

Program Objectives

After the conference, participants will be able to:

1. Explain how hunger and food insecurity are defined and measured in the U.S.
2. Describe the magnitude of food insecurity and hunger in the U.S. population, and the relationships between the two.
3. Recognize the negative consequences of food insecurity on children's health and development.

This program is eligible for 2 CPE credits, level 2.

About our Speakers:

Maureen Black, Ph.D., is the John A. Scholl Professor of Pediatrics at the University of Maryland School of Medicine and director of the Growth and Nutrition Clinic, a multidisciplinary clinic for children who are failing to thrive. She is an adjunct professor in the Center for Human Nutrition, Johns Hopkins Bloomberg School of Public Health and in the Department of Psychology, University of Maryland Baltimore County. Dr. Black is a pediatric psychologist; she has been the president of the Society of Pediatric Psychology and the Division of Children, Youth, and Family Services of the American Psychological Association. Dr. Black specializes in intervention research related to children's nutrition, health, and development. She is a member of the Maryland WIC Advisory Committee and has served on committees for UNICEF, WHO, and the Institute of Medicine. She has published over 200 journal articles and book chapters.

John Cook PhD, MA Ed, conducts research on food insecurity and energy insecurity, and their impacts on the health of young low-income children and their mothers. Current research also includes assessment of affordability and accessibility of healthy foods in low-income neighborhoods of Boston and Philadelphia, and viable approaches to food systems reform. Dr. Cook is a Senior Research Scientist and Co-Principal Investigator with Children's HealthWatch (formerly the Children's Sentinel Nutrition Assessment Program or C-SNAP), and is project evaluator for Children's HealthWatch's recently received MacArthur Foundation grant to study associations between housing insecurity and child health. Dr. Cook is also evaluator for several programs within the Department of Pediatrics' Nutrition and Fitness for Life (NFL) program, including its FANTastic Kids intervention to reduce obesity among elementary-school-age children, and the Boston Public Schools-Community Stores Initiative to reduce consumption of sugar-sweetened beverages among middle-school children. He also consults with Feeding America (previously known as America's Second Harvest, the Nation's Foodbank Network), chairing the Technical Advisory Group for its national research studies and with Project Bread, The Walk for Hunger.

Program Agenda

- 4:00 **Registration and Refreshments**
- 5:00 **Introduction and Awards**
- 5:30 **Hungry Mothers and Children: Hidden in America, Prevalent Worldwide**
- Maureen Black, PhD**
- 6:30 **Dinner**
- 7:30 **Food Insecurity in the U.S.? What's Hunger Got to Do With It?**
- John Cook PhD, MA Ed**

Registration Deadline ■ April 6, 2009

Complete and return registration form with full payment. (No confirmations will be sent.)

Name: _____
(Print or Type)

Mailing Address: _____

Telephone: _____

Fax: _____

E-mail: _____

Please check one box below:

Lecture and Dinner \$50.00

Full-time students \$25.00

Dinner Options (indicate your choice):

Mass harvest baked stuffed chicken breast

Baked scrod with lemon butter

Pasta Primavera (vegetarian)

Specify special dietary needs _____

To register by fax:

Credit Card Payment ONLY **(413) 545-1074**

Circle your method of payment:

Visa Mastercard

Card #: _____
(Print or Type)

Exp. _____
(Month/Year)

Signature: _____

To register by mail:

Enclose a non-refundable check payable to:

University of Massachusetts Amherst

Mail to: Attn: Eileen Giard

Dept. of Nutrition, Chenoweth Lab

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21st Annual
VIRGINIA A. BEAL
LECTURE & DINNER

Hungry Mothers, Hungry Children



Tuesday
April 14, 2009
4:00 - 9:00PM

Sponsored by:
University of Massachusetts Amherst
Department of Nutrition and
the Western Area Massachusetts
Dietetic Association (WAMDA)

The 21st Annual
**VIRGINIA A. BEAL
LECTURE & DINNER**

**Clarion Hotel and
Conference Center**

1 Atwood Drive
Northampton, MA 01060
(413) 586-1211

Directions:

From the East or West:

- West on I-90 (Mass Pike) to exit 4.
- Right onto I-91 North to exit 18.
- Right onto US-5 0.2 miles.
- Right on US-5/Mt. Tom Road 0.1 to Clarion Hotel and Conference Center

From the North or South:

- Travel on I-91 to exit 18.
- Right onto US-5 0.2 miles.
- Right on US-5/Mt. Tom Road 0.1 to Clarion Hotel and Conference Center