

## My Personal Emergency Preparedness Plan

A personal emergency preparedness plan is essential to safeguarding yourself during an emergency. Use this template as a guide; it is important to consider your specific needs – tailor this plan to best meet your needs.

Scan the QR Code to access the UMass Emergency Procedures, which provide hazard specific guidance, intended to be a general overview for when an emergency strikes. You can always access this information via the My UMass app. Remember, your plan will always need to be modified to best apply to the particular incident.



The Office of Emergency Management is available to assist in this process – reach out us at [oem@umass.edu](mailto:oem@umass.edu) and we'll connect with you!

### Alerts & Warnings Plan

- I receive emergency messages via:
  - UMass Amherst Emergency Text Alerts:  Yes  No
  - Weather alerts (list app/website name): \_\_\_\_\_
  - Misc. community alerts (list app/website name): \_\_\_\_\_

### Evacuation Plan

- 2 ways out of the building:
  - \_\_\_\_\_
  - \_\_\_\_\_

### Shelter-in-Place Plan

- Severe weather shelter – ideally the lowest level of the building in an interior room without windows: \_\_\_\_\_
- Shelter, if unable to evacuate the building – always call UMPD (413-545-3111) or 911 & tell location
  - \_\_\_\_\_

### Family/Friends Communication Plan

- Emergency contacts are accessible in a location other than my phone:  Yes  No
  - Location: \_\_\_\_\_

### Emergency Preparedness Kit

- Supplies, including: \_\_\_\_\_
- Medical information, including:
  - Doctor contact information: \_\_\_\_\_
  - Veterinarian contact information: \_\_\_\_\_
  - Prescription/equipment contingency plan: \_\_\_\_\_
  - Insurance information: \_\_\_\_\_
- Secure important documents, like passports, birth certificates, etc