

**GROUNDBREAKING:** November 2, 2007**OPENING DATE:** October 30, 2009**OFFICIAL OPENING CELEBRATION:** December 3, 2009**Square Footage Breakdown**

Gymnasium: 20,300  
 Cardio & Weights: 21,000  
 Suspended Jogging/Walking Track: 5,300  
 Activity Rooms: 8,000  
 Wellness Center: 300  
 Administrative Suite: 3,300  
 Classroom/Meeting Room: 1,600  
 Locker Rooms: 5,300  
 Total Activity Space: 65,100  
 Total Gross Area: 120,000  
**Cost: \$50 Million**  
 Total Construction Cost: \$38.2 Million

**UMass Campus Recreation Staff**

15 full-time staff  
 300+ student employees

**Fall & Spring Hours**

Monday - Thursday 6:00am - 12 midnight  
 Friday—Saturday 6:00am - 10:00pm  
 Sunday 10:00am - 10:00pm

**Summer Hours**

Monday - Friday 7:00am - 8:00pm  
 Saturday & Sunday closed  
 Sunday closed

**Recreation Center At-a-Glance***Recreation Center is ADA compliant***Member Services**

- Located on the lower level (Commonwealth Avenue entrance) of the Grand Stairs
- Controlled entry access
- Point-of-sale for memberships, personal training, locker rentals, guest fees
- General & specific Campus Recreation programming information and scheduling

**Gymnasium**

- 3 wooden courts for badminton, basketball, volleyball and pickleball
- Scoreboards
- Retractable curtains for court separation

**Fitness & Weights (levels 2 & 3): cardiovascular, selectorized, isolateral & free weights**

- 27 televisions on levels 2 & 3 in cardio and free weight areas
- Mondo Sport Impact Flooring
- Resistance Training Equipment: Life Fitness, Hammer Strength & TechnoGym
- Iron Grip Dumbbells & Plates
- 32 Treadmills: Life Fitness (27), Woodway (5)
- 32 Ellipticals: Life Fitness (1), Precor (31)
- 4 Cybex Arc Trainers
- 5 Concept 2 Rowers
- 1 Octane Lateral X
- 4 Life Fitness Power Mills
- 1 Stairmaster Gauntlet
- 13 Life Fitness Upright Bikes
- 14 Life Fitness Recumbent Bikes
- 1 Technogym Upper Body Ergometer

### **Activity Rooms 118, 121, 210, 215**

- **118/121** (Group Fitness classes & RSO, can be separated with partition)
- **210 & 215** (Group Fitness classes & RSO)
- Cycling classes in 121
- Wrestling Mat and Wall Rack: TW Promotions Inc. Mat Rack System
- Flooring: Wood - Connor Sports Flooring - NeoShock
- Divider partition for 118/121: Moderco

### **Suspended 3-Lane Track**

- 1/10th of a mile in length - 10 laps per mile
- Mondo Sport Flex flooring

### **Locker Rooms**

- 756 lockers - 378 in men's and women's locker rooms
- 60 full lockers and 318 half lockers
- Lockers available for semester rental
- Lockers available for day use
- 12 individual showers in each locker room

### **Equipment Room**

- Located to the left of the entry turnstiles
- Workout towels available
- Shower towels available for check out with UCard
- Combination locks available for check out with UCard
- Badminton racquets & birdies, tennis racquets & balls, jump ropes, basketballs, volleyballs, weight belts, and hand wraps available for checkout with valid UCard

### **Cubbies Storage**

- 2nd floor outside activity rooms and gymnasium
- 3rd floor main cardio deck
- 3rd floor stretching area

### **Boxing Area**

- 2 heavy bags
- 2 speed bags

### **Stretching Areas**

- Located on levels 2 & 3
- Equipment includes stretching mats, Bosu balls, stability balls, plates, dumbbells, foam rollers

### **Televisions**

- 27 televisions on levels 2 & 3 weights & fitness with cardio theater

### **Conference Room 117**

- Located on level 1
- Used for workshops and meetings

### **Handicapped Accessible Public Restroom**

- Located on level 1 (room 115) between men's and women's locker room entrances

### **Hydration Stations: filtered water, touch-free hygienic dispensers**

- 1 located on levels 1 & 2
- 2 located on level 3

### **Courtside Café**

- Located on the upper concourse (2nd level)
- Wi-fi throughout the concourse and Courtside Cafe
- Menu includes grab-n-go sandwiches, salads, fruit and smoothies