DINNER ON US

a facilitated parent-to-parent roundtable

Fall 2017 Schedule

The Dinner On Us parent-to-parent roundtable offers campus and Amherst Family Center families with young children the opportunity to learn more about themselves while acquiring new approaches to raising children. The program is free and includes dinner and supervised care for accompanying children. Come join us Monday evenings during the academic year in the UMass Amherst Student Union Building. Space is limited. Register online at www.umass.edu/ofr

Family Dinner  5:30-6:15pm  Supervised Children’s Activities  5:45-7:30pm  Roundtable Discussion  6:30-7:30pm

September 11   Juggling Academic Success With Parenting: Reflections on Best Practices
    Professor and Department Chair, Mari Castaneda, Communication Studies, University of Massachusetts Amherst

September 18   Books as Mirrors, Windows, and Doors: Critical Reading with Young Children
    Assoc. Professor Maria José Botelho, Language, Literacy & Culture Concentration, College of Education, University of Massachusetts Amherst

September 25   Parenting for the Long Haul: The Pediatrician’s Perspective
    Dr. Ilana L. Schmitt, MD, M.P.H., Staff Physician, University Health Services, University of Massachusetts Amherst

October 2     What Do We Think About Gender When We Think About Parenting?
    Professor and Department Head Laura Briggs, Women, Gender & Sexuality Studies, and Tom Schiff, Ed.D. Director, Men & Masculinities Center, University of Massachusetts Amherst

October 9     NO PROGRAM. HOLIDAY OBSERVED.

October 16   Developmental Benefits of Yoga for You and Your Young Child: Dress casually and comfortably and bring a towel as both adults and children will be exploring everyday yoga movement.
    Alisa Wright Tanny is Founder/ Director of The Embodiment Sanctuary and Infant Developmental Movement Educator

October 23   Raising Kids In A World Where Race Matters
    Andrew Grant-Thomas, PhD, Co-Founder and Co-Director, EmbraceRace, Amherst, MA

October 30   How Success Affects Children’s Learning
    Assoc. Professor and Director, Carrie Palmquist, Child Learning & Development Lab, Psychology Department, Amherst College

November 6   What’s On Your Mind, Baby? How Studying Infants Helps Us Understand Ourselves
    Asst. Professor and Director, Erik Cheries, Infant Cognition Lab, Psychological & Brain Sciences, Department of Psychology, University of Massachusetts Amherst

November 13  Television and Screen Time and Young Children
    Professor Emeritus Dan Anderson, Psychological & Brain Sciences, Department of Psychology, University of Massachusetts Amherst

November 20  NO PROGRAM. THANKSGIVING RECESS.

November 27  You Are What You Eat: Family Health and Nutrition
    Molly Barnes, M.S., R.D., L.D.N., C.D.E., Clinical Nutritionist, University Health Services, University of Massachusetts Amherst

December 4  When To Ask For Help With Concerns About Kids
    Emily Koster, M.Ed., Early Childhood Development Specialist, Collaborative for Educational Services

December 11  Raising A Bi-lingual Child and Benefits of Dual Language Learning For Children
    Francia Wisnewski, M.Ed., Early Childhood Development Specialist, Collaborative for Educational Services

*Jointly sponsored program with Collaborative for Educational Services (CES).

Dinner On Us (DOU) is a program of the UMass Amherst Office of Family Resources (OFR).
For more information call (413) 545-0865, email: ofr@umass.edu or visit: www.umass.edu/ofr