The Dinner On Us parent-to-parent roundtable offers families with young children the opportunity to learn more about themselves while acquiring new approaches to raising children. The program is free and includes dinner and supervised care for accompanying children. Come join us Monday evenings during the academic year in the UMASS Student Union Building.

Family Dinner: 5:30-6:15pm • Supervised Children's Activities: 5:45-7:30pm
Roundtable Discussion: 6:15-7:30pm
Space is limited • Online registration is required • Visit www.umass.edu/ofr

Spring 2017 Schedule

January 30  Current Research Perspectives: Why Physical Activity Is Important for My Child
Sarah Burkart, MS, Christine St. Laurent, MS, and Brittany Masteller, MS, Department of Kinesiology, Pediatric Physical Activity and Physical Activity & Health Laboratories, University of Massachusetts Amherst

February 6  Words Matter: Raising a Child in the Age of Trump
Professor Shaheen Pasha, Journalism Department, University of Massachusetts Amherst

February 13  How Success Affects Children's Learning
Professor Carrie Palmquist, Department of Psychology, Amherst College

February 21  NO PROGRAM. HOLIDAY OBSERVED.

February 27  Responding to Young Children's Sexual Development, Session 1 of 2
Becky Lockwood, MSW, Associate Director, and Sheela Haque, Educator, Center for Women and Community, University of Massachusetts Amherst

March 6  Keeping Your Child Safe, Session 2 of 2
Becky Lockwood, MSW, Associate Director, and Sheela Haque, Educator, Center for Women and Community, University of Massachusetts Amherst

March 13  NO PROGRAM. SPRING BREAK.

March 20  The Number Sense: Development of Rational Thought in Young Children
Professor Joonkoo Park, Department of Psychological and Brain Sciences, Commonwealth Honors College, University of Massachusetts Amherst

March 27  Kids and Consumerism: What are the Issues, What Can We Do?
Professor Joel Saxe, Department of Communications, University of Massachusetts Amherst

April 3  Effects of Pollution on Family Health
Professor Sylvia Brandt, Department of Resource Economics, University of Massachusetts Amherst

April 10  Family Law 101
Corey Carvalho Esq., Director, Student Legal Services Office, University of Massachusetts Amherst

April 17  NO PROGRAM. HOLIDAY OBSERVED.

April 24  Autism Awareness Month: Advocating for the Whole Family by the Whole Family
Debra Glennon, M.Ed, and Family, Doctoral Candidate, School of Education, University of Massachusetts Amherst

May 1  Honoring Ourselves as Parents
Chris Shanky, MSW and LICSW, Center for Counseling & Psychological Health, University of Massachusetts Amherst

PROGRAMS MAY BE CANCELLED DUE TO THE WEATHER. PLEASE CALL 413-545-0865 AFTER 10:00AM FOR UP TO DATE INFORMATION ON PROGRAM DAY OR VISIT: www.umass.edu/ofr

Dinner On Us (DOU) is a program of the Office of Family Resources (OFR), Rm. 428 Student Union Building, University of Massachusetts Amherst
For more information call (413) 545-0865, email: ofr@umass.edu or visit: www.umass.edu/ofr.