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PRESS RELEASE

For Immediate Release

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September 16, 2008

Clinician joins UMass Amherst mental health staff

AMHERST, Mass. – Amy Winters, L.I.C.S.W., has joined the mental health staff of University Health Services (UHS), the campus health center at the University of Massachusetts Amherst.

Winters comes to UHS from a western Massachusetts outpatient mental health organization, where she provided psychotherapy services for patients with issues such as depression, anxiety, substance abuse and trauma. As a member of the clinical team at a drop-in center for homeless adults, she also offered crisis intervention, treatment and referrals for survivors of violent crime.

Winters received her master's degree in social work from the Smith College School for Social Work, Northampton, Mass., and a bachelor's degree from Hampshire College, Amherst, Mass. Her background also includes work with a therapeutic outreach program for community-based clients; advocacy for people with developmental disabilities; and internships in inpatient psychiatric hospital and outpatient substance abuse clinic settings.

UHS' Mental Health Services department serves the UMass Amherst community with confidential counseling for individuals, couples and families; crisis intervention; support and therapy groups; behavioral medicine; an eating disorders clinic; and more. For more information on Mental Health Services or UHS, visit www.umass.edu/uhs.