Summer HAIL (Healthy Aging and Independent Living) Internship Opportunity for nutrition/dietetic students and/or recent graduates

Contact Person: Denise Blevins, RDN/LD – HAIL Dietitian
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Meals On Wheels, Inc. of Tarrant County (MOWI) is a 501(c)(3) not-for-profit charitable organization, and has operated independently in Tarrant County since 1973, providing hot, nourishing meals to elderly and disabled persons who are unable to prepare meals for themselves. The meals, daily contact by caring volunteers and professional case management allow frail, homebound persons to remain in their own homes ... where they want to be. More information about the organization can be found at www.mealsonwheels.org.

For the third time, MOWI is offering a summer internship for a nutrition student or recent graduate interested in working on our HAIL Project. This project is designed for MOWI clients who have diabetes, are at risk for developing diabetes, or are at high nutrition risk. The HAIL project aims to educate clients in their home on behavior and lifestyle changes to help manage their chronic conditions, and also strives to keep our clients out of the hospital and healthy in their homes.

The selected applicant will work one-on-one with our three Registered Dietitians that work with the HAIL project. This experience will include observations of client education and counseling; follow-up telephone calls to assessed clients; mailings of educational materials to clients; maintenance of our client databases; and other duties as assigned by the HAIL dietitians.

This summer internship period will be June 6-August 12, 2016. The dates, days, and hours of work can be flexible but require a minimum commitment of at least 32 hours per week for 8 weeks or more, for at least a total of 250 hours within MOWI regular operating hours of 8:00 A.M. to 4:30 P.M Monday through Thursday. We will have a mandatory orientation day, along with other MOWI summer interns, on Monday, June 6th. This is a non-paid position. The applicant will need to secure their own travel to the Dallas/Fort Worth area and make their own housing arrangements within the Dallas/Fort Worth Metroplex, as well as have their own reliable transportation and a laptop computer; if assistance is needed in finding housing, we can provide leads. Any mileage or other out-of-pocket expenses related to performing specific job duties will be reimbursed.

If interested in this position, please respond by March 31, 2016 via email to Denise Blevins, RDN/LD at dblevins@mealsonwheels.org with:

1) a current résumé
2) an essay on why you would like to work at on the HAIL project and your talents/interests
3) two letters of recommendation; at least one needs to be from a professor, and both letters should be sent directly to Denise from the letter writer
4) a statement of your dates, days, and hours of work availability
5) a statement of your planned living arrangements, and whether you have access to transportation and a laptop computer
6) a list of concerns or questions regarding this internship
Please send all documents via word document(s) or pdf files via email with a subject title of HAIL INTERN APPLICANT 2016. Phone interviews may be scheduled prior to the announcement date to select finalists. Two applicants will be selected for the summer positions by April 15, 2016. Applicant selection will be based upon:

- quality of the application documents and recommendation letters
- strength of recommendation letters and letter writer’s knowledge of the candidate
- initiative and research about MOWI and their programs
- enthusiasm shown and responses given on the phone/in-person interviews
- the applicant availability and length of the summer commitment