An Introduction to GuidanceResources®
Presented by ComPsych® Corporation

STAY AHEAD of Work-Life Challenges

Who We Are

ComPsych®: World’s largest provider of EAP services

- Founded in 1984 and privately owned
- Pioneer of fully integrated EAP, legal, financial, work-life and wellness services
- GuidanceResources®, a trusted brand
- Multiple offices covering 130 countries
- Service centers staffed by dedicated clinical, legal, financial, wellness, absence-management, behavioral and work-life experts
- Operating 24 hours a day, 7 days a week, 365 days a year
- 30+ year track record of superior growth, performance and stability
GuidanceResources®

Integrated GuidanceResources® allows us to be your single source for:
› Confidential consultation on personal issues
› Legal information and resources
› Financial information, resources and tools
› Information, referrals and resources for work-life needs
› Online information, resources and tools

Confidentiality

The program is strictly confidential
Records are maintained by ComPsych®
Summary of number of requests for assistance
Available 24 Hours a Day

Call us anytime for solutions!
844.393.4983

Or Online:
www.GuidanceResources.com
Company Web ID: UMASS

Confidential Counseling

Short-Term Counseling
› Address issues early
› No cost
› Confidential
› Voluntary

Long-Term Counseling
› Continuing treatment for long-standing issues
› Refer to insurance
Legal Information and Consultation

Expert legal information from licensed ComPsych® staff attorneys
› Unlimited access
  - Family law
  - Wills
  - Bankruptcy
  - Estate planning
  - Real estate
  - ID Theft
› Local, quality referrals
  - 30-minute in-person consultation
  - Discounted legal fees

Financial Information and Consultation

Financial information from ComPsych® staff financial experts
› Unlimited access
  - Budgeting
  - Income tax
  - Credit
  - Real estate
  - Debt
  - Retirement planning
› Confidential and objective
Work-Life Balance

Information, referrals and resources for work-life needs

Addressing work-life balance issues by providing practical information and referrals

› Child and elder care
› Educational options
› Community information
› Event planning
› Home improvement
› Buying/selling a home, relocation
› Assistance with shopping and locating items

Online Information, Tools and Services

Guidance Resources Online

Wellness

› Health Assessment
› Personal Health Dashboard
› Online Wellness Programs
› View more on healthy guidance

Health Care Navigation Resources

› Benefits & Administration
› Physical Health & Clinical

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Types of Referrals

Self-referral
› Employee calls after receiving brochure, attending training, etc.

Informal referral
› Employee calls as a result of manager/HR suggestion

Formal referral
› Supervisor calls as a result of employee job performance issues and requests formal referral department
› Supervisor and employee sign provided release of information and return the release to ComPsych
› Formal referral specialist provides requested follow up information to supervisor
Additional Services

Supervisory consultants
Critical Incident Stress Management (CISM)

Training opportunities
› Personal and professional development workshops
› Management development
› HR/organizational consulting

Thank You for Attending

Your single source for confidential support, expert information and valuable resources, when you need it the most.

Available 24 hours a day, 7 days a week
Call: 844.393.4983  TDD: 800.697.0353
Online: guidanceresources.com
Your company web ID: UMASS