Welcome to the UMass Family

Lunch with the Dean of Students
Cara Appel-Silbaugh, Ph.D.
Lunch Topics

• What is the Dean of Students Office?
• Who are our students?
• What we know are the risk factors
• How you can be partners in this process
• How you can help others
• Homework
Dean of Students Office

• Serve as a hub of student support and contact in moments of crisis, challenge, or need.

• Reinforce student responsibility and accountability as a UMass Student
Dean of Students Office

- Comprised of 5 departments
- Total of 66 Professional Staff, 32 Graduate Students
  - Student Life, Student Conduct & Compliance, Off-Campus Student Life, Residence Education, Student Legal Services
Who to Know

Cara Appel-Silbaugh, Ph.D.
Dean of Students

Kelly Gray, Ed.D.
Associate Dean, Student Life

Patricia Cardoso
Associate Dean, Student Conduct & Compliance

Sally Linowski, Ph.D.
Associate Dean, Off-Campus Student Life

Mike McAllister
Dean of Students, Administrative Assistant

Leslie Elum
Student Life Assistant
Who are UMass Students?

Entering Class – Fall, 2018

**Residence**
- 70% - Massachusetts
- 20% - Other US States
- 10% - International
  - *Top Countries: China, India*

**Male/Female**
- Women – 49.4%
  - *Most popular names – Emily, Olivia, Julia, Sarah, Hannah*
- Men – 50.6%
  - *Most popular names – Matthew, Michael, Benjamin, Ryan, Nicholas*

**First Generation** – 22%

**Average GPA** – 3.90
**Average SAT** – 1290

**Race/Ethnicity**
- Students of Color – 32%

**Retention Year 1 to Year 2**
- 90.6% (Fall, 2016 Cohort)
- *Between 90 – 91% for the last 3 years*
Who are UMass Students?

<table>
<thead>
<tr>
<th>Entering Students – Fall 2017</th>
<th>Frequently</th>
<th>Occasionally</th>
<th>None</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bored in Class</td>
<td>49.7%</td>
<td>47%</td>
<td></td>
</tr>
<tr>
<td>Studied with others</td>
<td>35%</td>
<td>54%</td>
<td></td>
</tr>
<tr>
<td>Consumed beer</td>
<td>9%</td>
<td>35%</td>
<td>55%</td>
</tr>
<tr>
<td>Socialized with someone of another racial/ethnic group</td>
<td>75%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Courtesy of UMass Institutional Research

Parent/Family Orientation Program
Who are UMass Students?

<table>
<thead>
<tr>
<th>Entering Students – Fall 2017</th>
<th>Frequently</th>
<th>Occasionally</th>
</tr>
</thead>
<tbody>
<tr>
<td>Felt overwhelmed by all I had to do</td>
<td>43%</td>
<td>50%</td>
</tr>
<tr>
<td>Felt depressed</td>
<td>12%</td>
<td>40%</td>
</tr>
<tr>
<td>Felt anxious</td>
<td>35%</td>
<td>50%</td>
</tr>
</tbody>
</table>

*Courtesy of UMass Institutional Research*
What we know are risk factors

• Based on three data sets:
  – Longitudinal Student Database, CIRP Freshman Survey, National Student Clearinghouse

• Fall, 2010 – 2016 entering cohorts
  – Tracked until graduation
What we know are risk factors

• Why students are not able to persist to graduation (or take longer to do so) at UMass:
  
  – Not completing work on time
  – Feeling overwhelmed by all they had to do
  – Depression
  – Anxiety
  – 10+ hours partying
  – Financial status, financial concerns
  • Working too much

Parent/Family Orientation Program
Your Role

• How you can help
  – Tandem Bike
    • Problem Solving
    • Ask Questions
    • Decision Making
    • Listen, Refer
Partners in this Process

• Be in Contact – Call, Email
  – Medical issues
  – Mental health matters
  – Family loss, crisis
  – General concerns
  – “Missing”
Partners in this Process

• When we will call you:
  – Hospitalization (alcohol, drugs, mental health, severe health)
  – Arrest for significant matters
  – Concern for your student’s health or well being, risk to the campus or community

☞ Importance of Emergency Contact Information
Struggles/Challenges

• Available resources on-campus:
  – Student Care and Emergency Response Fund
    • Raised over $25,000 last year
    • Gave over 35 “grants” this academic year for various crisis needs
    • Financial support/donations are always welcome
  – Student Care Supply Closets
    • 4 locations across campus
Next Step: Homework

1. Discuss when, and how to connect with your student when they arrive in the Fall.

2. Ensure they have listed you (accurately) as an emergency contact.

3. Be proactive and anticipate needs.
Thank You!

Cara Appel-Silbaugh, Ph.D.
Dean of Students

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