



Peggy Gould, M.F.A.

Sarah Lawrence College

Presentation:

Utilizing Functional Anatomy Concepts in Dance
Training: Observations, Inspirations & Notes from the Field

Brief Description:

The adage “knowledge is power” is potentially outmoded in its overly simple assertion and yet for dancing, it continues to hold some truth. When dance artists are provided with specific structural and functional information about anatomy in the context of movement, there is often notable improvement in technical capability

and expansion of aesthetic range. This talk, intended for an audience of dancers, educators and scientists, provides an introduction including both anecdotal and practice-based examples.

Bio

Peggy Gould is a dancer, choreographer, collaborator, movement educator and writer. Since 1999, Peggy has served on the faculty at Sarah Lawrence College, teaching courses in the Dance Program including Anatomy, Anatomy Seminar (upper level study), First Year Studies in Dance, Beginning Improvisation, Dance Fundamentals, Contemporary Practice, Teaching Conference, Conditioning, graduate seminars in the studio (a laboratory employing aspects of functional anatomy and improvisation to explore the intersection of technical and aesthetic interests) and in the classroom (Critical Perspectives on Dance and Culture), and Dance Practice Conference (periodic small group conferences for students in the Dance Program.) Peggy earned BFA & MFA degrees in Dance at NYU Tisch School of the Arts under the direction of Lawrence Rhodes, and subsequently trained with Aileen Crow to complete certification as a Teacher of Alexander Technique. Since 1996, Peggy has served as assistant to renowned anatomist and dance educator Irene Dowd. Peggy’s article, Dancing Toward Inclusion: Embedded Assumptions and Innovations in Functional Anatomy, was published in the premier issue of peer-reviewed Choros International Dance Journal (Spring 2012). Peggy has worked with artists including Bill T. Jones, Patricia Hoffbauer, Sara Rudner, Cathy Weis, Joyce S. Lim, Tiffany Osedra Miller and Bryan Fox, and has created eleven original interdisciplinary works (1996-2018) most recently "Hypnagogia" presented by Dixon Place, NYC. Peggy is currently a Fulbright Specialist in Dance/U.S. Studies, and recently spent six weeks in Ecuador (June-August, 2019), working with dancers and educators in Cuenca, Guayaquil and Quito