

Diversity Retreats 2008-2017

January 2008: *Your 5% (Parham, 2001): Attaining and Maintaining Cultural Competence in your Personal and Professional Life.*

- Keynote Presenter: Luis Vargas, Ph.D. (University of New Mexico)
- Discussions facilitated by the Clinical Division Diversity Committee Members and Dr. Vargas

January 2009: *Social Justice, Social Change: Deepening Our Discussion of Diversity.* Keynote Presenter: Maurianne Adams, Ph.D. (Professor Emerita, UMASS School of Education)

January 2010: *Panel Discussion of Diversity / Difference in Clinical Psychology Practice, Research, and Teaching.* Panel: Harold Grotevant, Ph.D., David Scherer, Ph.D., Mamta Dadlani, and Sharonne Herbert (UMASS Clinical Psychology Program)

January 2011: *Multicultural Issues and Assessment in Clinical Psychology.* Matthew Ouellett, Ph.D., Introduction to the ADDRESSING Model (Age, Developmental and Acquired Disabilities, Religion, Ethnicity, SES, Sexual Orientation, Indigenous heritage, National origin, Gender)

January 2012: Dr. Joe Mangine, "Doing Effective Psychotherapy with Prejudice in Tow." 'This presentation begins with the assumption that we have all been conditioned to be, at some level, prejudiced. Racism, homophobia, ageism, sexism, etc. are intricately woven into our society and ourselves. The question then is, how do we do responsible, evolved therapy work? Dr. Mangine will offer some thoughts on this critical question, formed by 25 years of working with a wide range of patients. The time will be split between didactic, casework, and question and answer.'

January 2013: Gender, Sexual Orientation, and Sexuality in Clinical Work:

- Genny Beemyn is the director of the UMass Stonewall Center, which serves the five college community as one of the oldest LGBT resource centers in the nation. Dr. Beemyn has master's degrees in African American Studies, American Studies, and Higher Education Administration and a PhD in African American Studies. Dr. Beemyn is on the editorial boards of the Journal of LGBT Youth, the Journal of Bisexuality, the Journal of Homosexuality, and the Journal of Student Affairs Research and Practice. With coauthor Sue Rankin, Dr. Beemyn published the book *The Lives of*

Transgender People in 2011; this book comprehensively explores empirical and narrative perspectives on gender-nonconforming individuals.

- Our next speaker, Pat Jenkins, earned her MSW from Boston College and has thirty years of experience as a psychotherapist. At her Northampton practice, she works primarily with LGBT populations, and about a third of her clients are trans-identified. The Stonewall Center, which maintains a list of transgender-friendly professionals in four categories of expertise, classifies her as a “transgender specialist,” their highest tier. She is a member of the World Professional Association for Transgender Health and is also active in the LGBT community through her involvement with PFLAG and the LGBT Coalition of Western MA.

January 2014: What is Family?: An Exploration of Diverse Family Structures. This year's retreat focused on examining diverse family structures in research and clinical work. We were joined by Marsha Kline Pruett, PhD, Professor at The Smith College School of Social Work and Chris Langelier and HEROES leaders, from the HEROES project. Dr. Pruett's research focuses on family dynamics and development with a specialization in the promotion of healthy child and family development during life transitions, as well as father involvement. The HEROES Leadership Project hopes to educate communities about the realities of foster care and adoption in an attempt to improve understanding as well as to dispel the multitude of myths and stereotypes that surround young people who have experienced care.

January 2015: Nonvisible Identities: This year's retreat will focus on addressing the invisible identities we all carry with us. We'll be joined by the folks at Class Action Training, for a workshop on class and identity. Their organization specializes in providing a dynamic framework and creating safe spaces for people from across the class spectrum to explore class and to identify and begin to dismantle classism. In the afternoon, we will screen the documentary "Lives Worth Living" about the development of a greater awareness of the issues people with disabilities face that ends up with the creation of the Americans with Disabilities Act (more info at: <http://www.pbs.org/independentlens/lives-worth-living/film.html>).

January 2016: Co-sponsored by the Mutual Mentoring Team Grant from the Center for Teaching and Faculty Development, this year's retreat was titled, “The Party Line: A Psychological Perspective on America's Top Presidential Issues.” Speakers featured our own Dr. Linda Isbell, who spoke on Stigma and Mental Illness; Dr. Esther Shapiro from UMass Boston, who spoke on immigration and mental illness; and Dr. Elizabeth Morgan from Springfield College, who presented on Sexual Identity Development.

January 2017: In light of recent and historic national events, the theme for this year's retreat was "Walk the Talk: Putting the ALLY in RALLY." The morning featured speakers from UMass Boston, who facilitated discussions about being supportive of and standing in solidarity with individuals facing various forms of oppression. The afternoon consisted of break-out groups and workshops centered on putting advocacy into action. As part of the retreat, the committee organized a trip to the Boston Women's March, where UMass students joined the tens of thousands in attendance to protest the election of President Trump. This year's retreat also marked the inaugural presentation of the Wendy Helmer Memorial Award, given to a PBS graduate student whose work embraces inclusion, community, mentorship, and social justice.