Reviewed

Surveyed

Tested

Teaching Skills

Adapted

Advised

Coached

Conducted

Coordinated

Critiqued

Developed

Evaluated

Explained

Facilitated

Individualized

Focused

Guided

Informed

Instructed

Motivated

Persuaded

Simulated

Taught

Tested

Trained

Tutored

Technical Skills

Assembled

Conserved

Converted

Designed

Determined

Developed

Engineered

Fabricated

Installed

Inducted

Overhauled

Regulated

Remodeled

Repaired

Restored

Studied

Utilized

Upgraded

Specialized

Standardized

Applied

Built

Transmitted

Instilled

Communicated

Summarized

Systematized

Solved

- Helped
- Prevented
- Provided
- Referred
- Rehabilitated
- Represented
- Resolved
- Simplified
- Supplied
- Supported
- Volunteered

Management Skills

- Administered
- Analyzed
- Appointed
- Approved
- Assigned
- Authorized
- Chaired
- Consulted
- Contracted
- Controlled
- Coordinated
- Delegated
- Developed
- Directed
- Eliminated
- Enforced
- Enhanced
- Established
- Executed
- Generated
- Handled
- Headed
- Hosted
- Incorporated

Launched

Merged

Navigated

Organized

Originated

Overhauled

Oversaw

Planned

Presided

Prioritized

Produced

Recommended

Reorganized

Reviewed

Scheduled

Secured

Selected

Pioneered

- Increased
- Initiated

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Led

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Instituted