

# Welcome to the Summer Institute 2005

The UMass-Simmons Summer Institute is a 3-day conference designed to present, for the experienced and novice school health provider, an array of offerings to increase clinical knowledge and skills and enhance professional development. This Institute will focus on new roles for nurses and school health professionals in promoting the health and well being of children and youth.

During this three-day Institute, school nurses along with professional colleagues in school health will explore their role and potential contribution to improving the existing systems for health prevention, screening, intervention and referral. All sessions will be presented by content experts who have considerable experience in working with school-aged children.

The Summer Institute will emphasize the unique positioning and skills of nurses and professional colleagues in relation to the health of children and youth and prepare them for the challenging roles they will be asked to play in the future.

We urge you to attend this exciting event both to gain professional knowledge and skills but also to meet and interact with your colleagues from around the Commonwealth.

## Objectives

- Gain new understanding of the complex social, cultural, and mental health problems facing children and adolescents in our schools.
- Gain new knowledge on the detection and management of selected health problems of school children and adolescents.
- Examine strategies to establish and facilitate connections between school health programs and school and community resources.
- Examine school health approaches designed to advance school nursing practice.

## Summer Institute 2005 Location and Environs

The Summer Institute 2005 will be held at the **Cape Codder Resort** in Hyannis, Massachusetts. The Cape is Massachusetts' wonderful and unique asset stretching out into the Atlantic Ocean. It has sea and sand, great lighthouses, outstanding sunsets and great food and shops. Hyannis is the center of the bustling part of the Cape but just a short ferry ride away are the wonderful Islands of Nantucket and Martha's Vineyard. A brief drive takes us to the unique and picturesque towns of Wellfleet and Provincetown.

**Directions** to the Cape Codder Resort, Hyannis  
Route 132 and Barse's Way, 1225 Lyanough Road, Hyannis,  
**From Boston and Points North:**

Take the Southeast Expressway (Route 93 South) to Route 3 South. Follow Route 3 South toward Cape Cod. Cross over the Sagamore Bridge onto Route 6 East (Mid-Cape Highway). Follow Route 6 for approximately 20 miles to exit 6 (Route 132/Hyannis). Merge right off the ramp onto Route 132. The Cape Codder is approximately one mile on the right before the intersection of Route 132 and Barse's Way.

### From Points West:

From 495 take Route 25 South. Follow Route 25 South over the Bourne Bridge onto Cape Cod. At the bridge rotary, take Route 6/6A toward Sagamore. At the traffic light, turn right onto Route 6 East. Follow Route 6 for approximately 20 miles to exit 6 (Route 132/Hyannis). Merge right off the ramp onto Route 132. The Cape Codder is approximately one mile on the right before the intersection of Route 132 and Barse's Way.

## Accommodations

A block of rooms is being held at the **Cape Codder Resort** for this Summer Institute. The price for these rooms, at a special conference rate, is \$145.00 single or double occupancy. An extra person in the room is \$15.00. Make your reservations directly with the Resort and identify yourself as a Summer Institute participant in order to receive the special rate. **Reservations should be made as early as possible.**

Telephone 888-297-2200 or 508-771-3000.

## Exhibitors

The Summer Institute will feature an array of exhibitors on Tuesday June 28, 2005. Representatives of professionally relevant companies and non-profit groups will be available to provide current information and products.

## Annual Recognition Dinner and Celebration Barbeque

Join us for an evening of music, dancing and food for your entertainment on Tuesday, June 28. This celebration party will include a barbecue with steamers, chowder, chicken, ribs and disc jockey at the Cape Codder Resort. We are proud to again host our "Hat Party" at this event; we invite you to wear your funniest or most unique hat to compete in our hat contest. Please join us for a fun evening.

## Summer Institute 2005 Registration Information

The Summer Institute fee of \$140.00 includes all program materials, continental breakfast each day, a Recognition Dinner on Monday evening, Luncheon on Wednesday and parking. **Full payment must accompany registration.** You may register by fax (413-545-0513) using Master Card, Visa or Discover. Register by mail using check, credit card, or purchase order. **Registrations cannot be processed without payment or the receipt of a Purchase order. Since Purchase orders often require a long time to obtain, please request them early.** Send registration to School Health Institute, Registration Office, Division of Continuing Education, University of Massachusetts, 100 Venture Way, Suite 201 Hadley, MA, 01003-9296. Make checks payable to UMass Division of Continuing Education #307078.

**Please register early to ensure your place at the Summer Institute.** Sorry, there is no single day registration. Confirmation of registration will **NOT** be sent. Registration cancellations must be in writing to the Division of Continuing Education and received by June 20, 2005. A \$10.00 processing fee will be incurred.

18.6 Nursing Contact Hours 15.5 Professional Development Contact Hours

## WHAT DOES YOUR 3-DAY REGISTRATION INCLUDE?

- Registration for 3 days
- Annual Recognition Barbeque
- Three Continental Breakfasts
- One Luncheon
- ALL Conference Materials
- Networking with colleagues

## Monday, June 27, 2005

**7:30 – 8:00 Continental Breakfast**

**8:00 – 8:30 Introduction and Welcome**

*M. Christine King, EdD, RN, Director, UMass-Simmons School Health Institute, Associate Professor, UMass, Amherst, and Anne Sheetz, MPH, RN, CNNA, Director, School Health Services, Massachusetts Department of Public Health*

**8:30 – 10:15 Plenary Session**

**Effects of Deployment on Children**

*Jennifer Cesaitis., Youth Program Coordinator, Massachusetts National Guard, Dawn Andreicco, Chief of Programs, Hanscomb Air Force Base Family Support Center*

**10:15 – 10:45 Break**

**10:45 –12:00 Concurrent Session 1**

**A. Asthma and Respiratory Diseases in Schools**

*Dorothy Page, RN, MSN, FNP, Coordinator of Pediatric Pulmonary Medicine, UMass Worcester*

Respiratory diseases are a leading cause of illness in youth. This presentation will address treatment, medications, and current trends in asthma and respiratory illness care.

**B. Depression and Young Children**

*Madeline Houston, Mental Health Consultant, Cape Cod Child Development Center, MA*

Depression in young children is a rising health concern in the United States. This presentation will provide an overview of depression in young children and strategies for effective intervention.

**12:00 – 1:15 Lunch on your own**

**1:15 – 2:30 Concurrent Session 2**

**A. Management of Children with Special Health Care Needs in Schools**

*Dorothy Page, RN, MSN, FNP, Coordinator of Pediatric Pulmonary Medicine, UMass Worcester*

An overview of the issues affecting children with special health care needs and guidelines for management in the school setting.

**B. Improving Nutrition**

This presentation will highlight the new nutritional guidelines and examine the incidents and prevalence of obesity and eating disorders.

**2:30 – 2:45 Break**

**2:45 – 4:00 Concurrent Session 3**

**A. Overview of School-Based Substance Abuse**

*Lauri Turkovsky, MEd., Substance Abuse Prevention Specialist Western Massachusetts Center for Healthy Families*

An overview of what works in substance abuse prevention and what can actually make the problem worse. This presentation will highlight the types of educational and prevention services that need to occur at each grade level in substance abuse and related health risks.

**B. Nursing in the Media**

*Rita McGurk, RN, PhD, Professor Department of Nursing, Cape Cod Community College*

This presentation will afford participants the opportunity to explore the history of nursing and how it has been portrayed in the media.

## Tuesday, June 28, 2005

**8:00 – 5:00 Exhibits**

**7:30 – 8:15 Continental Breakfast**

**8:15 – 8:30 Welcome Back**

*M. Christine King, EdD, RN, Director, UMass-Simmons School Health Institute*

**8:30 – 10:15 Plenary Session**

**Strategies for Improving the Health of African American Adolescent Girls**

*Barbara Guthrie, PhD, RN, FAAN, Assistant Professor, School of Nursing, University of Michigan*

**10:15 – 10:45 Break**

**10:45 –12:00 Concurrent Session 4**

**A. School Nurse Rash and Smallpox Surveillance**

*Mary Conant, BSN, RN, Infectious Disease Response Nurse/Smallpox Coordinator, MDPH, Barbara McKay, MS, APRN School Infectious Disease Response Nurse, MDPH*

Learn updated information on identification and surveillance of rashes and smallpox in the school setting.

**B. Stress Management-What All School Nurses Need**

*Jean DeMartinis, PhD, ARNP, FNP, Assistant Professor, UMass, Amherst School of Nursing*

Take some time out to learn better ways of handling stress in your life.

**12:00 – 1:15 Lunch on your own**

**A. Behavioral Health Responses To Emergencies and Disasters**

*Lisa Gurland, RN, Psy.D, Massachusetts Bureau of Communicable Disease Control*

This presentation will examine behavioral health reactions to disaster and emergencies and highlight strategies for behavioral health intervention.

**B. Update on ADD and ADHD**

*Jean DeMartinis, PhD, ARNP, FNP, Assistant Professor, UMass, Amherst School of Nursing*

This presentation will update your knowledge of current approaches for addressing the problems faced by children and adolescents who have been diagnosed with ADD and ADHD.

**2:30 – 2:45 Break**

**2:45 – 4:00 Concurrent Session 6**

**A. Skin Cancer Prevention – What Nurses Can Do**

*Patricia Hagan, EPA SunWise Program, John Antonishak, EPA SunWise Program*

Increase your knowledge of the incidence and prevalence of all types of skin cancer and examine the EPA SunWise Skin Cancer Prevention Education Program, an innovative program that can be implemented with children and youth in the school setting.

**B. Planning for Emergency Dispensing Sites**

*Mary Conant, BSN, RN, Infectious Disease Response Nurse/Smallpox Coordinator, MDPH, Barbara McKay, MS, APRN School Infectious Disease Response Nurse, MDPH*

Learn the steps necessary for effectively planning and operating community wide dispensing sites that will be needed in the event of any infectious disease emergency that might occur in Massachusetts.

**6:00 Annual Recognition and Celebration Barbecue**



**8:00 – 8:30 Continental Breakfast**

**8:30 – 10:30 Plenary Session**

**An Overview of Orthopedics for School Nurses**

*Jennifer Hixon, M.S., PA-C, Program director Springfield College Physician Assistant Program*

**10:30 – 10:45 Break**

**10:45 – 12:00 Concurrent Session 7**

**A. The New 2005 Guidelines for Vision Screening: Preschool through Grade 12**

*Jean Ramsey, MD, Boston University, William Burke, Burke Special Products*

Come and update your knowledge of the Massachusetts requirements for vision screening of preschool children and children in K-12 school settings.

**B. Sexual Assault : What Can We Do?**

*Annie Lewis-O'Conner, RNCS, MSN, MPH, PNP, Massachusetts Sexual Assault Nurse Examiner*

Sharpen your knowledge and skills in the important area of sexual assault in the lives of children and youth.

**12:00 – 1:00 Networking with Luncheon Provided**

**1:00 – 2:15 Concurrent Session 8**

**A. Sports Injuries**

*Jason Nielson, M.D., Department of Orthopaedics*

Examines situations in which pediatric and adolescent injuries might occur and their likely presentations in the School Health setting.

**B. Fostering the Growth of Adolescents and Young Adults with Learning Disabilities**

*Mimi S. Stoops, Med, MS, NCSP, Coordinator of the Disability Support Services, Anne Arundel Community College, Arundel, MD, Susan Reed, CRNP, MSN, Director, Mental Health Assessment and Referral Clinic*

Launching adolescents into the world after high school graduation is a concern facing many adolescents and their families. This presentation will outline strategies for assisting learning disabled adolescents as they make this important transition.

**2:30 – 3:00 Closing Session**

**Praising the Accomplishments of School Nurses**

*M. Christine King, EdD, RN, Director, UMass-Simmons School Health Institute, Associate Professor, UMass, Amherst*

**UMass-Simmons School Health Institute  
Summer Institute 2005**

**Registration Form**

Cape Codder Resort, Hyannis, MA

Name \_\_\_\_\_

\*Social Security No. \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Telephone \_\_\_\_\_

School District or Organization \_\_\_\_\_

Business Telephone \_\_\_\_\_

\*Birth date \_\_\_\_\_

Email address \_\_\_\_\_

Summer Institute Fee      \$140.00 \$ \_\_\_\_\_  
 Registration Fee (required)      \$5.00 \$ \_\_\_\_\_  
Total \$ \_\_\_\_\_

**Check Method of Payment:**

Check or purchase order, payable to:  
UMass Division of Continuing Education #307078  
 MasterCard       Visa       Discover  
Expiration Date \_\_\_\_\_

Credit card # \_\_\_\_\_

Name of Cardholder \_\_\_\_\_

Signature \_\_\_\_\_

Please check the box below and notify us if you require accommodations to fully participate in the conference, such as an ASL interpreter, or materials in alternative formats.

(please specify) \_\_\_\_\_

\*Social Security Number or Birth date **MUST** be included.

**Send registrations to:**

**School Health Institute, Registration Office, Division of Continuing Education,  
University of Massachusetts, 100 Venture Way, Suite 201, Hadley, MA, 01003-9296  
Make checks payable to UMass Division of Continuing Education #307078  
Or fax to (413-545-0513) using MasterCard, Visa, or Discover.**

**Registrations must be received by June 22, 2005**

UMass-Simmons  
School Health Institute  
UMass Amherst



# Summer Institute 2005

A Professional Development Conference for  
School Nurses and School Health Personnel

Register Early!

Cape Codder Resort, Hyannis, MA  
June 27, 28, 29, 2005

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UMass-Simmons School Health Institute  
School of Nursing  
Arnold House  
University of Massachusetts  
Amherst, MA 01003  
A122023

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Permit Number 2

Please visit our website for further information  
and to print out additional Registration Forms for all Institute offerings.  
[www.umass.edu/umsshi/](http://www.umass.edu/umsshi/)