



CAROL LEGER PICARD

EDUCATION

Boston College	1998 PhD
Boston College	1976 MS
Fitchburg State College	1972 BSN

HONORS AND AWARDS

Massachusetts Association of Registered Nurses Living Legend Award	2008
Emmanuel College Clara Barton Humanitarian Award	2006
Academic Keys Who's Who in Health Sciences Education Fitchburg State College Alumni Achievement Award- First Recipient	2005 2003
Massachusetts General Hospital Partners in Excellence Award	2001, 2002
Epsilon Beta Chapter Lifetime Achievement Award	2001
Association of College Honor Societies & Sigma Theta Tau International Certificate of Distinction	2000
Boston College Doctoral Candidate with Distinction University Fellow	1997 1995-98
Epsilon Beta Chapter Sigma Theta Tau Mentor Award	1995
Massachusetts Nurses Association Image of the Professional Nurse Award	1995
Massachusetts Association of Colleges of Nursing Faculty Development Award	1994
Who's Who in American Nursing	1983

PROFESSIONAL EXPERIENCE

Founder, NursingArt Quartet	2007
Professor University of Massachusetts	2004-present
Graduate Program Director PhD Program Director Professor University of Massachusetts Amherst	2004-2006
Associate Clinical Scientist Dana-Farber Cancer Institute Cantor Center Boston, Massachusetts	2004-present
Professor University of Massachusetts Lowell Lowell, MA	2003-2004
Visiting Professor University of Nottingham United Kingdom	2001-2002
MGH Institute of Health Professions Graduate Nursing Program Boston MA Associate Director and Professor Associate Director and Associate Professor	2003 1999-2003
Fitchburg State College Department of Nursing Associate Professor Assistant Professor Instructor Tenured	1995-2000 1988 - 1995 1981-1988 1988
Founder, Beguine Associates Psychotherapist in Private Practice Clinical Supervisor Geriatric Services of Central Massachusetts Worcester, MA Director of After Care Services Chief Nurse Clinician Marlboro Mental Health Clinic	1994 1980 - 2000 1980 - 1981 1977 - 1980

Marlboro, MA	
Clinical Specialist - Family Therapy	1976 - 1977
Greater Lynn Community Mental Health Center	
Lynn, MA	
Lecturer	1976
Massachusetts Bay Community College	
Wellesley, MA	
Clinical Specialist Trainee	1975 - 1976
Newton Wellesley Hospital	
Newton, MA	
Nurse Clinician	1975 - 1976
Human Resource Institute	
Brookline, MA	
Community Mental Health Nurse Advisor	1974 - 1975
Gardner-Athol Mental Health Clinic	
Gardner, MA	
Nurse Clinician	1973 - 1974
Gardner-Athol Mental Health Clinic	
Gardner, MA	
Staff Nurse	1972
Massachusetts General Hospital	
Boston, MA	

PROFESSIONAL ACTIVITIES

Sigma Theta Tau International Nursing Honor Society

International

Chair, Leadership Succession Committee	2007-2009
President	2005-2007
President-Elect	2003-2005
Vice-President	1999-2003
Distinguished Lecturer	1996-1999
Chair, Regional Chapters Coordinating Committee	1997-1999

Regional

Region 5 Coordinator	1993-1997
Region 5 Coordinating Committee	1991-1993

Epsilon Beta Chapter

President	1988 – 1992
Vice-President	1986-1988
Research Committee Chair	1998-99
International Committee, Chair	1993-96

American Psychiatric Nurses Association

Research Council	2005-present
------------------	--------------

International Association for Human Caring:

President	2002-2004
President-Elect	1999-2001
Board of Directors	1994-96
Member, Think Tank Creating Optimal Healing Environments Samueli Institute Esalen, California	2007
Consultant, SUNY Utica Rome	2006
Consultant, Western Massachusetts Hospital	2005
Advisory Working Group, HRSA grant, "Expanding the Boundaries of Women's Health."	2005-2006
Manuscript review panel, <i>Nursing Science Quarterly</i>	2005-present
Editorial Board, <i>Journal of Psychiatric and Mental Health Nursing</i> (UK)	2004-present
Editorial Board, <i>NT Research</i> (UK)	2001-present
Editorial Review Board, <i>International Journal for Human Caring</i>	1997-2006
Advisory Board, <i>Nursing Spectrum</i>	1999-2003
Advisory Board, Global Institute for Nursing and Health	1998-2004
Holistic Nursing Task Force Mass. Board of Registration	1997
External Reviewer <i>N & HC: Perspectives on Community</i>	1996-2005
Editorial Board, <i>Medical Care</i> (Russian nursing research journal)	1996-2004
Editorial Board, <i>Bay State Nurse News</i>	1994-1998
Peer Reviewer, International Association of Human Caring	1993-1997
Massachusetts Nurses Foundation, Trustee	1992-1995
Massachusetts Nurses Association	
Certification Review Lecturer	1989, 1991 1993,1994
Co-Chairperson , Cabinet on Legislation	1990 - 1991
Member, Cabinet on Legislation	1988-91
Vice President-District II	1991- 1993
Tour Leader and Conference Planner for US/Russian Nursing Conferences	
Waterways Conference	1999
Waterways Conference	1997
Epsilon Beta Conference and Tour	1995
Waking Dreams and Warrior Women -Advisory Board	2001-present
Consultant, JCAHO Task Force on Restraints	1999

FUNDED RESEARCH

2002. Freshwater, D. **Picard, C.** (Co I), & Tait, T. Mapping mental health user involvement across pre and post registration curricula. Funded by the National Health Service, UK \$30,000.

2001. **Picard, C.** (PI) , Mylott, L., Csieleiski, S., D'Avolio, D. The process of achieving competency: new graduates in critical care. Funded by MGH Institute of Health Professions \$2070.

2000. **Picard, C.** (PI), DeMarco, R. & Agretelis, J. A foot in two worlds: Nurses' personal and professional experience of cancer survivorship. Funded by the Kenneth Schwartz Center. \$17,400.

2000. Freshwater, D., **Picard, C.** (Co-I), Tait, T., North-Rose, A. Establishing consumer involvement: Innovative approaches to multidisciplinary education and healthcare provision. Funded by the National Health Service, UK \$45,000

1999. **Picard, C.** (PI) Pattern recognition in parents of adult children with bi-polar disorder: creative movement and the narrative as modes of expression. Funded Epsilon Beta Chapter, Sigma Theta Tau. \$1300.

1998. **Picard, C.** (PI) Pattern as process: A follow-up study of mid-life women using creative movement and the narrative as modes of expression. Funded by Alpha Chi chapter, Sigma Theta Tau. \$700.

1998. **Picard, C.** (PI) Uncovering pattern of expanding consciousness in mid-life women: creative movement and the narrative as modes of expression. Dissertation research. Funded by Alpha Chi and Epsilon Beta chapters, Sigma Theta Tau. \$1800

1988 Ratney, T. and **Picard, C.** (Co-I) Measurement of self-care behaviors of the chronic mentally ill. Funded by Epsilon Beta Chapter, Sigma Theta Tau \$500.

Other Research

Picard, C. (PI)(1998) Mnemonic connections: Reflections on the generational impact of the death of a child on the family.

Research Fellow. Boston College 1996-97. with Dorothy Jones, RN EdD, FAAN. Research study: "Patient's response to breast biopsy under local anesthesia across the perioperative experience" Grant revision and interview trainer.

Research fellow 1995-1996 with Phyllis Beveridge, RN EdD. The effect of exercise on "Exercise and immune activation during interferon-alpha therapy". Data analysis

Grants (Non-Research)

Picard, C. (PI), Kalmakis, K. & Ali, A. (2006). Doctoral student mentorship into nursing community of scholars. UMass Amherst Graduate School (\$4400.00)

Picard, C. (PI). (2007) Graduate Assistance in Areas of National Need 2006-2009 (\$627,330)

Picard, C. (PI) (2005) Federal Nurse Faculty Loan Program FY 2005-2006 (\$39,572)

Picard, C. (PI) (2005) Advanced Education Nurse Traineeship Program, FY 2005-2006 (\$20,800).

Picard, C. (2002). Advanced Education Nurse Traineeship Program, FY 2002-2003.

Department of Health and Human Services Administration \$118,000

Picard, C. (2002). AACN Geriatric Nursing Education Project. Not funded

Picard, C., Wolf, K. & Steinberg, S. (1999). Partnership for Quality Education. Not funded.

PUBLICATIONS (Peer Reviewed)

Picard, C. (2008). Creative movement and transformation to choreography: A mode of research presentation. *Nursing Science Quarterly*, 21(2). In press.

Brunton, D. R., Sharon K. Inouye, Henneman, E.A., **Picard, C.** & Jacelon, C. Multi-component and family caregiver interventions for delirium prevention in the older hospitalized adult: a systematic review. (In review) *Journal of Advanced Nursing*.

Picard, C. & Henneman, E. (2007). Theory-guided evidence-based reflective practice: education for quality care. *Nursing Science Quarterly*. 20(1), 39-42.

Picard, C., Agretelis, J. & DeMarco, R. (2004) Nurse experiences of cancer survivorship Part II- Professional *Oncology Nursing Forum*, 31(3), 537-542.

DeMarco, R., **Picard, C.** and Agretelis, J. (2004) Nurse experiences of cancer survivorship: Part I- Personal. *Oncology Nursing Forum*, 31 (3), 523-530.

Picard, C. & Cowling, R. (Guest Editors) (2002). Special summer issue: Research based on Rogerian and Newman theory. *International Journal for Human Caring*.

Picard, C. (2002). Family reflections on living through sudden death of a child: cooperative inquiry grounded in Newman's health as expanding consciousness. *Nursing Science Quarterly* 15 (3) 242-250.

Picard, C. & Mariolis, T. (2002). Praxis as a mirroring process: teaching psychiatric nursing grounded in health as expanding consciousness. *Nursing Science Quarterly* 15 (2) 118-122.

Mariolis, T. & **Picard, C.** (2002). The quality of life and wellness program: A model for teaching psychiatric nursing care. *Journal of Nursing Education* 41_(11), 501-503.

Penson, R.T., Dignan, F.L., Canellos, G.P., **Picard, C.,** Chanbner, B., & Lynch, T.J. (2000) Burnout: Caring for the carers. *The Oncologist*, 5 (5), 425-34.

Picard, C. (2000) Uncovering pattern of expanding consciousness in mid-life women: creative movement and the narrative as modes of expression. *Nursing Science Quarterly* 13 (2), 150-158.

Picard, C., Sickul, C., Natale, S. (1998). Healing reflections: The transformative mirror. *International Journal for Human Caring* 2, (3), 29-47.

Picard, C. (1998). *Uncovering pattern of expanding consciousness in mid-life women. Creative movement and the narrative as modes of expression.* Dissertation Abstracts International (UMI 9828038).

Picard, C. (1997). Embodied soul: The focus for nursing praxis. *Journal of Holistic Nursing* 15 (1), 41-53.

Picard, C. (1995). Images of caring in nursing and dance. *Journal of Holistic Nursing* 13 (4), 323-331.

Picard, C. & Perfiljeva, G. (1995). Creating windows of opportunity: caring in changing political climates. In A. Boykin, (Ed.). *Power, politics and public policy: A matter of caring*. (pp. 48-59). New York: National League for Nursing.

Picard, C. & Perfiljeva, G. (1995). Nursing education in Russia: visions and realities. *N&HC: Perspectives on Community*, 16 (3) , 126-130.

Picard, C. (1994). The healing power of dance. In D. Gaut, (Ed.) *Caring As Healing: Renewal Through Hope*. (pp. 146-149). New York: National League for Nursing.

Picard, C. (1991). Caring and the story: The compelling nature of what must be understood in human suffering. In D. Gaut, (Ed.) *Caring and the compassionate healer*. (pp.89-

BOOKS

Picard, C. & Jones, D. (Eds.) (2005). Giving voice to what we know: Margaret Newman's theory of health as expanding consciousness in nursing practice, research and education. Sudbury, MA: Jones & Bartlett.

Perfiljeva, G. & **Picard, C.** Editors. (1998). *English Language for Russian Nurses*. Moscow: I.M. Sechenov Moscow Medical Academy.

BOOK CHAPTERS (data based)

Picard, C. (2005). Creative movement and reflective art: Modes of expression for participant and researcher. In Picard, C. & Jones, D. *Giving voice to what we know: Margaret Newman's theory of health as expanding consciousness in nursing practice, research and education*. Pp.119-132. Sudbury, MA: Jones & Bartlett.

Picard, C. (2005). Parents of persons with bipolar disorder and pattern recognition. In Picard, C. & Jones, D. *Giving voice to what we know: Margaret Newman's theory of health as expanding consciousness in nursing practice, education and research*. Pp.133-142. Sudbury, MA: Jones & Bartlett.

BOOK CHAPTERS

Picard, C. & Landis, E. (2006) Creative movement: embodied knowledge integration. In Bradshaw, M. and Lowenstein, A. (Eds) *Fuzard's innovative teaching strategies in health professions education*. Sudbury, MA: Jones & Bartlett..

Picard, C. & Landis, E. & Minnick, L. (2006) Creativity in health professions education. In Bradshaw, M. & Lowenstein, A. *Fuzard's innovative teaching strategies in health professions education*. Sudbury, MA: Jones & Bartlett..

Picard, C. & Freshwater, D. (2003) International perspective. In *Nursing research in context: Appreciation, application & professional development*. D. Freshwater & V. Bishop, Eds. pp.45-55. London: Sage.

Picard, C. (2002). A model of research for therapeutic nursing. In D. Freshwater (Ed.) *Therapeutic nursing*. pp. 131-149. London: Sage.

Picard, C. (2001). Who are you and what are you doing? Embodied nursing theory to transform nursing practice and research. In *Making a Difference: research in nursing and midwifery*. D. Freshwater (Ed.) London: Nursing Praxis International.

Picard, C. (2001). Creativity in nursing in Bradshaw, M. & Lowenstein, A. *Fuzard's innovative teaching strategies in nursing*. pp.43-51. Gaithersburg, MD: Aspen.

Picard, C. (2001). Expressive techniques: embodied knowing. In Bradshaw, M. & Lowenstein, A. *Fuzard's innovative teaching strategies in nursing* pp.149-158. Gaithersburg, MD: Aspen.

Picard, C. (1999). Seeing Fred on a respirator and Songlines (poetry). In S. Bertman, (Ed.) *Grief and the Healing Arts: Creativity as Therapy*. pp.149,367. Amityville: Baywood.

Picard, C. (1997). Walk in beauty: Aesthetics, caring and spirituality. in S. Roach, (Ed.), *Caring from the heart: the convergence of caring and spirituality* (pp.149-162). New York: Paulist Press.

PUBLICATIONS (Other)

Picard, C. (2006). International collaborations in nursing research. (research review). *Journal of Research in Nursing*, 11 (4), 323.

Picard, C. (2006). Global health: a call to all nurses. *Reflections on Nursing Leadership*. First quarter.

Picard, (2006). Message from the President. *Reflections in Nursing Leadership* Second Quarter.

Picard, C. (2005). Implementing the rock: young people's perceptions on a drug prevention and performing arts programme. (research review). *Journal of Research in Nursing*, 10 (3), 1-2.

Picard, C. (2002). Gold standards and hierarchies: should we shift to circles of knowledge? (International Board Editorial). *Nursing Times Research* 7 (4), 2-3.

Picard, C. (1998). Nursing education, Russian style. *Nursing Spectrum*, 2 (25), 17.

Picard, C. & DiVitto, S. (1997). Think and act both locally and globally. *Reflections* 23 (2), 16-19.

Picard, C. (1998) International mentoring: A collaborative process. in C. Vance & R. Olson (Eds.) *The Mentor Connection*. (pp. 186-178) New York: Springer.

Picard, C. (1996). The nurse and the art are one. (poem) *Bay State Nurse News* November , 2.

Picard, C. (1996). One hospital/Two Worlds. (poem). *Bay State Nurse News* 3 ,2.

Picard, C. (1994). Chapters and international efforts: think locally and globally. *Reflections* 20 (4), 16.

Picard, C. (1994). Pepere's had a shock. (poem). *Bay State Nurse News* 3 :5.

Picard, C. (1992). Seeing Fred on a respirator. *Nightingale Songs* February, 4

KEYNOTE PRESENTATIONS

2008 (scheduled)

Picard, C. (April). Performance/paper. *Bringing it all back home: Caring and Nursing Practice (Who we are/can be)*. University of North Carolina, Chapel Hill. International Association for Human Caring 30th anniversary conference.

Picard, C. (June). Restorative Practices for Nurses: A Wholehearted Approach. American Holistic Nurses Association

Picard, C. (April). Human Flourishing: A Vision and Strategies for Nurses and Patients. Georgetown University, Washington, DC

Picard, C. (Feb). Energizing Nursing Practice: Keeping the Passion in Compassion. Moffitt Cancer Center, Tampa FL

2007

Picard, C. (November). State of the society. Presidential address. Honor Society of Nursing, Sigma Theta Tau International Biennial Convention. Baltimore MD

Picard, C. (October). *Collaboration: A strategy for Nursing Practice, Education & research*. University of Western Ontario, Canada

Picard, C. (August). *Leadership and the Future: Vision 2020*. University of Pretoria, South Africa.

Picard, C. (August). *Collaboration: A Strategy for Nursing Practice, Research and Collaboration*. Tau Lambda Chapter-at-large, Durban, South Africa.

Picard, C. (May) *Energizing Nursing Practice: Keeping the Passion in Compassion*. Connecticut Nightingale Awards. Hartford CT

Picard, C. (May) *Energizing Nursing Practice: Keeping the Passion in Compassion*. Cambridge Health Alliance. Cambridge MA

Picard, C. (May) *Energizing Nursing Practice: Keeping the Passion in Compassion*. Children's Hospital, Boston

Picard, C. (May) *Energizing Nursing Practice: Keeping the Passion in Compassion*. UMass School of Nursing Alumni. Dana Farber Cancer Center, Boston, MA

Picard, C. (April). *Collaboration: A Strategy for Nursing Practice, Research & Education*. SUNY Stonybrook.

Picard, C. (April). *Collaboration: A Strategy for Nursing Practice, Research & Education*. Fairfield University, Fairfield CT

Picard, C. (April). *Collaboration: A Strategy for Nursing Practice, Research & Education*. University of South Florida, Tampa, FL

Picard, C. (April). *Collaboration: A Strategy for Nursing Practice, Research & Education*. University of Texas, Tyler, TX

Picard, C. (April). *Collaboration: A Strategy for Nursing Practice, Research & Education*. University of Vermont, Burlington.

Picard, C. (March) *Collaboration: A Strategy of Nursing Practice Education and Research*. Epsilon Nu Chapter, Louisiana State University, New Orleans, LA

Picard, C. (March) *Collaboration: A Strategy of Nursing Practice Education and Research*. Southern University, Baton Rouge, LA

Picard, C. (April). *Energizing Nursing Practice: Keeping the Passion in Compassion*. UMass Alumni of Boston

Picard, C. (March). *Collaboration: A Strategy for Nursing Practice, Education & Research*. University of South Florida, Tampa

Picard, C. (February). *Collaboration: A Strategy for Nursing Practice, Research & Education*. University of Connecticut.

2006

Dialogue: Research and Theory Development in Caring. (with Zane Wolf, Marilyn Ray, Kathleen Valentine & Ann Boykin, & Marlaine Smith). Florida Atlantic University. February

Picard, C. (March) *Collaboration: A Strategy for Nursing Practice, Education and Research*. Yamaguchi University, Japan.

Picard, C. (March) *Excellence in nursing practice & education: an evidenced-based, theory driven, reflective endeavor*. Miyazaki Prefecture University, Japan.

Picard, C. (April) *Energizing Clinical Practice: Keeping the Passion in Compassion*. Massachusetts Student Nurses Association. Boston.

- Picard, C. (April) *Energizing Clinical Practice: Keeping the Passion in Compassion*. Massachusetts School Nurses Organization
- Picard, C. (April). *Caring and Collaboration: The Future of Nursing*. 25th Anniversary Celebration of Department of Nursing, Emmanuel College, Boston.
- Picard, C. (April). *From Vision to Action: Collaboration to Improve World Health*. Delta Phi Chapter, STTI, University of Wisconsin Eau-Claire, WI
- Picard, C. (April). *Keeping the Passion in Compassion*. Research Day, University of Eau Claire, Wisconsin
- Picard, C. (April). *Keeping the Passion in Compassion*. Research Day, University of Eau Claire, Wisconsin
- Picard, C. (April). *Collaboration and Caring: A Vision for the Future*. Delta Nu Chapter STTI, College of New Jersey.
- Picard, C. (May). *Collaboration: A Strategy for Nursing Practice, Education and Research*. University of Virginia, Charlottesville, VA
- Picard, C. (May) *Leadership and change: Charting a course for the Future*. Virginia Commonwealth University and University health Center Leadership Luncheon. Richmond, VA
- Picard, C. (May) *Energizing Nursing Practice: Keeping the Passion in Compassion*. Virginia Commonwealth University Health System, Richmond, VA
- Picard, C. (May). *Energizing Nursing Practice: Keeping the Passion in Compassion*. Boston Works/Boston Globe Salute to Nurses. Boston.
- Picard, C. (May). *Collaboration: A Strategy for Nursing Education, Practice & Research*. University of Pennsylvania, Philadelphia
- Picard, C. (May). *Building Nursing Research Networks*. International Congress of Surgical Nurses. Universidad Autonoma de Nuevo Leon. Monterrey Mexico
- Picard, C. (July). *Collaboration: A Strategy for Nursing Practice, Education and Research*. Tau Kappa Chapter STTI. Albany, NY
- Picard, C. (Sept). *Keeping the Passion in Compassion*. Omicron Delta Chapter, STTI. New Mexico.
- Picard, C. (Sept) *Leadership and collaboration*. Gamma Sigma Chapter STTI. Albuquerque NM
- Picard, C., Henneman, E., Sickul, C. & Snapp, S. (October). *Bringing it all back home*. Conference of Rogerian Scholars, Case Western Reserve University, Cleveland, Ohio.
- The Hot Air Balloon and the Microscope: Vision for Leadership*. Chapter Leader Academy STTI, September.
- Picard, C. (Oct) *Energizing Clinical Practice: Keeping the Passion in Compassion*. Beta Nu Chapter STTI, East Carolina State University Greenville, NC
- Picard, C. (Oct) *Energizing Clinical Practice: Keeping the Passion in Compassion*. Hampton University, Hampton, VA
- Picard, C. (Nov.) *Keeping the Passion in Compassion*. Transcultural Nursing Society Annual conference. Annapolis, MD.
- Picard, C. (Dec.) Commencement address. Baptist College of Health Sciences. Memphis TN
- Picard, C. (Dec.). *Leadership and collaboration*. Pi Gama chapter, STTI, Mercer University, Atlanta, GA
- Picard, C (Dec) *Leadership and collaboration*. Alpha Lambda chapter, STTI, University of Illinois, Chicago.

2005

A Call to Collaboration. Presidential Address. Sigma Theta Tau Biennial Convention. Indianapolis.

Energizing Professional Practice: keeping the Passion in Compassion. Delta Upsilon at Large. Kingston RI

From Vision to Action. Southern California STTI Chapters Research Consortium. October.

From Vision to Action. George Mason University, VA. October.

Reclaiming our heritage: Caring for self and those we serve. Shenandoah University Nursing, VA. April.

Improving health care for all. Massachusetts Association of Registered Nurses. First Jean Steel Lectureship.

Parents of persons with bi-polar disorder: nursing considerations. Florida Gulf Coast University, Fort Meyers, FL

Creating the Future Through Renewal: STTI and You. STTI Joint Research Consortium Cleveland, OH

Putting the passion back in compassion. Annual Ethics conference. UCLA Medical Center.

2004

Quality of Life for Persons with Persistent Mental Illness. Psychiatric Nursing Conference, University of Southern California and Los Angeles County, Las Vegas, NV.

2003

Keeping the Passion in Compassion. United States Air Force Leadership Conference. Houston, TX

Nursing History: Stories to Inspire Nurses' Practice. Nursing Archives Annual Meeting. Boston University.

Relevant and Ready: Nursing Interventions for Today Through Our Stories. Annual Nursing Conference, Hunter College, New York, NY

Recruitment and retention strategies: Self-care for nurses. Nursing Management Conference, U.S. Air Force, Dallas, TX

2002

Leadership: A Call to Action. Chapter Leader Academy. Sigma Theta Tau International, Indianapolis, IN

Keeping the Passion in Compassion The Annual Tom Kloss Memorial Lecture, Dana Farber Cancer Institute and Brigham and Women's Hospital, Boston.

Energizing Clinical Practice: Keeping the Passion in Compassion. Federal Nurses Day. The Future of Federal Healthcare Association of Military Surgeons of the United States and the Society of Federal Health Agencies 108th Annual Meeting Association of Military Surgeons of the United States Annual Conference, Knoxville TN

2001

Staying Green: Using the Arts and Humanities to Nurture Caring Practices. International Association for Human Caring Conference: Creating Communities of Caring: Global Initiatives. University of Stirling, Scotland.

Who are you and what are you doing? Nursing research that makes a difference in clinical practice. Conference :Making a Difference: Nursing Research in Practice. DeMontfort University, Leicester, UK

Energizing Nursing Practice: Keeping the Passion in Compassion

Extending the Heart and Hand of Psychiatric Nursing NE Chapter American Psychiatric Nurses

Association

2000

Spiritual Self-Care for Nurses," Massachusetts General Hospital.

1999

Picard C. (1999) *Keeping the Passion in Compassion*, Research Day, Massachusetts General Hospital, Boston, MA. May 1999

PAPER/PODIUM PRESENTATIONS (Peer Reviewed)

Picard, C. (2007). Expanding organization vision through diversity. 7th annual conference on Diversity in Organizations, Communities and Nations. Amsterdam, Netherlands.

Finke, L. & Picard, C. (2005). *Resources for evidence-based nursing*. International Council of Nurses Congress. Tapei, Taiwan, May.

Picard, C., Agretelis, J. & DeMarco, R. *Nurses' professional experiences of cancer survivorship*, (April 2004) Eastern Nursing Research Society, Boston, MA

Picard, C., Agretelis, J. & DeMarco, R. *Nurses' experiences of cancer survivorship*, (June, 2003) International Association for Human Caring Annual Research Conference, Boulder, CO

Picard, C. (June, 2003). The need for caring partnerships for healthcare professionals: Parents of children with bi-polar disorder. International Association for Human Caring Annual Research Conference Boulder, CO.

Agretelis, J. Picard, C., DeMarco, R. (May, 2003) *Clinical Lessons learned from nurse cancer survivors*. Oncology Nursing Society Congress, Accepted for podium presentation May 2003.

Picard, C. (2003) Pattern recognition in parents of adult children with bi-polar disorder: creative movement and the narrative as modes of expression. Eastern Nurses Research Society Annual Conference. March

Mylott, L., Picard, C. & Csiesleski, S. (2003) *Use of the first person narrative to develop clinical reasoning in new graduate nurses in critical care*. American Association of Critical Care Nurses.

Picard, C., Agretelis, J., DeMarco, J. (2002, April). *A foot in two worlds: Nurses' personal and professional experiences of cancer survivorship: preliminary findings*. Oncology Nursing Society Congress.

Picard, C. (2001, October). *Reflective Art as Pattern Appreciation*. Knowledge Impact Conference 2001, Boston College, Boston, MA

Freshwater, D. & Picard, C. (2001, March) *Consumer involvement: and nursing education*. Triennial Research Conference, Royal College of Nursing. Glasgow, Scotland.

Picard, C., Freshwater, D. & Tait, T. (2001, June). *Consumer involvement in nursing education: Partners in dialogue*. International Council of Nursing Quadriennial Congress, Copenhagen.

Pharris, M., Jónsdóttir, H., Litchfield, M., & Picard, C. (2001, June). *Partnership as a nursing intervention*. International Council of Nursing Quadrennial Congress, Copenhagen.

Picard, C., Sickul, C., Natale, S. (2000). *Healing Reflections: The power of connection* 8th Rogerian Conference Martha Roger's Science of Unitary Human Beings and Emerging Concepts and Issues in Health. New York University, June.

Picard, C., Sickul, C., Natale, S. (2000). *Cadences of caring: an open metaphor*. 22nd Annual International Association for Human Caring Research Conference. Boca Raton, FL, July.

Picard, C. (2000) *Mnemonic connections: Reflections on the generational impact of the death of a child on the family*. Reflective Practice Conference, Duke University, May.

Picard, C., Sickul, C., Natale, S. (2000). *Healing Reflections: The power of connection*. Society for the Arts and Healthcare Conference: Restoring the Soul to Healthcare. Providence, RI, April.

Picard, C. (1999). *Uncovering pattern of expanding consciousness in mid-life women: creative movement and the narrative as modes of expression*. Rogerian Society Conference, Richmond, VA

Picard, C. (1999). *Embodied reflection: a creative movement approach to uncovering expanding consciousness*. Royal College of Nursing Conference "Recovering Nursing's Caring Potential: The Essence of Reflective Practice". Cambridge, England, June.

Picard, C. (1999). *Uncovering pattern of expanding consciousness in mid-life women: creative movement and the narrative as modes of expression*. Connecticut Chapters Research Conference, Sigma Theta Tau International, April.

Picard, C. (1999). *Caring presence: Reflecting understanding of story through aesthetic modes*. International Association of Human Caring Conference, San Antonio, Texas, April.

Picard, C. (1998, April). *Reflections on health in two dimensions: creative movement and the narrative*. At conference Giving Voice to What We Know. Massachusetts General Hospital, Boston.

Pefiljeva, G. & Picard, C. (1997, August). Nursing in Russia: Yesterday, today and tomorrow. Russian /American Nursing Waterways Conference. Moscow, Russia.

Picard, C., Sickul, C & Natale, S. (1997, June). Healing reflections: The transformative mirror. 19th International Nursing Caring Conference: Human Caring: The Primacy of Love and Existential Suffering. Helsinki, Finland.

Picard, C., Perfiljeva, G. & Vance, C. (1996, September). Collaborative mentorship: Advancing nursing scholarship in the New Russia. Symposium conducted at the Second Nursing Academic International Congress, Kansas City, MO.

Picard, C. (1996, April). Songlines. 18th Annual International Association for Human Caring Conference Patterns of Caring: Universal Connections. Mayo Clinic Medical Center, Rochester, MN.

Picard, C. (1995, June). Caring and creativity: I dream a world Caring Conference, I. M. Sechenov Moscow Medical Academy, Moscow, Russia.

Picard, C. & Perfiljeva, G. (1994, May). Creating windows of opportunity: Caring in changing political climates. Conference on Caring: Power Politics and Public Policy, Ottawa, Canada.

Picard, C. (1992, February). Images of caring in nursing and dance. Aesthetic Expressions in Nursing, Florida Atlantic University, Boca Raton, FL

Picard, C. (1990, April). Caring and the Story: Understanding Human Suffering. Caring and the Compassionate Healer: A Call to Consciousness, International Association for Human Caring, Houston, TX.

SYMPOSIA (Peer Reviewed)

Bauer-Wu, S., Picard, C. & Brown-Saltzman, K. (2005). *How do we keep nurses inspired and productive? Innovative renewal and self-care programs and strategies for nurses*. International Council of Nursing, Taipei, Taiwan. Accepted for presentation.

Mylott, L., Picard, C., & Csieleski, S. (2002) *New grads in critical care: It takes a village*. National Training Institute, American Association of Critical Care Nurses.

Dylis, A., DeMarco, R., Picard, C., Knafl, K., Knauth, D. (2002) *Family secrets: An exploration of phenomena and implications for family nursing*. Eastern Nursing Research Society. March 22.

Donius, M., Giordano, N., Kalayjian, A., Neville, S., Picard, C., Vance, C. (1999). Development of a global institute for nursing and health: a network and communication model. International Council of Nurses Centennial Conference. Symposium. London, England, June.

Picard, C., Vance, C., Carty, R. Perfiljeva, G. & Robinson, L. (1995, November). Side by side/a world apart: Collaboration to promote nursing scholarship in the new Russia. Scientific symposium conducted at Biennial Convention, Sigma Theta Tau International, Detroit, MI.

POSTER PRESENTATIONS (Peer Reviewed)

Picard, C., DeMartinis, J., Cary, A. & Breslin, E. (2006). *Bloom where you're planted: accessing resources for DNP program development*. American Association of Colleges of Nursing Doctoral Conference. San Diego, California.

Picard, C. (2003) *Pattern recognition in parents of adult children with bi-polar disorder: creative movement and the narrative as modes of expression*. International Society of Psychiatric Nurses Research Conference. Charleston SC April. Received best poster award.

Agretelis, J. Picard, C., DeMarco, R. (April, 2003) Clinical insights shared by nurse cancer survivors. 6th World Congress of Psycho-Oncology, Canadian Association of Psychosocial Oncology.

Csieleiski, S Picard, C., Mylott, L., D'Avolio, D. (2001). Preparing new graduates in critical care. Sigma Theta Tau. Biennial conference. November.

Picard, C., Jones, D., Noveletsky-Rosenthal, H., Flanagan, J. (1999). Using Newman's theory of health as expanding consciousness: Implications for clinical practice, education, management and research. Sigma Theta Tau 35th Biennial Convention, November.

Picard C. (1997, November). Reflections on health in two dimensions: creative movement and the narrative. Poster . Sigma Theta Tau 34th Biennial Convention Indianapolis, IN.

Picard, C. (1995) Drawing from the well: Inspiration for caring in the works of nurse healers of the Middle Ages. Poster presentation at the 18th International Association of Human Caring Conference: Nursing's Caring Heritage. Charlottesville, Virginia.

Workshop/Retreats

Dana Farber Cancer Institute Staff Retreats (2) January/February 2005

CONSULTATION

Bournemouth University UK	2006, 2007
Western Massachusetts Hospital	2005
SUNY Utica Rome (external reviewer)	2006
Mt Wachusett Community College, MA	2001

Mary Seacole Nursing Research Center	1999-2000
DeMontfort University, Leicester, UK	2000
Flinders University College of Nursing	1990-1999
Moscow Medical Academy, Moscow Russia	1992
Atlantic Union College, Lancaster, MA	1989 - 1990
Digital Equipment Corporation, Concord, MA	1989 - 1990
Digital Equipment Corporation, Hudson, MA	1982 – 1988
North Central Human Services, Gardner, MA	1986
Burbank Hospital, Fitchburg, MA	1983
Somerville Hospital School of Nursing	1980
Marlboro Day Treatment Center	1980
Naukeag Hospital, Ashburnham, MA	1979 - 1980
Worcester State Hospital	1977 - 1980
Marlboro VNA	

PROFESSIONAL AFFILIATIONS

Massachusetts R.N. license #113172
 A.N.A. Certified Clinical Specialist, # 032277
 American Association of University Women
 American Holistic Nurses Association
 American Psychiatric Nurses Association
 International Society of Psychiatric Nurses
 International Association for Human Caring
 Massachusetts Nurses Association
 Massachusetts Psychiatric Nurses Association
 Oncology Nursing Society
 Sigma Theta Tau International
 Society of Rogerian Scholars

INVITED PRESENTATIONS

Leadership in Nursing: What is your future? University of Hartford, Connecticut. April 2006.

Leading with compassion. Uniformed Services University, Bethesda MD April 2006

Building the Bridge as You Walk on It: The Process of DNP Development. AACN Regional Conference, Boston, MA September 2005

Leadership, Sigma Theta Tau and You Beta Zeta Chapter-at-large, STTI, April 2005

Celebrating Leadership Sigma Theta Tau Delta Chapter, Armstrong Atlantic University, Savannah, Georgia October 2005

Keeping the Passion in Compassion Baystate Medical Center October, 2004

Leadership and Knowledge for Practice: STTI's Contribution to Improving Outcomes. STTI Baystate Consortium. Worcester, MA October 2004

Leadership, Sigma Theta Tau and You. Rush University May 2004

Leadership: a Call to Action, Sigma Theta Tau April, 2004

Leadership, Sigma Theta Tau and You Mu Beta Chapter, Sigma Theta Tau, November 2003

Leadership, Sigma Theta Tau and You Eta Omega Chapter, Sigma Theta Tau November 2003

Nurses' Experiences of Cancer Survivorship Nursing Leadership Forum, Brigham and Women's Hospital, Boston MA October 2003

Nurses' Experiences of Cancer Survivorship Health Alliance, Leominster, MA August, 2003

Leadership, Sigma Theta Tau and You Mu Beta Chapter, Sigma Theta Tau, November 2003

Leadership, Sigma Theta Tau and You Eta Omega Chapter, Sigma Theta Tau November 2003

A Foot in Two Worlds: Nurses' Personal and Professional Experiences of Cancer Survivorship Epsilon Beta Chapter, Sigma Theta Tau International. September 2002

A Foot in Two Worlds: Nurses' Personal and Professional Experiences of Cancer Survivorship. Massachusetts General Hospital Nurses' Alumnae Association. September 2002

Keeping the Passion in Compassion, St. Anselm's College, NH. May 2002

Vulnerabilities: The Medically Ill Patient with a Chronic Mental Illness Massachusetts General Hospital, Boston, MA October 2001

Creativity in Nursing, Phillipine Nurses Association Eastern Region Conference. October 2001

Energizing Nursing Practice: Keeping the Passion in Compassion, Beth Israel Deaconess Medical Center, Boston. September 2000

Keeping the Passion in Compassion, Nursing Spectrum, Boston, MA. May 2000

Keeping the Passion in Compassion, Emerson Hospital, Concord, MA. May 2000

Keeping the Passion in Compassion, Hospice of the North Shore. March 2000

Keeping the Compassion in Caring, Syracuse Area Psychiatric Nursing Conference. March 2000

Keeping the Compassion in Caring, Nursing: A Clinical Update sponsored by MGH and MGH-IHP Alumnae. March 2000

Leaders for a Scholarly Profession. Discussion facilitator. Sigma Theta Tau International and the American International Health Alliance, London, England. July 1999

Energizing Nursing Practice: Keeping the Passion in Compassion, Veterans Administration Hospital, Syracuse, New York. May 1999

Energizing Nursing Practice: Keeping the Passion in Compassion, Spaulding Rehabilitation Hospital, Boston, MA. May 1999

Energizing Nursing Practice: Keeping the Passion in Compassion, Milford-Whitinsville Hospital
Milford, MA. May 1999

Energizing Nursing Practice: Keeping the Passion in Compassion, Carney Hospital, Dorchester, MA. May 1999

International Collaboration to Promote Nursing Scholarship, First All Russian Nursing Conference, St.Petersburg, Russia. November 1998

Energizing Nursing Practice, Syracuse University, Syracuse NY. October 1998

Collaboration with Nurses in Russia, Global Institute for Nursing and Health Inaugural Conference, Fordham University, New York, NY. September 1998

Use of the Narrative and Creative Movement To Uncover Expanding Consciousness
4th International Reflective Practice Conference, Cambridge, England. June 1998

Energizing Nursing Practice: Keeping the Passion in Compassion, Diversified Visiting Nurses Association, Leominster, MA. May 1998

Energizing Nursing Practice: Keeping the Passion in Compassion, University of Vermont, Burlington, VT. May 1998

Energizing Nursing Practice: Keeping the Passion in Compassion, St. Joseph's College Hartford, CT. September 1997

Meeting the Leadership Challenge, Zeta Omega Chapter at large, Sigma Theta Tau, College of New Rochelle, New Rochelle, NY. September 1997

Energizing Nursing Practice: Keeping the Passion in Compassion, Kappa-Zeta-at-Large Chapter, Sigma Theta Tau, Portland, ME. June 1997

Energizing Nursing Practice: Keeping the Passion in Compassion, University of Massachusetts Medical Center Marlborough Campus, Marlborough, MA. May 1997

Energizing Nursing Practice: Keeping the Passion in Compassion, Nashoba Deaconess Hospital Ayer, MA. May 1997

Nursing Leadership: Local and Global, Alpha Chi Chapter Induction, Sigma Theta Tau Boston College, Chestnut Hill, MA. April 1997

Meeting the Leadership Challenge, Epsilon Tau Chapter Induction, Sigma Theta Tau, St. Anselm's College, Manchester, NH. April 1997

Meeting the Leadership Challenge, Theta Kappa Chapter Induction, Sigma Theta Tau, University of Massachusetts at Dartmouth, Dartmouth, MA. April 1997

Meeting the Leadership Challenge, Alpha Chi Chapter Induction, Sigma Theta Tau, Boston College, Chestnut Hill, MA. April 1997

Energizing Nursing Practice: Keeping the Passion in Compassion, Nursing Research Conference
Sigma Theta Tau Consortia of Buffalo, NY. April 1997

Energizing Nursing Practice: Keeping the Passion in Compassion, Collaborative Nursing Program of NE Pennsylvania, Scranton, PA. April 1997

Collaborative Mentorship: Advancing Nursing Scholarship in the New Russia, Second Nursing Academic International Congress, Kansas City, MO. September 1996

Creativity, Symbol and Soul: Care for the Caregiver, Roseanne Degermajian Egan Lecture Nurses Week, Medical Center of Central Massachusetts, Worcester, MA. May 1996

Leadership: Creating a New Era, Mu Beta Chapter Induction, Sigma Theta Tau, Wallingford, CT. April 1996

Leadership: Creating a New Era, Epsilon Beta Chapter Induction, Fitchburg State College, Fitchburg, MA. April 1996

Songlines (poetry), Patterns of Caring: Universal Connections, Mayo Clinic, Rochester, MN. April 1996

Sensitivity in Caring for Others: The Importance of care for Oneself, Massachusetts Health Reference Institute, University of Massachusetts Medical Center, Marlboro, MA. March 1996

Creativity, Symbol and Soul: Care for the Caregiver, Keynote, Massachusetts Nurses Association, Boston, MA. November 1995

Energizing Nursing Practice: Keeping the Passion in Compassion, Oncology Nursing Society
Worcester, MA. June 1995

Leadership: Creating a New Era, Induction Speaker, Beta Zeta Chapter, Sigma Theta Tau,
University of Massachusetts, Amherst, MA. May 1995

Leadership: Creating a New Era, Induction Speaker, Delta Upsilon Chapter, Sigma Theta Tau,
Providence, RI. May 1995

Psychotropic Medications, Elder Home Care, Worcester, MA. May 1995

Energizing Nursing Practice: Keeping the Passion in Compassion, Children's Extended Care
Groton, MA. May 1995

The Joys of Nursing, School Nursing Consortium, Revere, MA. May 1995

Leadership: Creating a New Era, Induction Speaker, Eta Iota Chapter, Sigma Theta Tau,
University of New Hampshire, Durham, NH. May 1995

Care for the Caregiver: Creating Resilience in Nursing, Medical Center of Central
Massachusetts, Worcester, MA. April 1995

Care for the Caregiver: Creating Resilience in Nursing, Westborough State Hospital
Westborough, MA. March 1995

Food for the Journey: Nourishing Body, Mind and Spirit, South Bay Cove Mental Health
Center
Brockton, MA. March 1995

Leadership: Creating a New Era, Regis and Emmanuel College Nursing Honor Society
Induction
Regis College, Weston, MA. October 1994

Adding Resilience to Your Career, Massachusetts Nurses Association Career Development
Day, Randolph, MA. September 1994

Energizing Clinical Practice: Keeping the Passion in Compassion, MGH Institute of Health
Professions, Boston, MA. June 1994

Russia 1994: Mental Health Issue and Concerns, Psychiatry Grand Rounds, Burbank Hospital,
Fitchburg, MA. May 1994

Energizing Clinical Practice: Keeping the Passion in Compassion, Wisconsin Physical Therapy
Association, Annual Meeting, Milwaukee, WI. May 1994

Energizing Nursing Practice: Keeping the Passion in Compassion, Nurses Day Speaker, Portsmouth Regional Medical Center, Portsmouth, NH. May 1994

Energizing Nursing Practice: Keeping the Passion in Compassion, Nurse's Day Speaker Massachusetts Nurses Association, Canton, MA. May 1994

Leadership: Creating a New Era, Induction Speaker, Theta at large chapter Sigma Theta Tau, Boston, MA. April 1994

Leadership: Creating a New Era, Induction Speaker, Iota Phi chapter at large Sigma Theta Tau, Worcester, MA. April 1994

Challenges in Nursing Education, School of Nursing, Moscow Medical Academy, Russia. October 1993

Aesthetic Way of Knowing in Nursing, Conference: Meeting the Leadership Challenge: Emerging Trends in Nursing, Fitchburg State College, Fitchburg, MA. October 1993

The Healing Power of Dance, International Association of Human Caring Conference, Portland, OR. May 1993

Energizing Nursing Practice: Keeping the Passion in Compassion, Tewksbury State Hospital, Tewksbury, MA. March 1993

Spirituality and Psychotherapy, Unitarian Church, Gardner, MA. March 1993

Energizing Nursing Practice: Keeping the Passion in Compassion, Metro West Medical Center Natick and Framingham MA. December 1992 and January 1993

Be Good to Yourself: The Healing Power of Massage, MNA Convention, Springfield, MA. October 1992

Spirituality and Caregiving, Burbank Hospital, Fitchburg MA. July 1992

Caring in Nursing, Pinning Speaker, University of Massachusetts School of Nursing, Amherst, MA. May 1992

Energizing the Nursing Profession: Keeping the Passion in Compassion, Conn. March of Dimes and NAACOG Annual Symposium, Windsor, CT. May 1992

Caring Theory and Administration, University of Massachusetts, Worcester Graduate Nursing Program, Panel Moderator and Conference Planner, Worcester, MA. May 1992

Training for Treatment: How Can It Help? Preventing Sexual Misconduct by Health Care Professionals, Boston, MA. May 1992

Crisis and Caring: Survival Strategies, Lambda Xi Chapter, Sigma Theta Tau, Chicopee, MA. March 1992

Images of Caring in Nursing and Dance, Florida Atlantic University, Boca Raton, FL. February 1992

Caring and the Curriculum, Atlantic Union College, Lancaster, MA. January 1992

Pathways to Career Success, Beth Israel Hospital, Boston, MA. November 1991

Caring and the Story, Sigma Theta Tau, Lambda Xi Chapter, Northampton, MA. October 1991

Crisis and Caring: Survival Strategies, Worcester State Hospital, Worcester, MA. October 1991

Images of Hope, Elder Home Care Corporation, Worcester, MA. June 1991

Images of Hope, Staff Development Consortium, Sterling, MA. June 1991

Images of Hope, Charles River Hospital, Wellesley, MA. May 1991

Post Trauma Response, Epsilon Beta Chapter Sigma Theta Tau, Fitchburg State College, Fitchburg, MA. March 1991

Caring and The Story: Understanding Human Suffering, Kathryn T. Fox Memorial Lecture, Eta Omega Chapter Sigma Theta Tau, University of Lowell, Lowell, MA. March 1991

Nurses Care for America: Keynote, AHEC Nursing Awards Dinner, Lowell, MA. March 1991

Family Systems Theory, Home Care Corporation of Massachusetts Holy Cross, Worcester, MA. October 1990

Caring and the Story, Religion and Medicine Seminar, Burbank Hospital. June 1990

Pathways to Career Success, University of Massachusetts Medical Center, Worcester, MA. April 1990

Stress Management for Parents, Parent Advisory Group, Leominster High School, Leominster, MA. March 1990

Stress Management, North Worcester County Dental Hygienists, Westminster, MA. March 1990

How to Lobby Effectively, Massachusetts Nurses Association, State House, Boston, MA.
March 1990

Stress Issues for Supervisors and Managers, Digital Equipment Corporation, Hudson, MA.
February 1990

Stress Related Disorders in the Workplace, Digital Equipment Corporation, Nashua, NH.
January 1990

Managing Stress for Parents, Westminster Parents Advisory Council, Westminster, MA. May
1989

Eating Disorders, Wachusett Dental Society, Fitchburg, MA. May 1989

Images of Hope, NPACE Conference for Nurse Practitioners, Boston, MA. November 1988

Eating Disorders, LUK Crisis Center, Fitchburg, MA. October 1988

Psychotropic Medication, LUK Crisis Center, Fitchburg, MA. October 1988

Images of Hope at a Seminar on dealing with Attention Deficit Disorder, Framingham, MA.
October 1988

Bowen Family Systems Theory, South Central V.N.A., Sutton, MA. September 1988

Images of Hope, ADD Support Group, University of Massachusetts Medical Center, Worcester,
MA. May 1988

Images of Hope, Metropolitan State Hospital, Waltham, MA. April 1988

Psychotropic Medications, South Central Visiting Nurses, Sutton, MA. March 1988

Images of Hope, Attention Deficit Disorder support group, Leominster, MA. March 1988

Psychotropic Medications, Lutheran Home, Worcester, MA. January 1988

Images of Hope, Human Resource Institute, Brookline, MA. July 1987

Images of Hope, Fitchburg State College, Fitchburg, MA. June 1987

Images of Hope, Henry Heywood Hospital, Gardner, MA. June 1987

Psychotropic Medications, Geriatric Services of Central Massachusetts, Worcester, MA.
July 1987

Psychotropic Medications, LUK Crisis Center, Fitchburg, MA. April 1987

Grieving in the Operating Room, Association of Operating Room Nurses, Newton, MA. March 1987

Applying Family Systems Theory to the Workplace, Montachusett Home Care Corporation, Fitchburg, MA. January 1987

Images of Hope for Caregivers: Burnout Prevention, Emerson Hospital, Concord, MA. December 1986

Crisis Intervention, Human Resource Institute, Brookline, MA. October 1986

Images of Hope for Caregivers: Burnout Prevention, North County Hospice Consortium, Ayer, MA. June 1986

Eating Disorders, VNA of Greater Milford, Milford, MA. May 1986

Eating Disorders, Massachusetts Mental Health Nurses Association, Westboro, MA. May 1986

Family Systems Theory and the Work Setting, Elder Home Care, Worcester, MA. May 1986

Family Systems Theory and the Work Setting, Marlboro Hospital, Marlboro, MA. May 1986

Psychotropic Drugs and the Elderly, Elder Home Care, Worcester, MA. January 1996

Nursing Diagnosis - Application to the Work Setting, North Central Human Services, Gardner, MA. June 1985

Family Systems Theory - Application to the Work Setting, Mt. Wachusett Community College, Gardner, MA. May 1985

Eating Disorders - A Nursing Perspective, Marlboro Hospital, Marlboro, MA. May 1985

Eating Disorders - A Nursing Perspective, Mt. Wachusett Community College, Gardner, MA. May 1985

Eating Disorders, North Central Human Services, Gardner, MA. September 1984

Coping with Alzheimer's Disease, North Central Human Services, Gardner, MA. June 1984

Separation Anxiety, Hahnemann Hospital Nursing Mothers Group, Worcester, MA. January 1984

Principles of Group Therapy and Their Application to Medication Groups, North Central Human Services, Gardner, MA. August 1983

Bowen Family Theory, North Central Human Services, Gardner, MA. July 1983

Family Systems Theory, Fort Devens Mental Health Clinic, Ayer, MA. July 1983

Working with Families and Psychotropic Medication at a workshop entitled Dealing With Mental Health Problems in Institutions and a Community Settings, Geriatric Services of Central Massachusetts, Worcester, MA. June 1983

Presented a series of thirteen (13) workshops for personnel at nursing homes in the greater Worcester area on topics such as: Working with Families, Psychotropic Medication and Stress Management, Geriatric Services of Central Massachusetts, Worcester, MA. June 1983

Stress Management for Nurses, Epsilon Beta Chapter, Sigma Theta Tau, Fitchburg State College
Fitchburg, MA. May 1983

Psychotropic Drugs and the Elderly, Elder Home Care Corporation, Worcester, MA. May 1983

CHOREOGRAPHY

Picard, C. Sickul, C., Snapp, S., & Henneman, E. (2006). Bringing it all back home: ICU nurse stories and relationship-centered care. Performed, Case Western Reserve University, October.

Picard, C. (2001) Who can I turn to? Based on research finding of study with parents of bi-polar children. Performed Copenhagen, Denmark; Stirling, Scotland, June.

Picard, C. & Sickul, C. (1998). Healing reflections: the transformative mirror. A performance for two dancers and cellist Fitchburg State College Sept.

Picard, C. & Sickul, C. (1997). Healing reflections: the transformative mirror. A performance for two dancers and cellist. Performed in Helsinki, Finland.

Picard, C. (1994). Songlines . A work in progress for dancer and cello.

Picard, C. (1994). Love in Any Language.

Performed: Caring: Power, Politics and Public Policy, Ottawa, CA May 1994
Celebration for President Aristide, May, 1994.

Picard, C. (1993). Meditation on Hildegard of Bingen.

Performed: Caring and Healing Conference, Portland, OR May 1993
Gardner Unitarian Church, November, 1993

MNA Nurses Day, May 1994

Picard, C. (1993). Heal the World.

Performed: Caring and Healing: Renewal through Hope Conference, Portland OR May 1993

Picard, C. (1992). On Caring.

Performed : Medical Center of Central Massachusetts, May, 1996

Emerson Hospital, November, 1994

MGH Institute of Health Professions, July, 1994

MNA Nurses Day, May, 1994

Portsmouth Regional Medical Center Nurses Day, May 1994

Wisconsin Physical Therapy Conference, May 1994

Moscow Medical Academy, October 1993

Meeting the Leadership Challenge Conference, FSC, September, 1993

Caring and Healing: Renewal Through Hope Portland, OR, May, 1993

Gardner Unitarian Church, March 1993

Esthetic Expressions of Caring Conference, Boca Raton FL February 1992.

Also performed in classes at FSC:

Contemporary Issues in Women's Health June 1994

Health Alterations Spring 1994

Concepts of Nursing II Spring 1994

Concepts of Nursing II Spring 1993

Concepts of Nursing II Spring 1992

Honors English Seminar, 1992

Making Dances, 1992

Other Performances: Living in a World (healing racism) by Rena Robinson

Performed as a public service

NE Conference of Human Service Educators FSC April 1994

Fitchburg Public Schools "Making A Difference" May 1993

Fitchburg Civic Days Celebrations, Coolidge Park July 1993

Upward Bound, FSC (taught to students) July 1993

Black History month, FSC, February 1992

Orange Public Schools March 1992

Guild Dancers Annual Performance June 1991

Annual performances with the Guild Dancers, Lunenburg, MA 1987-1996