

# Close Encounters of the Worst Kind

## SHIGELLA

causes thousands of cases of dysentery

### SOURCE:

- Human hands



### FOODS:

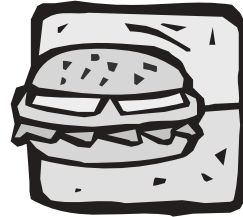
- Milk and dairy products
- Produce • Salads

## STAPHYLOCCUS

causes "staph" infection

### SOURCE:

- Human nose, throat, hair, infected sores



### FOODS:

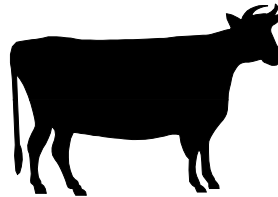
- Dairy products
- Cooked foods

## E. COLI 0157-H7

can produce deadly toxins

### SOURCE:

- Intestinal tract of animals and humans



### FOODS:

- Raw and under-cooked ground beef
- Produce • Apple cider

## SALMONELLA

causes millions of cases of foodborne illness each year

### SOURCE:

- Intestinal tract of animals and humans



### FOODS:

- Raw and under-cooked eggs • Meats
- Dairy products
- Seafood • Fruits and vegetables

## GIARDIA

causes diarrhea, flatulence, bloating, loss of appetite, abdominal cramps, watery stools

### SOURCE:

- Contaminated water
- Intestinal tract of animals and humans



### FOODS:

- Contaminated water
- Foods handled a lot in preparation

## Steps to Control Foodborne Illness

1

### CLEAN:

Wash your hands and food surfaces often

2

### SEPARATE FOODS:

Don't cross-contaminate

3

### COOK:

Cook foods to safe temperatures

4

### CHILL:

Refrigerate food promptly

