

GROUNDBREAKING: November 2, 2007**OPENING DATE:** October 30, 2009**OFFICIAL OPENING CELEBRATION:** December 3, 2009**Square Footage Breakdown**

Gymnasium: 20,300
 Cardio & Weights: 21,000
 Suspended Jogging/Walking Track: 5,300
 Activity Rooms: 8,000
 Wellness Center: 300
 Administrative Suite: 3,300
 Classroom/Meeting Room: 1,600
 Locker Rooms: 5,300
Total Activity Space: 65,100
Total Gross Area: 120,000
Cost: \$50 Million
 Total Construction Cost: \$38.2 Million

UMass Campus Recreation Staff

12 full-time staff
 300+ student employees

Fall & Spring Hours

Monday - Thursday 6:00am - 12 midnight
 Friday 6:00am - 10:00pm
 Saturday 10:00am - 10:00pm
 Sunday 12 noon - 11:00pm

Summer Hours

Monday - Friday 7:00am - 8:00pm
 Saturday & Sunday closed

Recreation Center At-a-Glance*Recreation Center is ADA compliant***Member Services**

- Located on the lower level (Commonwealth Avenue entrance) of the concourse and Grand Stairs
- Controlled entry access
- Point-of-sale for memberships, personal training, locker rentals, guest fees
- General & specific Campus Recreation programming information and scheduling

Gymnasium

- 3 wooden courts for badminton, basketball and volleyball
- Scoreboards
- Retractable curtains for court separation

Fitness & Weights (levels 2 & 3): cardiovascular, selectorized, isolateral & free weights

- Life Fitness, Hammer Strength & Technogym equipment
- Iron Grip dumbbells
- Iron Grip & Hammer Strength weight plates
- 46 treadmills: 21 Life Fitness, 6 Precor, 14 Technogym, 5 Woodway
- 66 ellipticals: 25 Life Fitness, 41 Precor
- 5 Cybex arc trainers
- 5 Concept 2 rowers
- 4 Precor adaptive motion trainers/AMT
- 14 Life Fitness upright bikes
- 14 Life Fitness recumbent bikes
- 4 Life Fitness powermills
- 1 Stairmaster gauntlet
- 1 Octane lateral X crosstrainer
- 1 Technogym upper body ergometer
- 1 NuStep recumbent cross trainer

Activity Rooms 118, 121, 210, 215

- Group fitness classes
- Spinning® classes in 121 - Rec Center is a certified Spinning® facility
- University Registered Student Organizations (RSO)

Suspended 3-Lane Track

- 1/10th of a mile in length - 10 laps per mile
- Mondo Sport Flex flooring

Locker Rooms

- 756 lockers - 378 in men's and women's locker rooms
- 60 full lockers and 318 half lockers
- Lockers available for semester rental
- Lockers available for day use
- 12 individual showers in each locker room

Equipment Room

- Located to the left of the entry turnstiles
- Workout towels available
- Shower towels available for check out with UCard
- Combination locks available for check out with UCard
- Badminton racquets & birdies, tennis racquets & balls, jump ropes, basketballs, volleyballs, weight belts, and hand wraps available for checkout with valid UCard

Cubbies Storage

- 2nd floor outside activity rooms and gymnasium
- 3rd floor main cardio deck
- 3rd floor stretching area

Boxing Area

- 2 heavy bags
- 2 speed bags

Stretching Areas

- Located on levels 2 & 3
- Equipment includes stretching mats, Bosu balls, stability balls, plates, dumbbells, foam rollers

Televisions

- 25 televisions on levels 2 & 3 weights & fitness with cardio theater

Conference Room 117

- Located on level 1
- Used for workshops and meetings

Handicapped Accessible Public Restroom

- Located on level 1 (room 115) between men's and women's locker room entrances

Hydration Stations: filtered water, touch-free hygienic dispensers

- 1 located on levels 1 & 2
- 2 located on level 3

Courtside Café

- Located on the upper concourse (2nd level)
- Wi-fi throughout the concourse and Courtside Cafe
- Menu includes grab-n-go sandwiches, salads, fruit and smoothies