"This person asked me about cutting myself when they saw a scar. I'm very open, but because of that, people think that they know everything about me, and, actually, they don't know anything." ~ Angelina Jolie

If Angelina called us for help…

We could refer her to our Counseling Services Program, where women who do not necessarily define the issues they are dealing with as mental health issues, or are not comfortable seeking services from traditional mental health models can receive free counseling including access to support groups.

The Resource Referral Program@EWC

We can help.

This bulletin board is available at www.umass.edu/mycenter
“When playing the character Selena
I did lots of research to make
sure I portrayed her exactly as she
was before she passed away.”
Jennifer Lopez

If Jennifer called us for help…

We could refer her to our lending and reference library
which contains books relevant to the lives of woman
including health, employment, fiction, woman of color,
sexuality, lesbian/bisexual, and a children’s section.

The Resource Referral Program@EWC

We can help.

This bulletin board is available at www.umass.edu/mycenter
"Mary-Kate Olsen compared her looks to her twin sister's saying,

“I look in the mirror
and I'm like why do you look pretty and I look ugly?"

~Mary Kate Olsen

If Mary-Kate called us for help…

We could refer her to specialized resources for people with eating disorders including counseling and support groups. There are various in-patient and out-patient resources available in the area including an Eating Disorder Clinic here at UMass.

The Resource Referral Progam@EWC

We can help.

This bulletin board is available at www.umass.edu/mycenter
Need Something?

“At age nine Oprah Winfrey was sexually assaulted by her teenage cousin. The assault stripped her of her fragile boundaries and stole her childhood. Its deliberate effect was that Oprah lost her sense of self, a loss that has taken years to identify, a loss that is taking a lifetime to

If Oprah called us for help…

We could refer her to our 24-hour Rape Crisis Hotline that specializes in assisting survivors, family or friends of those affected by domestic violence and/or sexual assault. They offer short term counseling sessions, support groups as well as medical and legal advocacy.

The Resource Referral Program@everywoman's center

We can help.

This bulletin board is available at www.umass.edu/mycenter
Fiona Apple, famous singer/songwriter, was raped outside of her apartment at the age of twelve and then developed an eating disorder. She says she was not anorexic out of a desire to be thin, but as a reaction to 
regain control of her life.

If Fiona called us for help…

We could refer her to specialized resources for people with eating disorders including counseling and support groups. There are various in-patient and out-patient resources available in the area including an Eating Disorder Clinic here at UMass.

The Resource Referral Program@everywoman's center

We can help.

This bulletin board is available at www.umass.edu/mycenter
Actress Natalie Portman is concerned with promoting charity but wants to learn about volunteer opportunities more in depth before committing to one.

If Natalie called us for help…

We could refer her to our online database of campus and community agencies, where she could find information on drop-in and long term volunteer opportunities.

The Resource Referral Program@EWC

We can help.
Actress Sandra Oh states "I was a typical drama freak [in high school] who needed to express herself. My favorite outfit was orange palazzo pants that I'd wear with this beat-up tuxedo jacket. And I'd have my hair up with a giant bow."

If Sandra called us …

We could refer her to Five College productions of the Vagina Monologues, where proceeds go to organizations supporting women. We could also refer her to the Women of Color Leadership Network and their production of Body Politics.

The Resource Referral Program@EWC

We can help.

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