

# Step Therapy

## Step Therapy

Step therapy is a key part of our prior authorization program that allows us to help your doctor provide you with an appropriate and affordable drug treatment. Before coverage is allowed for certain costly “second-step” medications, we require that you first try an effective, but less expensive, “first-step” medication. Some medications may have multiple steps.

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This list is up-to-date as of January 1, 2016, and is subject to change at any time. For the most up-to-date list of medications that require step therapy, please visit our website [www.bluecrossma.com/pharmacy](http://www.bluecrossma.com/pharmacy), click on **Pharmacy Management Program**, and proceed to **Step Therapy**.

\* (non-covered medication) Quality Care Dosing limits apply for members with approved formulary exceptions  
\*\* (new to market drug; non-covered while under review) quantity limits apply to members with approved formulary exceptions  
(MBO) medical benefit only  
(PA) prior authorization required  
(PA17) prior authorization required for members who are 17 years of age or older  
(PA30) prior authorization required for members age 30 and older  
(QCD) Quality Care Dosing limits apply  
(SP) medication is part of the specialty pharmacy benefit  
(SPO) pharmacy benefit only  
(ST) step therapy required

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## Atypical Antipsychotic Medications

Abilify
Abilify DiscMelt *
Abilify Maintenna *
Clozaril
Fanapt *
FazaClo *
Geodon
Haldol
Haldol Decanoate
Invega *
Invega Sustenna
Invega Trinza
Latuda *
Loxitane
Rexulti **
Risperdal
Risperdal Consta
Risperdal M-Tab *
Saphris *
Seroquel
Seroquel XR
Symbyax (QCD)
Zyprexa
Zyprexa IM *
Zyprexa Relprevv *
Zyprexa Zydis

## Asthma Management

Accolate *
Advair Diskus (QCD)
Advair HFA (QCD)
Anoro Ellipta (QCD)
Breo Ellipta * (QCD)
Dulera (QCD)
Incruse Ellipta * (QCD)

Singulair
Stiolto Respimat (QCD)
Symbicort (QCD)
Zafirlukast
Zyflo *
Zyflo CR *

## Cholesterol Treatment

Advicor (QCD)
Altoprev * (QCD)
Caduet * (QCD)
Crestor (QCD)
Juxtapid
Kynamro (SP)
Lescol * (QCD)
Lescol XL * (QCD)
Lipitor * (QCD)
Liptruzet * (QCD)
Livalo * (QCD)
Mevacor * (QCD)
Pravachol * (QCD)
Simcor * (QCD)
Vytorin * (QCD)
Zetia (QCD)
Zocor * (QCD)

## Diabetes Management

ACTOplus Met (QCD)
ACTOplus Met XR (QCD)
Actos (QCD)
Avandamet (QCD)
Avandaryl
Avandia (QCD)
Duetact
Farxiga *
Fortamet *
Glucophage *

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Glucophage XR \*

Glumetza \*

Glyxambi \* (QCD)

Invokana (QCD)

Invokamet (QCD)

Janumet

Janumet XR

Januvia

Jardiance

Jentadueto \*

Kazano \*

Kombiglyze XR

Nesina \*

Onglyza

Oseni \*

Pioglitazone (QCD)

Pioglitazone-Glimepiride (QCD)

Pioglitazone-Metformin (QCD)

Prandin \*

Prandimet \*

Tradjenta \*

Trulicity (QCD)

Victoza (QCD)

Xigduo \* (QCD)

## Glaucoma

Lumigan

Rescula \*

Travatan

Travatan Z

Xalatan

## Heart/Blood Modifiers/Circulation

Amturnide \*

Atacand \*

Atacand HCT \*

Avalide

Avapro

Azor

Benicar

Benicar HCT

Cozaar \*

Diovan

Diovan HCT

Edarbi \*

Edarbyclor \*

Exforge

Exforge-HCT

Hyzaar \*

Micardis \*

Micardis HCT \*

Tekamlo \*

Tekturna \*

Tekturna HCT \*

Teveten \*

Teveten HCT \*

Tribenzor

Twynsta \*

Valturna \*

## Osteoporosis Treatment (Oral)

Actonel (QCD)

Atelvia DR \* (QCD)

Binosto \* (QCD)

Boniva tablets \* (QCD)

Fosamax \* (QCD)

Fosamax Plus D (QCD)

## Pain Relievers (Cox II Inhibitors)

Celebrex (QCD)

Celecoxib (QCD)

## Prostate Treatment

Avodart

Jalyn

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Proscar \*

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## Prostate Cancer - Oral

Xtandi

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## Parkinson's Disease Treatment

Mirapex

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Mirapex ER \*

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Requip \*

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Requip XL \*

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## Overactive Bladder Treatment

Detrol \*

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Detrol LA \*

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Ditropan \*

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Ditropan XL \*

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Enablex \*

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Gelnique \*

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Oxytrol \*

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Myrbetriq \*

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Sanctura \*

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Sanctura XR \*

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Toviaz \*

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Vesicare

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## Topical Testosterone

Fortesta \*

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Natesto Nasal \*

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Testim \*

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Testosterone gel (Fortesta Authorized product) \*

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Testosterone gel (Testim Authorized product) \*

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Testosterone gel (Vogelxo Authorized product) \*

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Testosterone CIK Kit \*

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Vogelxo \*

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