The Dietetic Internship at the University of Massachusetts Amherst is a program that provides the practical experience necessary to qualify a student to take the nationally-administered Registered Dietitian (R.D.) examination. The philosophy of the program is based on our recognition that in many geographic areas there is a need for broadly-trained dietitians, and that many students benefit from exposure to a wide variety of practice settings before deciding where to specialize. Our program strives to provide an opportunity for the best-qualified applicants, from both western Massachusetts and other areas, to participate in varied and enriching supervised practice experiences which can form the broad basis for a career in any segment of the field of dietetics. Interns spend at least 280 hours in a foodservice facility, gaining experience in a food service management role. They spend at least 240 hours in community nutrition activities at a field site. They spend a minimum of 430 hours in a clinical setting. In addition, interns meet at about once per month for seminar and other academic and networking sessions. Many health-care facilities and other organizations in Western Massachusetts, from all over the state of Massachusetts cooperate with the University of Massachusetts Amherst to provide the experiences necessary to meet all the required competencies. Most of the intern's time is spent at the field sites, with only a small portion of time spent at the University itself.

The Dietetic Internship at the University of Massachusetts Amherst is currently accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of The Academy of Nutrition and Dietetics (AND). The address and phone number of ACEND are 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606, 312/899-4876.

In order to successfully complete the Dietetic Internship, interns are expected to meet all the specific competencies for each rotation. Competencies are based on learning experiences designed to simulate a wide range of activities practiced by entry-level dietitians. Interns work with preceptors in each field site and with the Internship Director to insure that all competencies are met. Additional work (e.g. reading, research, working on projects individually) is required above and beyond the scheduled hours in the field site, especially during the clinical rotation. The program becomes full-time (i.e. 40 hours/week in the supervised practice facility) for the staff relief portion of the clinical rotation (approximately the last three weeks of that rotation). Upon graduating, interns receive a verification statement stating that they have satisfactorily completed the internship, and they become eligible to take the registered dietitian (R.D.) exam.

Track 1 and Track 2

Track 1- This track allows students to benefit from exposure to a wide variety of practice settings before deciding where to specialize and to gain access to RD eligibility in 10 ½ months.
Graduates become eligible to sit for the RD exam upon completion of the supervised practice competencies, receipt of the verification statement and subsequent notification from CDR.

**Track 1 Class Enrollment Cap=10**

**Track 2**- This track allows students to benefit from exposure to a wide variety of practice settings before deciding where to specialize and to gain access to RD eligibility while pursuing a graduate degree in 27 months. The Academy of Nutrition and Dietetics has ruled that by 2024, anyone who sits for the RD exam will be required to have a graduate degree. This track offers a quality program combining the Master of Public Health and the DI in a concurrent format. Graduates become eligible to sit for the RD exam upon completion of the supervised practice competencies, receipt of the verification statement and subsequent notification from CDR. Receipt of the verification statement is not contingent upon completion of the MPH-N.

**Track 2 Class Enrollment Cap= 5**

**Financial Issues**

**Program Fees/Refunds/Fee Waivers:**

**Track 1**: Program fees for the 10 ½ -month program are $8,250, payable in two installments: August 1 and November 1. A $125.00 non-refundable deposit is paid upon acceptance of a match to the program. This deposit is credited to the first installment of the program fee due in August. A registration fee of approximately $45.00 per semester is charged for enrollment in NUTR 698, Nutrition Practicum/Seminars, in which all interns are enrolled for both fall and spring semesters. If any intern withdraws or is terminated from the program, s/he is obligated to pay only those fees already due as of the date of withdrawal. All withdrawals must be made in writing. No intern who matches to the program through computer matching may use a state-employee program fee waiver. If, after the match, there is space available in the program, applicants who have such a waiver will be considered along with other applicants for any such open spaces.

**Track 2**: Students pay by the semester at a rate of $605.00 per credit. There are 52 credits in total. Interns attend the Nutrition Practicum/Seminars, Nutrition 698 in which all interns are enrolled for both fall and spring semesters, as part of their per-credit enrollment. Nutrition 698 is 3 credits per semester times 4 semesters, or 12 total credits. If any intern withdraws or is terminated from the program, s/he is obligated to pay only those fees already due as of the date of withdrawal. All withdrawals must be made in writing. No intern who matches to the program through computer matching may use a state-employee program fee waiver. If, after the match, there is space available in the program, applicants who have such a waiver will be considered along with other applicants for any such open spaces.

The following fees also apply:

- MPH Application fee: $75.00
University of Massachusetts Dietetic Internship 2016-2017

- Registration fee (once per semester): $45.00
- Graduate School Entrance fee (once upon matriculation, covers graduation costs and transcripts): $357.00

Total cost of program spread out over 27 months is approximately $32,500.

**Housing/Meals/Transportation/Clothing:** Interns are responsible for their own living arrangements and expenses, and they must have access to individualized transportation, since many of the field sites where interns receive the majority of their training are not easily accessible by public transportation.

A wide variety of housing possibilities is available in the Amherst area, with prices dependent on specific type of arrangement and location. Contact information is available for past interns who have obtained area housing in recent years.

The clinical and some food service management field sites require a lab coat worn over professional clothing, which interns must provide. Interns are expected to follow dress codes set by facilities to which they are assigned.

Many rotation sites offer free/reduced-cost meals during your “work” hours. Many also provide free parking. Some sites (like Baystate Medical Center) require off-campus parking with shuttle buses provided.

All rotation sites are either in the state of Massachusetts or (as is the case with Brattleboro Memorial Hospital) within a 60-mile radius of Amherst. Interns must live either in Massachusetts or within a 60-mile radius of Amherst for accessibility to rotation sites.

**Other Costs and Requirements:** Interns are required to complete at least 8 hours of continuing professional education during the course of the internship. Some of the programs offering credits have fees, such as attending state, local, and national dietetic association meetings.

Attendance at one day of a State or National Dietetic Association meeting per year is required. Scholarships from the internship are not available, though some of these meetings have reduced prices for students and/or student volunteers.

If you co-author an abstract for presentation at a professional meeting, you will be required to pay the conference fee for that meeting. You will be required to pay for the printing of a poster for this meeting or for graduation.

Some clinical sites require interns to purchase a custom-fitted infectious disease prevention mask—the cost is $25-$30 and can be obtained at AEIOU 170 University Drive, Suite 202, Amherst, MA 01002

These additional program costs are expected to be no more than $500.

**Computer:** Interns need to have the use of a computer with internet access.
**Professional Liability Insurance:** Interns are not required to carry their own Professional Liability Insurance for their work associated with the internship as they are covered by a policy held by the University of Massachusetts.

**Employment/Financial Aid:** Although many interns find it is desirable to work part-time for financial reasons, due to schedule variability and travel time between rotation sites, it is not realistic to expect to be able to work for more than 8 hours/week outside the Internship. Additionally, the schedule of any outside jobs must be flexible enough to accommodate the schedule of facilities to which interns are assigned. The internship should be given the highest priority during this year.

**Track 1:** Students enrolled in the Internship at the University of Massachusetts, Track 1 are **not eligible** for financial aid through the University’s Financial Aid Office.

**Track 2:** Students enrolled in the Internship at the University of Massachusetts, Track 2 are **eligible** for financial aid through the University’s Financial Aid Office as long as they maintain a minimum of 6 credits per semester.

**Health Insurance** Interns are required to provide a copy of the cover page of the current health insurance policy and coverage must be assured for the entire internship year. Interns moving to Massachusetts who do not have health insurance can contact the Health Connector portal at https://www.mahealthconnector.org/portal/site/connector/ to inquire about eligibility for a plan.

**Student Status in Practice Facilities**

It is agreed that while in practice facilities, interns have the status of trainee, and will not routinely replace regular staff members employed at the facility. Interns are not paid by the facility while performing their planned experience. All interns are expected to abide by each facility's rules and regulations, including dress codes and personal appearance policies, and to uphold patient confidentiality and patient/client care protocols as established by that facility. The dietetic intern name badge (provided at the orientation) should be worn at each rotation and group activity.

**Program Completion Requirements**

Each intern must satisfactorily complete all three major rotations, the ‘plan your own rotation’ and to meet the minimum 1200 hours of supervised practice as required by the Accreditation Council for Education in Nutrition and Dietetics to successfully complete the Dietetic Internship. "Satisfactorily completing" each rotation means that the preceptor for that rotation, the Dietetic Internship program director, and the intern all agree that all stated competencies for that rotation have been achieved to a degree acceptable to the three persons involved. If an intern has trouble mastering all competencies, s/he may need to spend more time in that rotation, or participate in additional activities/experiences, until an acceptable level of competency is achieved. It is expected that problems will be dealt with early in a rotation to avoid an intern getting to the end of a full rotation period with little chance of success. Interns must
complete the internship in no more than 150% of the usual time. The program does not give credit for prior learning, either educational or experiential.

**Track 1**- Completion is expected at 10 ½ months or 46 weeks; maximum length is 69 weeks.

**Track 2**- Completion is expected at 27 months or 120 weeks; maximum length is 180 weeks.

In addition, interns are required to:

1. Participate in seminars, which meet about once/month, including giving a presentation with appropriate written summary and bibliography at the end of each rotation and at least one abstract summarizing the presentation and/or major project completed.

2. Attend professional conferences/meetings that provide a minimum of 8 Continuing Education Hours for Registered Dietitians, and to summarize sessions attended in writing for the program director. One of these meetings must be a State or National Dietetic Association meeting. The expenses of attending these meetings will be incurred by the intern. Often there are reduced prices for students and/or for volunteering.

3. Submit an abstract for presentation at a professional meeting and prepare the poster associated with that abstract for presentation at the professional meeting and/or at graduation.

4. Complete a volunteer experience, the objectives of which will be reviewed at orientation.

5. Develop the objectives and complete a 2-week (8-day) ‘Plan your own’ rotation. More information will be provided at Orientation.

6. Be ServSafe or equivalent Foodservice Sanitation Certified by the time the intern begins the foodservice/management rotation.

7. Be a student member of The Academy of Nutrition and Dietetics, Massachusetts Dietetic Association and the Western Area Massachusetts Dietetic Association.

8. Complete Human Subjects Research Training (CITI) prior to working on the Research Requirement. Information will be provided.

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**Dispute Resolution**

The Dietetic Internship abides by the University of Massachusetts Academic Grievance Procedure and Academic Honesty Policy. The link to these policies and procedures can be found at: [http://www.umass.edu/registrar/media/academicregs.pdf](http://www.umass.edu/registrar/media/academicregs.pdf) and [http://www.umass.edu/dean_students/code_conduct/acad_honest.htm](http://www.umass.edu/dean_students/code_conduct/acad_honest.htm)

The Ombuds Office is available to all members of the University community to help resolve University-related conflicts impartially and without judging, rewarding, or punishing parties. Depending on the problem, the Ombuds Office mediates disputes, facilitates communication, investigates claims of unfair treatment or erroneous procedure, listens, advises, and makes recommendations. The Ombuds Office provides information about and referral to
grievance procedures. The Office also coordinates the hearing process for academic grievances and charges of academic dishonesty.

Some of the problems with which the Ombuds Office can offer advice or assistance to students include: course/degree requirements; grade disputes; grading policy and practice; allegations of academic dishonesty; sexual, racial, and other types of harassment; delays in services or decisions; conflicts with instructors, employers, or administrative offices; roommate/coworker/classroom conflicts; and other interpersonal disputes.

Records, contacts and communication are normally confidential; in unusual circumstances (which are explained to clients) rare exceptions are made if required by law.

The Ombuds Office is located in 823 Campus Center, tel. 413-545-0867. Although not required, it is best to call to arrange a convenient time for an appointment.

**Disciplinary/Termination Procedures**

All efforts will be made to accommodate interns' problems with respect to rotation assignments. However, when an intern does not abide by stated policies and student/intern guidelines, or continues to fail to meet an acceptable level of performance, disciplinary action or termination may be necessary. Problems which may result in termination can be broken down into two categories:

**Not abiding by stated policies:** Interns who do not abide by stated policies, including the student/intern guidelines (see separate document) are subject to immediate termination. A preceptor in a site can reserve the right to terminate a student in the interest of patient/client/employee safety. In order for an intern to be terminated in this manner, both preceptor and program director must agree that the intern's behavior was sufficiently inappropriate to warrant such action. Stated policies include policies in effect at rotation sites, which must be made aware to interns at the beginning of their rotation.

**Intern does not succeed in particular rotation:** If, at a performance appraisal meeting of intern and program director, or at the discretion of a preceptor, an intern is found to be unsuccessful in meeting expected competencies, the intern may either (a) be reassigned to another rotation site, or (b) work with the preceptor and program director to develop a plan acceptable to all involved to remedy the problem. Missed time must be made up by the intern, and in some cases duplicating some experiences may be necessary to insure that all competencies expected from a rotation are met. If reassignment to a new rotation site is not possible, the intern must meet with the program director and preceptor to develop a plan to achieve the competencies necessary for that rotation. The plan must be acceptable to both the preceptor and the Dietetic Internship program director, and shall include a timeline for when activities in the plan will be completed. A review of how well the plan is working will be made by the preceptor and the program
director within a reasonable time, to be determined by and included in the plan. If the intern continues to be unsuccessful in meeting competencies as enumerated in the plan, the program reserves the right to terminate the intern.

Dispute resolution procedures described above are available to the intern. In any case of termination or voluntary withdrawal, interns may be released from program fee obligations not yet due when the termination occurs.

**Track 2 Only- Academic Requirements/Disciplinary Procedures**

Track 2 interns must get a B- or better in the 5 core public health courses or they have to repeat them.

1. Biostats/Epi 540: Introductory Biostats
2. EHS 565: Environmental Health Practices
3. HPP 601: Application of Social and Behavior Theories
4. HPP 620: Introduction to the U.S. Healthcare System
5. Biostats/Epi 630: Principles of Epidemiology

**Academic Dismissal**

A student who in any two semesters, consecutive or otherwise, has semester averages of below 2.800 is subject to academic dismissal. (Students going below a 2.800 GPA receive a letter from the Graduate School warning them of the possibility of Academic Dismissal.)

**Academic Average for Graduate Degrees**

In the courses which a student is offering to satisfy degree requirements, a minimum standard for satisfactory work is a 3.000 average.

**Satisfactory or Reasonable Progress**

A student must make satisfactory and reasonable progress toward completion of a degree program within the Statute of Limitations for that degree. A student who is not making satisfactory or reasonable progress is subject to termination. (The SOL for the MPH in Nutrition degree is 4 years.)

**Family Educational Rights and Privacy Act**
The Family Educational Rights and Privacy Act (Part 99 of Title 34 of the Code of Federal Regulations) allows present or former students at educational institutions access to educational records kept on them, as well as basic protections of privacy of their records. The law does not apply to applicants seeking admission to the University. The law applies to educational records, which are defined as those records that are directly related to a student and maintained by an educational agency or institution.

The Dean of Students Office, 227 Whitmore Administration Building, keeps a list of types of educational records maintained by the University, where they are kept, and who is responsible for them. The Dean of Students Office also has available a description of your rights under the Family Educational Rights and Privacy Act, and procedures to be followed in exercising those rights.

If you wish to see any of the educational records which apply to you, go to the office which keeps the records during regular working hours. Make your request in writing, following the procedures established by the office. If possible, you will have immediate access to your record. In no case will you have to wait more than 45 days. If you are required to wait, the office will tell you when your record will be available. You will have to identify yourself with a picture ID to see your record.

If you wish to challenge the content of your record, first try to work the problem out with the person responsible for the record. If this proves unsuccessful, you may request in writing a hearing at which you may present your challenge. Complete information on hearing and appeal procedures is available from the Dean of Students Office, 227 Whitmore Administration building.

**Liability for Safety in Travel**

The Nutrition Department and the University of Massachusetts Amherst assume no responsibility for Dietetic Interns traveling between their assigned areas. Interns are required to furnish their own transportation to and from rotation sites, and are liable for their own travel. Interns must maintain an active automobile insurance policy during the internship. A copy of your automobile insurance policy is required on or before the start of the first rotation.

**Vacation, Holiday, and Absence Policies**

Interns in both tracks will have two weeks’ vacations each year at the holidays (Christmas and New Years).

**Track 2 interns** begin the first rotation in September of year #1. They have Thanksgiving week off each year and have 2 weeks vacation time in the summer of year#2.

Interns in both tracks may be required to work on legal holidays at the discretion of the preceptor, although that is highly unlikely. Interns are responsible for notifying their preceptor of any absence or excessive lateness (more than 15 minutes of expected arrival time). If an intern knows s/he will be absent, the intern should arrange with the preceptor to reschedule all assignments. Interns are expected to keep to their assigned schedules, except for emergencies or legitimate illness. Interns who are absent due to illness or personal reasons must make up any missed work, preferably within the same week as, or the next week following, their absence. Rotation time logs
must be maintained by interns and should be signed by the preceptor at the rotation end. Some seminar sessions are counted toward the total supervised hours, and may need to be made up. The internship director will determine if a seminar session needs to be made up, and what commensurate experience is possible. There are no ‘sick days’ incorporated into the internship schedule. Interns who miss long periods, due to prolonged illness for example, may need to extend the time they stay at one rotation to meet all the required competencies. Rescheduling such missed work will be done at the discretion of the preceptor(s) and the program director. There will be a surcharge levied if the time extension is greater than a few days.

**Health Issues and Illness or Injury while in Practice Facility**

Interns are responsible for their own health and safety while in practice facilities.

Interns are responsible for contacting the preceptor in their first rotation *about 1 month* before that rotation is due to begin. The intern is responsible for knowing what health screens are required by the rotation site and obtaining those records from their primary care doctor. Any health insurance forms from the hospital where the clinical rotation will be completed, or from other rotation sites must be obtained and completed before the rotation begins. Some vaccinations and the TB test may require a 2nd reading, so allowing enough time for that is essential.

Interns are also required to carry health insurance and provide a copy of the health insurance card or policy on or before the start of orientation. Some rotation sites require proof of immunizations, TB testing, and/or drug testing that the intern will be required to provide at his/her own expense. The process should be repeated about 1 month before each subsequent rotation in the internship, including the VA rotation, the plan-your-own, the Long-term Care, and Pediatric rotations.

ACEND requires each intern to complete the program in 150% of the expected time.

**Track 1**- Completion is expected at 10 ½ months or 46 weeks; maximum length is 69 weeks.

**Track 2**- Completion is expected at 27 months or 120 weeks; maximum length is 180 weeks.

**Schedule and Program Calendar**

A 3-day orientation is held for interns before they begin their first rotation. The calendar for the 2016-2017 year is:

<table>
<thead>
<tr>
<th>Both tracks:</th>
<th>August 17-19, 2016</th>
<th>Orientation</th>
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</thead>
<tbody>
<tr>
<td><strong>Track 1</strong>:</td>
<td>August 22, 2016</td>
<td>1st Rotation or Pre-Clinical Workshop begins</td>
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<tr>
<td><strong>Track 2</strong>:</td>
<td>September 12, 2016</td>
<td>1st Rotation (FS/MGT) begins</td>
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A 2-week vacation is scheduled, the weeks of Dec. 18 and Dec 25, 2016 returning to the program on Jan. 2, 2017
The FS/MGT rotation is **10 hours/week** (280 total hours) between Sept. 5, 2016 and April 7, 2017 (there are no rotation hours during the week of Thanksgiving or the 2 vacation weeks).

The COMM (Community) rotation **8 hours/week** for 30 weeks, Begins 5/8/17- runs through Dec 22/17 with 2 weeks off in summer and Thanksgiving week off) for a total of **240 hours**.

The CLIN (Clinical) rotation Spring 2017: **120 Clinical Hours** (Plus 2-week pre-clinical workshop) in the Spring. The rotation extends through the summer for **312 hrs + 48 hour VA rotation.** It is scheduled to end the last week of August 2017. More information about the clinical rotation will be available in the Fall of 2016.

For more in-depth experiences, interns are encouraged to spend more time in each facility. In addition, interns are required to be present for **40 hours per week** during the staff relief portion of their clinical rotation -- usually the last three weeks of that rotation.

Additional time is required for outside preparation, traveling to sites other than the “base” facility where specific objectives are being met, and related tasks. Intern assignments to particular facilities take into account intern interests and schedule preferences, but are made based on the best interests of the total class in a given year. On rare occasions, a preceptor/site may discontinue the affiliation with UMass due to staffing changes and other issues. Therefore, we cannot guarantee that interns will be assigned to their preferred practice site for any rotation. However, every attempt will be made to place each intern where their individual experience is expected to be positive and where the competencies are likely to be met.

The Dietetic Internship Practicum/Seminar (Nutrition 698 A-F) meets approximately 1-2X month, usually on a Friday, often in Amherst or Springfield. Occasionally, the seminar will be held in another location to which interns must travel, including Boston or Worcester, MA. Interns are responsible for paying for any parking fees when seminars are held on the campus of The University of Massachusetts. Information on how to purchase an occasional parking pass will be provided at orientation. The full schedule of seminars are made available to interns at orientation.

### Performance Appraisal and Role of Director in Advising

An intern's performance will be reviewed continually by the preceptor and occasionally by the program director during each rotation. In addition, a comprehensive performance evaluation will be conducted for each intern at the mid-point and at the end of each rotation. Self-evaluations are completed by each intern during each rotation. Interns are expected to keep a journal and portfolio of their activities during all rotations to document performance of required activities. The director will perform advising as needed throughout the program.

### Non-Discrimination Policy

The University of Massachusetts Amherst prohibits discrimination on the basis of race, color, religion, creed, sex, age, marital status, national origin, mental or physical disability, veteran status, or sexual orientation in any aspect of the access to, admission, or treatment of students in
its programs and activities, or in employment and application for employment. Furthermore, University policy includes prohibitions of harassment of students and employees, i.e., racial harassment, sexual harassment, and retaliation for filing complaints of discrimination.

Inquiries concerning applicable laws, regulations, and policies should be addressed to the Equal Opportunity and Diversity Office, 305 Whitmore Administration Building, (413) 545-3464. rev. 4/2013