UMassAmherst

Academic Planning and Assessment

2023 Entering Student Survey

Selected Items for First Year Students

Over the summer of 2023, OAPA was able to conduct the Entering Student Survey (ESS) for the first time since 2019. The survey was conducted entirely online from June 6th to September 5th. The response rate for first year students was 36% (n=1,910). This report presents overall results for selected survey items. Results are shown separately for women (W) and men (M) if the difference between groups was 10 or more percentage points.



32% of women and 17% of men have seen a mental health professional in the past year



78% of women and 68% of men have concern about their **ability to finance** their college education



6% of students are a parent, guardian, or primary caretaker of a dependent child

Top disabilities and medical conditions

Mental health disorder (14%)

Attention deficit hyperactivity disorder (4%)

Physical disability (1%)

Mental health in high school senior year

(% Frequently)

Felt overwhelmed by all they had to do (W=57%, M=30%)

Felt anxious (W=61%, M=33%)

Felt depressed (W=19%, M=9%)

Academic behaviors in high school senior year

(% Frequently)

Were bored in class (39%)

Asked a teacher for advice after class (37%)

Were late to class (7%)

College opportunities students are looking forward to (% To a great extent):

Developing new friendships (88%) Becoming more independent (76%)

Exploring career options (72%)

Developing a wellness routine (57%)

Top current religious preferences:







Political views:







Top student priorities for growth

(% Very important or Essential)

Striving for excellence (95%)

Learning more about yourself (88%)

Being very well off financially (81%)

Personal importance of UMass Amherst values

(% Very important or Essential)

Helping others who are in difficulty (85%)

Helping to promote inclusivenesss in society (W=87%, M=71%)

Contributing to the welfare of people (80%)

Top areas of anticipated need for support in college

(% I will need a lot of help)

Managing my finances (16%)

Managing stress, anxiety, or depression (14%)

Managing my time (14%)

Percentage of students who spent <u>6 or more hours a week</u> during their final year of high school doing the following:

Socializing with friends (56%)

Studying or doing homework (50%)

Working for pay (48%)

Exercising or playing sports (49%) Using social media (47%)

Watching tv or videos (47%)