The Amherst Family Center is located in North Amherst.
Old Amherst School
1200 North Pleasant St.
Amherst, MA 01002
Entrance in the rear.

Transportation
PVTA buses stop close to our door. Routes 31, 32, 46, and 51 service the closest stops to the AFC. Parking is available onsite (limited) or in adjacent public spots.

Contact Us
Amherst Family Center
(413)256-1145, afc@stuaf.umass.edu
Like the “Amherst Family Center” on Facebook!

UMass Office of Family Resources
(413)545-0865, ofr@stuaf.umass.edu
Room 428 Student Union Building
UMass Amherst 01003
www.umass.edu/ofr
Ten Reasons to go to the AFC

1. Services are FREE for you and your family.
2. A safe, enriching, and supportive space for families with babies, toddlers, and preschoolers.
3. Values all families including LGBTQ families and celebrates cultural, ethnic, and economic diversity.
4. Offers many opportunities to meet other families and have adult-to-adult conversations.
5. Provides restful moments so adult caregivers can take some time for themselves including studying.
6. Staffed by caring and knowledgeable professionals in the area of child development.
7. A great place to share parenting and grand parenting stories.
8. A place where you and your family can form new friendships.
9. Invites program participants to take advantage of skill building programs and support groups.
10. Offers resources and referrals that meet the needs of your unique family situation.

AFC Program Offerings

• MORNING DROP IN & PLAYROOM
  Parents, guardians, grandparents and children enjoy the AFC with its’ friendly, professionally staffed playroom, meeting room, and eat-in kitchen.

• FAMILY LUNCHES
  On Wednesdays, families are welcome to join a parent provided lunch.

• SUPPORT
  Grandparent Mentor, MotherWoman, Breastfeeding Support, Grandparent Mentoring, Dads, Stroller Walk & Talk, Parents Together, Infant Massage, International Family Day, and English Language Conversation, are always open to new families, and include formal and informal learning opportunities.

• TOURS FOR EXPECTANT PARENTS
  Come learn about what the AFC has to offer. An AFC Advisory Council Member will lead you on an informational tour of the AFC and answer any questions you may have.

• INFORMATION & REFERRAL RESOURCES
  Staff provides needed information and referrals and the AFC lending library has books, tapes and videos on parenting and early childhood development.

• ADVISORY COUNCIL
  Provides direction and support for the Center’s programming. Open to all.

AFC Playroom Hours & Schedule

Monday - Friday
9:00am-12:00pm

Daily Playroom Schedule
9:00 am Center Opens
10:00am Snack Time
11:25am Clean-up
11:30am Circle Time
Family Lunch (Wednesdays Only)
11:50am Good-bye Song
12:00pm Center Closes

Fall & Spring Schedule
The AFC is open weekday mornings. The program follows the Amherst Regional Public School calendar for vacations and federal and state holidays. Visit www.umass.edu/ofr or join us on Facebook for complete program updates.

The UMass Amherst Family Center (AFC) is a program of the Office of Family Resources University of Massachusetts Amherst and a partner agency of the Hampshire County United Way; the AFC receives additional program support through; the MA Department of EEC through the Collaborative for Educational Services, Highland Valley Elder Services, The Amherst Club, individuals, and faith-based organizations.