

Eligible Medical Expenses

Birth control pills	Hearing care	Orthotics
Chiropractic therapy	Hospitalization costs	Physical exams for adults and children
Contact lenses	Hypnosis for treatment of an illness	Physical therapy
Co-pays	Immunizations	Physician services
Crutches	Individual therapy	Prescription drugs
Deductibles	Laboratory fees	Psychoanalysis and mental health therapy
Dental care	Lasik eye surgery	Vision care
Diabetic Supplies	Massage therapy	Weight loss programs when specifically recommended by a physician to treat obesity or another medical condition
Eye exams & Glasses	Non-prescription drugs used to treat a current medical condition	Wheelchairs
Group therapy	Orthodontia	
Hearing aids & batteries		

Eligible Over-the-Counter Items (not limited to)

Antiseptics Adhesive or elastic bandages Antiseptic wash/ointment for cuts Benzocaine swabs First aid wipes Iodine tincture Rubbing alcohol	Diabetes Diabetic supplies	Personal Test Kits Blood pressure kit Cholesterol tests Colorectal cancer screening tests Home drug tests Ovulation indicators Pregnancy tests
Asthma Medications Bronchodilator/Expectorant tablets Bronchial asthma inhalers	Ear/Eye Care Airplane ear protections Contact lens solutions Ear wax removal drugs Glasses/repair Visine	Skin Care Calamine lotion Cold sore/fever blister medications Diaper rash ointment Eczema cream Medicated bath products Sunblock, SPF 30 or higher Wart removal medications
Birth Control Female & male condoms	Health Aids Antifungal treatments Denture adhesives Diuretics and water pills Lice control Sleeping aids	Stomach Care Acid reducers Anti-diarrhea medications Laxatives Prilosec Upset stomach medications
Cold, Flu and Allergy Medications Allergy medications Cold relief syrup Cold relief tablets Cough drops Nasal decongestant inhaler Nasal decongestant spray or drops Sinus & allergy nasal spray	Pain Relief Arthritis pain reliever Bunion and blister treatments Orajel Pain relievers – aspirin and non-aspirin Throat pain medications	

Eligible Dependent Care Expenses

Child care (at daycare center, day camp, nursery school or by a private sitter) Late pick-up fees (from a caregiver) Before and after-school care (must be billed separate from tuition expenses)	Adult daycare expenses Expenses for a housekeeper whose duties include caring for an eligible dependent Placement fee expenses for hiring an au pair, as well as his/her weekly stipend	Ineligible Expenses Include: Education and tuition fees Late payment fees Overnight camps (in general) Sports lessons, field trips, clothing Your cost of transportation to and from a dependent care provider
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Ineligible Medical Expenses

Aromatherapy	Chapstick	Hair re-growth systems	Teeth bleaching
Couples/Family Therapy	Deodorants	Insurance Premiums	Tooth brush/paste
Cosmetic Surgery	Feminine Care	Skin care	Weight loss programs for general well-being

*Please note that under the IAS system there are a few select items that will not be deemed acceptable when using your FlexExpress® card. Please pay for these items using other means and submit a manual claim to our office for further review. Plan restrictions may apply, check with your plan administrator.