

Asian Arts & Culture Program Series



NEWS RELEASE

For Immediate Release

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WHAT: Healing in Tibetan Buddhism: Four Workshops

WHERE: Yoga Sanctuary, Thorne's Market, Northampton, MA

WHEN: Friday, October 24 - Sunday, October 26

TICKETS: Fine Arts Center Box Office, 545-2511 / 1-800-999-UMAS

The University of Massachusetts Asian Arts and Culture Program is sponsoring a very special outreach activity, Healing in Tibetan Buddhism. This three-day seminar from Friday through Sunday, **October 24-26**, will be held at the Yoga Sanctuary, 3rd Floor of Thorne's Market, Northampton.

Revered Buddhist teacher **Khen Rinpoche** Geshe Lobsang Tsetan and Buddhist professor and scholar **David Gardiner** will address the central role of compassion in Buddhist practice and will provide an overview on healing in Buddhist philosophy. The seminar will begin Friday, October 24, at 6:30PM with a ceremonial dance offering to **Green Tara: Buddha of Enlightened Activity** performed by the Nataraj Dance Company. The four workshop topics will be: **Healing in Buddhism: An Overview** (Friday, October 24, 7-9PM), **White Tara Long Life Blessing & Practice** (Saturday, October 25, 1-4PM), **Practice of Exchange of Self and Others & Offerings in Deity Yoga Practice** (Saturday, October 25, 7-9PM), and the **Medicine Buddha Blessing and Practice** (Sunday, October 26, 11:30AM-1:30PM).

###MORE###

These powerful sessions will help participants learn the skills needed to begin or further their meditation practice while also promoting a state of harmony for themselves and others. Open to all regardless of prior initiation or practice, the four stand-alone workshops can be taken individually or in any combination. More information about each workshop can be found at: www.fineartscenter.com/asian.

Presented in partnership with the friends of Khen Rinpoche, The Yoga Sanctuary, Northampton, the Tibetan community, and the members of the WMASS Tibetan Association.

Advance Tickets: \$20 per session; Five College students and Seniors: \$10 per session. Day of the event: \$25 & \$12

Please see our website at www.fineartscenter.com/asian for additional information, including a complete schedule of events, locations, times, and ticket prices. Tickets available online: www.fineartscenter.com or by calling 1-800-999-UMAS or 413-545-2511.

Downloadable high resolution photos and electronic versions of press releases for performance events are available at:

<http://www.umass.edu/fac/asian/press.html>.

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