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Bedtime Players share secrets of success in new guide

AMHERST, Mass. – For more than 25 years, the Not Ready for Bedtime Players (NRBP) peer sexuality education troupe has entertained and informed UMass Amherst students, with a forthright approach that's made their shows a "must-see" part of campus life. Now, the Players are teaching others to replicate their success, with a newly-updated guide for schools, programs and groups.

The NRBP manual brings together information, advice and presentation-ready skits on topics including healthy sexuality, gender, relationships, violence prevention, drugs and alcohol and more. Scripts were created by students and professionals from the university's Health Education department; they can be used as-is or adapted to meet the needs of performers or audiences. Cost for the manual is \$175, including shipping.

The NRBP formed in 1988, as part of "The AIDS Follies," a UMass theater project about the AIDS crisis. Today, the student ensemble's lively, thought-provoking performances are featured at new student orientation, at various sites throughout the academic year, and by request at off-campus venues. Performance schedules are online at www.umass.edu/uhs/health/getinvolved/nrbp. For more information on the NRBP training manual or scheduling a performance, call the Health Education department at University Health Services (UHS), (413) 577-5181.

UHS, UMass Amherst's fully accredited health center, offers comprehensive care, referral and education services, with a special focus on student health needs and concerns. For more information, visit www.umass.edu/uhs, or call (413) 577-5000.