TALKING TRUTH
Finding Your Voice Around the Climate Crisis

UPCOMING EVENTS

WORKSHOP

FACING AN UNCERTAIN FUTURE: YOUR INNER AND OUTER SKILLS

Monday 2/29 2:30-3:30 p.m.
Floor 26, Du Bois Library
Led by Skills for Life, a local program emphasizing introspective and practical skills.

Experience a five-minute silent meditation
Consider the current state of the world and express what you need in order to face an uncertain and challenging future
Explore balancing practical “outer” projects (e.g. crafts, carpentry, and gardening) and reflective “inner” work (e.g. patience and self-knowledge)
Discuss how to build community skills

DISCUSSION

ACTIVISM AND MINDFULNESS: GROUNDSING OURSELVES WITHIN THE CLIMATE CRISIS

Friday 3/4 12:30-2:00 p.m.
Floor 26, Du Bois Library

How do we stay grounded within ourselves as we face the truths of the planetary crisis?

What are our inner resources for authentic hope while looking clear-eyed at current and looming devastating environmental issues?

How can working for political and social change in community deepen our commitment to creating a more sustainable planet?

If we surrendered to Earth’s intelligence we could rise up rooted, like trees.

Rainier Maria Rilke