A FILM and DISCUSSION with people developing resilience over loneliness and experts discovering solutions to isolation

UMassAmherst

LONELY

Marieb College of Nursing











ALL THE LONELY PEOPLE

From creators of <u>Gen Silent</u> including interviews with:

Julianne Holt-Lunstad, PhD Professor of Psychology and Neuroscience, BYU

Carla Perissinotto MD MHS Geriatrician, Social Isolation and Loneliness Researcher

Michelle Lim, PhD Scientific Chair, Ending Loneliness Together

Janet Morrison, OBE Co-Founder, Campaign to End Loneliness

VIEW THE TRAILER: allthelonelypeoplefilm.com

SYNOPSIS

All The Lonely People is a presentation centered around a documentary film followed by audience discussion.

It places a human face on the hidden epidemic of chronic loneliness and social isolation.

Built on hope, it shares the latest research and interventions for individuals and communities and leaves audiences feeling empowered and reconnected.

An event happening in your community:

Date: Thursday, March **30**th Time: **6:00**pm-**8:00**pm (EST) Location: via **Z**oom

Registration Link:

https://umass-amherst.zoom.us/meeting/ register/tJEsfu6rqDooGdAGLDz7Q04WSxn F2BxX9WoH

