# Recreation Center Quick Facts

**Groundbreaking:** November 2, 2007  
**Opening Date:** October 30, 2009  
**Official Opening Celebration:** December 3, 2009

<table>
<thead>
<tr>
<th>Square Footage Breakdown</th>
<th>UMass Campus Recreation Staff</th>
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<tbody>
<tr>
<td>Gymnasium: 20,300</td>
<td>15 full-time staff</td>
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<td>Cardio &amp; Weights: 21,000</td>
<td>300+ student employees</td>
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<td>Suspended Jogging/Walking Track: 5,300</td>
<td><strong>Fall &amp; Spring Hours</strong></td>
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<td>Activity Rooms: 8,000</td>
<td>Monday - Thursday 6:00am - 12 midnight</td>
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<td>Wellness Center: 300</td>
<td>Friday — Saturday 6:00am - 10:00pm</td>
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<td>Administrative Suite: 3,300</td>
<td>Sunday 10:00am - 10:00pm</td>
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<td>Classroom/Meeting Room: 1,600</td>
<td><strong>Summer Hours</strong></td>
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<tr>
<td>Locker Rooms: 5,300</td>
<td>Monday - Friday 7:00am - 8:00pm</td>
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<td><strong>Total Activity Space: 65,100</strong></td>
<td>Saturday &amp; Sunday closed</td>
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<td><strong>Total Gross Area: 120,000</strong></td>
<td>Sunday closed</td>
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**Cost:** $50 Million  
Total Construction Cost: $38.2 Million

## Recreation Center At-a-Glance

*Recreation Center is ADA compliant*

### Member Services
- Located on the lower level (Commonwealth Avenue entrance) of the Grand Stairs  
- Controlled entry access  
- Point-of-sale for memberships, personal training, locker rentals, guest fees  
- General & specific Campus Recreation programming information and scheduling

### Gymnasium
- 3 wooden courts for badminton, basketball, volleyball and pickleball  
- Scoreboards  
- Retractable curtains for court separation

### Fitness & Weights (levels 2 & 3): cardiovascular, selectorized, isolateral & free weights
- 27 televisions on levels 2 & 3 in cardio and free weight areas  
- Mondo Sport Impact Flooring  
- Resistance Training Equipment: Life Fitness, Hammer Strength & TechnoGym  
- Iron Grip Dumbbells & Plates  
- 32 Treadmills: Life Fitness (27), Woodway (5)  
- 32 Ellipticals: Life Fitness (1), Precor (31)  
- 4 Cybex Arc Trainers  
- 5 Concept 2 Rowers  
- 1 Octane Lateral X  
- 4 Life Fitness Power Mils  
- 1 Stairmaster Gauntlet  
- 13 Life Fitness Upright Bikes  
- 14 Life Fitness Recumbent Bikes  
- 1 Technogym Upper Body Ergometer
Activity Rooms 118, 121, 210, 215
- **118/121** (Group Fitness classes & RSO, can be separated with partition)
- **210 & 215** (Group Fitness classes & RSO)
- Cycling classes in 121
- Wrestling Mat and Wall Rack: TW Promotions Inc. Mat Rack System
- Flooring: Wood - Connor Sports Flooring - NeoShock
- Divider partition for 118/121: Moderco

Suspended 3-Lane Track
- 1/10th of a mile in length - 10 laps per mile
- Mondo Sport Flex flooring

Locker Rooms
- 756 lockers - 378 in men's and women's locker rooms
- 60 full lockers and 318 half lockers
- Lockers available for semester rental
- Lockers available for day use
- 12 individual showers in each locker room

Equipment Room
- Located to the left of the entry turnstiles
- Workout towels available
- Shower towels available for check out with UCard
- Combination locks available for check out with UCard
- Badminton racquets & birdies, tennis racquets & balls, jump ropes, basketballs, volleyballs, weight belts, and hand wraps available for checkout with valid UCard

Cubbies Storage
- 2nd floor outside activity rooms and gymnasium
- 3rd floor main cardio deck
- 3rd floor stretching area

Boxing Area
- 2 heavy bags
- 2 speed bags

Stretching Areas
- Located on levels 2 & 3
- Equipment includes stretching mats, Bosu balls, stability balls, plates, dumbbells, foam rollers

Televisions
- 27 televisions on levels 2 & 3 weights & fitness with cardio theater

Conference Room 117
- Located on level 1
- Used for workshops and meetings

Handicapped Accessible Public Restroom
- Located on level 1 (room 115) between men’s and women’s locker room entrances

Hydration Stations: filtered water, touch-free hygienic dispensers
- 1 located on levels 1 & 2
- 2 located on level 3

Courtside Café
- Located on the upper concourse (2nd level)
- Wi-fi throughout the concourse and Courtside Cafe
- Menu includes grab-n-go sandwiches, salads, fruit and smoothies