# Upcoming Events November 2018

**Family-friendly programs for student parents and their kids.**

*Registration required. Visit umass.edu/studentparent to sign up!*

## Nature-Inspired Crafts

**Saturday, November 3, 10am-12pm**
Cape Cod Lounge, Student Union

Come experiment with texturing with leaves and other found objects! And make an adorable pet rock to take home with you! Snacks provided. A great opportunity to have fun with your little ones and meet other student parent families. Best for ages 2-6 but all ages welcome!

## Eat. Learn. Fun!

### Family Health and Nutrition

**Monday, November 5, 5:30-7:30pm**
Commonwealth Room, Student Union

Enjoy a delicious family dinner, followed by a parent-to-parent discussion, facilitated by a guest speaker. Complete with a fully staffed kids activity room (Cape Cod Lounge). **Family Health and Nutrition** with Molly Barnes, M.S., R.D., L.D.N., C.D.E., Clinical Nutritionist, University Health Services, UMass Amherst

## Bomba de Aqui Performance!

**Saturday, November 17, 10am-12pm**
Cape Cod Lounge, Student Union

Music from 10am-11am followed by snacks and socializing

Join us for a morning of Bomba, one of the traditional musical styles of Puerto Rico, with fantastic local performers, Bomba de Aqui! This performance, featuring dancing, drumming, and music, will be interactive, educational, and engaging. You don't want to miss it! All ages welcome!

*Questions? Contact us! 413-545-0865 or studentparent@umass.edu*

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