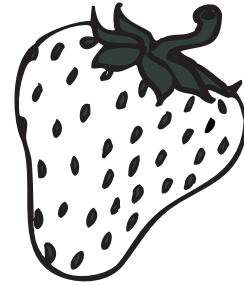


# WIGGLY FRUIT

★ Serves: 8



2 teaspoons gelatin, unflavored  
2 cups grape, apple, or cherry juice, unsweetened  
2 cups fruit, sliced (fresh or canned)

1. Mix gelatin with 1/4 cup juice in a large bowl.
2. Measure another 1/2 cup of juice, place in a pan and bring it to a boil.
3. Add hot juice to gelatin mixture. Stir until gelatin is dissolved.
4. Add 1 1/4 cups more juice to the mixture.
5. Place in the refrigerator for 20 minutes.
6. Add the fruit and stir.
7. Refrigerate for 2 hours before eating.