

Item-by-Item Results Men's Health Issues Survey (S03-C)

Response Rate = 61.2%
Sampling error is plus or minus five percentage points.

Hello, is this _____? My name is _____. I'm calling for Project Pulse of the Student Assessment, Research and Evaluation Office at UMass. Tonight we're conducting a survey on health issues. You've been randomly selected from the entire population of male undergraduates to participate in this survey. All of your responses are completely confidential. Feel free to ask questions at any time.

First, I'd like to ask you a few questions about your use of University Health Services, also called UHS.

Since September 1st, how many times have you visited
University Health Services to see a health care provider, such as
a physician, nurse practitioner, physician assistant or mental
health professional?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	251	62.6	62.6	62.6
	1	74	18.5	18.5	81.0
	2	33	8.2	8.2	89.3
	3	19	4.7	4.7	94.0
	4	4	1.0	1.0	95.0
	5	2	.5	.5	95.5
	6	5	1.2	1.2	96.8
	7	2	.5	.5	97.3
	9	1	.2	.2	97.5
	10	3	.7	.7	98.3
	12	2	.5	.5	98.8
	15	1	.2	.2	99.0
	18	1	.2	.2	99.3
	25	1	.2	.2	99.5
	40	2	.5	.5	100.0
Total		401	100.0	100.0	

Mean = 1.17

Have you ever visited University Health Services to see a health care
provider? (if have not visited University Health Services since
September 1st)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	83	33.1	33.2	33.2
	2 No	167	66.5	66.8	100.0
	Total	250	99.6	100.0	
Missing	3 Refused	1	.4		
Total		251	100.0		

The next set of questions pertains to your exercise and fitness habits.

In a typical week, on how many days do you spend time engaged in cardiovascular exercise - exercise that gets your heart rate up?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	75	18.7	18.8	18.8
	1	30	7.5	7.5	26.3
	2	67	16.7	16.8	43.1
	3	89	22.2	22.3	65.4
	4	53	13.2	13.3	78.7
	5	38	9.5	9.5	88.2
	6	19	4.7	4.8	93.0
	7	28	7.0	7.0	100.0
	Total	399	99.5	100.0	
Missing	8	2	.5		
Total		401	100.0		

Mean = 2.86

In a typical week on how many days do you spend time lifting weights or weight training?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	184	45.9	46.1	46.1
	1	30	7.5	7.5	53.6
	2	40	10.0	10.0	63.7
	3	63	15.7	15.8	79.4
	4	42	10.5	10.5	90.0
	5	27	6.7	6.8	96.7
	6	9	2.2	2.3	99.0
	7	4	1.0	1.0	100.0
	Total	399	99.5	100.0	
Missing	9	2	.5		
Total		401	100.0		

Mean = 1.71

Do you currently take a dietary supplement or herbal aid to increase your strength, fitness level or sports performance?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	59	14.7	14.7	14.7
	2 No	342	85.3	85.3	100.0
	Total	401	100.0	100.0	

**(asked if take a supplement)
What is the name of the supplement you take?**

SEE APPENDIX A FOR RESPONSES

Do you currently use steroids to increase your strength or sports performance?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	3	.7	.7	.7
	2 No	398	99.3	99.3	100.0
	Total	401	100.0	100.0	

Next, I am going to ask you some questions pertaining to alcohol use.

Do you have any male friends here at UMass who you suspect have a drinking problem?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	129	32.2	32.2	32.2
	2 No	272	67.8	67.8	100.0
	Total	401	100.0	100.0	

Note: The next five items reflect the responses of alcohol drinkers only (18% (n=72) of the male students surveyed reported that they do not drink alcohol).

Do you suspect that you, yourself have a drinking problem?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	17	5.2	5.2	5.2
	2 No	312	94.8	94.8	100.0
	Total	329	100.0	100.0	

When you drink alcohol, how often do you have more than one drink in an hour? (Not asked if don't drink alcohol)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Usually	154	46.8	46.8	46.8
	2 Sometimes	93	28.3	28.3	75.1
	3 Rarely	63	19.1	19.1	94.2
	4 Never	19	5.8	5.8	100.0
	Total	329	100.0	100.0	

When you drink alcohol, how often do you have two or more drinks in an hour? (Not asked if don't drink alcohol)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Usually	98	29.8	29.8	29.8
	2 Sometimes	121	36.8	36.8	66.6
	3 Rarely	74	22.5	22.5	89.1
	4 Never	36	10.9	10.9	100.0
	Total	329	100.0	100.0	

Since September 1st, how many times have you had a blackout after drinking, that is, forgotten what you had done recently or where you were? (Not asked if don't drink alcohol)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	227	69.0	69.2	69.2
	1	45	13.7	13.7	82.9
	2	18	5.5	5.5	88.4
	3	13	4.0	4.0	92.4
	4	6	1.8	1.8	94.2
	5	5	1.5	1.5	95.7
	6	1	.3	.3	96.0
	7	1	.3	.3	96.3
	8	1	.3	.3	96.6
	9	1	.3	.3	97.0
	10	5	1.5	1.5	98.5
	12	1	.3	.3	98.8
	15	1	.3	.3	99.1
	20	2	.6	.6	99.7
	26	1	.3	.3	100.0
	Total	328	99.7	100.0	
Missing	99	1	.3		
Total		329	100.0		

Mean = 1.04

Since September 1st, how many times have you been treated for alcohol poisoning? (Not asked if don't drink alcohol)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	327	99.4	99.4	99.4
	1	2	.6	.6	100.0
	Total	329	100.0	100.0	

The next few questions pertain to stress and depression.

How often do feelings of stress interfere with your ability to get a good night's sleep?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Never	116	28.9	29.0	29.0
	2 Rarely	145	36.2	36.3	65.3
	3 Sometimes	90	22.4	22.5	87.8
	4 Often	33	8.2	8.3	96.0
	5 Very often	16	4.0	4.0	100.0
	Total	400	99.8	100.0	
Missing	6 Don't know/Refused	1	.2		
Total		401	100.0		

How often do you feel overwhelmed by everything that is going on in your life?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Never	83	20.7	20.8	20.8
	2 Rarely	149	37.2	37.3	58.0
	3 Sometimes	116	28.9	29.0	87.0
	4 Often	35	8.7	8.8	95.8
	5 Very often	17	4.2	4.3	100.0
	Total	400	99.8	100.0	
Missing	6 Don't know/Refused	1	.2		
Total		401	100.0		

During the past month, how many times have you missed a class, an appointment, or work because you felt too sad or unhappy to go?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	349	87.0	87.0	87.0
	1	21	5.2	5.2	92.3
	2	19	4.7	4.7	97.0
	3	6	1.5	1.5	98.5
	4	2	.5	.5	99.0
	5	2	.5	.5	99.5
	6	1	.2	.2	99.8
	10	1	.2	.2	100.0
	Total	401	100.0	100.0	

Mean = .28

During the past month how many times have you not prepared an assignment or studied for an exam because you felt too sad or unhappy to work on it?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	341	85.0	85.0	85.0
	1	32	8.0	8.0	93.0
	2	16	4.0	4.0	97.0
	3	4	1.0	1.0	98.0
	4	1	.2	.2	98.3
	5	4	1.0	1.0	99.3
	8	1	.2	.2	99.5
	10	2	.5	.5	100.0
Total		401	100.0	100.0	

Mean = .32

The next few questions pertain to screening for testicular cancer.

Have you ever received or obtained information from a health care provider or some other source about how to perform a testicular self-exam?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	226	56.4	56.5	56.5
	2 No	174	43.4	43.5	100.0
	Total	400	99.8	100.0	
Missing	0	1	.2		
Total		401	100.0		

Which of the following best describes how often you perform testicular self-examinations?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Never	198	49.4	49.9	49.9
	2 A few times per year	115	28.7	29.0	78.8
	3 About every other month	44	11.0	11.1	89.9
	4 Monthly	40	10.0	10.1	100.0
	Total	397	99.0	100.0	
Missing	0	2	.5		
	5 Don't know/Refused	2	.5		
	Total	4	1.0		
Total		401	100.0		

Since September 1st, on how many occasions have you been involved in a physical fight or altercation with another student or students?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	347	86.5	86.5	86.5
	1	24	6.0	6.0	92.5
	2	20	5.0	5.0	97.5
	3	4	1.0	1.0	98.5
	4	1	.2	.2	98.8
	5	2	.5	.5	99.3
	7	1	.2	.2	99.5
	10	1	.2	.2	99.8
	12	1	.2	.2	100.0
	Total	401	100.0	100.0	

Mean = .30

Since September 1st, on how many occasions have you been so angry that you lost control and did something that you later regretted?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	309	77.1	77.1	77.1
	1	42	10.5	10.5	87.5
	2	31	7.7	7.7	95.3
	3	6	1.5	1.5	96.8
	4	4	1.0	1.0	97.8
	5	4	1.0	1.0	98.8
	6	2	.5	.5	99.3
	8	1	.2	.2	99.5
	10	2	.5	.5	100.0
	Total	401	100.0	100.0	

Mean = .49

How often do you wear a seat belt when you drive or are a passenger in a car?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Always	263	65.6	65.9	65.9
	2 Often	70	17.5	17.5	83.5
	3 Sometimes	37	9.2	9.3	92.7
	4 Rarely	20	5.0	5.0	97.7
	5 Never	9	2.2	2.3	100.0
	Total	399	99.5	100.0	
Missing	0	2	.5		
Total		401	100.0		

To what extent do you feel that your recreational Internet use interferes with your schoolwork or work?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 To a very little extent	145	36.2	37.0	37.0
	2 To a little extent	122	30.4	31.1	68.1
	3 To some extent	78	19.5	19.9	88.0
	4 To a great extent	33	8.2	8.4	96.4
	5 To a very great extent	14	3.5	3.6	100.0
	Total	392	97.8	100.0	
Missing	0	2	.5		
	6 Don't use the Internet recreationally	6	1.5		
	7 Don't know/Refused	1	.2		
	Total	9	2.2		
Total		401	100.0		

How likely would you be to attend an educational program on campus pertaining to men's health issues?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Very likely	13	3.2	3.3	3.3
	2 Somewhat likely	78	19.5	19.6	22.9
	3 Somewhat unlikely	129	32.2	32.5	55.4
	4 Very unlikely	177	44.1	44.6	100.0
	Total	397	99.0	100.0	
Missing	0	2	.5		
	5 Don't know/Refused	2	.5		
	Total	4	1.0		
Total		401	100.0		

From what source or sources do you typically obtain information about health issues?

SEE APPENDIX A FOR RESPONSES

The last few questions ask for demographic information. This information allows us to compare differences, if any, among groups.

Are you a: First-year student, Sophomore, Junior, Senior?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 First-year student	86	21.4	21.6	21.6
	2 Sophomore	97	24.2	24.4	46.0
	3 Junior	96	23.9	24.1	70.1
	4 Senior	119	29.7	29.9	100.0
	Total	398	99.3	100.0	
Missing	0	2	.5		
	5 Don't know/Refused	1	.2		
	Total	3	.7		
Total		401	100.0		

What is your age?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	18	36	9.0	9.0	9.0
	19	86	21.4	21.6	30.6
	20	82	20.4	20.6	51.1
	21	72	18.0	18.0	69.2
	22	52	13.0	13.0	82.2
	23	26	6.5	6.5	88.7
	24	15	3.7	3.8	92.5
	25	9	2.2	2.3	94.7
	26	6	1.5	1.5	96.2
	27	3	.7	.8	97.0
	28	1	.2	.3	97.2
	29	2	.5	.5	97.7
	31	1	.2	.3	98.0
	32	1	.2	.3	98.2
	33	1	.2	.3	98.5
	35	2	.5	.5	99.0
	36	1	.2	.3	99.2
	43	1	.2	.3	99.5
	45	1	.2	.3	99.7
	55	1	.2	.3	100.0
	Total	399	99.5	100.0	
Missing	0	2	.5		
Total		401	100.0		

Mean = 21.13

Which of the following best describes your race or ethnicity?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Bi-racial or Multi-racial	8	2.0	2.0	2.0
	2 Cape Verdean	1	.2	.3	2.3
	3 Latino or Hispanic or Chicano	14	3.5	3.5	5.8
	4 White or Caucasian	319	79.6	80.6	86.4
	5 Asian-American or Pacific Islander	23	5.7	5.8	92.2
	6 African-American or Black	20	5.0	5.1	97.2
	7 Native American, N. or S. American Indian, or Alaskan Native	1	.2	.3	97.5
	8 Other	10	2.5	2.5	100.0
	Total	396	98.8	100.0	
Missing	0	2	.5		
	9	3	.7		
	Total	5	1.2		
Total		401	100.0		

Do you live on campus or off campus?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 On	246	61.3	61.7	61.7
	2 Off	153	38.2	38.3	100.0
	Total	399	99.5	100.0	
Missing	0	2	.5		
Total		401	100.0		

What is your residential area?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Northeast	33	13.4	13.5	13.5
	2 Sylvan	34	13.8	13.9	27.3
	3 Orchard Hill	43	17.5	17.6	44.9
	4 Central	40	16.3	16.3	61.2
	5 Southwest	95	38.6	38.8	100.0
	Total	245	99.6	100.0	
Missing	7 Don't know/Refused	1	.4		
Total		246	100.0		