

**Psychiatric Consultation Referral Form for Community Therapists**

Name of client \_\_\_\_\_ Date of referral \_\_\_\_\_

Client's Phone # \_\_\_\_\_ Date of Birth \_\_\_\_\_

Referring clinician \_\_\_\_\_ Clinician's phone # \_\_\_\_\_

**Please attach your initial consultation note and recent progress notes and attach a detailed treatment summary that includes the following information:**

- **Presenting concern and recent course of treatment**
- **History of mental health symptoms and treatment including the following:**
  - **Significant substance use, eating or weight concerns, psychiatric consultation, psychiatric hospitalizations, current or history of suicidal, homicidal impulses or self-harming behaviors, any medications that client is currently taking and name of prescriber of the medication, medication trials, and significant physical/emotional /sexual abuse.**
- **Social/Developmental history**
- **Strengths, values, coping skills, interests, areas of life that are going well**
- **Physical health/medical history**
- **Summary, initial formulation and client goals**

Specific reason for referral: \_\_\_\_\_

What do you appreciate about this client? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**FAX or MAIL this form and attachments to:**  
Bee Emily, Psychiatric RN Referral Coordinator  
Center for Counseling and Psychological Health  
University of Massachusetts  
111 County Circle  
Middlesex Building  
Amherst, MA 01003-9361

voice: 413.545.2337  
fax: 413.545.9602

**Once all of this information is received and reviewed, we will contact the student to schedule an initial psychiatric consultation.**