



Commonwealth of Massachusetts  
Group Insurance Commission

# 2026-2027 BENEFITS GUIDE

For benefits and rates effective  
JULY 1, 2026 - JUNE 30, 2027

COMMONWEALTH  
OF MASSACHUSETTS  
**EMPLOYEES,  
RETIREES & SURVIVORS**



View this Benefits Guide on the MyGICLink  
member benefits portal or [mass.gov/GIC](https://mass.gov/GIC)



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## REVIEW THIS GUIDE TO IDENTIFY WHICH BENEFITS YOU'RE ELIGIBLE FOR AND WHICH OPTIONS ARE BEST FOR YOU.

You may only enroll in or change your health plan during GIC's spring annual enrollment or within 60 days of a qualifying event. For information about annual enrollment and a complete list of qualifying events, visit [mass.gov/gic](https://mass.gov/gic).

The GIC strongly encourages members to actively shop and evaluate different coverage options. Please carefully review this guide as well as detailed benefits information for each GIC benefit carrier available at [mass.gov/lists/contact-gic-benefit-plans](https://mass.gov/lists/contact-gic-benefit-plans), to make informed decisions about your coverage.

Existing members, after reviewing your options, if you wish to keep your current GIC benefits, no action is required and your benefits will remain in place at the new rates effective July 1, 2026.



#### Flexible Spending Accounts (Employees only):

You must re-enroll if you wish to participate in a health care or dependent care FSA effective July 1, 2026.

View page 8 for more information.

## IMPORTANT REMINDERS



1. Contact your health and other insurance plans about tier changes, network coverage, providers, drug tiers, wellness benefits, and more.
2. **Which tier are your doctors and hospitals in?** When checking provider coverage and tiers, be sure to specify the health insurance plan's full name, such as "Harvard Pilgrim Explorer" or "Harvard Pilgrim Quality," not just the health carrier name such as "Harvard Pilgrim Health Care." Your health insurance plan is the best source for this information.
3. **Are your doctors and hospitals in the health plan's network?** If your provider is no longer available, your health insurance carrier will help you find a new one. Note: Doctors and hospitals within any health plan's network may change during the year.
4. **TURNING 65?** Visit [bit.ly/gicmedicare](https://bit.ly/gicmedicare) for a video to guide you through the next steps, whether you're retiring or not.

## GIC's Member Benefits Portal



Save time and paper by managing your benefits on MyGICLink, GIC's secure member benefits portal.

- Enroll in or update your benefits during Annual Enrollment or within 60 days of a qualifying event
- Securely update your personal information, chat with us, and more!

Register & Log in [mygiclink.my.site.com](https://mygiclink.my.site.com)

# When You Can Enroll In or Update GIC Benefits



## WITHIN 60 DAYS OF EXPERIENCING A QUALIFYING EVENT

**If you have or will experience any of these qualifying events, you must notify the GIC within 60 days of the event. Failure to do so can result in financial liability to you.**

- Marriage
- Address change
- Birth or adoption of a child
- Legal guardianship of a child
- Legal separation, divorce or remarriage of you or your former spouse
- Death of a covered spouse or dependent



View a complete list of Qualifying Events  
[bit.ly/gicqualifyingevent](https://bit.ly/gicqualifyingevent)

## DURING GIC's SPRING ANNUAL ENROLLMENT

**Annual Enrollment dates:  
April 1 - May 1, 2026**

As a GIC member, Annual Enrollment is your opportunity to review benefit options and better understand the upcoming plan year changes to make coverage updates for benefits effective July 1, 2026.

**Reminder: You must submit all changes no later than May 1, 2026.**



Learn more about Annual Enrollment  
[bit.ly/gicannualenrollment](https://bit.ly/gicannualenrollment)

## WHEN YOU'RE A NEW COMMONWEALTH OF MA HIRE

New employees have 21 days to enroll in GIC benefits. The 21 day deadline includes the date of hire.

Please visit GIC's website for information regarding the effective date of GIC benefits as a new hire.

Note: this does not apply to employees who transfer agencies.



Learn more at  
[bit.ly/gicnewhire](https://bit.ly/gicnewhire)

# Benefit Information



## • Hinge Health

Available at no cost to members and dependents who are enrolled in GIC health coverage, Hinge Health gives you the tools to stay healthy, help manage back and joint pain, recover from injuries, prepare for surgery, and more. This program uses personalized plans, 15-minute sessions and one-on-one support to help improve your health. Learn more at [hinge.health/massgov](https://hinge.health/massgov).

## • GLP-1 Medication Coverage for the Treatment of Obesity

Coverage for GLP-1 medications prescribed for the treatment of obesity only, under GIC health plans, will end at the end of Fiscal Year 2026 (FY2026), June 30, 2026 for non-Medicare plan members and on December 31, 2026 for Medicare plan members. As the GLP-1 prescription drug landscape continues to evolve, members are encouraged to stay informed. For the most up-to-date information, please visit the GIC's website at [mass.gov/gic](https://mass.gov/gic).

## • PrudentRx (non-Medicare plan members)

Effective, July 1, 2026, the CVS Caremark PrudentRx program will provide \$0 out-of-pocket cost on eligible specialty medications after any applicable deductible. Members taking specialty medications will be automatically enrolled and will receive communications with program details. While members may opt out, those who do will be responsible for the full 30% coinsurance, even after meeting the deductible.

## • Flexible Spending Account (employees only)

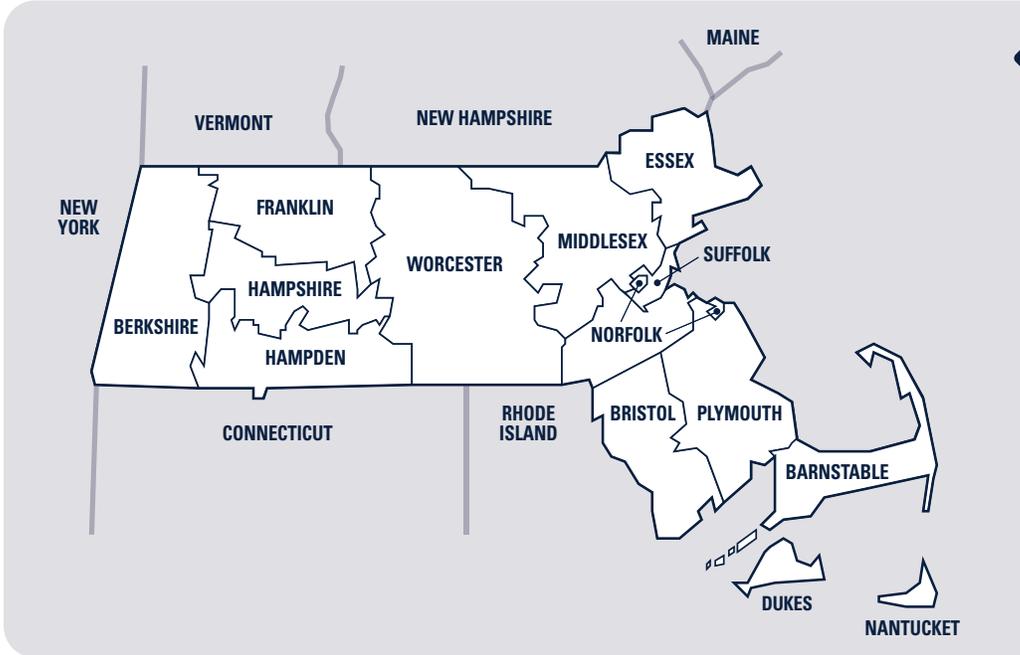
There is a new Flexible Spending Account administrator, Ameriflex. Ameriflex will also administer the current plan year (July 1, 2025 - June 30, 2026) grace period (through September 15, 2026) and any claims filed after July 1, 2026. View page 8 for more information.

# Health Insurance Plan Locator Map (Employees)



## Where you live determines which health insurance plan you may enroll in.

Please review the map and information below to determine which plan you are eligible to enroll in. Ensure your plan's provider network includes your area of residence prior to enrollment.



The **BOLD** text is a shortened version of the full plan name. These names are used to indicate which plan is available in each county.

**ACCESS** – Harvard Pilgrim Access America

**TOTAL** – Wellpoint Total Choice

**EXPLORER** – Harvard Pilgrim Explorer

**PLUS** – Wellpoint Plus

**COMPLETE** – Mass General Brigham Health Plan Complete

**QUALITY** – Harvard Pilgrim Quality

**COMMUNITY** – Wellpoint Community Choice

**HNE** – Health New England

## OUTSIDE OF MASSACHUSETTS

Wellpoint Total Choice is the only health insurance plan offered by the GIC that is available for members living outside of the US.

Harvard Pilgrim Access America is the only plan offered by the GIC that is available for members living outside of New England (CT, ME, MA, NH, RI, and VT).

**CONNECTICUT\***  
Total, Explorer, Plus

**MAINE**  
Total, Explorer, Plus

**NEW HAMPSHIRE**  
Total, Explorer, Plus

**NEW YORK**  
Access

**RHODE ISLAND**  
Total, Explorer, Plus

**VERMONT**  
Total, Explorer, Plus

**BARNSTABLE**  
Total, Explorer, Plus, Complete, Community

**BERKSHIRE**  
Total, Explorer, Plus, Complete, Quality, Community, HNE

**BRISTOL**  
Total, Explorer, Plus, Complete, Quality, Community

**DUKES**  
Total, Explorer, Plus, Complete

**ESSEX**  
Total, Explorer, Plus, Complete, Quality, Community

**FRANKLIN**  
Total, Explorer, Plus, Complete, Quality, Community, HNE

**HAMPDEN**  
Total, Explorer, Plus, Complete, Quality, Community, HNE

**HAMPSHIRE**  
Total, Explorer, Plus, Complete, Quality, Community, HNE

**MIDDLESEX**  
Total, Explorer, Plus, Complete, Quality, Community

**NANTUCKET**  
Total, Explorer, Plus, Complete

**NORFOLK**  
Total, Explorer, Plus, Complete, Quality, Community

**PLYMOUTH**  
Total, Explorer, Plus, Complete, Quality, Community

**SUFFOLK**  
Total, Explorer, Plus, Complete, Quality, Community

**WORCESTER**  
Total, Explorer, Plus, Complete, Quality, Community, HNE

\* For residents of CT, members residing near the MA border may enroll in HNE (review HNE's website for provider and network information). Note: If you are a New England resident who covers dependent family member(s) who live in a state outside of New England, you may select the Total, Explorer and Plus health insurance plans – contact the plans for details regarding their national networks/out of area coverage. For all other health insurance plans, your dependents may only have emergency coverage while out of the plan's service area. You should contact the health insurance plans directly for details. Please view page 23 for health insurance plan contact information.

# Health Insurance Plan Rates (Employees)



		Monthly GIC Health Plan Rates Effective July 1, 2026			
		EMPLOYEES HIRED BEFORE JULY 1, 2003		EMPLOYEES HIRED ON OR AFTER JULY 1, 2003	
		20%		25%	
		Employee Pays Monthly		Employee Pays Monthly	
<b>BASIC LIFE INSURANCE ONLY – \$10,000 Coverage<sup>1</sup></b>		\$2.56		\$3.20	
<b>HEALTH Insurance Plans</b> (Premium includes Basic Life Insurance)	<b>PLAN NETWORK</b>	<b>INDIVIDUAL</b>	<b>FAMILY</b>	<b>INDIVIDUAL</b>	<b>FAMILY</b>
<b>Harvard Pilgrim Access America</b> PPO	<b>National</b>	\$304.07	\$675.61	\$380.09	\$844.52
<b>Wellpoint Total Choice</b> INDEMNITY	<b>Broad</b>	\$367.13	\$813.71	\$458.91	\$1,017.14
<b>Wellpoint PLUS</b> PPO-TYPE		\$234.20	\$556.81	\$292.75	\$696.02
<b>Harvard Pilgrim Explorer</b> POS		\$260.16	\$641.56	\$325.21	\$801.95
<b>Mass General Brigham Health Plan Complete</b> HMO		\$248.83	\$656.42	\$311.04	\$820.53
<b>Harvard Pilgrim Quality</b> HMO	<b>Limited</b>	\$195.40	\$494.43	\$244.26	\$618.04
<b>Wellpoint Community Choice</b> PPO-TYPE		\$182.85	\$452.68	\$228.57	\$565.85
<b>Health New England</b> HMO	<b>Regional</b>	\$182.56	\$435.51	\$228.20	\$544.39

<sup>1</sup> If you wish to keep your GIC health insurance coverage, you must be enrolled in basic life insurance.

## Employee Pre-Tax Premium Deductions

The Commonwealth deducts your share of basic life and health insurance premiums on a pre-tax basis. During Annual Enrollment, or when you experience a qualifying event as outlined on the pre-tax form, you may change the tax status of your premiums:

- If your deductions are taken on a pre-tax basis, you may elect to have them taxed, effective July 1, 2026.
- If your deductions are taken on an after-tax basis, you may switch to pre-tax effective July 1, 2026.

**Contact your payroll coordinator with questions.**

## Benefits-at-a-Glance (Employees)



HEALTH INSURANCE PLANS	NATIONAL NETWORK	BROAD NETWORK		
	HARVARD PILGRIM ACCESS AMERICA	WELLPOINT TOTAL CHOICE	WELLPOINT PLUS	HARVARD PILGRIM EXPLORER
<b>GEOGRAPHIC ELIGIBILITY</b> (See Health Insurance Plan Locator Map, page 4)	U.S. Outside New England	New England	New England	New England
<b>PLAN TYPE</b>	PPO	INDEMNITY	PPO-TYPE	POS
<b>PCP Designation Required?</b>	No	No	No	Yes
<b>PCP Referral to Specialist Required?</b>	No	No	No	Yes
<b>Out-of-pocket Maximum</b> Individual coverage Family coverage	\$5,000 \$10,000	\$5,000 \$10,000	\$5,000 \$10,000	\$5,000 \$10,000
<b>Fiscal Year Deductible</b> Individual / Family	\$500 / \$1,000	\$500 / \$1,000	\$500 / \$1,000	\$500 / \$1,000
<b>Primary Care Provider</b> Office Visit	\$20 / visit	\$20 / visit	Tier 1: \$10 / visit Tier 2: \$20 / visit Tier 3: \$40 / visit	Tier 1: \$10 / visit Tier 2: \$20 / visit Tier 3: \$40 / visit
<b>Preventive Services</b>	Most covered at 100% - no copay	Most covered at 100% - no copay	Most covered at 100% - no copay	Most covered at 100% - no copay
<b>Specialist Physician Office Visit</b> Tier 1 / Tier 2 / Tier 3	\$45 / visit (no tiering)	\$45 / visit (no tiering)	\$30 / \$60 / \$75 / visit	\$30 / \$60 / \$75 / visit
<b>Retail Clinic and Urgent Care Center</b>	\$20 / visit	\$20 / visit	\$20 / visit	\$20 / visit
<b>Outpatient Behavioral Health/ Substance Use Disorder Care</b>	\$20 / visit	\$20 / visit	\$10 / visit	\$10 / visit
<b>Emergency Room Care</b>	\$100 / visit (waived if admitted)	\$100 / visit (waived if admitted)	\$100 / visit (waived if admitted)	\$100 / visit (waived if admitted)
<b>Inpatient Hospital Care - Medical</b>	<b>Maximum one copay per person per calendar year quarter. Waived if readmitted within 30 days in the same calendar year.</b>			
<b>Tier 1 / Tier 2 / Tier 3</b>	\$275 / admission no tiering	\$275 / admission no tiering	\$275 / \$500 / \$1,500 / admission	\$275 / \$500 / \$1,500 / admission
<b>Outpatient Surgery</b>				
<b>Eye &amp; GI procedures at freestanding facilities in Massachusetts</b>	\$150	\$150	\$150	\$150
All other in Massachusetts	\$250	\$250	\$250	\$250
<b>High-Tech Imaging</b> (e.g., MRI, CT & PET scans)	<b>Maximum one copay per day. Contact the carrier for details.</b>			
	\$100 / scan	\$100 / scan	\$100 / scan	\$100 / scan
<b>Prescription Drugs</b>	<b>Prescription Drug Deductible: \$100 Individual / \$200 Family</b>			
<b>Retail</b> (up to a 30-day supply) Tier 1 / Tier 2 / Tier 3	\$10 / \$30 / \$65	\$10 / \$30 / \$65	\$10 / \$30 / \$65	\$10 / \$30 / \$65
<b>Mail Order Maintenance Drugs</b> (up to a 90-day supply) Tier 1 / Tier 2 / Tier 3	\$25 / \$75 / \$165	\$25 / \$75 / \$165	\$25 / \$75 / \$165	\$25 / \$75 / \$165

If you participate in a non-Medicare plan, GIC protects you from balance billing under Massachusetts General Law Chapter 32A, §20.

If you receive covered, medically necessary medical care in *Massachusetts*, doctors, hospitals, and other medical providers may only collect the amount covered by your GIC plan. You are still responsible for your share of the plan's copays, deductibles, and any other eligible medical out-of-pocket costs, but not any excess.

Always compare bills to the Explanation of Benefits (EOB) statement provided by your GIC health carrier. If you are not sure your invoice is a balance bill, call your health carrier. If it is a balance bill, advise your provider that as a GIC member, you are not liable for their excess compensation. If your provider persists in efforts to collect, contact the Group Insurance Commission.

## Benefits-at-a-Glance (Employees)



BROAD NETWORK	LIMITED NETWORK		REGIONAL NETWORK
MASS GENERAL BRIGHAM HEALTH PLAN COMPLETE	HARVARD PILGRIM QUALITY	WELLPOINT COMMUNITY CHOICE	HEALTH NEW ENGLAND
All of Mass	Most of Mass	Most of Mass	Western Mass
HMO	HMO	PPO-TYPE	HMO
Yes	Yes	No	Yes
Yes	Yes	No	No
\$5,000 \$10,000	\$5,000 \$10,000	\$5,000 \$10,000	\$5,000 \$10,000
\$500 / \$1,000	\$400 / \$800	\$400 / \$800	\$400 / \$800
Tier 1: \$10 / visit Tier 2: \$20 / visit Tier 3: \$40 / visit	\$20 / visit	\$20 / visit	\$20 / visit
Most covered at 100% - no copay	Most covered at 100% - no copay	Most covered at 100% - no copay	Most covered at 100% - no copay
\$30 / \$60 / \$75 / visit	\$30 / \$60 / visit (no Tier 3)	\$30 / \$60 / \$75 / visit	\$30 / \$60 / visit (no Tier 3)
\$20 / visit	\$20 / visit	\$20 / visit	\$20 / visit
\$10 / visit	\$20 / visit	\$20 / visit	\$20 / visit
\$100 / visit (waived if admitted)	\$100 / visit (waived if admitted)	\$100 / visit (waived if admitted)	\$100 / visit (waived if admitted)
<b>Maximum one copay per person per calendar year quarter. Waived if readmitted within 30 days in the same calendar year.</b>			
\$275 / \$500 / \$1,500 / admission	\$275 / \$500 / admission (no Tier 3)	\$275 / admission no tiering	\$275 / admission no tiering
\$150	\$150	\$150	\$150
\$250	\$250	\$250	\$250
<b>Maximum one copay per day. Contact the carrier for details.</b>			
\$100 / scan	\$100 / scan	\$100 / scan	\$100 / scan
<b>Prescription Drug Deductible: \$100 Individual / \$200 Family</b>			
\$10 / \$30 / \$65	\$10 / \$30 / \$65	\$10 / \$30 / \$65	\$10 / \$30 / \$65
\$25 / \$75 / \$165	\$25 / \$75 / \$165	\$25 / \$75 / \$165	\$25 / \$75 / \$165

You pay both a copay and a deductible for some services. For details, see your plan's schedule of benefits at [mass.gov/GIC](https://mass.gov/GIC).

**Out-of-pocket maximums** apply to medical and behavioral health benefits across all health insurance plans.

**Prescription drug (Rx) benefits** are included in the out-of-pocket maximums for all health insurance plans.

## Mass4YOU: Employee Assistance Program (EAP)



Mass4YOU is a free Employee Assistance Program, administered by Optum, and available to all state and municipal employees and their families who are eligible for GIC benefits.

GIC health insurance coverage is not required to access the many Mass4YOU work/life and other support services. Through Mass4YOU, eligible employees and their families can find easy access to a comprehensive suite of free, confidential support available 24/7, including:

- Eight free coaching sessions and three in-person virtual, telephone, or in-person therapy visits per issue, per year
- 30-minute telephone or in-person legal or mediation consultation per issue per year
- Guidance from a financial coach to help with debt, foreclosure, financial planning, and more
- Referrals for a variety of Work-Life convenience services: child care, elder care and more
- Access to Mass4YOU's 24/7 confidential substance abuse treatment helpline and a licensed clinician

**No formal enrollment is required. Stay up-to-date on all Mass4YOU benefits by visiting [supportfinder.optum.com/mass4you](https://supportfinder.optum.com/mass4you).**

**QUESTIONS?**  
CONTACT  
MASS4YOU



[supportfinder.optum.com/mass4you](https://supportfinder.optum.com/mass4you)



1.844.263.1982 | TTY Support: 711 +1.844.263.1982  
Substance Use Treatment Helpline: 1.855.780.5955

## Flexible Spending Accounts (Employees)



There are two types of FSA plans available to eligible GIC members, a Healthcare Flexible Spending Account (FSA), which is used to pay for medical expenses for you and your eligible dependents; and a Dependent Care Account FSA (DCA), which can be used to pay for childcare or assistance with disabled adult dependents. Both of these plans lower your income tax liability by the amount of your deductions.

***In exchange for the tax savings that these programs offer, the IRS imposes a use-it-or-lose-it rule. This means that you must use all the money in your account by the end of the plan year, or you lose that money, subject to the grace period.***

### Eligibility & Enrollment

Active state employees who are eligible for GIC benefits may enroll in a Flexible Spending Account and/or Dependent Care FSA Account for the upcoming plan year (July 1, 2026 - June 30, 2027) during Annual Enrollment. **Even if you are enrolled in one or both FSAs this year, you must re-enroll if you wish to participate in Fiscal Year 2027 (July 1, 2026 - June 30, 2027).**

- **New state employees and employees who experience a qualifying event** during the year may enroll in an FSA for partial-year benefits. For the Healthcare FSA, new hire participation begins at the same time as other GIC benefits. For the Dependent Care FSA, participation begins on the first day of employment.

**To enroll in an FSA, learn more about Healthcare and Dependent Care FSAs, and view other eligible expenses, go to [myameriflex.com/massgic](https://myameriflex.com/massgic).** Additional enrollment instructions can be found on the website; be sure to have your employee ID, agency and department name available.

# Flexible Spending Accounts continued (Employees)



## KEY FSA DATES | Annual Enrollment: April 1 – May 1, 2026

Plan Year: July 1, 2025 – June 30, 2026	Plan Year: July 1, 2026 – June 30, 2027
<ul style="list-style-type: none"> <li>• <b>2½ month Grace Period:</b> July 1 – Sept. 15, 2026</li> <li>• <b>Claim filing deadline:</b> October 15, 2026</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2½ month Grace Period:</b> July 1 – Sept. 15, 2027</li> <li>• <b>Claim filing deadline:</b> October 15, 2027</li> </ul>

### Grace Period

The GIC's FSA plans have a 2.5 month grace period, with an additional month allowed for claim submissions. This means that you will have until September 15 to incur claims (based on date of service) for a plan year that ended on June 30. You will then have until October 15 to submit those claims for reimbursement. During the grace period from a previous year, if there is also an election for the current year, any available funds from the previous year will be used first to pay for qualifying claims on both FSA plans.

Members may still add, change, or stop participation in either or both FSA plans in response to a qualifying life event, such as marriage, divorce, birth of a child, change in employment, or (DCA only) change in childcare provider. You can enroll in a Healthcare FSA for as little as \$250 or as much as \$3,400/year. You can enroll in a Dependent Care FSA for as little as \$250 and as much as \$7500/year (or \$3,750 if married and filing separate tax returns).

### How can an FSA save you money?

With an FSA, you set aside money every paycheck on an income tax-free basis. You can use this money during the year to pay for eligible expenses — tax free. Please review examples below:

BREAKDOWN OF PAYCHECK & DEDUCTIONS	NOT PARTICIPATING IN HCSA OR DCAP PLAN	PARTICIPATING IN HCSA OR DCAP PLAN
<b>Gross Yearly Pay</b>	\$70,000	\$70,000
<b>Healthcare FSA Annual Contribution (Pre-Tax)</b>	\$0	(\$2,000)
<b>Dependent Care FSA Annual Contribution (Pre-Tax)</b>	\$0	(\$4,000)
<b>Taxable Income</b>	\$70,000	\$64,000
<b>Sample Income Tax Withholdings of 25%</b>	(\$17,500)	(\$16,000)
<b>Yearly Health Care Expenses</b>	(\$2,000 post-tax)	\$2,000 (Claims reimbursed)
<b>Yearly Daycare Expenses</b>	(\$4,000 post-tax)	\$4,000 (Claims reimbursed)
<b>Net Available Income</b>	<b>\$46,500</b>	<b>\$48,000</b>

**QUESTIONS?**  
CONTACT TOTAL AMERIFLEX



[myameriflex.com/massgic](https://myameriflex.com/massgic)



Toll Free: 888-868-3539

## Long Term Disability (Employees)



LTD insurance, offered by MetLife, is an income replacement program that financially protects you and your family in the event you become disabled and are unable to perform the material and substantial duties of your job. If you are unable to work for 90 consecutive days due to illness or injury, this program provides income replacement. Benefits include:

- A tax-free benefit of 55% of a participant's gross monthly salary, up to a maximum benefit of \$10,000 per month, up to the age of 65. If a participant is disabled on or after age 62, benefits may continue after age 65;
- Access to TELUS, a virtual Cognitive Behavioral Therapy (CBT) service available to LTD participants and their dependents age 18+;
- A benefit for partial disabilities;
- A 36-month benefit for behavioral health disabilities;
- A rehabilitation and return-to-work assistance benefit;
- A dependent care expense benefit; and
- Partial benefits, even if you are receiving other income benefits, with a minimum of \$100 or 10% of your gross monthly benefit amount – whichever is higher.

### Eligibility and Enrollment

Active state employees who are eligible for GIC benefits are also eligible for LTD.

**Current State Employees:** All eligible employees may apply at any time during the year. After you apply, you will receive instructions for completing an evidence of insurability application for MetLife's review and approval. The GIC will determine the effective date if MetLife approves your application.

**New State Employees:** Eligible employees have 21 days to enroll in LTD. The 21 day deadline includes the date of hire.

MONTHLY LTD RATES EFFECTIVE JULY 1, 2026	
ACTIVE EMPLOYEE AGE	EMPLOYEE PREMIUM Per \$100 of Monthly Earnings
Under Age 24	\$0.05
25 - 29	\$0.06
30 - 34	\$0.10
35 - 39	\$0.11
40 - 44	\$0.26
45 - 49	\$0.36
50 - 54	\$0.42
55 - 59	\$0.53
60 - 64	\$0.51
65 - 69	\$0.29
70 and over	\$0.18

## Life and Accidental Death & Dismemberment Insurance (Employees)

Life and Accidental Death & Dismemberment (AD&D) insurance, offered by MetLife, helps provide for your beneficiary's well-being in the event of a serious accident or death. This benefit is paid to your designated beneficiary(ies). This is term insurance, which means it does not have any cash surrender value. Benefits are paid to your beneficiary(ies), so it is important to keep your beneficiary designation up to date.

You may buy additional coverage of up to eight times your annual salary, to a maximum benefit of \$1.5 million. You pay the full cost of this benefit. You must be enrolled in basic life insurance in order to be eligible for optional life insurance.

- **Current State Employees:** State employees actively at work may apply for the first time or apply to increase their coverage at any time during the year. After you apply, you will receive instructions for completing an evidence of insurability application for MetLife's review and approval. The GIC will determine the effective date if MetLife approves your application.
- **New State Employees:** Eligible employees have 21 days to enroll in Optional Life insurance. The 21 day deadline includes the date of hire.

### Notes:

- If you experience a qualified family status change during the year, you may enroll in or increase your optional life insurance amount without providing evidence of insurability. You must provide the GIC with proof of your status change within 60 days. Total optional life insurance coverage is limited to an amount not to exceed four times your salary.
- Optional Life Insurance Non-Smoker Rate: State employees who have been tobacco-free are eligible for reduced non-smoker optional life insurance rates effective July 1, 2026. This benefit is only available for enrollment during the GIC's spring Annual Enrollment period. For more information, including when and how to enroll or update this benefit, please visit [bit.ly/giclifeandadd](http://bit.ly/giclifeandadd).

MONTHLY GIC LIFE INSURANCE  
Plan Rates (INCLUDING AD&D)  
Effective July 1, 2026  
Per \$1,000 of Coverage

EMPLOYEE AGE	EMPLOYEE NON-SMOKER RATE	EMPLOYEE SMOKER RATE
Under Age 35	\$0.04	\$0.10
35 - 44	\$0.05	\$0.12
45 - 49	\$0.06	\$0.19
50 - 54	\$0.13	\$0.31
55 - 59	\$0.19	\$0.49
60 - 64	\$0.28	\$0.73
65 - 69	\$0.65	\$1.37
70 and over	\$1.09	\$2.49

Note: premium rates increase for Optional Life Insurance as you age.

QUESTIONS?  
CONTACT METLIFE



[metlife.com/gicbenefits](http://metlife.com/gicbenefits)



1.877.355.6277

# GIC Dental/Vision Plan (Employees)



## Eligibility

The GIC Dental/Vision Plan covers state employees who are not covered by collective bargaining or do not have another dental or vision plan through the Commonwealth. The plan primarily covers managers, legislators, legislative staff, and certain Executive Office staff. Employees of authorities, municipalities, and higher education are not eligible for the GIC Dental/Vision Plan.

## Enrollment

During Annual Enrollment or within 60 days of a qualifying event, you may enroll in or update your GIC Dental/ Vision Plan.

**New State Employees:** Eligible employees may enroll in the Dental/Vision Plan within 21 days from date of hire. The 21 day deadline includes the date of hire.

### DENTAL BENEFITS



Altus Dental is the dental plan carrier. You have two plan options from which to choose:

- The **PPO (Value) Plan**, and
- The **Indemnity (Classic) Plan**

With Altus Preventive Rewards, most of your preventive and diagnostic dental services don't count toward your policy year maximum. This is a great way to stretch your benefit dollars.

For more information, including covered services, out-of-network benefits, and providers, contact Altus Dental.



[altusdental.com/gic](https://altusdental.com/gic)



1.833.442.0411

For more information, including copay amounts, providers, and discount programs, contact Altus Dental.

### VISION BENEFITS



Altus Vision, in partnership with VSP Vision Care, offers a comprehensive vision plan that provides coverage for a full range of vision care services, including:

- Routine eye examinations
- Fashion and designer frames
- Lenses
- Scratch-resistant lens coating

## GIC Dental/Vision Plan Rates

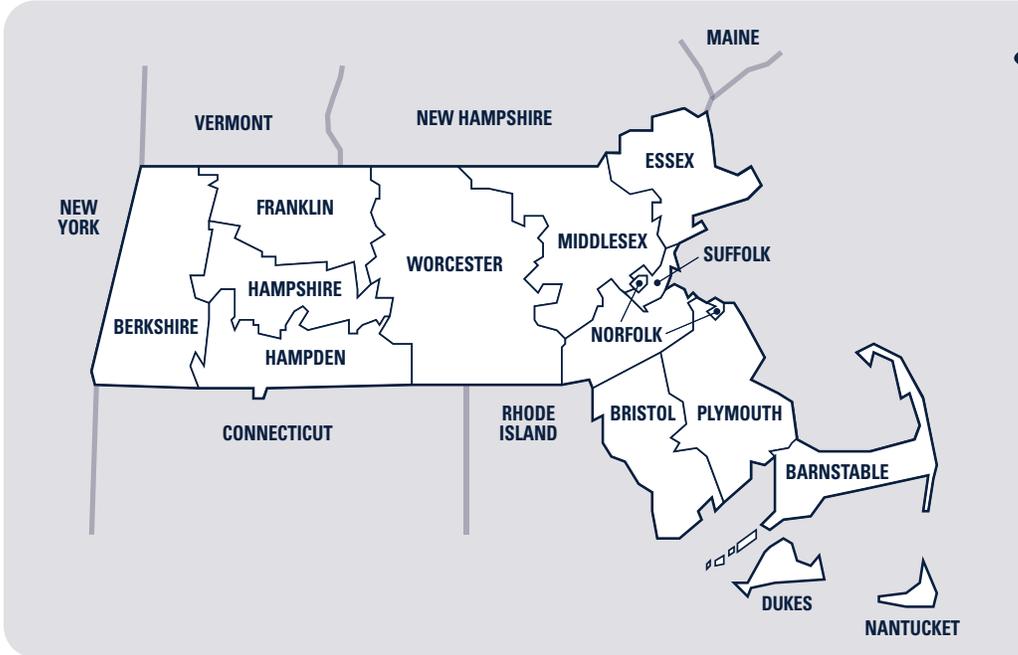
PLAN	MONTHLY GIC DENTAL/VISION RATES – Effective July 1, 2026	
	INDIVIDUAL COVERAGE	FAMILY COVERAGE
PPO (Value) Plan	\$4.99	\$15.37
Indemnity (Classic) Plan	\$6.83	\$21.09

# Health Insurance Plan Locator Map (Non-Medicare Retirees)



## Where you live determines which health insurance plan you may enroll in.

Please review the map and information below to determine which plan you are eligible to enroll in. Ensure your plan's provider network includes your area of residence prior to enrollment.



The **BOLD** text is a shortened version of the full plan name. These names are used to indicate which plan is available in each county.

**ACCESS** - Harvard Pilgrim Access America

**TOTAL** - Wellpoint Total Choice

**EXPLORER** - Harvard Pilgrim Explorer

**PLUS** - Wellpoint Plus

**COMPLETE** - Mass General Brigham Health Plan Complete

**QUALITY** - Harvard Pilgrim Quality

**COMMUNITY** - Wellpoint Community Choice

**HNE** - Health New England

### OUTSIDE OF MASSACHUSETTS

Wellpoint Total Choice is the only health insurance plan offered by the GIC that is available for members living outside of the US.

Harvard Pilgrim Access America is the only plan offered by the GIC that is available for members living outside of New England (CT, ME, MA, NH, RI, and VT).

**CONNECTICUT\***  
Total, Explorer, Plus

**MAINE**  
Total, Explorer, Plus

**NEW HAMPSHIRE**  
Total, Explorer, Plus

**NEW YORK**  
Access

**RHODE ISLAND**  
Total, Explorer, Plus

**VERMONT**  
Total, Explorer, Plus

### BARNSTABLE

Total, Explorer, Plus, Complete, Community

### BERKSHIRE

Total, Explorer, Plus, Complete, Quality, Community, HNE

### BRISTOL

Total, Explorer, Plus, Complete, Quality, Community

### DUKES

Total, Explorer, Plus, Complete

### ESSEX

Total, Explorer, Plus, Complete, Quality, Community

### FRANKLIN

Total, Explorer, Plus, Complete, Quality, Community, HNE

### HAMPDEN

Total, Explorer, Plus, Complete, Quality, Community, HNE

### HAMPSHIRE

Total, Explorer, Plus, Complete, Quality, Community, HNE

### MIDDLESEX

Total, Explorer, Plus, Complete, Quality, Community

### NANTUCKET

Total, Explorer, Plus, Complete

### NORFOLK

Total, Explorer, Plus, Complete, Quality, Community

### PLYMOUTH

Total, Explorer, Plus, Complete, Quality, Community

### SUFFOLK

Total, Explorer, Plus, Complete, Quality, Community

### WORCESTER

Total, Explorer, Plus, Complete, Quality, Community, HNE

\* For residents of CT, members residing near the MA border may enroll in HNE (review HNE's website for provider and network information). Note: If you are a New England resident who covers dependent family member(s) who live in a state outside of New England, you may select the Total, Explorer and Plus health insurance plans - contact the plans for details regarding their national networks/out of area coverage. For all other health insurance plans, your dependents may only have emergency coverage while out of the plan's service area. You should contact the health insurance plans directly for details. Please view page 23 for health insurance plan contact information.

# Health Insurance Plan Rates (Non-Medicare Retirees)



## Monthly GIC Health Plan Rates Effective July 1, 2026

		Monthly GIC Health Plan Rates Effective July 1, 2026					
		NON-MEDICARE RETIREES Retired on or before July 1, 1994 and SURVIVORS <sup>1</sup>		NON-MEDICARE RETIREES Retired after July 1, 1994 and who filed for retirement on or before October 1, 2009		NON-MEDICARE RETIREES who filed for retirement after October 1, 2009	
		10%		15%		20%	
		Retiree/Survivor Pays Monthly		Retiree Pays Monthly		Retiree Pays Monthly	
BASIC LIFE INSURANCE ONLY – \$10,000 Coverage		\$1.28		\$1.92		\$2.56	
HEALTH INSURANCE PLANS (Premium includes Basic Life Insurance)	PLAN NETWORK	INDIVIDUAL	FAMILY	INDIVIDUAL	FAMILY	INDIVIDUAL	FAMILY
Harvard Pilgrim Access America PPO	National	\$152.04	\$337.81	\$228.05	\$506.71	\$304.07	\$675.61
Wellpoint Total Choice INDEMNITY	Broad	\$183.56	\$406.86	\$275.35	\$610.29	\$367.13	\$813.71
Wellpoint PLUS PPO-TYPE		\$117.10	\$278.41	\$175.65	\$417.61	\$234.20	\$556.81
Harvard Pilgrim Explorer POS		\$130.08	\$320.78	\$195.12	\$481.17	\$260.16	\$641.56
Mass General Brigham Health Plan Complete HMO		\$124.41	\$328.21	\$186.62	\$492.32	\$248.83	\$656.42
Harvard Pilgrim Quality HMO	Limited	\$97.70	\$247.22	\$146.55	\$370.83	\$195.40	\$494.43
Wellpoint Community Choice PPO-TYPE		\$91.43	\$226.34	\$137.14	\$339.51	\$182.85	\$452.68
Health New England HMO	Regional	\$91.28	\$217.76	\$136.92	\$326.63	\$182.56	\$435.51

<sup>1</sup> Survivors are not eligible for life insurance. For monthly health insurance premium cost, deduct \$1.28 from monthly "Retiree/Survivor Pays Monthly" premium.

## Benefits-at-a-Glance (Non-Medicare Retirees)



HEALTH INSURANCE PLANS	NATIONAL NETWORK	BROAD NETWORK		
	HARVARD PILGRIM ACCESS AMERICA	WELLPOINT TOTAL CHOICE	WELLPOINT PLUS	HARVARD PILGRIM EXPLORER
<b>GEOGRAPHIC ELIGIBILITY</b> (See Health Insurance Plan Locator Map, page 12)	U.S. Outside New England	New England	New England	New England
<b>PLAN TYPE</b>	PPO	INDEMNITY	PPO-TYPE	POS
<b>PCP Designation Required?</b>	No	No	No	Yes
<b>PCP Referral to Specialist Required?</b>	No	No	No	Yes
<b>Out-of-pocket Maximum</b> Individual coverage Family coverage	\$5,000 \$10,000	\$5,000 \$10,000	\$5,000 \$10,000	\$5,000 \$10,000
<b>Fiscal Year Deductible</b> Individual / Family	\$500 / \$1,000	\$500 / \$1,000	\$500 / \$1,000	\$500 / \$1,000
<b>Primary Care Provider</b> Office Visit	\$20 / visit	\$20 / visit	Tier 1: \$10 / visit Tier 2: \$20 / visit Tier 3: \$40 / visit	Tier 1: \$10 / visit Tier 2: \$20 / visit Tier 3: \$40 / visit
<b>Preventive Services</b>	Most covered at 100% - no copay	Most covered at 100% - no copay	Most covered at 100% - no copay	Most covered at 100% - no copay
<b>Specialist Physician Office Visit</b> Tier 1 / Tier 2 / Tier 3	\$45 / visit (no tiering)	\$45 / visit (no tiering)	\$30 / \$60 / \$75 / visit	\$30 / \$60 / \$75 / visit
<b>Retail Clinic and Urgent Care Center</b>	\$20 / visit	\$20 / visit	\$20 / visit	\$20 / visit
<b>Outpatient Behavioral Health/ Substance Use Disorder Care</b>	\$20 / visit	\$20 / visit	\$10 / visit	\$10 / visit
<b>Emergency Room Care</b>	\$100 / visit (waived if admitted)	\$100 / visit (waived if admitted)	\$100 / visit (waived if admitted)	\$100 / visit (waived if admitted)
<b>Inpatient Hospital Care - Medical</b>	<b>Maximum one copay per person per calendar year quarter. Waived if readmitted within 30 days in the same calendar year.</b>			
<b>Tier 1 / Tier 2 / Tier 3</b>	\$275 / admission no tiering	\$275 / admission no tiering	\$275 / \$500 / \$1,500 / admission	\$275 / \$500 / \$1,500 / admission
<b>Outpatient Surgery</b>	<b>Maximum one copay per day. Contact the carrier for details.</b>			
<b>Eye &amp; GI procedures at freestanding facilities in Massachusetts</b>	\$150	\$150	\$150	\$150
<b>All other in Massachusetts</b>	\$250	\$250	\$250	\$250
<b>High-Tech Imaging</b> (e.g., MRI, CT & PET scans)	\$100 / scan	\$100 / scan	\$100 / scan	\$100 / scan
<b>Prescription Drugs</b>	<b>Prescription Drug Deductible: \$100 Individual / \$200 Family</b>			
<b>Retail</b> (up to a 30-day supply) Tier 1 / Tier 2 / Tier 3	\$10 / \$30 / \$65	\$10 / \$30 / \$65	\$10 / \$30 / \$65	\$10 / \$30 / \$65
<b>Mail Order Maintenance Drugs</b> (up to a 90-day supply) Tier 1 / Tier 2 / Tier 3	\$25 / \$75 / \$165	\$25 / \$75 / \$165	\$25 / \$75 / \$165	\$25 / \$75 / \$165

If you participate in a non-Medicare plan, GIC protects you from balance billing under Massachusetts General Law Chapter 32A, §20.

If you receive covered, medically necessary medical care in Massachusetts, doctors, hospitals, and other medical providers may only collect the amount covered by your GIC plan. You are still responsible for your share of the plan's copays, deductibles, and any other eligible medical out-of-pocket costs, but not any excess.

Always compare bills to the Explanation of Benefits (EOB) statement provided by your GIC health carrier. If you are not sure your invoice is a balance bill, call your health carrier. If it is a balance bill, advise your provider that as a GIC member, you are not liable for their excess compensation. If your provider persists in efforts to collect, contact the Group Insurance Commission.

## Benefits-at-a-Glance (Non-Medicare Retirees)



BROAD NETWORK	LIMITED NETWORK		REGIONAL NETWORK
MASS GENERAL BRIGHAM HEALTH PLAN COMPLETE	HARVARD PILGRIM QUALITY	WELLPOINT COMMUNITY CHOICE	HEALTH NEW ENGLAND
All of Mass	Most of Mass	Most of Mass	Western Mass
HMO	HMO	PPO-TYPE	HMO
Yes	Yes	No	Yes
Yes	Yes	No	No
\$5,000 \$10,000	\$5,000 \$10,000	\$5,000 \$10,000	\$5,000 \$10,000
\$500 / \$1,000	\$400 / \$800	\$400 / \$800	\$400 / \$800
Tier 1: \$10 / visit Tier 2: \$20 / visit Tier 3: \$40 / visit	\$20 / visit	\$20 / visit	\$20 / visit
Most covered at 100% - no copay	Most covered at 100% - no copay	Most covered at 100% - no copay	Most covered at 100% - no copay
\$30 / \$60 / \$75 / visit	\$30 / \$60 / visit (no Tier 3)	\$30 / \$60 / \$75 / visit	\$30 / \$60 / visit (no Tier 3)
\$20 / visit	\$20 / visit	\$20 / visit	\$20 / visit
\$10 / visit	\$20 / visit	\$20 / visit	\$20 / visit
\$100 / visit (waived if admitted)	\$100 / visit (waived if admitted)	\$100 / visit (waived if admitted)	\$100 / visit (waived if admitted)
<b>Maximum one copay per person per calendar year quarter. Waived if readmitted within 30 days in the same calendar year.</b>			
\$275 / \$500 / \$1,500 / admission	\$275 / \$500 / admission (no Tier 3)	\$275 / admission no tiering	\$275 / admission no tiering
\$150	\$150	\$150	\$150
\$250	\$250	\$250	\$250
<b>Maximum one copay per day. Contact the carrier for details.</b>			
\$100 / scan	\$100 / scan	\$100 / scan	\$100 / scan
<b>Prescription Drug Deductible: \$100 Individual / \$200 Family</b>			
\$10 / \$30 / \$65	\$10 / \$30 / \$65	\$10 / \$30 / \$65	\$10 / \$30 / \$65
\$25 / \$75 / \$165	\$25 / \$75 / \$165	\$25 / \$75 / \$165	\$25 / \$75 / \$165

You pay both a copay and a deductible for some services. For details, see your plan's schedule of benefits at [mass.gov/GIC](https://mass.gov/GIC).

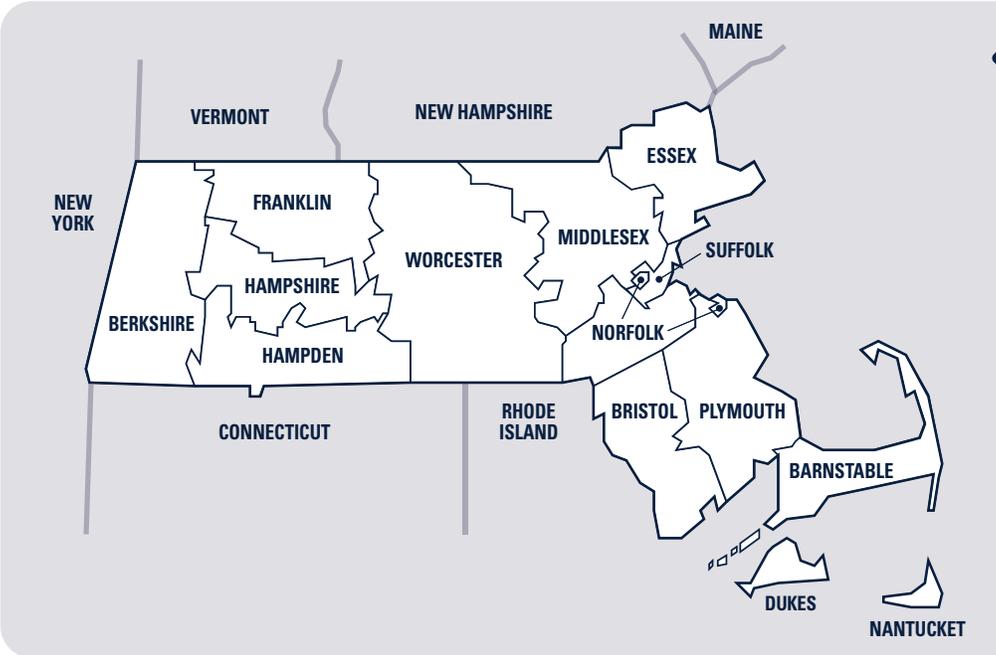
**Out-of-pocket maximums** apply to medical and behavioral health benefits across all health insurance plans. **Prescription drug (Rx) benefits** are included in the out-of-pocket maximums for all health insurance plans.

# Health Insurance Plan Locator Map (Medicare Retirees)



## Where you live determines which health insurance plan you may enroll in.

Please review the map and information below to determine which plan you are eligible to enroll in. Ensure your plan's provider network includes your area of residence prior to enrollment.



The **BOLD** text is a shortened version of the full plan name. These names are used to indicate which plan is available in each county.

**HPME** – Harvard Pilgrim Medicare Enhance

**HNEMSP** – Health New England Medicare Supplement Plus

**TMP** – Tufts Health Plan Medicare Preferred

**OME** – Wellpoint Medicare Extension

### OUTSIDE OF MASSACHUSETTS

Harvard Pilgrim Medicare Enhance, Health New England Medicare Supplement Plus, and Wellpoint Medicare Extension are available throughout the country.

### CONNECTICUT

HPME, HNEMSP, OME

### MAINE

HPME, HNEMSP, OME

### NEW HAMPSHIRE

HPME, HNEMSP, OME

### NEW YORK

HPME, HNEMSP, OME

### RHODE ISLAND

HPME, HNEMSP, OME

### VERMONT

HPME, HNEMSP, OME

### BARNSTABLE

HPME, HNEMSP, TMP, OME

### BERKSHIRE

HPME, HNEMSP, OME

### BRISTOL

HPME, HNEMSP, TMP, OME

### DUKES

HPME, HNEMSP, OME

### ESSEX

HPME, HNEMSP, TMP, OME

### FRANKLIN

HPME, HNEMSP, OME

### HAMPDEN

HPME, HNEMSP, TMP, OME

### HAMPSHIRE

HPME, HNEMSP, TMP, OME

### MIDDLESEX

HPME, HNEMSP, TMP, OME

### NANTUCKET

HPME, HNEMSP, OME

### NORFOLK

HPME, HNEMSP, TMP, OME

### PLYMOUTH

HPME, HNEMSP, TMP, OME

### SUFFOLK

HPME, HNEMSP, TMP, OME

### WORCESTER

HPME, HNEMSP, TMP, OME

# Health Insurance Plan Rates (Medicare Retirees)



		Monthly GIC Health Plan Rates Effective July 1, 2026		
		MEDICARE RETIREES  Retired on or before July 1, 1994 and SURVIVORS <sup>1</sup>	MEDICARE RETIREES  Retired after July 1, 1994 and who filed for retirement on or before October 1, 2009	MEDICARE RETIREES  who filed for retirement after October 1, 2009
		10%	15%	20%
		RETIREE/ SURVIVOR PAYS MONTHLY	RETIREE PAYS MONTHLY	RETIREE PAYS MONTHLY
<b>BASIC LIFE INSURANCE ONLY – \$10,000 Coverage</b>		\$1.28	\$1.92	\$2.56
HEALTH INSURANCE PLANS (Premium includes Basic Life Insurance)	PLAN NETWORK	PER PERSON	PER PERSON	PER PERSON
<b>Tufts Medicare Preferred<sup>2</sup></b> MEDICARE ADVANTAGE	Limited	\$41.86	\$62.79	\$83.72
<b>Harvard Pilgrim Medicare Enhance</b> MEDICARE SUPPLEMENT	National	\$51.50	\$77.26	\$103.01
<b>Health New England Medicare Supplement Plus</b> MEDICARE SUPPLEMENT		\$51.70	\$77.55	\$103.40
<b>Wellpoint Medicare Extension</b> MEDICARE SUPPLEMENT		\$50.93	\$76.39	\$101.85

<sup>1</sup> Survivors are not eligible for life insurance. For monthly health insurance premium cost, deduct \$1.28 from monthly “Retiree/Survivor Pays Monthly” premium.

<sup>2</sup> If you are electing to enroll in Tufts Medicare Preferred, please confirm that your PCP is in the plan’s network prior to enrolling.

# Benefits-at-a-Glance (Medicare Retirees)



Health Insurance Plans	MEDICARE ADVANTAGE	MEDICARE SUPPLEMENT		
	TUFTS HEALTH PLAN MEDICARE PREFERRED	HARVARD PILGRIM MEDICARE ENHANCE	HEALTH NEW ENGLAND MEDICARE SUPPLEMENT PLUS	WELLPOINT MEDICARE EXTENSION
<b>Geographic Eligibility</b> (See Health Insurance Plan Locator Map, page 16)	Most of Mass	National	National	National
<b>PLAN TYPE</b>	HMO	INDEMNITY	INDEMNITY	INDEMNITY
<b>PCP Designation Required?</b>	Yes	No	No	No
<b>PCP Referral to Specialist Required?</b>	Yes	No	No	No
<b>Calendar Year Deductible</b>	None	None	None	None
<b>Preventive Care Office visits according to health plan's schedule</b>	No Copay	No Copay	No Copay	No Copay
<b>Physician's Office Visit</b> (except behavioral health)	\$15 per visit	\$15 per visit	\$15 per visit	\$10 per visit
<b>Retail Clinic</b>	\$15 per visit	\$15 per visit	\$15 per visit	\$10 per visit
<b>Outpatient Behavioral Health / Substance Abuse Disorder Care</b>	\$15 per visit	\$15 per visit	\$15 per visit	First 4 visits: no copay; visits 5 and over: \$10 / visit
<b>Inpatient Hospital Care</b>	No Copay	No Copay	No Copay	No Copay
<b>Hospice Care</b>	No Copay	No Copay	No Copay	No Copay
<b>Diagnostic Laboratory Tests and X-Rays</b>	No Copay	No Copay	No Copay	No Copay
<b>Surgery Inpatient and Outpatient</b>	No Copay	No Copay	No Copay	No copay in MA and for out-of-state providers that accept Medicare; call the plan for details if using out-of-state providers that do not accept Medicare
<b>Emergency Room Care</b> (includes out-of-area)	\$50 per visit (waived if admitted)	\$50 per visit (waived if admitted)	\$50 per visit (waived if admitted)	\$50 per visit (waived if admitted)
<b>Hearing Aids</b>	First \$500 covered at 100%, 80% coverage of the next \$1,500, per two-year period	First \$1,700 per ear, per two-year period		
<b>Prescription Drugs</b>				
<b>Retail</b> (up to a 30-day supply) Tier 1 / Tier 2 / Tier 3	\$10 / \$30 / \$65	\$10 / \$30 / \$65	\$10 / \$30 / \$65	\$10 / \$30 / \$65
<b>Mail Order Maintenance Drugs</b> (up to a 90-day supply) Tier 1 / Tier 2 / Tier 3	\$25 / \$75 / \$165	\$25 / \$75 / \$165	\$25 / \$75 / \$165	\$25 / \$75 / \$165

Here is an overview of health insurance benefits offered through each of the GIC's Medicare plans. Benefits are subject to definitions, conditions, limitations and exclusions as spelled out in the respective health insurance plans' documents. With the exception of emergency care, out-of-network benefits are not covered through the Tufts Medicare Advantage Plan.

## GIC Retiree Dental Plan



The GIC Retiree Dental Plan is provided through Altus Dental.

You can receive coverage for a wide range of dental services, with a policy year maximum of \$1500. Plus, with Altus Dental Preventive Rewards, most of your preventive and diagnostic dental services don't count toward your policy year maximum.

Altus Dental pays a set dollar amount for each covered service, whether you visit an in-network or out-of-network dentist. However, seeing an in-network dentist may reduce your out-of-pocket costs.

You pay the full cost of this voluntary coverage.

### Eligibility

All state retirees, survivors, and GIC Retired Municipal Teachers (RMTs who do not participate in the municipal health-only program) are eligible for the GIC Retiree Dental Plan.

### Enrollment

You may join during Annual Enrollment, or within 60 days of a qualifying event, such as when COBRA dental coverage ends, when you become a survivor of a GIC member, or at retirement. **If you cancel GIC Retiree Dental coverage, you may never re-enroll.**

### Monthly GIC Retiree Dental Plan Rates Effective July 1, 2026 \$1,500 Maximum Policy Year Benefit per Member

COVERAGE TYPE	RETIREE PAYS MONTHLY
Individual	\$30.10
Family	\$72.55

## GIC Retiree Vision Program



You automatically have access to the GIC Retiree Vision Discount Plan through the VSP® Vision Savings Pass™ program. Enjoy discounts on eyecare services and products at VSP's nationwide network of private practices (retail locations are excluded).

### VSP Vision Savings Pass

The VSP Vision Savings Pass is a discount vision program that offers immediate savings on eligible services, like eye exams, frames and lenses when you visit a private practice VSP network doctor. Retail locations are excluded.

The Vision Savings Pass is not an insurance plan. No ID card is required. There are no enrollment forms, no monthly premiums and no claim forms. Simply let your participating VSP private practice doctor know you have the VSP Vision Savings Pass.

### Retiree Voluntary Vision Plan

The Altus Vision 150 Plus Plan is a traditional voluntary insurance plan administered by Altus Dental for eligible retirees. This program requires an additional premium payment directly to Altus Dental for participation. Visit [altusdental.com/gic](https://altusdental.com/gic) for more information.

### Eligibility

To be eligible for this program, you must have GIC coverage. Your family members are eligible only if they are covered under your GIC family health plan.

**QUESTIONS?**  
CONTACT ALTUS DENTAL/VISION



[altusdental.com/gic](https://altusdental.com/gic)



1.833.442.0411



## Employees & Non-Medicare Retirees

CVS Caremark is the GIC's prescription drug benefit administrator for non-Medicare health insurance plans. Use your CVS Caremark ID card when filling prescriptions.

### Prescription Drug Deductible

You pay an annual prescription drug deductible of \$100/individual and \$200/family, separate from your health plan deductible. Once you have paid your prescription drug deductible, your covered prescriptions are subject to a copay.

### Prescription Drug Copays

All GIC health plans feature a three-tier copay structure. Contact CVS Caremark with questions about your specific medications.

- **Tier 1:** You pay the **lowest copay**. Most generic prescription drugs fall into this tier.
- **Tier 2:** You pay the **mid-level copay**. Many brand-name prescription drugs fall into this tier.
- **Tier 3:** You pay the **highest copay**. This tier includes brand-name and generic prescription drugs that don't fall into Tiers 1 or 2.

Covered prescription drugs may change when CVS Caremark updates its drug formulary during the plan year.

### Avoid the Prescription Retail Refill Penalty

- If you or a family member is taking a long-term medication—such as high cholesterol or high blood pressure medicine—you will receive a communication from CVS Caremark asking you how you wish to receive your future refills—by mail or at your local CVS pharmacy. For these maintenance medications, you must fill a 90-day supply at either a CVS Retail Pharmacy, or you may utilize CVS Caremark Mail Service Pharmacy, and you will pay one mail order copay.
- All acute 30-day retail medications, or any non-maintenance medications—such as antibiotics or painkillers—can be filled at any in-network Retail Pharmacy for one 30-day retail copay.

**Make sure you take action before your third refill, otherwise you will pay the full cost of the medication.**

### QUESTIONS? CONTACT CVS CAREMARK



[info.caremark.com/oe/gic](https://info.caremark.com/oe/gic)



1.877.876.7214

## Medicare Eligible Retirees

CVS SilverScript administers the prescription drug benefit for all GIC Medicare health insurance plans. Your prescription drug benefit is called an Employer Group Waiver Plan (EGWP). It combines a standard Medicare Part D drug plan with additional coverage provided by the GIC.

### Prescription Drug Copays

All GIC health plans feature a three-tier copay structure. Contact CVS SilverScript with questions about your specific medications.

- **Tier 1:** You pay the **lowest copay**. Most generic prescription drugs fall into this tier.
- **Tier 2:** You pay the **mid-level copay**. Many brand-name prescription drugs fall into this tier.
- **Tier 3:** You pay the **highest copay**. This tier includes brand-name and generic prescription drugs that don't fall into Tiers 1 or 2.

### IMPORTANT

### Medicare Part D Prescription Drug Coverage

- **Do not enroll in a non-GIC Medicare Part D plan.** All GIC Medicare plans include Medicare Part D coverage. If you enroll in another Part D plan, the Centers for Medicare and Medicaid Services will disenroll you from your GIC coverage. This means that you will lose your GIC health, behavioral health and prescription drug benefits.
- A "Notice of Creditable Coverage" is located in your plan handbook. It provides proof that you have comparable or better coverage than Medicare Part D. If you should later enroll in an individual Medicare drug plan because of changed circumstances, you must show the Notice of Creditable Coverage to the Social Security Administration to avoid paying a penalty.
- If you have extremely limited income and assets, contact the Social Security Administration to find out about subsidized Part D coverage.
- If your adjusted gross income, as reported on your federal tax return, exceeds a certain amount, Social Security will impose a monthly additional fee called IRMAA (Income-Related Monthly Adjustment Amount). Visit [medicare.gov](https://www.medicare.gov) for more information. Social Security will notify you if this applies to you.

### QUESTIONS? CONTACT CVS SILVERSCRIPT



[gic.silverscript.com](https://gic.silverscript.com)



1.877.876.7214

# Life and Accidental Death & Dismemberment Insurance (Retirees)

Life and Accidental Death & Dismemberment (AD&D) insurance, offered by MetLife, helps provide for your beneficiary's well-being in the event of a serious accident or death. This benefit is paid to your designated beneficiary(ies). Basic and Optional Life insurance is term insurance, which means it does not have any cash surrender value. Benefits are paid to your beneficiary(ies), so it is important to keep your beneficiary designation up to date.

Eligibility: Survivors, COBRA enrollees and retirees in the GIC municipal health-only program are not eligible for GIC basic or optional life insurance.

## Basic Life Insurance

The Commonwealth offers \$10,000 of Basic Life Insurance. Current members, if you wish to keep your GIC health insurance coverage, you must be enrolled in basic life insurance.

## Optional Life Insurance

You must be enrolled in basic life insurance in order to be eligible for optional life insurance. If you make no change to your optional life coverage at retirement, you will be responsible for the retiree optional life insurance premium, which can be substantial. Optional life insurance rates significantly increase when you retire, and continue to increase based on your age. You may decrease, but cannot increase, your amount of life insurance after you retire. If you decrease your coverage and then later wish to increase it, your application for the increased amount will be subject to evidence of insurability.

MONTHLY GIC LIFE INSURANCE Plan Rates (INCLUDING AD&D) Effective July 1, 2026 Per \$1,000 of Coverage		
RETIREE AGE	RETIREE NON-SMOKER RATE	RETIREE SMOKER RATE
Under Age 70	\$1.29	\$1.62
70-74	\$2.08	\$2.83
75-79	\$4.98	\$7.72
80-84	\$9.42	\$14.63
85-89	\$14.93	\$23.17
90-94	\$22.70	\$32.22
95-99	\$49.56	\$72.57
100 and over	\$94.03	\$139.14

### Note:

- Premium rates increase for Optional Life Insurance as you age.
- Optional Life Insurance Non-Smoker Rate: State retirees who have been tobacco-free are eligible for reduced non-smoker optional life insurance rates effective July 1, 2026. This benefit is only available for enrollment during the GIC's Annual Enrollment period. For more information, including when and how to enroll or update this benefit, please visit [bit.ly/giclifendadd](https://bit.ly/giclifendadd).

**QUESTIONS?**  
CONTACT METLIFE



[metlife.com/gicbenefits](https://metlife.com/gicbenefits)



1.877.355.6277

# Health Insurance Buy-Out Program

## Ending Your GIC Coverage

To be eligible for the Health Insurance Buy-Out, you must have other non-GIC health insurance coverage through another employer-sponsored plan that meets Internal Revenue Service “minimum value” criteria and must maintain GIC basic life insurance.

## What is the Buy-Out Program?

Under the Buy-Out plan, eligible state employees and retirees receive 25% of the full-cost monthly premium in lieu of health insurance benefits for one 12-month period of time.

**Employees** in HR/CMS and UMASS agencies will receive the remittance monthly in their paychecks; employees of housing and other authorities will receive a monthly check. The amount of payment depends on your health plan and coverage.

**Retirees** will receive a monthly check. The amount of payment depends on your health plan and coverage.

### State Employee Example:

#### State employee with Harvard Pilgrim Explorer Family coverage:

Full-Cost premium on July 1, 2026 (Monthly):	\$3,194.99
12-month benefit =	25% of this premium
Employee receives 12 payroll deposits or monthly checks of:	\$798.75
Yearly Earnings (12 monthly payments):*	\$9,585.00

### State Retiree Example:

#### State retiree with Wellpoint Medicare Extension Individual coverage:

Full-Cost premium on July 1, 2026 (Monthly):	\$496.47
12-month benefit =	25% of this premium
State retiree receives 12 payroll deposits or monthly checks of:	\$124.12
Yearly Earnings (12 monthly payments):*	\$1,489.44

\* Subject to federal, Medicare, and state taxes

## Submit Your Buy-Out Application

There are two buy-out periods, and your reimbursement will be determined based on the GIC plan you are enrolled in at the end of the covered period.

- **During Annual Enrollment:** If you were insured with the GIC on January 1, 2026 or before, and continue your coverage through June 30, 2026, you may apply to buy out your health plan coverage effective July 1, 2026. The deadline for submission is May 1, 2026 for the July 1, 2026 buy-out.
- **October 5 - October 30, 2026:** If you are insured with the GIC on July 1, 2026 or before, and continue your coverage through December 31, 2026, you may apply to buy out your health plan coverage effective January 1, 2027. The deadline for submission is October 30, 2026 for the January 1, 2027 buy-out.

Note: Applications received after the enrollment deadline will not be accepted. Visit the GIC website for more information and enrollment details.

**QUESTIONS?**  
VIEW THE GIC WEBSITE



[bit.ly/gichealthbuyout](https://bit.ly/gichealthbuyout)



## CONTACT YOUR HEALTH INSURANCE CARRIERS FOR:

- Requesting Member ID card(s)
- Finding a provider
- Tiered doctor & hospital lists
- Tele-health options that are offered
- Fitness and wellness programs offered

HEALTH INSURANCE PLAN CARRIERS	PHONE	WEBSITE
Mass General Brigham Health Plan	1.866.567.9175	<a href="https://massgeneralbrighamhealthplan.org/gic-members">massgeneralbrighamhealthplan.org/gic-members</a>
Harvard Pilgrim Health Care	1.844.442.7324	<a href="https://harvardpilgrim.org/gic">harvardpilgrim.org/gic</a>
Health New England	1.800.842.4464	<a href="https://healthnewengland.org/gic">healthnewengland.org/gic</a>
Tufts Health Plan (Medicare Only)	1.855.852.1016	<a href="https://tuftshealthplan.com/gic">tuftshealthplan.com/gic</a>
Wellpoint Non-Medicare Plans Medicare Plan	1.833.663.4176 1.800.442.9300	<a href="https://wellpointmass.com">wellpointmass.com</a>
PHARMACY BENEFITS		
CVS Caremark	1.877.876.7214	<a href="https://info.caremark.com/oe/gic">info.caremark.com/oe/gic</a>
CVS SilverScript	1.877.876.7214	<a href="https://gic.silverscript.com">gic.silverscript.com</a>
OTHER BENEFITS		
Flexible Spending Accounts	1.888.868.3539	<a href="https://myameriflex.com/massgic">myameriflex.com/massgic</a>
Metlife Life/AD&D and LTD Insurance	1.877.355.6277	<a href="https://metlife.com/gicbenefits">metlife.com/gicbenefits</a>
Altus Dental and Vision Plans	1.833.442.0411	<a href="https://altusdental.com/gic">altusdental.com/gic</a>
Mass4YOU Employee Assistance Program	1.844.263.1982	<a href="https://supportfinder.optum.com/mass4you">supportfinder.optum.com/mass4you</a>
Hinge Health	1.855.902.2777	<a href="https://hinge.health/mass.gov">hinge.health/mass.gov</a>
ADDITIONAL RESOURCES (NOT ADMINISTERED BY THE GIC)		
Massachusetts State Retirement Board	1.617.367.7770	<a href="https://mass.gov/orgs/massachusetts-state-retirement-board">mass.gov/orgs/massachusetts-state-retirement-board</a>
Social Security Administration	1.800.772.1213	<a href="https://ssa.gov">ssa.gov</a>
Medicare	1.800.633.4227	<a href="https://medicare.gov">medicare.gov</a>



**Commonwealth of Massachusetts  
Group Insurance Commission**

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Boston, MA 02108

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## COMMONWEALTH OF MASSACHUSETTS GROUP INSURANCE COMMISSION

Maura Healey, Governor  
Kim Driscoll, Lieutenant Governor

Matthew Veno, Executive Director  
Group Insurance Commission



**Telephone: 1.617.727.2310**  
**TDD/TTY: 711**



**Mailing Address:**  
**Group Insurance Commission**  
**P.O. Box 556**  
**Randolph, MA 02368**



See the GIC's website for  
answers to Frequently Asked  
Questions: [mass.gov/GIC](https://mass.gov/GIC)

### Commissioners

*\*Current as of March 2026.*

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