The University of Massachusetts Asian Arts and Culture Program is sponsoring a very special outreach activity, Healing in Tibetan Buddhism. This three-day seminar from Friday through Sunday, October 24-26, will be held at the Yoga Sanctuary, 3rd Floor of Thorne’s Market, Northampton.

Revered Buddhist teacher Khen Rinpoche Geshe Lobsang Tsetan and Buddhist professor and scholar David Gardiner will address the central role of compassion in Buddhist practice and will provide an overview on healing in Buddhist philosophy. The seminar will begin Friday, October 24, at 6:30PM with a ceremonial dance offering to Green Tara: Buddha of Enlightened Activity performed by the Nataraj Dance Company. The four workshop topics will be: Healing in Buddhism: An Overview (Friday, October 24, 7-9PM), White Tara Long Life Blessing & Practice (Saturday, October 25, 1-4PM), Practice of Exchange of Self and Others & Offerings in Deity Yoga Practice (Saturday, October 25, 7-9PM), and the Medicine Buddha Blessing and Practice (Sunday, October 26, 11:30AM-1:30PM).
These powerful sessions will help participants learn the skills needed to begin or further their meditation practice while also promoting a state of harmony for themselves and others. Open to all regardless of prior initiation or practice, the four stand-alone workshops can be taken individually or in any combination. More information about each workshop can be found at: www.fineartscenter.com/asian.

Presented in partnership with the friends of Khen Rinpoche, The Yoga Sanctuary, Northampton, the Tibetan community, and the members of the WMASS Tibetan Association.

Advance Tickets: $20 per session; Five College students and Seniors: $10 per session. Day of the event: $25 & $12

Please see our website at www.fineartscenter.com/asian for additional information, including a complete schedule of events, locations, times, and ticket prices. Tickets available online: www.fineartscenter.com or by calling 1-800-999-UMAS or 413-545-2511.


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