



UNIVERSITY of
MASSACHUSETTS AMHERST
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University Health Services
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Mental Health Services

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www.umass.edu/uhs/mentalhealth

Mental Health Services at the University of Massachusetts Amherst offers short-term individual, couples, family and group therapy; behavioral medicine; psychopharmacological services; and consultation to campus groups and organizations.

Emergency on-call services are available every day, 24 hours a day. Monday – Friday, 8 a.m. – 5 p.m., call (413) 545-2337. After 5 p.m., on weekends or holidays, call University Health Services (413) 577-5000.

For an appointment, call (413) 545-2337. You will be offered a rapid telephone triage with a senior clinician, who will help develop a plan to meet your needs. When clinically appropriate, urgent appointments are available. If an appointment needs to be rescheduled or canceled, please notify us at least 24 hours in advance.

Confidentiality is strictly maintained. No information will be released without a client's written permission, except in extreme, life-threatening emergencies.

Our professional staff includes psychiatrists, clinical nurse specialists, clinical psychologists, psychiatric social workers, and psychology and social work interns. The multicultural staff is sensitive to helping people with a variety of needs, backgrounds and lifestyles. Staff members represent various interests and skills, and whenever possible will be matched to client interests and needs.

2009 – 2010 Staff

Stewart Ascher, M.D.: Psychopharmacology and consultation regarding mixed medical and mental health problems.

Lynette Bloise, L.I.C.S.W., Associate Director: Brief individual, couples, family and child psychotherapy; ethnic and cultural issues; consultation and supervision. Spanish-speaking.

David Browne, B.A., Social Work Intern: Brief psychotherapy for individuals, couples and families; crisis assessment intervention; end-of-life care; addiction.

Edward Bruce Bynum, Ph.D., A.B.P.P., Director of Behavioral Medicine Clinic; Co-Director of Psychology Internship Training: Brief individual and couples psychotherapy; hypnosis and family therapy; stress, psychosomatic medicine and biofeedback; ethnic and transpersonal psychology; dreamwork.

Frank DeZenzo, L.I.C.S.W., Coordinator of Social Work Training: Brief therapy with adults, couples, families; group therapy; clinical supervision; crisis intervention.

Barry Farber, M.D.: Psychopharmacology and consultation regarding mixed medical and mental health problems.

Viviana Ferrer, Psy.D., Postgraduate Fellow: Brief psychotherapy for individuals and families; mother-child attachment; crisis intervention; trauma; interviewing and assessment; cultural and diversity issues. Spanish-speaking.

Mental Health Services • 2009 – 2010 Staff

Noa Glick, M.S., Psychology Intern: Brief individual, couples and family therapy; eating disorders; women's issues; crisis intervention; trauma; assessment and testing.

Emily Inglesi, M.A., Psychology Intern: Brief individual therapy; body image issues; eating disorders; depression; cultural and diversity issues; adjustment; mind-body connection.

Leslie Lauf, B.A., Social Work Intern: Individual counseling for stress; issues related to trauma; family difficulties; addictions; life path confusion; cultural and identity issues; crisis intervention.

Benjamin Levy, M.D.: Psychopharmacology and consultation regarding mixed medical and mental health problems.

Jennifer Lexington, Ph.D.: Brief individual and couples therapy; lesbian, gay, bisexual issues; women's issues; eating disorders; sexual assault.

Kevin McGann, M.A., Psychology Intern: Brief therapeutic interventions; relationships; lesbian, bisexual and transgender issues; eating and body image; abuse; empowerment; stigma; post-traumatic growth.

Julia Moss, Ph.D., M.S.W.: Psychological/medical concerns; gay, lesbian, bisexual and transgender issues; group psychotherapy; behavioral medicine. Spanish-speaking.

Kathryn Proulx, R.N.C.S., Ph.D.: Psychopharmacology; brief individual, couples and group therapy; women's and parenting issues; wellness, health and spirituality.

Lydia Rackenberg, L.I.C.S.W., C.A.C., Coordinator, Mental Health Services for Lesbians, Gays and Bisexuals: Brief individual and group therapy; GLBTQ issues; alcohol- and drug-related issues; AIDS-related issues.

Harry Rockland-Miller, Ph.D., Director: Brief individual, family, couples and adolescent therapy; crisis intervention; systems consultation. Spanish-speaking.

Melissa Rotkiewicz, Psy.D.: Brief individual and couples therapy; psychological assessment; student athletes; fraternities and sororities; intersection between psychology and law enforcement.

Linda D. Scott, Ph.D., Assistant Director for Consultation & Education; Co-Director of Psychology Internship Training: Brief child, individual, family and couples therapy; lesbian, gay, bisexual and transgendered issues; women's issues; student athletes; ALANA students.

Christopher Shanky, L.I.C.S.W.: Brief individual and family therapy; relationship challenges; loss; adjustment difficulties; stress; trauma; parenting concerns.

Natercia Teixeira, L.I.C.S.W.: Brief individual, couples and family therapy; cross-cultural issues; consultation and supervision. Portuguese- and Spanish-speaking.

Amy Winters, L.I.C.S.W.: Brief individual, couples, and family therapy; trauma; substance abuse; grief; supervision and consultation.