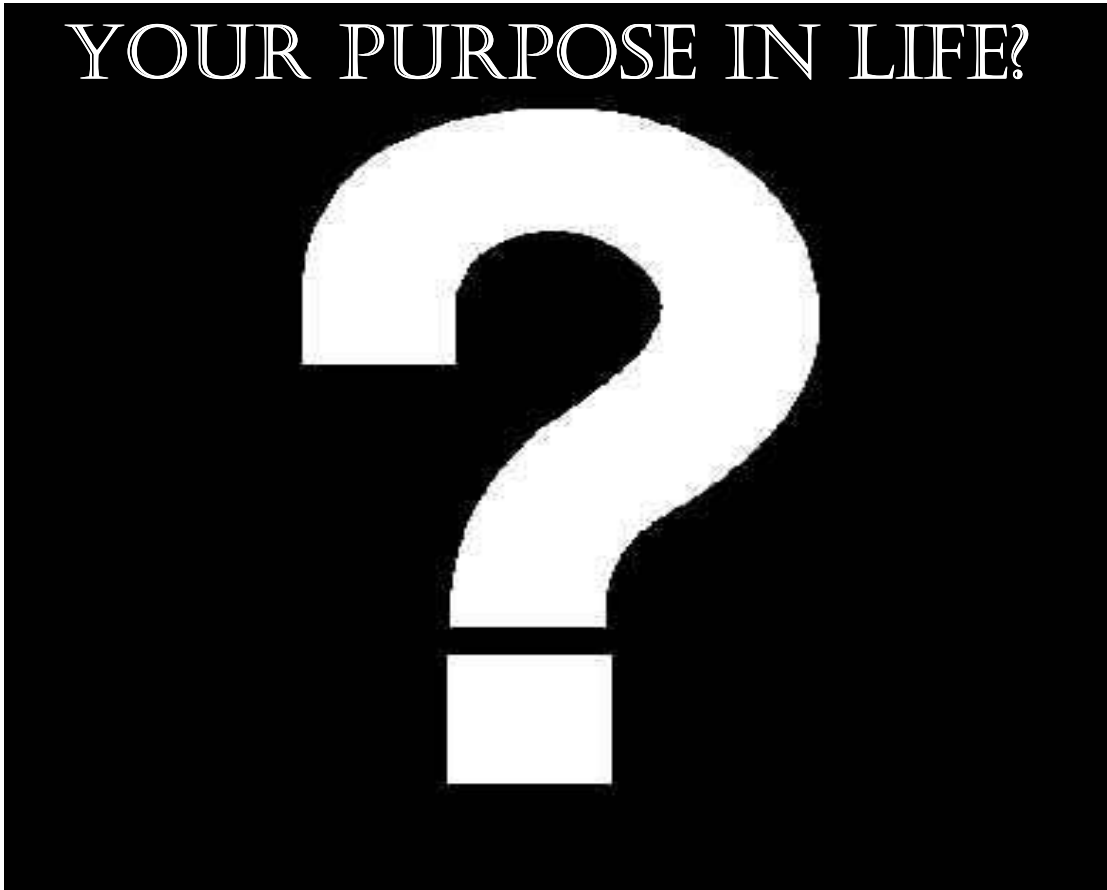


WHAT IS YOUR
PURPOSE IN LIFE?



HOW TO HELP FIND YOUR PURPOSE IN LIFE?



Here's what to do:

1. Take out a blank sheet of paper or open up a word processor where you can type (I prefer the latter because it's faster).
2. Write at the top, "What is my true purpose in life?"
3. Write an answer (any answer) that pops into your head. It doesn't have to be a complete sentence. A short phrase is fine.
4. Repeat step 3 until you write the answer that makes you cry. This is your purpose.

HOW TO HELP FIND YOUR PURPOSE IN LIFE?



What I Love About My Life Right Now

- 1. In the center of a page, using simple little symbols and stick figures, draw in everything you really love in your life right now.**
- 2. Everything that you cannot live without.**
- 3. People, places, things that you already have**
- 4. Everything in your life that you value--e.g., your children, your family, your friends, or house.**

IS THERE A
Purpose in Life ?



Since each person is unique, from DNA to fingerprints, it's reasonable to believe that each of us also has a purpose, a reason for being, that is uniquely personal.

WHAT DO YOU THINK
YOUR PURPOSE IS?



WHAT DO YOU THINK

YOUR PURPOSE IS?

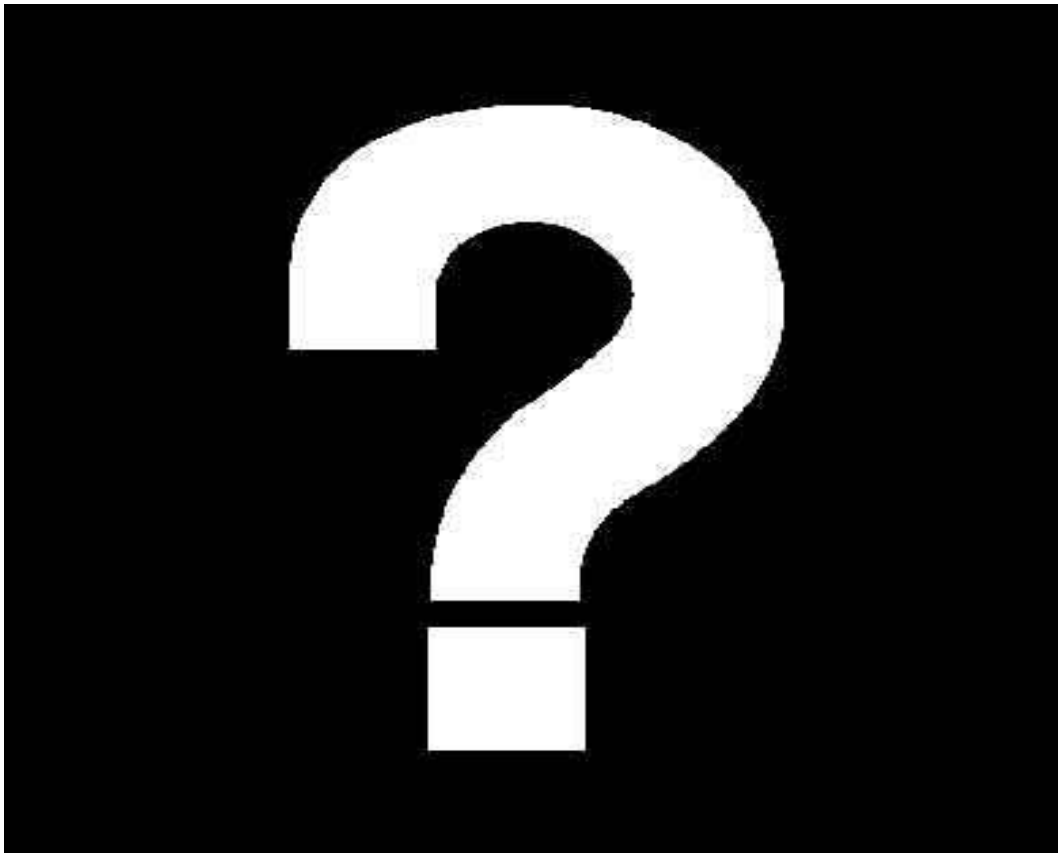


WHAT DO YOU THINK
YOUR PURPOSE IS?

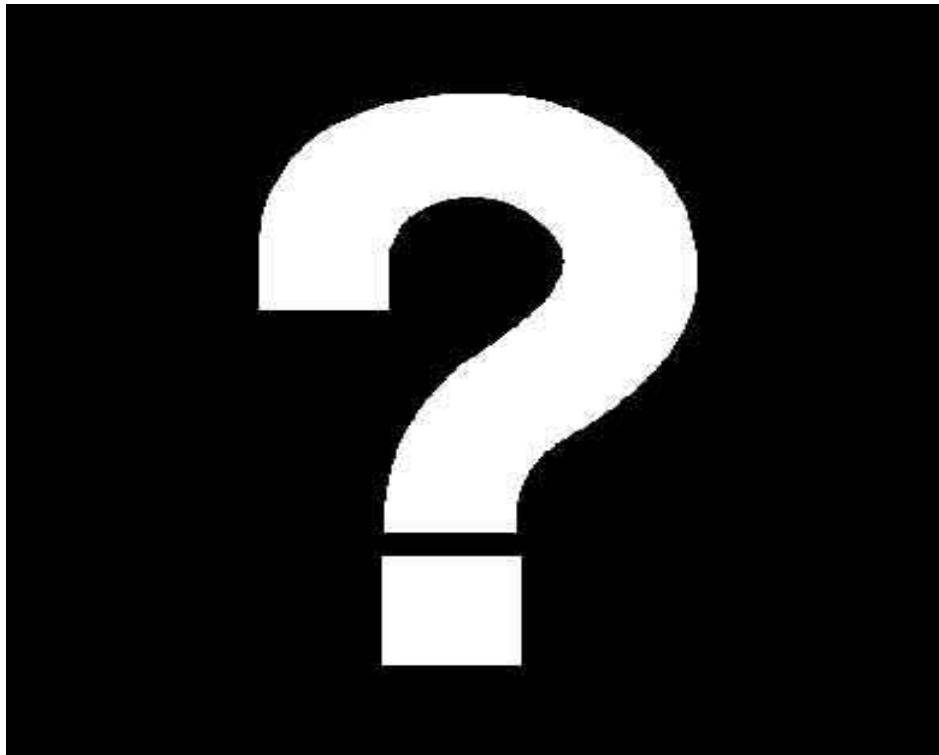


THE QUESTION IS NOT
WHETHER WE WILL DIE,
BUT HOW WE WILL
LIVE.

BORYSENKO, JOAN



OUR DEEDS
DETERMINE US,
AS MUCH AS WE
DETERMINE
OUR DEEDS.
ELLIOT, GEORGE



LIFE IS A PROMISE;
FULFILL IT.
MOTHER THERESA



I WOULD RATHER FAIL IN
A CAUSE THAT WILL
ULTIMATELY TRIUMPH
THAN TO TRIUMPH
IN A CAUSE THAT
WILL ULTIMATELY
FAIL.

WILSON, WOODROW



PRINTED FREE FROM



Think You Can
Do Better?

Join and Print Bulletin Board Kits
www.umass.edu/mycenter